

U16 Athletics Ontario Provincial Championship 2021
 Niagara Olympic Club, St Catharines, ON - 8/20/2021 - 8/22/2021

Women's 100 Meters

Finals

Pl	Name	Team	Time	Wind	a	Ht.	(Pl)
1	GAYNOR, Bryana	Durham Dragons Athle	12.37	+2.4		1	(1)
2	GARRAWAY, Jaeden	Durham Dragons Athle	12.38	+2.4		1	(2)
3	GAYNOR, Kayla	Durham Dragons Athle	12.40	+2.4		1	(3)
4	BYAM, Naomi	London Legion T.F. A	12.64	+2.4		1	(4)
5	MULDER, Lily	Border City AC	12.70	+2.4		1	(5)
6	THOMPSON, Shadae	Durham Dragons Athle	12.74	+2.4		1	(6)
7	STEEL, Ella	Border City AC	12.95	+2.4		1	(7)
8	GARCIA, Seanna	Hamilton Olympic Clu	13.01	+2.4		1	(8)
9	LEALESS, Erika	London Western T.F.C	13.06	+1.5		2	(1)
10	REID, Savanah	Durham Dragons Athle	13.35	+1.5		2	(2)
11	BLADES, Nya	Project Athletics Tr	13.57	+1.5		2	(3)
11	CORNFORTH, Holly	South Simcoe Dufferi	13.57	+0.9		3	(1)
13	YARDE, Brianna	Eclipse Track & Fiel	13.72	+1.5		2	(4)
14	ADAMS, Macey	London Western T.F.C	13.73	+0.9		3	(2)
15	KONGAS, Maryn	Saugeen Track & Fiel	13.85	+1.5		2	(5)
16	O'MALLEY, Marin	Airblastoff Lion	13.86	+1.5		2	(6)
16	GRIFFITH, Savannah	Maximus Performance	13.86	+0.9		3	(3)
18	FREEMAN, Chloe	Kawartha Lakes Light	13.92	+1.5		2	(7)
19	LAROCHELLE, Gracie	Border City AC	14.19	+0.9		3	(4)
20	KERO, Karly	Airblastoff Lion	14.23	+1.5		2	(8)
21	MASSOOM, Victoria	Thorold Elite Track	14.28	+0.9		3	(5)
21	TURCOTT, Jessie	Hamilton Olympic Clu	14.28	+0.9		3	(5)
23	SOUZA, Analiese	Etobicoke Huskies-St	14.32	+0.9		3	(7)
23	BELHIS, Nawel	Unattached Ontario	14.32	+0.9		3	(7)

Pl	Name	Team	Time	Wind	a
Section 1 of 3					
1	GAYNOR, Bryana	Durham Dragons Athle	12.37	+2.4	
2	GARRAWAY, Jaeden	Durham Dragons Athle	12.38	+2.4	
3	GAYNOR, Kayla	Durham Dragons Athle	12.40	+2.4	
4	BYAM, Naomi	London Legion T.F. A	12.64	+2.4	
5	MULDER, Lily	Border City AC	12.70	+2.4	
6	THOMPSON, Shadae	Durham Dragons Athle	12.74	+2.4	
7	STEEL, Ella	Border City AC	12.95	+2.4	
8	GARCIA, Seanna	Hamilton Olympic Clu	13.01	+2.4	
Section 2 of 3					
1	LEALESS, Erika	London Western T.F.C	13.06	+1.5	
2	REID, Savanah	Durham Dragons Athle	13.35	+1.5	
3	BLADES, Nya	Project Athletics Tr	13.57	+1.5	
4	YARDE, Brianna	Eclipse Track & Fiel	13.72	+1.5	
5	KONGAS, Maryn	Saugeen Track & Fiel	13.85	+1.5	
6	O'MALLEY, Marin	Airblastoff Lion	13.86	+1.5	
7	FREEMAN, Chloe	Kawartha Lakes Light	13.92	+1.5	
8	KERO, Karly	Airblastoff Lion	14.23	+1.5	
Section 3 of 3					
1	CORNFORTH, Holly	South Simcoe Dufferi	13.57	+0.9	
2	ADAMS, Macey	London Western T.F.C	13.73	+0.9	
3	GRIFFITH, Savannah	Maximus Performance	13.86	+0.9	
4	LAROCHELLE, Gracie	Border City AC	14.19	+0.9	
5	MASSOOM, Victoria	Thorold Elite Track	14.28	+0.9	
5	TURCOTT, Jessie	Hamilton Olympic Clu	14.28	+0.9	
7	SOUZA, Analiese	Etobicoke Huskies-St	14.32	+0.9	
7	BELHIS, Nawel	Unattached Ontario	14.32	+0.9	

Prelims

Pl	Name	Team	Time	Wind	a	Ht.	(Pl)
1	GAYNOR, Bryana	Durham Dragons Athle	12.62	-1.1	Q	1	(1)
2	GAYNOR, Kayla	Durham Dragons Athle	12.66	+0.1	Q	2	(1)
3	GARRAWAY, Jaeden	Durham Dragons Athle	12.78	-1.1	Q	1	(2)
4	THOMPSON, Shadae	Durham Dragons Athle	12.79	+0.8	Q	3	(1)
5	BYAM, Naomi	London Legion T.F. A	12.88	-0.3	Q	5	(1)
6	MULDER, Lily	Border City AC	12.90	-0.3	Q	5	(2)
7	STEEL, Ella	Border City AC	13.11	-1.2	Q	4	(1)
8	GARCIA, Seanna	Hamilton Olympic Clu	13.13	+0.8	Q	3	(2)
9	LEALESS, Erika	London Western T.F.C	13.35	-1.2	Q	4	(2)
10	REID, Savanah	Durham Dragons Athle	13.57	+0.1	Q	2	(2)
11	BLADES, Nya	Project Athletics Tr	13.71	-1.1	Q	1	(3)

12	YARDE, Brianna	Eclipse Track & Fiel	13.74	+0.1	Q	2	(3)
13	O'MALLEY, Marin	Airblastoff Lion	13.87	-1.1	Q	1	(4)
14	CORNFORTH, Holly	South Simcoe Dufferi	13.92	-1.1	q	1	(5)
15	FREEMAN, Chloe	Kawartha Lakes Light	14.08	-0.3	Q	5	(3)
16	KONGAS, Maryn	Saugeen Track & Fiel	14.09	-1.2	Q	4	(3)
17	KERO, Karly	Airblastoff Lion	14.10	+0.8	Q	3	(3)
18	ADAMS, Macey	London Western T.F.C	14.17	+0.1	Q	2	(4)
19	GRIFFITH, Savannah	Maximus Performance	14.18	-1.1	q	1	(6)
20	MASSOOM, Victoria	Thorold Elite Track	14.29	+0.8	Q	3	(4)
21	SOUZA, Analiese	Etobicoke Huskies-St	14.33	+0.8	q	3	(5)
22	LAROCHELLE, Gracie	Border City AC	14.35	-1.2	Q	4	(4)
23	BELHIS, Nawel	Unattached Ontario	14.39	+0.1	q	2	(5)
23	TURCOTT, Jessie	Hamilton Olympic Clu	14.39	-0.3	Q	5	(4)
25	LOWE, Alanna	Hamilton Olympic Clu	14.41	-1.2		4	(5)
26	PUSHPANATHAN, Anjali	Eclipse Track & Fiel	14.55	-1.2		4	(6)
27	BELLO, Olivia	London Western T.F.C	14.61	-1.1		1	(7)
28	BERNER, Charlotte	Thorold Elite Track	14.62	+0.1		2	(6)
29	MORRIS, Annette	Hamilton Olympic Clu	15.76	+0.8		3	(6)
30	HARRYLAL, Rachel	Eclipse Track & Fiel	16.01	+0.1		2	(7)
	CORBY, Lila	London Western T.F.C	DNS			3	
	MOES, Hannah	Etobicoke Huskies-St	DNS			5	
	CESAR, Neila	Thorold Elite Track	DNS			5	
	WEDDERBURN, Zade	Eclipse Track & Fiel	DNS			5	

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Pl	Name	Team	Time	Wind	a
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Heat 1 of 5					
1	GAYNOR, Bryana	Durham Dragons Athle	12.62	-1.1	Q
2	GARRAWAY, Jaeden	Durham Dragons Athle	12.78	-1.1	Q
3	BLADES, Nya	Project Athletics Tr	13.71	-1.1	Q
4	O'MALLEY, Marin	Airblastoff Lion	13.87	-1.1	Q
5	CORNFORTH, Holly	South Simcoe Dufferi	13.92	-1.1	q
6	GRIFFITH, Savannah	Maximus Performance	14.18	-1.1	q
7	BELLO, Olivia	London Western T.F.C	14.61	-1.1	
Heat 2 of 5					
1	GAYNOR, Kayla	Durham Dragons Athle	12.66	+0.1	Q
2	REID, Savanah	Durham Dragons Athle	13.57	+0.1	Q
3	YARDE, Brianna	Eclipse Track & Fiel	13.74	+0.1	Q
4	ADAMS, Macey	London Western T.F.C	14.17	+0.1	Q
5	BELHIS, Nawel	Unattached Ontario	14.39	+0.1	q
6	BERNER, Charlotte	Thorold Elite Track	14.62	+0.1	
7	HARRYLAL, Rachel	Eclipse Track & Fiel	16.01	+0.1	
Heat 3 of 5					
1	THOMPSON, Shadae	Durham Dragons Athle	12.79	+0.8	Q
2	GARCIA, Seanna	Hamilton Olympic Clu	13.13	+0.8	Q
3	KERO, Karly	Airblastoff Lion	14.10	+0.8	Q
4	MASSOOM, Victoria	Thorold Elite Track	14.29	+0.8	Q
5	SOUZA, Analiese	Etobicoke Huskies-St	14.33	+0.8	q
6	MORRIS, Annette	Hamilton Olympic Clu	15.76	+0.8	
	CORBY, Lila	London Western T.F.C	DNS		
Heat 4 of 5					
1	STEEL, Ella	Border City AC	13.11	-1.2	Q
2	LEALESS, Erika	London Western T.F.C	13.35	-1.2	Q
3	KONGAS, Maryn	Saugeen Track & Fiel	14.09	-1.2	Q
4	LAROCHELLE, Gracie	Border City AC	14.35	-1.2	Q
5	LOWE, Alanna	Hamilton Olympic Clu	14.41	-1.2	
6	PUSHPANATHAN, Anjali	Eclipse Track & Fiel	14.55	-1.2	
Heat 5 of 5					
1	BYAM, Naomi	London Legion T.F. A	12.88	-0.3	Q
2	MULDER, Lily	Border City AC	12.90	-0.3	Q
3	FREEMAN, Chloe	Kawartha Lakes Light	14.08	-0.3	Q
4	TURCOTT, Jessie	Hamilton Olympic Clu	14.39	-0.3	Q
	MOES, Hannah	Etobicoke Huskies-St	DNS		
	CESAR, Neila	Thorold Elite Track	DNS		
	WEDDERBURN, Zade	Eclipse Track & Fiel	DNS		

Women's 200 Meters
Finals

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Pl	Name	Team	Time	Wind	a	Ht.	(Pl)
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1	SHADD-CERES, Trinity	Maximus Performance	24.63	+0.9		3	(1)
2	WEBB, Kiara	Brampton Racers Trac	25.49	+0.9		3	(2)
3	GAYNOR, Kayla	Durham Dragons Athle	25.87	+0.9		3	(3)
4	BYAM, Naomi	London Legion T.F. A	25.90	+0.9		3	(4)
5	GAYNOR, Bryana	Durham Dragons Athle	26.11	+0.9		3	(5)
6	MULDER, Lily	Border City AC	26.62	+0.9		3	(6)
7	FONTENELLE, Sophia	Etobicoke Huskies-St	26.80	+0.9		2	(1)
8	LEALESS, Erika	London Western T.F.C	26.81	+0.9		3	(7)
	THOMAS, Lauren	Niagara Olympic Club	26.81	+0.9		3	(7)

10	MCGRATH, Maeve	Blue Devils Athletic	26.91	+0.9	2	(2)
11	STEEL, Ella	Border City AC	27.20	+0.9	2	(3)
12	MALCOLM, Arianna	Etobicoke Huskies-St	27.50	+0.9	2	(4)
13	JOSEPH, Makenzie	Etobicoke Huskies-St	27.52	+0.9	2	(5)
14	RINELLA, Ava	Etobicoke Huskies-St	27.81	+3.7	1	(1)
15	CORNFORTH, Holly	South Simcoe Dufferi	27.88	+3.7	1	(2)
16	REID, Savannah	Durham Dragons Athle	27.93	+0.9	2	(6)
17	VILLENEUVE, Lilly	South Simcoe Dufferi	28.01	+3.7	1	(3)
18	YARDE, Brianna	Eclipse Track & Fiel	28.14	+3.7	1	(4)
19	GARCIA, Seanna	Hamilton Olympic Clu	28.19	+0.9	2	(7)
20	TICHY, Maryn	310 Running	28.55	+3.7	1	(5)
21	LOWE, Alanna	Hamilton Olympic Clu	28.65	+3.7	1	(6)
22	KONGAS, Maryn	Saugeen Track & Fiel	28.66	+3.7	1	(7)
	KERO, Karly	Airblastoff Lion	DNS		1	
	GERVAIS, Emilie	Laurel Creek T.F.C.	DNS		2	

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Pl	Name	Team	Time	Wind	a
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Section 1 of 3

1	RINELLA, Ava	Etobicoke Huskies-St	27.81	+3.7
2	CORNFORTH, Holly	South Simcoe Dufferi	27.88	+3.7
3	VILLENEUVE, Lilly	South Simcoe Dufferi	28.01	+3.7
4	YARDE, Brianna	Eclipse Track & Fiel	28.14	+3.7
5	TICHY, Maryn	310 Running	28.55	+3.7
6	LOWE, Alanna	Hamilton Olympic Clu	28.65	+3.7
7	KONGAS, Maryn	Saugeen Track & Fiel	28.66	+3.7
	KERO, Karly	Airblastoff Lion	DNS	

Section 2 of 3

1	FONTENELLE, Sophia	Etobicoke Huskies-St	26.80	+0.9
2	MCGRATH, Maeve	Blue Devils Athletic	26.91	+0.9
3	STEEL, Ella	Border City AC	27.20	+0.9
4	MALCOLM, Arianna	Etobicoke Huskies-St	27.50	+0.9
5	JOSEPH, Makenzie	Etobicoke Huskies-St	27.52	+0.9
6	REID, Savannah	Durham Dragons Athle	27.93	+0.9
7	GARCIA, Seanna	Hamilton Olympic Clu	28.19	+0.9
	GERVAIS, Emilie	Laurel Creek T.F.C.	DNS	

Section 3 of 3

1	SHADD-CERES, Trinity	Maximus Performance	24.63	+0.9
2	WEBB, Kiara	Brampton Racers Trac	25.49	+0.9
3	GAYNOR, Kayla	Durham Dragons Athle	25.87	+0.9
4	BYAM, Naomi	London Legion T.F. A	25.90	+0.9
5	GAYNOR, Bryana	Durham Dragons Athle	26.11	+0.9
6	MULDER, Lily	Border City AC	26.62	+0.9
7	LEALESS, Erika	London Western T.F.C	26.81	+0.9
7	THOMAS, Lauren	Niagara Olympic Club	26.81	+0.9

Prelims

Pl	Name	Team	Time	Wind	a	Ht.	(Pl)
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1	SHADD-CERES, Trinity	Maximus Performance	25.18	+1.3	Q	1	(1)
2	GAYNOR, Kayla	Durham Dragons Athle	26.23	+1.0	Q	6	(1)
3	GAYNOR, Bryana	Durham Dragons Athle	26.46	+0.9	Q	5	(1)
4	WEBB, Kiara	Brampton Racers Trac	26.51	+1.3	Q	2	(1)
5	BYAM, Naomi	London Legion T.F. A	26.55	+1.0	Q	6	(2)
6	LEALESS, Erika	London Western T.F.C	26.58	+0.9	Q	4	(1)
7	THOMAS, Lauren	Niagara Olympic Club	26.63	+0.9	Q	4	(2)
8	MULDER, Lily	Border City AC	26.67	+2.1	Q	3	(1)
9	FONTENELLE, Sophia	Etobicoke Huskies-St	26.87	+1.3	Q	1	(2)
10	GARCIA, Seanna	Hamilton Olympic Clu	27.05	+1.3	Q	2	(2)
11	STEEL, Ella	Border City AC	27.35	+0.9	Q	5	(2)
12	MALCOLM, Arianna	Etobicoke Huskies-St	27.43	+1.3	Q	1	(3)
13	JOSEPH, Makenzie	Etobicoke Huskies-St	27.46	+1.3	Q	2	(3)
14	MCGRATH, Maeve	Blue Devils Athletic	27.90	+2.1	Q	3	(2)
14	REID, Savannah	Durham Dragons Athle	27.90	+0.9	Q	4	(3)
16	GERVAIS, Emilie	Laurel Creek T.F.C.	28.10	+0.9	Q	5	(3)
17	RINELLA, Ava	Etobicoke Huskies-St	28.25	+1.0	Q	6	(3)
18	VILLENEUVE, Lilly	South Simcoe Dufferi	28.46	+0.9	q	4	(4)
19	KERO, Karly	Airblastoff Lion	28.57	+1.3	q	2	(4)
20	CORNFORTH, Holly	South Simcoe Dufferi	28.60	+1.3	q	1	(4)
21	LOWE, Alanna	Hamilton Olympic Clu	28.81	+2.1	Q	3	(3)
22	KONGAS, Maryn	Saugeen Track & Fiel	28.96	+1.3	q	2	(5)
23	YARDE, Brianna	Eclipse Track & Fiel	28.97	+2.1	q	3	(4)
24	TICHY, Maryn	310 Running	29.11	+1.0	q	6	(4)
25	O'MALLEY, Marin	Airblastoff Lion	29.12	+0.9		5	(4)
26	PUSHPANATHAN, Anjali	Eclipse Track & Fiel	29.14	+1.3		2	(6)
27	VAN ZYL, Yuah	South Simcoe Dufferi	29.22	+0.9		5	(5)
28	SOUZA, Analiese	Etobicoke Huskies-St	29.54	+1.3		1	(5)
29	BERNER, Charlotte	Thorold Elite Track	29.71	+0.9		5	(6)
29	GRIFFITH, Savannah	Maximus Performance	29.71	+1.0		6	(5)

31	LAROCHELLE, Gracie	Border City AC	29.75	+2.1	3	(5)
32	BELHIS, Nawel	Unattached Ontario	29.79	+0.9	4	(5)
33	TURCOTT, Jessie	Hamilton Olympic Clu	29.93	+1.0	6	(6)
34	ADAMS, Macey	London Western T.F.C	31.45	+1.3	1	(6)
35	IVANOVA, Michaela	Unattached Ontario	31.73	+0.9	5	(7)
36	MORRIS, Annette	Hamilton Olympic Clu	32.10	+0.9	4	(6)
37	LECLAIR, Isabelle	Airblastoff Lion	32.20	+2.1	3	(6)
38	SIDHU-MEAD, Marigold	Unattached Ontario	32.78	+1.3	2	(7)
39	HARRYLAL, Rachel	Eclipse Track & Fiel	33.27	+1.3	1	(7)
	MOES, Hannah	Etobicoke Huskies-St	DNS		4	
	GARRAWAY, Jaeden	Durham Dragons Athle	DNS		3	
	AITKEN, Demi	Sundown Athletics Cl	DNS		1	
	WEDDERBURN, Zade	Eclipse Track & Fiel	DNS		6	

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Pl	Name	Team	Time	Wind	a	
=====						
Heat 1 of 6						
1	SHADD-CERES, Trinity	Maximus Performance	25.18	+1.3	Q	
2	FONTENELLE, Sophia	Etobicoke Huskies-St	26.87	+1.3	Q	
3	MALCOLM, Arianna	Etobicoke Huskies-St	27.43	+1.3	Q	
4	CORNFORTH, Holly	South Simcoe Dufferi	28.60	+1.3	q	
5	SOUZA, Analiese	Etobicoke Huskies-St	29.54	+1.3		
6	ADAMS, Macey	London Western T.F.C	31.45	+1.3		
7	HARRYLAL, Rachel	Eclipse Track & Fiel	33.27	+1.3		
	AITKEN, Demi	Sundown Athletics Cl	DNS			
Heat 2 of 6						
1	WEBB, Kiara	Brampton Racers Trac	26.51	+1.3	Q	
2	GARCIA, Seanna	Hamilton Olympic Clu	27.05	+1.3	Q	
3	JOSEPH, Makenzie	Etobicoke Huskies-St	27.46	+1.3	Q	
4	KERO, Karly	Airblastoff Lion	28.57	+1.3	q	
5	KONGAS, Maryn	Saugeen Track & Fiel	28.96	+1.3	q	
6	PUSHPANATHAN, Anjali	Eclipse Track & Fiel	29.14	+1.3		
7	SIDHU-MEAD, Marigold	Unattached Ontario	32.78	+1.3		
Heat 3 of 6						
1	MULDER, Lily	Border City AC	26.67	+2.1	Q	
2	MCGRATH, Maeve	Blue Devils Athletic	27.90	+2.1	Q	
3	LOWE, Alanna	Hamilton Olympic Clu	28.81	+2.1	Q	
4	YARDE, Brianna	Eclipse Track & Fiel	28.97	+2.1	q	
5	LAROCHELLE, Gracie	Border City AC	29.75	+2.1		
6	LECLAIR, Isabelle	Airblastoff Lion	32.20	+2.1		
	GARRAWAY, Jaeden	Durham Dragons Athle	DNS			
Heat 4 of 6						
1	LEALESS, Erika	London Western T.F.C	26.58	+0.9	Q	
2	THOMAS, Lauren	Niagara Olympic Club	26.63	+0.9	Q	
3	REID, Savannah	Durham Dragons Athle	27.90	+0.9	Q	
4	VILLENEUVE, Lilly	South Simcoe Dufferi	28.46	+0.9	q	
5	BELHIS, Nawel	Unattached Ontario	29.79	+0.9		
6	MORRIS, Annette	Hamilton Olympic Clu	32.10	+0.9		
	MOES, Hannah	Etobicoke Huskies-St	DNS			
Heat 5 of 6						
1	GAYNOR, Bryana	Durham Dragons Athle	26.46	+0.9	Q	
2	STEEL, Ella	Border City AC	27.35	+0.9	Q	
3	GERVAIS, Emilie	Laurel Creek T.F.C.	28.10	+0.9	Q	
4	O'MALLEY, Marin	Airblastoff Lion	29.12	+0.9		
5	VAN ZYL, Yuah	South Simcoe Dufferi	29.22	+0.9		
6	BERNER, Charlotte	Thorold Elite Track	29.71	+0.9		
7	IVANOVA, Michaela	Unattached Ontario	31.73	+0.9		
Heat 6 of 6						
1	GAYNOR, Kayla	Durham Dragons Athle	26.23	+1.0	Q	
2	BYAM, Naomi	London Legion T.F. A	26.55	+1.0	Q	
3	RINELLA, Ava	Etobicoke Huskies-St	28.25	+1.0	Q	
4	TICHY, Maryn	310 Running	29.11	+1.0	q	
5	GRIFFITH, Savannah	Maximus Performance	29.71	+1.0		
6	TURCOTT, Jessie	Hamilton Olympic Clu	29.93	+1.0		
	WEDDERBURN, Zade	Eclipse Track & Fiel	DNS			

Women's 300 Meters
Finals

=====					
Pl	Name	Team	Time	Ht.	(Pl)
=====					
1	WEBB, Kiara	Brampton Racers Trac	40.11	5	(1)
2	THOMPSON, Shadae	Durham Dragons Athle	41.04	5	(2)
3	BYAM, Naomi	London Legion T.F. A	41.25	5	(3)
4	DAWES, Janae	Durham Legion Athlet	41.37	5	(4)
5	LEALESS, Erika	London Western T.F.C	42.44	5	(5)
6	RUGGERI, Gabriella	Etobicoke Huskies-St	42.57	5	(6)
7	THOMAS, Lauren	Niagara Olympic Club	43.10	5	(7)
8	JOSEPH, Makenzie	Etobicoke Huskies-St	43.38	4	(1)
9	FONTENELLE, Sophia	Etobicoke Huskies-St	43.54	2	(1)

10	MULDER, Lily	Border City AC	44.05	4	(2)
11	ROPP, Anna	Stratford Sabrecats	44.42	4	(3)
12	MALCOLM, Arianna	Etobicoke Huskies-St	44.45	5	(8)
13	INGLIS, Ella	Unattached Ontario	44.88	4	(4)
14	RINELLA, Ava	Etobicoke Huskies-St	45.01	4	(5)
15	MCGRATH, Maeve	Blue Devils Athletic	45.12	4	(6)
16	MATTHEWS, Gabrielle	Durham Dragons Athle	45.58	1	(1)
17	VILLENEUVE, Lilly	South Simcoe Dufferi	45.62	1	(2)
18	HARMER, Alex	Woodstock Legion Ath	45.95	4	(7)
19	LOWE, Alanna	Hamilton Olympic Clu	45.98	3	(1)
20	DANIELS, Sydney	Blue Devils Athletic	46.17	3	(2)
21	KREMBLE, Leah	Niagara Olympic Club	46.37	3	(3)
22	KERO, Karly	Airblastoff Lion	46.61	1	(3)
23	KONGAS, Maryn	Saugeen Track & Fiel	46.74	4	(8)
24	REED, Elise	Kitchener Waterloo T	46.82	1	(4)
25	VAN ZYL, Yuah	South Simcoe Dufferi	47.66	1	(5)
26	REID, Shannon	Durham Dragons Athle	47.96	3	(4)
27	GALLANT, Layla	Thorold Elite Track	48.64	3	(5)
28	HAMILTON, Amara	Niagara Olympic Club	48.93	2	(2)
29	TURCOTT, Jessie	Hamilton Olympic Clu	49.08	1	(6)
30	NOGA, Brianna	310 Running	49.56	3	(6)
31	NEWTON, Audrey	Niagara Olympic Club	49.68	2	(3)
32	EATON, Madison	Thorold Elite Track	50.14	3	(7)
33	MORAN, Annalia	Niagara Olympic Club	50.33	2	(4)
34	MCCREADY, Sheridan	Thorold Elite Track	50.34	3	(8)
35	LECLAIR, Isabelle	Airblastoff Lion	53.18	2	(5)
36	MENCFELD, Molly	Niagara Olympic Club	57.02	2	(6)
37	COTTEE, Holly	Niagara Olympic Club	58.19	2	(7)
38	COTTEE, Paige	Niagara Olympic Club	58.68	2	(8)
	CREARY, Nyah	Unattached Ontario	DNS	1	

Pl	Name	Team	Time
Section 1 of 5			
1	MATTHEWS, Gabrielle	Durham Dragons Athle	45.58
2	VILLENEUVE, Lilly	South Simcoe Dufferi	45.62
3	KERO, Karly	Airblastoff Lion	46.61
4	REED, Elise	Kitchener Waterloo T	46.82
5	VAN ZYL, Yuah	South Simcoe Dufferi	47.66
6	TURCOTT, Jessie	Hamilton Olympic Clu	49.08
	CREARY, Nyah	Unattached Ontario	DNS
Section 2 of 5			
1	FONTENELLE, Sophia	Etobicoke Huskies-St	43.54
2	HAMILTON, Amara	Niagara Olympic Club	48.93
3	NEWTON, Audrey	Niagara Olympic Club	49.68
4	MORAN, Annalia	Niagara Olympic Club	50.33
5	LECLAIR, Isabelle	Airblastoff Lion	53.18
6	MENCFELD, Molly	Niagara Olympic Club	57.02
7	COTTEE, Holly	Niagara Olympic Club	58.19
8	COTTEE, Paige	Niagara Olympic Club	58.68
Section 3 of 5			
1	LOWE, Alanna	Hamilton Olympic Clu	45.98
2	DANIELS, Sydney	Blue Devils Athletic	46.17
3	KREMBLE, Leah	Niagara Olympic Club	46.37
4	REID, Shannon	Durham Dragons Athle	47.96
5	GALLANT, Layla	Thorold Elite Track	48.64
6	NOGA, Brianna	310 Running	49.56
7	EATON, Madison	Thorold Elite Track	50.14
8	MCCREADY, Sheridan	Thorold Elite Track	50.34
Section 4 of 5			
1	JOSEPH, Makenzie	Etobicoke Huskies-St	43.38
2	MULDER, Lily	Border City AC	44.05
3	ROPP, Anna	Stratford Sabrecats	44.42
4	INGLIS, Ella	Unattached Ontario	44.88
5	RINELLA, Ava	Etobicoke Huskies-St	45.01
6	MCGRATH, Maeve	Blue Devils Athletic	45.12
7	HARMER, Alex	Woodstock Legion Ath	45.95
8	KONGAS, Maryn	Saugeen Track & Fiel	46.74
Section 5 of 5			
1	WEBB, Kiara	Brampton Racers Trac	40.11
2	THOMPSON, Shadae	Durham Dragons Athle	41.04
3	BYAM, Naomi	London Legion T.F. A	41.25
4	DAWES, Janae	Durham Legion Athlet	41.37
5	LEALESS, Erika	London Western T.F.C	42.44
6	RUGGERI, Gabriella	Etobicoke Huskies-St	42.57
7	THOMAS, Lauren	Niagara Olympic Club	43.10
8	MALCOLM, Arianna	Etobicoke Huskies-St	44.45

Women's 800 Meters
Finals

Pl	Name	Team	Time	Ht.	(Pl)
1	RUGGERI, Gabriella 1:02.79 (1:02.79)	Etobicoke Huskies-St	2:18.74	6	(1)
2	MARKOWSKA, Maya 1:08.77 (1:08.77)	Burlington Track & F	2:22.61	6	(2)
3	MCDERMOTT, Mikayla 1:10.92 (1:10.92)	University of Toront	2:24.33	1	(1)
4	GORDON, Erika 1:08.04 (1:08.04)	Hamilton Olympic Clu	2:26.94	6	(3)
5	DILALLA, Chloe 1:12.27 (1:12.27)	Niagara Olympic Club	2:28.61	6	(4)
6	MORIC, Ava 1:14.83 (1:14.83)	Saugeen Track & Fiel	2:29.20	5	(1)
7	TREMEER, Julia 1:12.30 (1:12.30)	Niagara Olympic Club	2:29.98	6	(5)
8	WALLACE, Bethan 1:14.55 (1:14.55)	Central Toronto Athl	2:32.28	5	(2)
9	QUINN, Zoe 1:12.54 (1:12.54)	Niagara Olympic Club	2:32.30	6	(6)
10	IWANO-RIVERS, Natsuk 1:15.78 (1:15.78)	Boardwalk RC	2:33.24	5	(3)
11	LOWE, Lainey 1:11.75 (1:11.75)	Etobicoke Huskies-St	2:33.29	1	(2)
12	QUINN, Thea 1:15.61 (1:15.61)	Niagara Olympic Club	2:35.58	5	(4)
13	SMAILBEGOVIC, Ena 1:12.66 (1:12.66)	University of Toront	2:36.24	6	(7)
14	COVEY, Mercedes 1:16.47 (1:16.47)	Brockville Legion Tr	2:36.44	4	(1)
15	REED, Elise 1:11.44 (1:11.44)	Kitchener Waterloo T	2:36.48	6	(8)
16	LOVSHIN, Muriel 1:16.13 (1:16.13)	Toronto Olympic Trac	2:36.53	5	(5)
17	BRENDZY, Abby 1:11.67 (1:11.67)	Runners Edge Track C	2:37.06	3	(1)
18	MCCABE, Chloe 1:17.37 (1:17.37)	Stratford Sabrecats	2:37.29	5	(6)
19	RUZHYNSKY, Alisa 1:16.48 (1:16.48)	Newmarket Huskies Tr	2:37.51	4	(2)
20	NGUYEN, Isabelle 1:15.15 (1:15.15)	Niagara Olympic Club	2:38.12	5	(7)
21	TOUHAMI, Meyssa 1:13.22 (1:13.22)	A.T.P athlétisme	2:38.52	1	(3)
22	MORAN, Claire 1:17.74 (1:17.74)	Niagara Olympic Club	2:39.54	5	(8)
23	KREMBLE, Leah 1:15.39 (1:15.39)	Niagara Olympic Club	2:40.36	4	(3)
24	EATON, Madison 1:18.60 (1:18.60)	Thorold Elite Track	2:41.15	4	(4)
25	CLINTON, Charlotte 1:18.55 (1:18.55)	Stratford Sabrecats	2:41.71	2	(1)
26	MORAN, Annalia 1:15.75 (1:15.75)	Niagara Olympic Club	2:42.59	4	(5)

27	MASON, Ella 1:18.07 (1:18.07)	Laurel Creek T.F.C.	2:43.16	4	(6)
28	DALE, Gracie 1:20.39 (1:20.39)	Airblastoff Lion	2:44.46	4	(7)
29	CHALLENGER, Poppy 1:19.42 (1:19.42)	Stratford Sabrecats	2:45.99	4	(8)
30	COVEY, Summer 1:19.74 (1:19.74)	Brockville Legion Tr	2:48.77	3	(2)
31	HAMILTON, Amara 1:19.11 (1:19.11)	Niagara Olympic Club	2:52.71	2	(2)
32	SCOTT, Keira 1:24.35 (1:24.35)	Runners Edge Track C	2:55.13	3	(3)
33	WILSON, Tesia 1:26.87 (1:26.87)	Runners Edge Track C	2:56.31	3	(4)
34	SMILSKY, Ella 1:31.21 (1:31.21)	Niagara Olympic Club	2:57.05	3	(5)
35	VINK, Emmalyn 1:28.15 (1:28.15)	Sundown Athletics Cl	3:00.63	2	(3)
36	SMILSKY, Emily 1:31.49 (1:31.49)	Niagara Olympic Club	3:02.41	3	(6)
37	DERKSEN, Bella 1:31.58 (1:31.58)	Runners Edge Track C	3:05.91	3	(7)
38	COTTEE, Paige 1:34.21 (1:34.21)	Niagara Olympic Club	3:24.01	2	(4)
39	SWINSON, Shannon 1:35.74 (1:35.74)	Niagara Olympic Club	3:40.31	3	(8)
	ATKINS, Eva	Thorold Elite Track	DNS	2	
	JAGIELLOWICZ, Tessa	Laurel Creek T.F.C.	DNS	1	
	LUKASIK, Grace	Etobicoke Huskies-St	DNS	1	
	SIDHU-MEAD, Marigold	Unattached Ontario	DNS	2	

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Pl	Name	Team	Time
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Section 1 of 6

1	MCDERMOTT, Mikayla 1:10.92 (1:10.92)	University of Toront	2:24.33
2	LOWE, Lainey 1:11.75 (1:11.75)	Etobicoke Huskies-St	2:33.29
3	TOUHAMI, Meyssa 1:13.22 (1:13.22)	A.T.P athlétisme	2:38.52
	JAGIELLOWICZ, Tessa	Laurel Creek T.F.C.	DNS
	LUKASIK, Grace	Etobicoke Huskies-St	DNS

Section 2 of 6

1	CLINTON, Charlotte 1:18.55 (1:18.55)	Stratford Sabrecats	2:41.71
2	HAMILTON, Amara 1:19.11 (1:19.11)	Niagara Olympic Club	2:52.71
3	VINK, Emmalyn 1:28.15 (1:28.15)	Sundown Athletics Cl	3:00.63

4	COTTEE, Paige 1:34.21 (1:34.21)	Niagara Olympic Club	3:24.01
	ATKINS, Eva	Thorold Elite Track	DNS
	SIDHU-MEAD, Marigold	Unattached Ontario	DNS

Section 3 of 6

1	BRENDZY, Abby 1:11.67 (1:11.67)	Runners Edge Track C	2:37.06
2	COVEY, Summer 1:19.74 (1:19.74)	Brockville Legion Tr	2:48.77
3	SCOTT, Keira 1:24.35 (1:24.35)	Runners Edge Track C	2:55.13
4	WILSON, Tesia 1:26.87 (1:26.87)	Runners Edge Track C	2:56.31
5	SMILSKY, Ella 1:31.21 (1:31.21)	Niagara Olympic Club	2:57.05
6	SMILSKY, Emily 1:31.49 (1:31.49)	Niagara Olympic Club	3:02.41
7	DERKSEN, Bella 1:31.58 (1:31.58)	Runners Edge Track C	3:05.91
8	SWINSON, Shannon 1:35.74 (1:35.74)	Niagara Olympic Club	3:40.31

Section 4 of 6

1	COVEY, Mercedes 1:16.47 (1:16.47)	Brockville Legion Tr	2:36.44
2	RUZHYNSKY, Alisa 1:16.48 (1:16.48)	Newmarket Huskies Tr	2:37.51
3	KREMBLE, Leah 1:15.39 (1:15.39)	Niagara Olympic Club	2:40.36
4	EATON, Madison 1:18.60 (1:18.60)	Thorold Elite Track	2:41.15
5	MORAN, Annalia 1:15.75 (1:15.75)	Niagara Olympic Club	2:42.59
6	MASON, Ella 1:18.07 (1:18.07)	Laurel Creek T.F.C.	2:43.16
7	DALE, Gracie 1:20.39 (1:20.39)	Airblastoff Lion	2:44.46
8	CHALLENGER, Poppy 1:19.42 (1:19.42)	Stratford Sabrecats	2:45.99

Section 5 of 6

1	MORIC, Ava 1:14.83 (1:14.83)	Saugeen Track & Fiel	2:29.20
2	WALLACE, Bethan 1:14.55 (1:14.55)	Central Toronto Athl	2:32.28
3	IWANO-RIVERS, Natsuk 1:15.78 (1:15.78)	Boardwalk RC	2:33.24
4	QUINN, Thea 1:15.61 (1:15.61)	Niagara Olympic Club	2:35.58
5	LOVSHIN, Muriel 1:16.13 (1:16.13)	Toronto Olympic Trac	2:36.53
6	MCCABE, Chloe 1:17.37 (1:17.37)	Stratford Sabrecats	2:37.29
7	NGUYEN, Isabelle 1:15.15 (1:15.15)	Niagara Olympic Club	2:38.12

8	MORAN, Claire 1:17.74 (1:17.74)	Niagara Olympic Club	2:39.54
Section 6 of 6			
1	RUGGERI, Gabriella 1:02.79 (1:02.79)	Etobicoke Huskies-St	2:18.74
2	MARKOWSKA, Maya 1:08.77 (1:08.77)	Burlington Track & F	2:22.61
3	GORDON, Erika 1:08.04 (1:08.04)	Hamilton Olympic Clu	2:26.94
4	DILALLA, Chloe 1:12.27 (1:12.27)	Niagara Olympic Club	2:28.61
5	TREMEER, Julia 1:12.30 (1:12.30)	Niagara Olympic Club	2:29.98
6	QUINN, Zoe 1:12.54 (1:12.54)	Niagara Olympic Club	2:32.30
7	SMAILBEGOVIC, Ena 1:12.66 (1:12.66)	University of Toront	2:36.24
8	REED, Elise 1:11.44 (1:11.44)	Kitchener Waterloo T	2:36.48

Women's 1200 Meters
Finals

Pl	Name	Team	Time	Ht.	(Pl)
1	RUGGERI, Gabriella 1:04.81 (1:04.81)	Etobicoke Huskies-St 2:28.92 (1:24.11)	3:47.27	2	(1)
2	MARKOWSKA, Maya 1:12.89 (1:12.89)	Burlington Track & F 2:33.43 (1:20.54)	3:48.12	2	(2)
3	TREMEER, Julia 1:13.86 (1:13.86)	Niagara Olympic Club 2:33.59 (1:19.73)	3:48.15	2	(3)
4	DILALLA, Chloe 1:12.82 (1:12.82)	Niagara Olympic Club 2:33.74 (1:20.92)	3:48.19	2	(4)
5	MORIC, Ava 1:12.22 (1:12.22)	Saugeen Track & Fiel 2:33.50 (1:21.28)	3:56.16	2	(5)
6	GORDON, Erika 1:13.11 (1:13.11)	Hamilton Olympic Clu 2:34.97 (1:21.87)	3:59.23	2	(6)
7	SADLER, Abigail 1:22.68 (1:22.68)	Toronto Olympic Trac 2:44.55 (1:21.87)	4:01.48	1	(1)
8	QUINN, Zoe 1:13.24 (1:13.24)	Niagara Olympic Club 2:33.92 (1:20.69)	4:05.55	2	(7)
9	QUINN, Thea 1:15.11 (1:15.11)	Niagara Olympic Club 2:42.59 (1:27.49)	4:10.03	2	(8)
10	LEHTO, Katherine 1:23.60 (1:23.60)	Burlington Track & F 2:50.87 (1:27.27)	4:12.02	1	(2)
11	JORDAN, Lila 1:23.76 (1:23.76)	Blue Devils Athletic 2:53.68 (1:29.93)	4:14.74	1	(3)
12	DALE, Gracie 1:22.77 (1:22.77)	Airblastoff Lion 2:51.45 (1:28.68)	4:15.34	1	(4)
13	MCCABE, Chloe 1:24.92 (1:24.92)	Stratford Sabrecats 2:54.34 (1:29.42)	4:19.81	1	(5)
14	RUZHYNSKY, Alisa 1:24.75 (1:24.75)	Newmarket Huskies Tr 2:55.48 (1:30.74)	4:20.85	1	(6)
15	TOUHAMI, Meyssa 1:23.35 (1:23.35)	A.T.P athlétisme 2:54.83 (1:31.48)	4:21.62	1	(7)
16	CHALLENGER, Poppy 1:24.53 (1:24.53)	Stratford Sabrecats 2:54.80 (1:30.27)	4:23.17	1	(8)

17	SMAILBEGOVIC, Ena 1:14.82 (1:14.82)	University of Toront 2:46.75 (1:31.93)	4:23.98	2	(9)
18	NGUYEN, Isabelle 1:14.53 (1:14.53)	Niagara Olympic Club 2:52.48 (1:37.95)	4:33.40	2	(10)
19	OLAR, Ashley 1:19.37 (1:19.37)	Newmarket Huskies Tr 2:50.48 (1:31.11)	4:36.05	2	(11)
20	VINK, Emmalyn 1:27.69 (1:27.69)	Sundown Athletics Cl 3:08.24 (1:40.56)	4:47.03	1	(9)
21	SMILSKY, Emily 1:27.13 (1:27.13)	Niagara Olympic Club 3:13.21 (1:46.08)	5:18.79	1	(10)
	LUKASIK, Grace	Etobicoke Huskies-St	DNS	1	
	GIANNOTTI, Jocelyn	Ottawa Lions T.F.C.	DNS	1	
	ATKINS, Eva	Thorold Elite Track	DNS	2	

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Pl	Name	Team	Time
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Section 1 of 2

1	SADLER, Abigail 1:22.68 (1:22.68)	Toronto Olympic Trac 2:44.55 (1:21.87)	4:01.48		
2	LEHTO, Katherine 1:23.60 (1:23.60)	Burlington Track & F 2:50.87 (1:27.27)	4:12.02		
3	JORDAN, Lila 1:23.76 (1:23.76)	Blue Devils Athletic 2:53.68 (1:29.93)	4:14.74		
4	DALE, Gracie 1:22.77 (1:22.77)	Airblastoff Lion 2:51.45 (1:28.68)	4:15.34		
5	MCCABE, Chloe 1:24.92 (1:24.92)	Stratford Sabrecats 2:54.34 (1:29.42)	4:19.81		
6	RUZHYNISKY, Alisa 1:24.75 (1:24.75)	Newmarket Huskies Tr 2:55.48 (1:30.74)	4:20.85		
7	TOUHAMI, Meyssa 1:23.35 (1:23.35)	A.T.P athlétisme 2:54.83 (1:31.48)	4:21.62		
8	CHALLENGER, Poppy 1:24.53 (1:24.53)	Stratford Sabrecats 2:54.80 (1:30.27)	4:23.17		
9	VINK, Emmalyn 1:27.69 (1:27.69)	Sundown Athletics Cl 3:08.24 (1:40.56)	4:47.03		
10	SMILSKY, Emily 1:27.13 (1:27.13)	Niagara Olympic Club 3:13.21 (1:46.08)	5:18.79		
	LUKASIK, Grace	Etobicoke Huskies-St	DNS		
	GIANNOTTI, Jocelyn	Ottawa Lions T.F.C.	DNS		

Section 2 of 2

1	RUGGERI, Gabriella 1:04.81 (1:04.81)	Etobicoke Huskies-St 2:28.92 (1:24.11)	3:47.27		
2	MARKOWSKA, Maya 1:12.89 (1:12.89)	Burlington Track & F 2:33.43 (1:20.54)	3:48.12		
3	TREMEER, Julia 1:13.86 (1:13.86)	Niagara Olympic Club 2:33.59 (1:19.73)	3:48.15		
4	DILALLA, Chloe 1:12.82 (1:12.82)	Niagara Olympic Club 2:33.74 (1:20.92)	3:48.19		
5	MORIC, Ava 1:12.22 (1:12.22)	Saugeen Track & Fiel 2:33.50 (1:21.28)	3:56.16		

6	GORDON, Erika 1:13.11 (1:13.11)	Hamilton Olympic Clu 2:34.97 (1:21.87)	3:59.23
7	QUINN, Zoe 1:13.24 (1:13.24)	Niagara Olympic Club 2:33.92 (1:20.69)	4:05.55
8	QUINN, Thea 1:15.11 (1:15.11)	Niagara Olympic Club 2:42.59 (1:27.49)	4:10.03
9	SMAILBEGOVIC, Ena 1:14.82 (1:14.82)	University of Toront 2:46.75 (1:31.93)	4:23.98
10	NGUYEN, Isabelle 1:14.53 (1:14.53)	Niagara Olympic Club 2:52.48 (1:37.95)	4:33.40
11	OLAR, Ashley 1:19.37 (1:19.37)	Newmarket Huskies Tr 2:50.48 (1:31.11)	4:36.05
	ATKINS, Eva	Thorold Elite Track	DNS

Women's 2000 Meters
Finals

Pl	Name	Team	Time
1	SADLER, Abigail 1:19.26 (1:19.26) 5:39.72 (1:26.58)	Toronto Olympic Trac 2:44.86 (1:25.60)	6:53.95 4:13.14 (1:28.28)
2	LOVSHIN, Muriel 1:20.05 (1:20.05) 5:40.04 (1:26.75)	Toronto Olympic Trac 2:45.10 (1:25.05)	7:02.05 4:13.30 (1:28.21)
3	GIANNOTTI, Jocelyn 1:20.15 (1:20.15) 5:53.82 (1:33.71)	Ottawa Lions T.F.C. 2:47.25 (1:27.11)	7:18.31 4:20.12 (1:32.87)
4	ARCHER, Casey 1:21.18 (1:21.18) 5:56.05 (1:31.74)	Laurel Creek T.F.C. 2:51.36 (1:30.18)	7:19.02 4:24.32 (1:32.96)
5	COVEY, Mercedes 1:20.32 (1:20.32) 5:56.28 (1:34.42)	Brockville Legion Tr 2:49.22 (1:28.91)	7:26.92 4:21.86 (1:32.64)
6	COVEY, Summer 1:22.10 (1:22.10) 6:05.09 (1:36.72)	Brockville Legion Tr 2:53.69 (1:31.60)	7:38.31 4:28.37 (1:34.69)
7	LOVSHIN, Brianna 1:21.39 (1:21.39) 6:08.14 (1:39.44)	Toronto Olympic Trac 2:53.26 (1:31.87)	7:41.85 4:28.71 (1:35.45)
8	OLAR, Ashley 1:24.11 (1:24.11) 6:37.76 (1:56.50)	Newmarket Huskies Tr 2:58.81 (1:34.71)	8:30.06 4:41.26 (1:42.46)
9	CLARK, Jolanta 1:25.37 (1:25.37) 6:43.59 (1:52.20)	Runners Edge Track C 3:04.53 (1:39.17)	8:36.37 4:51.39 (1:46.87)

Pl	Name	Team	Time
Section 1 of 1			
1	SADLER, Abigail 1:19.26 (1:19.26) 5:39.72 (1:26.58)	Toronto Olympic Trac 2:44.86 (1:25.60)	6:53.95 4:13.14 (1:28.28)
2	LOVSHIN, Muriel 1:20.05 (1:20.05) 5:40.04 (1:26.75)	Toronto Olympic Trac 2:45.10 (1:25.05)	7:02.05 4:13.30 (1:28.21)
3	GIANNOTTI, Jocelyn 1:20.15 (1:20.15) 5:53.82 (1:33.71)	Ottawa Lions T.F.C. 2:47.25 (1:27.11)	7:18.31 4:20.12 (1:32.87)

4	ARCHER, Casey	Laurel Creek T.F.C.	7:19.02	
	1:21.18 (1:21.18)	2:51.36 (1:30.18)	4:24.32 (1:32.96)	
	5:56.05 (1:31.74)			
5	COVEY, Mercedes	Brockville Legion Tr	7:26.92	
	1:20.32 (1:20.32)	2:49.22 (1:28.91)	4:21.86 (1:32.64)	
	5:56.28 (1:34.42)			
6	COVEY, Summer	Brockville Legion Tr	7:38.31	
	1:22.10 (1:22.10)	2:53.69 (1:31.60)	4:28.37 (1:34.69)	
	6:05.09 (1:36.72)			
7	LOVSHIN, Brianna	Toronto Olympic Trac	7:41.85	
	1:21.39 (1:21.39)	2:53.26 (1:31.87)	4:28.71 (1:35.45)	
	6:08.14 (1:39.44)			
8	OLAR, Ashley	Newmarket Huskies Tr	8:30.06	
	1:24.11 (1:24.11)	2:58.81 (1:34.71)	4:41.26 (1:42.46)	
	6:37.76 (1:56.50)			
9	CLARK, Jolanta	Runners Edge Track C	8:36.37	
	1:25.37 (1:25.37)	3:04.53 (1:39.17)	4:51.39 (1:46.87)	
	6:43.59 (1:52.20)			

Women's 80m Hurdles
Finals

Pl	Name	Team	Time	Wind	a
1	DAWES, Janae	Durham Legion Athlet	12.39	+1.7	
2	BLADES, Nya	Project Athletics Tr	12.65	+1.7	
3	THOMPSON, Caitlyn	Oakville Track & Fie	12.98	+1.7	
4	HARMER, Alex	Woodstock Legion Ath	13.49	+1.7	
5	MASSOOM, Victoria	Thorold Elite Track	13.88	+1.7	
	GAYNOR, Kayla	Durham Dragons Athle	DNF		
	GARRAWAY, Jaeden	Durham Dragons Athle	DNF		
	GAYNOR, Bryana	Durham Dragons Athle	DNF		

Pl	Name	Team	Time	Wind	a
Section 1 of 1					
1	DAWES, Janae	Durham Legion Athlet	12.39	+1.7	
2	BLADES, Nya	Project Athletics Tr	12.65	+1.7	
3	THOMPSON, Caitlyn	Oakville Track & Fie	12.98	+1.7	
4	HARMER, Alex	Woodstock Legion Ath	13.49	+1.7	
5	MASSOOM, Victoria	Thorold Elite Track	13.88	+1.7	
	GAYNOR, Kayla	Durham Dragons Athle	DNF		
	GARRAWAY, Jaeden	Durham Dragons Athle	DNF		
	GAYNOR, Bryana	Durham Dragons Athle	DNF		

Prelims

Pl	Name	Team	Time	Wind	a	Ht.	(Pl)
1	DAWES, Janae	Durham Legion Athlet	12.54	+0.4	Q	2	(1)
2	GAYNOR, Kayla	Durham Dragons Athle	12.77	-0.3	Q	1	(1)
3	BLADES, Nya	Project Athletics Tr	12.80	+0.4	Q	2	(2)
4	THOMPSON, Caitlyn	Oakville Track & Fie	13.14	-0.3	Q	1	(2)
5	GARRAWAY, Jaeden	Durham Dragons Athle	13.64	-0.3	Q	1	(3)
6	HARMER, Alex	Woodstock Legion Ath	13.74	+0.4	Q	2	(3)
7	GAYNOR, Bryana	Durham Dragons Athle	14.58	+0.4	q	2	(4)
8	MASSOOM, Victoria	Thorold Elite Track	14.81	-0.3	q	1	(4)
9	ADAMS, Macey	London Western T.F.C	15.49	-0.3		1	(5)
10	O'MALLEY, Marin	Airblastoff Lion	16.24	+0.4		2	(5)
	PREMRU, Juliet	Etobicoke Huskies-St	DNS			1	

Pl	Name	Team	Time	Wind	a
Heat 1 of 2					
1	GAYNOR, Kayla	Durham Dragons Athle	12.77	-0.3	Q
2	THOMPSON, Caitlyn	Oakville Track & Fie	13.14	-0.3	Q
3	GARRAWAY, Jaeden	Durham Dragons Athle	13.64	-0.3	Q
4	MASSOOM, Victoria	Thorold Elite Track	14.81	-0.3	q
5	ADAMS, Macey	London Western T.F.C	15.49	-0.3	
	PREMRU, Juliet	Etobicoke Huskies-St	DNS		
Heat 2 of 2					
1	DAWES, Janae	Durham Legion Athlet	12.54	+0.4	Q
2	BLADES, Nya	Project Athletics Tr	12.80	+0.4	Q

3	HARMER, Alex	Woodstock Legion Ath	13.74	+0.4	Q
4	GAYNOR, Bryana	Durham Dragons Athle	14.58	+0.4	q
5	O'MALLEY, Marin	Airblastoff Lion	16.24	+0.4	

Women's 200m Hurdles
Finals

Pl	Name	Team	Time	Wind
1	THOMPSON, Shadae	Durham Dragons Athle	30.25	+1.1
2	HARMER, Alex	Woodstock Legion Ath	30.64	+1.1
3	ROPP, Anna	Stratford Sabrecats	31.03	+1.1
4	GIBB, Mckenna	310 Running	32.14	+1.1
5	PREMRU, Juliet	Etobicoke Huskies-St	32.25	+1.1
6	CAPONCINI, Ella	London Western T.F.C	33.20	+1.1
7	MA, Nola	Stratford Sabrecats	33.98	+1.1
	FERNANDES, Myanne	Durham Dragons Athle	DNS	

Pl	Name	Team	Time	Wind
Section 1 of 1				
1	THOMPSON, Shadae	Durham Dragons Athle	30.25	+1.1
2	HARMER, Alex	Woodstock Legion Ath	30.64	+1.1
3	ROPP, Anna	Stratford Sabrecats	31.03	+1.1
4	GIBB, Mckenna	310 Running	32.14	+1.1
5	PREMRU, Juliet	Etobicoke Huskies-St	32.25	+1.1
6	CAPONCINI, Ella	London Western T.F.C	33.20	+1.1
7	MA, Nola	Stratford Sabrecats	33.98	+1.1
	FERNANDES, Myanne	Durham Dragons Athle	DNS	

Women's 1500m Steeple
Finals

Pl	Name	Team	Time
1	GIBB, Mckenna	310 Running	5:55.10
	1:02.87 (1:02.87)	2:37.47 (1:34.60)	4:18.40 (1:40.93)
2	CLINTON, Charlotte	Stratford Sabrecats	5:56.09
	1:05.96 (1:05.96)	2:44.48 (1:38.52)	4:24.65 (1:40.18)

Pl	Name	Team	Time
Section 1 of 1			
1	GIBB, Mckenna	310 Running	5:55.10
	1:02.87 (1:02.87)	2:37.47 (1:34.60)	4:18.40 (1:40.93)
2	CLINTON, Charlotte	Stratford Sabrecats	5:56.09
	1:05.96 (1:05.96)	2:44.48 (1:38.52)	4:24.65 (1:40.18)

Women's 4 x 100m Relay
Finals

Pl	Team	Sq	Time
1	Durham Dragons Athle	A	49.02
2	Border City AC	A	52.26
3	Thorold Elite Track	A	56.35
4	Airblastoff Lion	A	56.48
	London Western T.F.C	A	DQ

Pl	Team	Sq	Time
Section 1 of 1			
1	Durham Dragons Athle	A	49.02
2	Border City AC	A	52.26
3	Thorold Elite Track	A	56.35
4	Airblastoff Lion	A	56.48
	London Western T.F.C	A	DQ

Women's 4 x 400m Relay
Finals

Pl	Team	Sq	Time
1	Etobicoke Huskies-St	A	4:13.35

	1:02.29 (1:02.29)		2:10.63 (1:08.35)		3:13.88 (1:03.26)
	4:13.35 (59.47)				
2	Niagara Olympic Club A	4:28.80			
	1:09.87 (1:09.87)	2:17.38 (1:07.51)		3:26.20 (1:08.82)	
	4:28.80 (1:02.60)				
3	Stratford Sabrecats A	4:38.26			
	1:06.88 (1:06.88)	2:19.15 (1:12.27)		3:32.54 (1:13.40)	
	4:38.26 (1:05.72)				
4	Niagara Olympic Club B	4:44.02			
	1:04.83 (1:04.83)	2:22.12 (1:17.30)		3:36.06 (1:13.95)	
	4:44.02 (1:07.96)				
5	Hamilton Olympic Clu A	4:45.21			
	1:10.51 (1:10.51)	2:30.95 (1:20.44)		3:39.17 (1:08.22)	
	4:45.21 (1:06.05)				
6	tetc A	4:48.76			
	1:10.45 (1:10.45)	2:28.97 (1:18.52)		3:40.38 (1:11.42)	
	4:48.76 (1:08.38)				
7	Airblastoff Lion A	4:55.07			
	1:04.40 (1:04.40)	2:26.18 (1:21.79)		3:40.43 (1:14.25)	
	4:55.07 (1:14.65)				
8	Niagara Olympic Club C	5:31.75			
	1:31.08 (1:31.08)	2:49.39 (1:18.31)		4:16.75 (1:27.37)	
	5:31.75 (1:15.01)				

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Pl	Team	Sq	Time
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Section 1 of 1

1	Etobicoke Huskies-St A	4:13.35			
	1:02.29 (1:02.29)	2:10.63 (1:08.35)		3:13.88 (1:03.26)	
	4:13.35 (59.47)				
2	Niagara Olympic Club A	4:28.80			
	1:09.87 (1:09.87)	2:17.38 (1:07.51)		3:26.20 (1:08.82)	
	4:28.80 (1:02.60)				
3	Stratford Sabrecats A	4:38.26			
	1:06.88 (1:06.88)	2:19.15 (1:12.27)		3:32.54 (1:13.40)	
	4:38.26 (1:05.72)				
4	Niagara Olympic Club B	4:44.02			
	1:04.83 (1:04.83)	2:22.12 (1:17.30)		3:36.06 (1:13.95)	
	4:44.02 (1:07.96)				
5	Hamilton Olympic Clu A	4:45.21			
	1:10.51 (1:10.51)	2:30.95 (1:20.44)		3:39.17 (1:08.22)	
	4:45.21 (1:06.05)				
6	tetc A	4:48.76			
	1:10.45 (1:10.45)	2:28.97 (1:18.52)		3:40.38 (1:11.42)	
	4:48.76 (1:08.38)				
7	Airblastoff Lion A	4:55.07			
	1:04.40 (1:04.40)	2:26.18 (1:21.79)		3:40.43 (1:14.25)	
	4:55.07 (1:14.65)				
8	Niagara Olympic Club C	5:31.75			
	1:31.08 (1:31.08)	2:49.39 (1:18.31)		4:16.75 (1:27.37)	
	5:31.75 (1:15.01)				

Women's 4 x 800m Relay Finals

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Pl	Team	Sq	Time
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1	Niagara Olympic Club A	10:37.86			
	2:38.19 (2:38.19)	5:21.92 (2:43.74)		8:00.05 (2:38.13)	
	10:37.86 (2:37.82)				
2	Laurel Creek T.F.C. A	11:03.90			
	2:46.04 (2:46.04)	5:40.50 (2:54.46)		6:57.76 (1:17.26)	
	9:39.20 (2:41.45)				

3	Thorold Elite Track	A	11:10.89		
	2:49.22 (2:49.22)		5:40.84 (2:51.62)	8:25.30	(2:44.47)
	11:10.89 (2:45.60)				
4	Runners Edge Track C	A	11:40.20		
	2:53.51 (2:53.51)		5:57.94 (3:04.43)	8:57.39	(2:59.46)
	11:40.20 (2:42.82)				

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Pl	Team	Sq	Time
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Section 1 of 1

1	Niagara Olympic Club	A	10:37.86		
	2:38.19 (2:38.19)		5:21.92 (2:43.74)	8:00.05	(2:38.13)
	10:37.86 (2:37.82)				
2	Laurel Creek T.F.C.	A	11:03.90		
	2:46.04 (2:46.04)		5:40.50 (2:54.46)	6:57.76	(1:17.26)
	9:39.20 (2:41.45)				
3	Thorold Elite Track	A	11:10.89		
	2:49.22 (2:49.22)		5:40.84 (2:51.62)	8:25.30	(2:44.47)
	11:10.89 (2:45.60)				
4	Runners Edge Track C	A	11:40.20		
	2:53.51 (2:53.51)		5:57.94 (3:04.43)	8:57.39	(2:59.46)
	11:40.20 (2:42.82)				

Women's High Jump
Finals

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Pl	Name	Team	Mark
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1	ARULRAJAN, Hasveena	United Tamil Sports	1.61m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.63		
	P P P P O O O O O XXO XXX		
2	MAAS, Rachel	Etobicoke Huskies-St	1.50m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.63		
	P P P P P O XXO XXX		
3	CAPONCINI, Ella	London Western T.F.C	1.40m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.63		
	P P O O O XXX		
3	LOVEGROVE, Sarah	Niagara Olympic Club	1.40m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.63		
	P P O O O XXX		
5	LEONARD, Megan	Laurel Creek T.F.C.	1.30m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.63		
	P O O XXX		
5	HARMSWORTH, Anna	Thorold Elite Track	1.30m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.63		
	P O O XXX		
5	ADAMS, Macey	London Western T.F.C	1.30m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.63		
	P O O XXX		
8	VAN NYNATTEN, Coco	Thorold Elite Track	1.30m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.63		
	O O XO XXX		
	KRISNAGOPAL, Elakkiy	United Tamil Sports	NH
	ORR, Cassie	Thorold Elite Track	NH

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Pl	Name	Team	Mark
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Flight 1 of 1

1	ARULRAJAN, Hasveena	United Tamil Sports	1.61m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.63		
	P P P P O O O O O XXO XXX		

2	MAAS, Rachel	Etobicoke Huskies-St	1.50m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.63		
	P P P P P O XXO XXX		
3	CAPONCINI, Ella	London Western T.F.C	1.40m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.63		
	P P O O O XXX		
3	LOVEGROVE, Sarah	Niagara Olympic Club	1.40m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.63		
	P P O O O XXX		
5	LEONARD, Megan	Laurel Creek T.F.C.	1.30m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.63		
	P O O XXX		
5	HARMSWORTH, Anna	Thorold Elite Track	1.30m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.63		
	P O O XXX		
5	ADAMS, Macey	London Western T.F.C	1.30m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.63		
	P O O XXX		
8	VAN NYNATTEN, Coco	Thorold Elite Track	1.30m
	1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.58 1.61 1.63		
	O O XO XXX		
	KRISNAGOPAL, Elakkiy	United Tamil Sports	NH
	ORR, Cassie	Thorold Elite Track	NH

Women's Long Jump
Finals

Pl	Name	Team	Mark	Wind
1	SHADD-CERES, Trinity	Maximus Performance	6.12m +2.2	
	6.12 w:+2.2 5.8 w:+1.7	FOUL	FOUL 5.74 w:+0.8	5.7 w:+1.8
2	ARULRAJAN, Hasveena	United Tamil Sports	5.38m +1.9	
	5.29 w:+0.9 5.38 w:+1.9 5.17 w:+1.3	FOUL	FOUL 5.25 w:+2.6	
3	PHILLIPS, Asia	Flying Angels Academ	5.32m +1.0	
	5.15 w:+0.0 5 w:+0.5	FOUL 5.23 w:+1.9	FOUL 5.32 w:+1.0	
4	DAWES, Janae	Durham Legion Athlet	5.27m +1.0	
	4.74 w:+1.7 4.93 w:+1.6 5.27 w:+1.0			
5	STEEL, Ella	Border City AC	5.00m +0.3	
	FOUL 4.94 w:+1.8 4.81 w:+1.1 4.86 w:+1.8 4.82 w:+1.9		5 w:+0.3	
6	GRIFFITH, Savannah	Maximus Performance	4.77m +2.2	
	4.77 w:+2.2 4.69 w:+1.3	FOUL 3.82 w:+3.1 4.26 w:-0.3	3.76 w:+1.7	
7	PATRICK, Emily	Border City AC	4.69m +1.1	
	4.68 w:+1.8 4.69 w:+1.1 4.4 w:+0.1	FOUL 4.42 w:+0.5	4.3 w:+2.1	
8	REID, Savanah	Durham Dragons Athle	4.48m +1.4	
	4.48 w:+1.4 4.1 w:+0.2 4.37 w:+1.6	FOUL	FOUL 3.94 w:+3.3	
9	BERNER, Charlotte	Thorold Elite Track	4.42m +1.3	
	4.29 w:+1.0 4.42 w:+1.3 4.3 w:+1.2			
10	REID, Shannon	Durham Dragons Athle	4.28m +1.9	
	4.2 w:+1.0 4.28 w:+1.9 3.48 w:+1.7			
11	REGALA, Josee	Niagara Olympic Club	4.20m +2.7	
	4.17 w:+2.2 4.2 w:+2.7 4.15 w:-0.2			
12	MCCREADY, Sheridan	Thorold Elite Track	3.97m +0.1	
	FOUL	FOUL 3.97 w:+0.1		
13	ADAMS, Macey	London Western T.F.C	3.82m +1.4	
	3.66 w:+1.8 3.82 w:+1.4 3.64 w:+0.8			
14	LECLAIR, Isabelle	Airblastoff Lion	3.54m +0.0	
	3.54 w:+0.0 3.33 w:+5.0 3.36 w:+1.7			
15	CREARY, Nyah	Unattached Ontario	3.51m +2.1	
	3.51 w:+2.1 3.35 w:+0.6	FOUL		

Pl	Name	Team	Mark	Wind
Flight 1 of 1				
1	SHADD-CERES, Trinity	Maximus Performance	6.12m +2.2	
	6.12 w:+2.2 5.8 w:+1.7	FOUL	FOUL 5.74 w:+0.8	5.7 w:+1.8
2	ARULRAJAN, Hasveena	United Tamil Sports	5.38m +1.9	
	5.29 w:+0.9 5.38 w:+1.9 5.17 w:+1.3	FOUL	FOUL 5.25 w:+2.6	
3	PHILLIPS, Asia	Flying Angels Academ	5.32m +1.0	
	5.15 w:+0.0 5 w:+0.5	FOUL 5.23 w:+1.9	FOUL 5.32 w:+1.0	
4	DAWES, Janae	Durham Legion Athlet	5.27m +1.0	
	4.74 w:+1.7 4.93 w:+1.6 5.27 w:+1.0			

5	STEEL, Ella	Border City AC	5.00m +0.3		
	FOUL 4.94	w:+1.8 4.81 w:+1.1 4.86	w:+1.8 4.82 w:+1.9	5	w:+0.3
6	GRIFFITH, Savannah	Maximus Performance	4.77m +2.2		
	4.77 w:+2.2 4.69	w:+1.3 FOUL 3.82	w:+3.1 4.26 w:-0.3	3.76	w:+1.7
7	PATRICK, Emily	Border City AC	4.69m +1.1		
	4.68 w:+1.8 4.69	w:+1.1 4.4 w:+0.1	FOUL 4.42 w:+0.5	4.3	w:+2.1
8	REID, Savanah	Durham Dragons Athle	4.48m +1.4		
	4.48 w:+1.4 4.1	w:+0.2 4.37 w:+1.6	FOUL	FOUL 3.94	w:+3.3
9	BERNER, Charlotte	Thorold Elite Track	4.42m +1.3		
	4.29 w:+1.0 4.42	w:+1.3 4.3 w:+1.2			
10	REID, Shannon	Durham Dragons Athle	4.28m +1.9		
	4.2 w:+1.0 4.28	w:+1.9 3.48 w:+1.7			
11	REGALA, Josee	Niagara Olympic Club	4.20m +2.7		
	4.17 w:+2.2 4.2	w:+2.7 4.15 w:-0.2			
12	MCCREADY, Sheridan	Thorold Elite Track	3.97m +0.1		
	FOUL	FOUL 3.97 w:+0.1			
13	ADAMS, Macey	London Western T.F.C	3.82m +1.4		
	3.66 w:+1.8 3.82	w:+1.4 3.64 w:+0.8			
14	LECLAIR, Isabelle	Airblastoff Lion	3.54m +0.0		
	3.54 w:+0.0 3.33	w:+0.0 3.36 w:+1.7			
15	CREARY, Nyah	Unattached Ontario	3.51m +2.1		
	3.51 w:+2.1 3.35	w:+0.6 FOUL			

Women's Triple Jump
Finals

Pl	Name	Team	Mark	Wind
1	PHILLIPS, Asia	Flying Angels Academ	11.39m +0.0	
	11.31 w:+0.011.26	w:+0.011.39 w:+0.0 11.2	w:+0.010.88 w:+0.011.09	w:+0.0
2	THOMPSON, Caitlyn	Oakville Track & Fie	10.56m +0.0	
	9.83 w:+0.0 10.4	w:+0.0 9.94 w:-1.210.31	w:-0.010.56 w:+0.010.55	w:+0.0
3	ARULRAJAN, Hasveena	United Tamil Sports	10.47m +0.0	
	10.47 w:+0.010.44	w:+0.010.39 w:-0.910.25	w:-0.710.29 w:+0.0	FOUL
4	LEONARD, Megan	Laurel Creek T.F.C.	10.27m +0.0	
	9.58 w:+1.2	FOUL10.27 w:+0.0 9.74	w:+0.0	FOUL10.25 w:+0.0
5	PATRICK, Emily	Border City AC	9.70m -0.6	
	9.66 w:-0.3 9.7	w:-0.6 9.31 w:+0.0 9.14	w:-0.3 9.28 w:+0.0 9.26	w:+1.1
6	BERNER, Charlotte	Thorold Elite Track	9.54m +0.3	
	9.48 w:+0.0 9.54	w:+0.3 9.05 w:+1.0 9.24	w:-1.3 9.29 w:-0.2	9.4 w:+0.0
7	MA, Nola	Stratford Sabrecats	8.87m -0.8	
	8.87 w:-0.8 8.53	w:+0.5 8.5 w:+0.0 8.46	w:+0.0 7.83 w:+0.0	PASS
8	MCCREADY, Sheridan	Thorold Elite Track	8.75m +0.0	
	8.4 w:+0.0	FOUL 8.64 w:-0.7	FOUL 8.21 w:+0.0 8.75	w:+0.0
	KRISNAGOPAL, Elakkiy	United Tamil Sports	NM	

Pl	Name	Team	Mark	Wind
Flight 1 of 1				
1	PHILLIPS, Asia	Flying Angels Academ	11.39m +0.0	
	11.31 w:+0.011.26	w:+0.011.39 w:+0.0 11.2	w:+0.010.88 w:+0.011.09	w:+0.0
2	THOMPSON, Caitlyn	Oakville Track & Fie	10.56m +0.0	
	9.83 w:+0.0 10.4	w:+0.0 9.94 w:-1.210.31	w:-0.010.56 w:+0.010.55	w:+0.0
3	ARULRAJAN, Hasveena	United Tamil Sports	10.47m +0.0	
	10.47 w:+0.010.44	w:+0.010.39 w:-0.910.25	w:-0.710.29 w:+0.0	FOUL
4	LEONARD, Megan	Laurel Creek T.F.C.	10.27m +0.0	
	9.58 w:+1.2	FOUL10.27 w:+0.0 9.74	w:+0.0	FOUL10.25 w:+0.0
5	PATRICK, Emily	Border City AC	9.70m -0.6	
	9.66 w:-0.3 9.7	w:-0.6 9.31 w:+0.0 9.14	w:-0.3 9.28 w:+0.0 9.26	w:+1.1
6	BERNER, Charlotte	Thorold Elite Track	9.54m +0.3	
	9.48 w:+0.0 9.54	w:+0.3 9.05 w:+1.0 9.24	w:-1.3 9.29 w:-0.2	9.4 w:+0.0
7	MA, Nola	Stratford Sabrecats	8.87m -0.8	
	8.87 w:-0.8 8.53	w:+0.5 8.5 w:+0.0 8.46	w:+0.0 7.83 w:+0.0	PASS
8	MCCREADY, Sheridan	Thorold Elite Track	8.75m +0.0	
	8.4 w:+0.0	FOUL 8.64 w:-0.7	FOUL 8.21 w:+0.0 8.75	w:+0.0
	KRISNAGOPAL, Elakkiy	United Tamil Sports	NM	

Women's Shot Put
Finals

Pl	Name	Team	Mark
1	TUNKS, Julia	London Western T.F.C	14.05m
	14.05	13.82 13.43	FOUL
2	TUNKS, Jenna	London Western T.F.C	11.99m
	11	11.99 FOUL	FOUL
3	BROERE, Jasmine	Unattached Ontario	11.61m
	10.43	11.16 10.88	11.18

4	VAN NYNATTEN, Coco	Thorold Elite Track	11.45m		
	FOUL	10.66 10.61	11.45	10.43	11.09
5	ANDERSON, Molly	London Western T.F.C	10.74m		
	10.74	10.14 9.96	10.16	10.47	9.36
6	NEGRI, Emma	U Windsor Athletic C	10.23m		
	9.69	9.08 10.23	10.04	9.35	9.57
7	ORR, Cassie	Thorold Elite Track	9.15m		
	8.72	7.62 8.5	9.15	8.32	FOUL
8	KILTY, Jordyn	Thorold Elite Track	7.80m		
	7.56	7.8 7.44	7.2	7.35	7.45
9	ADAMS, Macey	London Western T.F.C	6.22m		
	6.22	5.64 5.95			
	JENKINS, Brynn	Kawartha Lakes Light	NM		

Pl	Name	Team	Mark		
Flight 1 of 1					
1	TUNKS, Julia	London Western T.F.C	14.05m		
	14.05	13.82 13.43	FOUL	FOUL	PASS
2	TUNKS, Jenna	London Western T.F.C	11.99m		
	11	11.99 FOUL	FOUL	10.78	FOUL
3	BROERE, Jasmine	Unattached Ontario	11.61m		
	10.43	11.16 10.88	11.18	11.61	11.46
4	VAN NYNATTEN, Coco	Thorold Elite Track	11.45m		
	FOUL	10.66 10.61	11.45	10.43	11.09
5	ANDERSON, Molly	London Western T.F.C	10.74m		
	10.74	10.14 9.96	10.16	10.47	9.36
6	NEGRI, Emma	U Windsor Athletic C	10.23m		
	9.69	9.08 10.23	10.04	9.35	9.57
7	ORR, Cassie	Thorold Elite Track	9.15m		
	8.72	7.62 8.5	9.15	8.32	FOUL
8	KILTY, Jordyn	Thorold Elite Track	7.80m		
	7.56	7.8 7.44	7.2	7.35	7.45
9	ADAMS, Macey	London Western T.F.C	6.22m		
	6.22	5.64 5.95			
	JENKINS, Brynn	Kawartha Lakes Light	NM		

Women's Discus
Finals

Pl	Name	Team	Mark		
1	TUNKS, Julia	London Western T.F.C	45.07m		
	FOUL	45.07 43.33	PASS	PASS	PASS
2	BROERE, Jasmine	Unattached Ontario	32.83m		
	27.04	29.35 FOUL	32.83	27.1	31.65
3	TUNKS, Jenna	London Western T.F.C	31.78m		
	28.05	31.78 30.39	FOUL	FOUL	FOUL
4	NEGRI, Emma	U Windsor Athletic C	31.18m		
	FOUL	30.39 31.18	30.52	FOUL	30.55
5	VAN NYNATTEN, Coco	Thorold Elite Track	29.28m		
	24.93	29.28 22.85	24.27	27.9	27.32
6	ANDERSON, Molly	London Western T.F.C	23.44m		
	22.57	21.11 21.31	20.1	22.49	23.44
7	STEVENS, Rebecca	Stratford Sabrecats	20.70m		
	FOUL	FOUL 19.26	20.68	20.7	20.41
8	JENKINS, Brynn	Kawartha Lakes Light	19.30m		
	FOUL	FOUL 19.3	FOUL	18.05	FOUL

Pl	Name	Team	Mark		
Flight 1 of 1					
1	TUNKS, Julia	London Western T.F.C	45.07m		
	FOUL	45.07 43.33	PASS	PASS	PASS
2	BROERE, Jasmine	Unattached Ontario	32.83m		
	27.04	29.35 FOUL	32.83	27.1	31.65
3	TUNKS, Jenna	London Western T.F.C	31.78m		
	28.05	31.78 30.39	FOUL	FOUL	FOUL
4	NEGRI, Emma	U Windsor Athletic C	31.18m		
	FOUL	30.39 31.18	30.52	FOUL	30.55
5	VAN NYNATTEN, Coco	Thorold Elite Track	29.28m		
	24.93	29.28 22.85	24.27	27.9	27.32
6	ANDERSON, Molly	London Western T.F.C	23.44m		
	22.57	21.11 21.31	20.1	22.49	23.44
7	STEVENS, Rebecca	Stratford Sabrecats	20.70m		
	FOUL	FOUL 19.26	20.68	20.7	20.41
8	JENKINS, Brynn	Kawartha Lakes Light	19.30m		

	FOUL	FOUL	19.3	FOUL	18.05	FOUL
Women's Hammer Finals						
=====						
Pl	Name	Team		Mark		
=====						
1	NEGRI, Emma	U Windsor Athletic C		37.03m		
	30.88	FOUL	FOUL	35.82	FOUL	37.03
2	ANDERSON, Sierra	Project Athletics Tr		35.63m		
	32.34	31.67	31.95	35.63	34.59	FOUL
3	BROERE, Jasmine	Unattached Ontario		34.50m		
	FOUL	FOUL	FOUL	24	34.5	31.8
4	JOHNSON, Sydney	Brantford T.F.C.		33.11m		
	25.27	31.66	32.26	33.11	FOUL	29.42
5	ANDERSON, Molly	London Western T.F.C		32.75m		
	FOUL	31.57	29.32	31.09	30	32.75
6	STEVENS, Rebecca	Stratford Sabrecats		25.33m		
	FOUL	FOUL	FOUL	24.56	FOUL	25.33

Pl	Name	Team		Mark		
=====						
Flight 1 of 1						
1	NEGRI, Emma	U Windsor Athletic C	37.03m			
	30.88	FOUL	FOUL	35.82	FOUL	37.03
2	ANDERSON, Sierra	Project Athletics Tr	35.63m			
	32.34	31.67	31.95	35.63	34.59	FOUL
3	BROERE, Jasmine	Unattached Ontario	34.50m			
	FOUL	FOUL	FOUL	24	34.5	31.8
4	JOHNSON, Sydney	Brantford T.F.C.	33.11m			
	25.27	31.66	32.26	33.11	FOUL	29.42
5	ANDERSON, Molly	London Western T.F.C	32.75m			
	FOUL	31.57	29.32	31.09	30	32.75
6	STEVENS, Rebecca	Stratford Sabrecats	25.33m			
	FOUL	FOUL	FOUL	24.56	FOUL	25.33

Women's Javelin Finals						
=====						
Pl	Name	Team		Mark		
=====						
1	YOUNG, Ava	Thorold Elite Track		31.19m		
	26.99	26.94	FOUL	31.19	28.26	29.67
2	GRIFFITH, Savannah	Maximus Performance		28.08m		
	26.25	28.08	23.91	24.22	FOUL	22.05
3	TURCOTT, Jessie	Hamilton Olympic Clu		27.44m		
	23.5	27.44	24.24	20.78	21.7	22.37
4	VAN NYNATTEN, Coco	Thorold Elite Track		25.75m		
	25.75	25.47	23.58	25.01	FOUL	23.39
5	MELOCHE, Presley	Border City AC		24.84m		
	FOUL	24.47	21.8	FOUL	21.8	24.84
6	JOHNSON, Sydney	Brantford T.F.C.		21.40m		
	20.96	19.87	19.65	17.89	20.26	21.4
7	JENKINS, Brynn	Kawartha Lakes Light		20.54m		
	17.41	17.61	19.35	20.54	19.12	FOUL
8	KILTY, Jordyn	Thorold Elite Track		15.95m		
	15.95	FOUL	15.04	FOUL	FOUL	15.75

Pl Name		Team		Mark		
=====						
Flight 1 of 1						
1	YOUNG, Ava	Thorold Elite Track		31.19m		
	26.99	26.94	FOUL	31.19	28.26	29.67
2	GRIFFITH, Savannah	Maximus Performance		28.08m		
	26.25	28.08	23.91	24.22	FOUL	22.05
3	TURCOTT, Jessie	Hamilton Olympic Clu		27.44m		
	23.5	27.44	24.24	20.78	21.7	22.37
4	VAN NYNATTEN, Coco	Thorold Elite Track		25.75m		
	25.75	25.47	23.58	25.01	FOUL	23.39
5	MELOCHE, Presley	Border City AC		24.84m		
	FOUL	24.47	21.8	FOUL	21.8	24.84
6	JOHNSON, Sydney	Brantford T.F.C.		21.40m		
	20.96	19.87	19.65	17.89	20.26	21.4
7	JENKINS, Brynn	Kawartha Lakes Light		20.54m		
	17.41	17.61	19.35	20.54	19.12	FOUL
8	KILTY, Jordyn	Thorold Elite Track		15.95m		
	15.95	FOUL	15.04	FOUL	FOUL	15.75

Finals

Pl	Name	Points	80m H	HJ	SP	LJ	800m
1	THOMPSON, Caitlyn Oakville Track & Fie	2625	13.28 w:0.8 (649)	1.32m 4'4" (429)	9.24m 30'3.75" (480)	4.78m w:+0.2 (500)	2:40.48 (567)
2	WESTBROOK, Emma St Thomas Legion Tra	2386	14.58 w:0.8 (482)	1.32m 4'4" (429)	8.31m 27'3.25" (419)	4.75m w:+0.1 (492)	2:40.74 (564)
3	KRISNAGOPAL, Elakkiy United Tamil Sports	2188	15.87 w:0.8 (340)	1.32m 4'4" (429)	9.67m 31'8.75" (508)	4.43m w:+0.2 (411)	2:46.57 (500)
4	CAPONCINI, Ella London Western T.F.C	2104	15.24 w:0.8 (407)	1.41m 4'7.50" (523)	7.59m 24'11" (373)	4.12m w:+0.0 (336)	2:49.86 (465)

Tetrathlon Finals

Pl	Name	Points	80m H	HJ	SP	200m
1	MA, Nola Stratford Sabrecats	1857	14.92 w:+0.5 (719)	1.23m 4'0.50" (340)	7.61m 24'11.75" (374)	30.86 w:0 (424)
2	WILSON, Eva Woodstock Legion Ath	1736	15.96 w:+0.5 (589)	1.32m 4'4" (429)	7.40m 24'3.50" (361)	31.91 w:0 (357)
3	MARTIN, Abigail Oakville Track & Fie	1719	17.08 w:+0.5 (461)	1.32m 4'4" (429)	5.92m 19'5.25" (266)	28.88 w:0 (563)
4	LEALESS, Alexis Stratford Sabrecats	1155	20.26 w:+0.5 (178)	1.29m 4'2.75" (399)	5.64m 18'6" (249)	32.38 w:0 (329)
5	GUMARATHAS, Kirthiga United Tamil Sports	904	19.96 w:+0.5 (200)	1.14m 3'8.75" (257)	6.57m 21'6.75" (308)	36.20 w:0 (139)
	FERNANDES, Myanne Durham Dragons Athle	NP	DNS w:+0.5	NH	NM	DNS w:0

U16 Pentathalon Finals

Pl	Name	Team	Time	Wind
1	THOMPSON, Caitlyn	Oakville Track & Fie	13.28	+0.8
2	WESTBROOK, Emma	St Thomas Legion Tra	14.58	+0.8
3	CAPONCINI, Ella	London Western T.F.C	15.24	+0.8
4	KRISNAGOPAL, Elakkiy	United Tamil Sports	15.87	+0.8

Pl	Name	Team	Time	Wind
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Section 1 of 1

1	THOMPSON, Caitlyn	Oakville Track & Fie	13.28	+0.8
2	WESTBROOK, Emma	St Thomas Legion Tra	14.58	+0.8
3	CAPONCINI, Ella	London Western T.F.C	15.24	+0.8
4	KRISNAGOPAL, Elakkiy	United Tamil Sports	15.87	+0.8

Tetrathlon Finals

Pl	Name	Team	Time	Wind
1	MA, Nola	Stratford Sabrecats	14.92	+0.5
2	WILSON, Eva	Woodstock Legion Ath	15.96	+0.5
3	MARTIN, Abigail	Oakville Track & Fie	17.08	+0.5
4	GUMARATHAS, Kirthiga	United Tamil Sports	19.96	+0.5
5	LEALESS, Alexis	Stratford Sabrecats	20.26	+0.5
	FERNANDES, Myanne	Durham Dragons Athle	DNS	

Pl	Name	Team	Time	Wind
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Section 1 of 1

1	MA, Nola	Stratford Sabrecats	14.92	+0.5
2	WILSON, Eva	Woodstock Legion Ath	15.96	+0.5
3	MARTIN, Abigail	Oakville Track & Fie	17.08	+0.5
4	GUMARATHAS, Kirthiga	United Tamil Sports	19.96	+0.5
5	LEALESS, Alexis	Stratford Sabrecats	20.26	+0.5

FERNANDES, Myanne Durham Dragons Athle DNS

U16 Pentathlon
Finals

Pl	Name	Team	Mark
1	CAPONCINI, Ella	London Western T.F.C	1.41m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47		
	P P P P P O O O O O XXX		
2	KRISNAGOPAL, Elakkiy	United Tamil Sports	1.32m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47		
	P P P P P XXO O XXX		
3	THOMPSON, Caitlyn	Oakville Track & Fie	1.32m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47		
	P P O P O O XO XXX		
4	WESTBROOK, Emma	St Thomas Legion Tra	1.32m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47		
	P P O O P O XXO XXX		

Pl	Name	Team	Mark
Flight 1 of 1			
1	CAPONCINI, Ella	London Western T.F.C	1.41m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47		
	P P P P P O O O O O XXX		
2	KRISNAGOPAL, Elakkiy	United Tamil Sports	1.32m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47		
	P P P P P XXO O XXX		
3	THOMPSON, Caitlyn	Oakville Track & Fie	1.32m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47		
	P P O P O O XO XXX		
4	WESTBROOK, Emma	St Thomas Legion Tra	1.32m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35 1.38 1.41 1.44 1.47		
	P P O O P O XXO XXX		

Tetrathlon
Finals

Pl	Name	Team	Mark
1	WILSON, Eva	Woodstock Legion Ath	1.32m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35		
	P P O P O XO XO XXX		
2	MARTIN, Abigail	Oakville Track & Fie	1.32m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35		
	XO O XO XXO XO XXO XXO XXX		
3	LEALESS, Alexis	Stratford Sabrecats	1.29m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35		
	O O O O O O XXX		
4	MA, Nola	Stratford Sabrecats	1.23m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35		
	O XO XO O XXX		
5	GUMARATHAS, Kirthiga	United Tamil Sports	1.14m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35		
	O XXP X		

FERNANDES, Myanne Durham Dragons Athle NH

Pl	Name	Team	Mark
Flight 1 of 1			
1	WILSON, Eva	Woodstock Legion Ath	1.32m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35		
	P P O P O XO XO XXX		

2	MARTIN, Abigail	Oakville Track & Fie	1.32m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35		
	XO O XO XXO XO XXO XXO XXX		
3	LEALESS, Alexis	Stratford Sabrecats	1.29m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35		
	O O O O O O XXX		
4	MA, Nola	Stratford Sabrecats	1.23m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35		
	O XO XO O XXX		
5	GUMARATHAS, Kirthiga	United Tamil Sports	1.14m
	1.14 1.17 1.20 1.23 1.26 1.29 1.32 1.35		
	O XXP X		
	FERNANDES, Myanne	Durham Dragons Athle	NH

Tetrathlon
Finals

Pl	Name	Team	Mark
1	MA, Nola	Stratford Sabrecats	7.61m
	6.55	6.79 7.61	
2	WILSON, Eva	Woodstock Legion Ath	7.40m
	7.4	7.09 6.86	
3	GUMARATHAS, Kirthiga	United Tamil Sports	6.57m
	6.29	6.33 6.57	
4	MARTIN, Abigail	Oakville Track & Fie	5.92m
	5.71	5.86 5.92	
5	LEALESS, Alexis	Stratford Sabrecats	5.64m
	5.64	4.83 FOUL	
	FERNANDES, Myanne	Durham Dragons Athle	NM
	DNS		

Pl	Name	Team	Mark
1	MA, Nola	Stratford Sabrecats	7.61m
	6.55	6.79 7.61	
2	WILSON, Eva	Woodstock Legion Ath	7.40m
	7.4	7.09 6.86	
3	GUMARATHAS, Kirthiga	United Tamil Sports	6.57m
	6.29	6.33 6.57	
4	MARTIN, Abigail	Oakville Track & Fie	5.92m
	5.71	5.86 5.92	
5	LEALESS, Alexis	Stratford Sabrecats	5.64m
	5.64	4.83 FOUL	
	FERNANDES, Myanne	Durham Dragons Athle	NM
	DNS		

U16 Pentathlon
Finals

Pl	Name	Team	Mark
1	KRISNAGOPAL, Elakkiy	United Tamil Sports	9.67m
	FOUL	9.67 9.37	
2	THOMPSON, Caitlyn	Oakville Track & Fie	9.24m
	9.24	8.58 8.93	
3	WESTBROOK, Emma	St Thomas Legion Tra	8.31m
	8.31	7.95 8.27	
4	CAPONCINI, Ella	London Western T.F.C	7.59m
	7.3	7.35 7.59	

Pl	Name	Team	Mark
1	KRISNAGOPAL, Elakkiy	United Tamil Sports	9.67m
	FOUL	9.67 9.37	
2	THOMPSON, Caitlyn	Oakville Track & Fie	9.24m
	9.24	8.58 8.93	
3	WESTBROOK, Emma	St Thomas Legion Tra	8.31m
	8.31	7.95 8.27	
4	CAPONCINI, Ella	London Western T.F.C	7.59m
	7.3	7.35 7.59	

Tetrathlon
Finals

Pl	Name	Team	Time	Wind
1	MARTIN, Abigail	Oakville Track & Fie	28.88	+0.0
2	MA, Nola	Stratford Sabrecats	30.86	+0.0
3	WILSON, Eva	Woodstock Legion Ath	31.91	+0.0
4	LEALESS, Alexis	Stratford Sabrecats	32.38	+0.0
5	GUMARATHAS, Kirthiga	United Tamil Sports	36.20	+0.0
	FERNANDES, Myanne	Durham Dragons Athle	DNS	

Pl	Name	Team	Time	Wind
Section 1 of 1				
1	MARTIN, Abigail	Oakville Track & Fie	28.88	+0.0
2	MA, Nola	Stratford Sabrecats	30.86	+0.0
3	WILSON, Eva	Woodstock Legion Ath	31.91	+0.0
4	LEALESS, Alexis	Stratford Sabrecats	32.38	+0.0
5	GUMARATHAS, Kirthiga	United Tamil Sports	36.20	+0.0
	FERNANDES, Myanne	Durham Dragons Athle	DNS	

U16 Pentathlon
Finals

Pl	Name	Team	Mark	Wind
1	THOMPSON, Caitlyn	Oakville Track & Fie	4.78m	+0.2
	4.42 w:+0.9 4.78 w:+0.2 4.77 w:+0.0			
2	WESTBROOK, Emma	St Thomas Legion Tra	4.75m	+0.1
	4.52 w:+0.0 4.48 w:+0.5 4.75 w:+0.1			
3	KRISNAGOPAL, Elakkiy	United Tamil Sports	4.43m	+0.2
	4.33 w:+0.7 4.43 w:+0.2 4.42 w:+0.5			
4	CAPONCINI, Ella	London Western T.F.C	4.12m	+0.0
	3.8 w:+0.3 4.12 w:+0.0 4.04 w:+0.0			

Pl	Name	Team	Mark	Wind
Flight 1 of 1				
1	THOMPSON, Caitlyn	Oakville Track & Fie	4.78m	+0.2
	4.42 w:+0.9 4.78 w:+0.2 4.77 w:+0.0			
2	WESTBROOK, Emma	St Thomas Legion Tra	4.75m	+0.1
	4.52 w:+0.0 4.48 w:+0.5 4.75 w:+0.1			
3	KRISNAGOPAL, Elakkiy	United Tamil Sports	4.43m	+0.2
	4.33 w:+0.7 4.43 w:+0.2 4.42 w:+0.5			
4	CAPONCINI, Ella	London Western T.F.C	4.12m	+0.0
	3.8 w:+0.3 4.12 w:+0.0 4.04 w:+0.0			

U16 Pentathlon
Finals

Pl	Name	Team	Time
1	THOMPSON, Caitlyn	Oakville Track & Fie	2:40.48
	1:19.13 (1:19.13)		
2	WESTBROOK, Emma	St Thomas Legion Tra	2:40.74
	1:19.66 (1:19.66)		
3	KRISNAGOPAL, Elakkiy	United Tamil Sports	2:46.57
	1:19.56 (1:19.56)		
4	CAPONCINI, Ella	London Western T.F.C	2:49.86
	1:20.30 (1:20.30)		

Pl	Name	Team	Time
Section 1 of 1			
1	THOMPSON, Caitlyn	Oakville Track & Fie	2:40.48
	1:19.13 (1:19.13)		
2	WESTBROOK, Emma	St Thomas Legion Tra	2:40.74
	1:19.66 (1:19.66)		
3	KRISNAGOPAL, Elakkiy	United Tamil Sports	2:46.57
	1:19.56 (1:19.56)		

4 CAPONCINI, Ella London Western T.F.C 2:49.86
1:20.30 (1:20.30)

Men's 100 Meters
Finals

Pl	Name	Team	Time	Wind	a	Ht.	(Pl)
1	HALL, Nahshon	Flying Angels Academ	11.43	+0.6		1	(1)
2	HENRY, Shawn	Brampton Racers Trac	11.63	+0.6		1	(2)
3	LEMAY, Liam	Blue Devils Athletic	11.86	+0.6		1	(3)
4	HINNAH, Francis	London Western T.F.C	11.89	+0.6		1	(4)
5	BAXTER, Christian	Speed Academy Athlet	12.06	+0.6		1	(5)
6	BROUWER, Braeden	Niagara Olympic Club	12.11	+0.6		1	(6)
7	GIBSON, Tyrese	Thorold Elite Track	12.15	+0.6		1	(7)
8	CAMPBELL, John	Athletics Niagara	12.29	+0.4		2	(1)
9	ELLISON, Jelani	Extreme Velocity Tra	12.41	+0.6		1	(8)
10	WEDDERBURN, Zaid	Eclipse Track & Fiel	12.42	+0.4		2	(2)
11	REID, Khamal	Hamilton Olympic Clu	12.44	+0.4		2	(3)
12	NYAMUSA, Junior	London Western T.F.C	12.48	+0.4		2	(4)
13	CASTRO, Matias	Kitchener Waterloo T	12.50	+0.4		2	(5)
14	CARNE, Everett	Woodstock Legion Ath	12.79	+0.4		2	(6)
15	MAURICETTE, Elliot	Eclipse Track & Fiel	13.03	+0.4		2	(7)
16	LEYBOURNE, Lucas	Eclipse Track & Fiel	13.39	+0.4		2	(8)

Pl	Name	Team	Time	Wind	a
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Section 1 of 2

1	HALL, Nahshon	Flying Angels Academ	11.43	+0.6
2	HENRY, Shawn	Brampton Racers Trac	11.63	+0.6
3	LEMAY, Liam	Blue Devils Athletic	11.86	+0.6
4	HINNAH, Francis	London Western T.F.C	11.89	+0.6
5	BAXTER, Christian	Speed Academy Athlet	12.06	+0.6
6	BROUWER, Braeden	Niagara Olympic Club	12.11	+0.6
7	GIBSON, Tyrese	Thorold Elite Track	12.15	+0.6
8	ELLISON, Jelani	Extreme Velocity Tra	12.41	+0.6

Section 2 of 2

1	CAMPBELL, John	Athletics Niagara	12.29	+0.4
2	WEDDERBURN, Zaid	Eclipse Track & Fiel	12.42	+0.4
3	REID, Khamal	Hamilton Olympic Clu	12.44	+0.4
4	NYAMUSA, Junior	London Western T.F.C	12.48	+0.4
5	CASTRO, Matias	Kitchener Waterloo T	12.50	+0.4
6	CARNE, Everett	Woodstock Legion Ath	12.79	+0.4
7	MAURICETTE, Elliot	Eclipse Track & Fiel	13.03	+0.4
8	LEYBOURNE, Lucas	Eclipse Track & Fiel	13.39	+0.4

Prelims

Pl	Name	Team	Time	Wind	a	Ht.	(Pl)
1	HALL, Nahshon	Flying Angels Academ	11.68	-0.8	Q	2	(1)
2	HENRY, Shawn	Brampton Racers Trac	11.76	-1.3	Q	1	(1)
3	LEMAY, Liam	Blue Devils Athletic	11.94	-0.8	Q	2	(2)
4	BAXTER, Christian	Speed Academy Athlet	12.13	-1.3	Q	1	(2)
5	HINNAH, Francis	London Western T.F.C	12.18	-0.8	Q	2	(3)
6	BROUWER, Braeden	Niagara Olympic Club	12.27	-1.3	Q	1	(3)
7	CAMPBELL, John	Athletics Niagara	12.29	-1.3	q	1	(4)
8	GIBSON, Tyrese	Thorold Elite Track	12.42	-1.9	Q	3	(1)
9	WEDDERBURN, Zaid	Eclipse Track & Fiel	12.46	-0.8	q	2	(4)
10	ELLISON, Jelani	Extreme Velocity Tra	12.60	-1.9	Q	3	(2)
11	NYAMUSA, Junior	London Western T.F.C	12.62	-1.3	q	1	(5)
12	REID, Khamal	Hamilton Olympic Clu	12.65	-1.9	Q	3	(3)
13	CARNE, Everett	Woodstock Legion Ath	12.79	-1.3	q	1	(6)
14	CASTRO, Matias	Kitchener Waterloo T	12.87	-1.9	q	3	(4)
15	MAURICETTE, Elliot	Eclipse Track & Fiel	13.17	-0.8	q	2	(5)
16	LEYBOURNE, Lucas	Eclipse Track & Fiel	13.50	-0.8	q	2	(6)
17	FALEYE, Oluwatimiley	Brampton Racers Trac	13.51	-1.9		3	(5)
18	MUNJI, Noah	Border City AC	14.02	-1.9		3	(6)
18	TICHBAND, Kester	Niagara Olympic Club	14.02	-1.9		3	(6)
20	CHITTICK, Spencer	Woodstock Legion Ath	14.29	-0.8		2	(7)
21	MAURICETTE, Gabriel	Eclipse Track & Fiel	16.10	-1.3		1	(7)
22	AARON, Harrylal	Eclipse Track & Fiel	18.65	-1.9		3	(8)
	SPRINGETT, Christian	Rivers Speed Stars	DNS			2	

Pl	Name	Team	Time	Wind	a
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Heat 1 of 3

1	HENRY, Shawn	Brampton Racers Trac	11.76	-1.3	Q
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2	BAXTER, Christian	Speed Academy Athlet	12.13	-1.3	Q
3	BROUWER, Braeden	Niagara Olympic Club	12.27	-1.3	Q
4	CAMPBELL, John	Athletics Niagara	12.29	-1.3	q
5	NYAMUSA, Junior	London Western T.F.C	12.62	-1.3	q
6	CARNE, Everett	Woodstock Legion Ath	12.79	-1.3	q
7	MAURICETTE, Gabriel	Eclipse Track & Fiel	16.10	-1.3	

Heat 2 of 3

1	HALL, Nahshon	Flying Angels Academ	11.68	-0.8	Q
2	LEMAY, Liam	Blue Devils Athletic	11.94	-0.8	Q
3	HINNAH, Francis	London Western T.F.C	12.18	-0.8	Q
4	WEDDERBURN, Zaid	Eclipse Track & Fiel	12.46	-0.8	q
5	MAURICETTE, Elliot	Eclipse Track & Fiel	13.17	-0.8	q
6	LEYBOURNE, Lucas	Eclipse Track & Fiel	13.50	-0.8	q
7	CHITTICK, Spencer	Woodstock Legion Ath	14.29	-0.8	
	SPRINGETT, Christian	Rivers Speed Stars	DNS		

Heat 3 of 3

1	GIBSON, Tyrese	Thorold Elite Track	12.42	-1.9	Q
2	ELLISON, Jelani	Extreme Velocity Tra	12.60	-1.9	Q
3	REID, Khamal	Hamilton Olympic Clu	12.65	-1.9	Q
4	CASTRO, Matias	Kitchener Waterloo T	12.87	-1.9	q
5	FALEYE, Oluwatimiley	Brampton Racers Trac	13.51	-1.9	
6	MUNJI, Noah	Border City AC	14.02	-1.9	
6	TICHBAND, Kester	Niagara Olympic Club	14.02	-1.9	
8	AARON, Harrylal	Eclipse Track & Fiel	18.65	-1.9	

Men's 200 Meters

Finals

Pl	Name	Team	Time	Wind	a	Ht.	(Pl)
1	HALL, Nahshon	Flying Angels Academ	23.17	+1.9		2	(1)
2	HENRY, Shawn	Brampton Racers Trac	23.42	+1.9		2	(2)
3	WILLSON, William	London Legion T.F. A	23.68	+1.9		2	(3)
4	HINNAH, Francis	London Western T.F.C	23.93	+1.9		2	(4)
5	LEMAY, Liam	Blue Devils Athletic	24.00	+1.9		2	(5)
6	MOORE, Niall	Royal City Athletics	24.12	+1.9		2	(6)
7	ELLISON, Jelani	Extreme Velocity Tra	24.35	+3.1		1	(1)
8	BROUWER, Braeden	Niagara Olympic Club	24.44	+3.1		1	(2)
9	GIBSON, Tyrese	Thorold Elite Track	24.60	+3.1		1	(3)
10	BAXTER, Christian	Speed Academy Athlet	24.66	+1.9		2	(7)
11	WEDDERBURN, Zaid	Eclipse Track & Fiel	24.73	+3.1		1	(4)
12	REID, Khamal	Hamilton Olympic Clu	25.02	+3.1		1	(5)
13	HUZIJ, Carson	Airblastoff Lion	25.07	+1.9		2	(8)
14	JOHNSON, Dylan	London Western T.F.C	25.10	+3.1		1	(6)
15	CASTRO, Matias	Kitchener Waterloo T	25.19	+3.1		1	(7)
16	MAURICETTE, Elliot	Eclipse Track & Fiel	25.81	+3.1		1	(8)

Pl	Name	Team	Time	Wind	a
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Section 1 of 2

1	ELLISON, Jelani	Extreme Velocity Tra	24.35	+3.1	
2	BROUWER, Braeden	Niagara Olympic Club	24.44	+3.1	
3	GIBSON, Tyrese	Thorold Elite Track	24.60	+3.1	
4	WEDDERBURN, Zaid	Eclipse Track & Fiel	24.73	+3.1	
5	REID, Khamal	Hamilton Olympic Clu	25.02	+3.1	
6	JOHNSON, Dylan	London Western T.F.C	25.10	+3.1	
7	CASTRO, Matias	Kitchener Waterloo T	25.19	+3.1	
8	MAURICETTE, Elliot	Eclipse Track & Fiel	25.81	+3.1	

Section 2 of 2

1	HALL, Nahshon	Flying Angels Academ	23.17	+1.9	
2	HENRY, Shawn	Brampton Racers Trac	23.42	+1.9	
3	WILLSON, William	London Legion T.F. A	23.68	+1.9	
4	HINNAH, Francis	London Western T.F.C	23.93	+1.9	
5	LEMAY, Liam	Blue Devils Athletic	24.00	+1.9	
6	MOORE, Niall	Royal City Athletics	24.12	+1.9	
7	BAXTER, Christian	Speed Academy Athlet	24.66	+1.9	
8	HUZIJ, Carson	Airblastoff Lion	25.07	+1.9	

Prelims

Pl	Name	Team	Time	Wind	a	Ht.	(Pl)
1	HALL, Nahshon	Flying Angels Academ	23.57	+2.2	Q	1	(1)
2	HENRY, Shawn	Brampton Racers Trac	23.98	+2.6	Q	2	(1)
3	HINNAH, Francis	London Western T.F.C	24.01	+2.2	Q	1	(2)
4	MOORE, Niall	Royal City Athletics	24.38	+2.3	Q	4	(1)
5	WILLSON, William	London Legion T.F. A	24.40	+2.6	Q	3	(1)
6	LEMAY, Liam	Blue Devils Athletic	24.44	+2.3	Q	4	(2)
7	BAXTER, Christian	Speed Academy Athlet	24.56	+2.6	Q	2	(2)
8	ELLISON, Jelani	Extreme Velocity Tra	24.63	+2.3	Q	4	(3)

9	BROUWER, Braeden	Niagara Olympic Club	24.76	+2.2	Q	1	(3)
10	JOHNSON, Dylan	London Western T.F.C	25.08	+2.3	q	4	(4)
11	HUZI, Carson	Airblastoff Lion	25.09	+2.6	Q	3	(2)
12	GIBSON, Tyrese	Thorold Elite Track	25.10	+2.6	Q	3	(3)
13	WEDDERBURN, Zaid	Eclipse Track & Fiel	25.11	+2.6	Q	2	(3)
14	REID, Khamal	Hamilton Olympic Clu	25.50	+2.2	q	1	(4)
15	CASTRO, Matias	Kitchener Waterloo T	25.68	+2.6	q	3	(4)
16	MAURICETTE, Elliot	Eclipse Track & Fiel	26.43	+2.6	q	3	(5)
17	CRAWFORD, Calum	Kitchener Waterloo T	27.22	+2.3		4	(5)
18	TICHBAND, Kester	Niagara Olympic Club	28.36	+2.6		2	(4)
19	LEYBOURNE, Lucas	Eclipse Track & Fiel	28.62	+2.2		1	(5)
20	CRAWFORD, Mason	Eclipse Track & Fiel	33.73	+2.3		4	(6)
21	MAURICETTE, Gabriel	Eclipse Track & Fiel	33.86	+2.6		2	(5)
22	IVANOV, Jordan	Unattached Ontario	36.36	+2.6		3	(6)
23	AARON, Harrylal	Eclipse Track & Fiel	39.28	+2.2		1	(6)
	MUNJI, Noah	Border City AC	DNS			1	
	BROWN, Isaiah	Durham Dragons Athle	DNS			2	
	DANIEL, Caldeira	Eclipse Track & Fiel	DNS			2	

Pl Name		Team	Time	Wind	a
Heat 1 of 4					
1	HALL, Nahshon	Flying Angels Academ	23.57	+2.2	Q
2	HINNAH, Francis	London Western T.F.C	24.01	+2.2	Q
3	BROUWER, Braeden	Niagara Olympic Club	24.76	+2.2	Q
4	REID, Khamal	Hamilton Olympic Clu	25.50	+2.2	q
5	LEYBOURNE, Lucas	Eclipse Track & Fiel	28.62	+2.2	
6	AARON, Harrylal	Eclipse Track & Fiel	39.28	+2.2	
	MUNJI, Noah	Border City AC	DNS		
Heat 2 of 4					
1	HENRY, Shawn	Brampton Racers Trac	23.98	+2.6	Q
2	BAXTER, Christian	Speed Academy Athlet	24.56	+2.6	Q
3	WEDDERBURN, Zaid	Eclipse Track & Fiel	25.11	+2.6	Q
4	TICHBAND, Kester	Niagara Olympic Club	28.36	+2.6	
5	MAURICETTE, Gabriel	Eclipse Track & Fiel	33.86	+2.6	
	BROWN, Isaiah	Durham Dragons Athle	DNS		
	DANIEL, Caldeira	Eclipse Track & Fiel	DNS		
Heat 3 of 4					
1	WILLSON, William	London Legion T.F. A	24.40	+2.6	Q
2	HUZI, Carson	Airblastoff Lion	25.09	+2.6	Q
3	GIBSON, Tyrese	Thorold Elite Track	25.10	+2.6	Q
4	CASTRO, Matias	Kitchener Waterloo T	25.68	+2.6	q
5	MAURICETTE, Elliot	Eclipse Track & Fiel	26.43	+2.6	q
6	IVANOV, Jordan	Unattached Ontario	36.36	+2.6	
Heat 4 of 4					
1	MOORE, Niall	Royal City Athletics	24.38	+2.3	Q
2	LEMAY, Liam	Blue Devils Athletic	24.44	+2.3	Q
3	ELLISON, Jelani	Extreme Velocity Tra	24.63	+2.3	Q
4	JOHNSON, Dylan	London Western T.F.C	25.08	+2.3	q
5	CRAWFORD, Calum	Kitchener Waterloo T	27.22	+2.3	
6	CRAWFORD, Mason	Eclipse Track & Fiel	33.73	+2.3	

Men's 300 Meters
Finals

Pl	Name	Team	Time	Ht.	(Pl)
1	HALL, Nahshon	Flying Angels Academ	38.60	3	(1)
2	MOORE, Niall	Royal City Athletics	39.11	3	(2)
3	WALTERS, Graham	Athletics Niagara	39.56	3	(3)
4	JOHNSON, Dylan	London Western T.F.C	39.89	3	(4)
5	BROWN, Isaiah	Durham Dragons Athle	40.01	3	(5)
6	HUZIJ, Carson	Airblastoff Lion	40.06	3	(6)
7	NAIR, Shayden	Etobicoke Huskies-St	40.27	2	(1)
8	GRIFFIN, Levi	South Simcoe Dufferi	40.83	1	(1)
9	CASTRO, Matias	Kitchener Waterloo T	41.50	2	(2)
10	DANIEL, Caldeira	Eclipse Track & Fiel	44.37	1	(2)
11	CARNE, Everett	Woodstock Legion Ath	44.40	3	(7)
12	CRAWFORD, Mason	Eclipse Track & Fiel	57.36	2	(3)
	CRAWFORD, Calum	Kitchener Waterloo T	DQ	2	
	CHITTICK, Spencer	Woodstock Legion Ath	DQ	2	
	SPRINGETT, Christian	Rivers Speed Stars	DNS	1	
	FALEYE, Oluwatimiley	Brampton Racers Trac	DNS	1	
	SINGH, Aabjosh	Laurel Creek T.F.C.	DNS	3	

Pl	Name	Team	Time
Section 1 of 3			
1	GRIFFIN, Levi	South Simcoe Dufferi	40.83

2	DANIEL, Caldeira	Eclipse Track & Fiel	44.37
	SPRINGETT, Christian	Rivers Speed Stars	DNS
	FALEYE, Oluwatimiley	Brampton Racers Trac	DNS
Section 2 of 3			
1	NAIR, Shayden	Etobicoke Huskies-St	40.27
2	CASTRO, Matias	Kitchener Waterloo T	41.50
3	CRAWFORD, Mason	Eclipse Track & Fiel	57.36
	CRAWFORD, Calum	Kitchener Waterloo T	DQ
	CHITTICK, Spencer	Woodstock Legion Ath	DQ
Section 3 of 3			
1	HALL, Nahshon	Flying Angels Academ	38.60
2	MOORE, Niall	Royal City Athletics	39.11
3	WALTERS, Graham	Athletics Niagara	39.56
4	JOHNSON, Dylan	London Western T.F.C	39.89
5	BROWN, Isaiah	Durham Dragons Athle	40.01
6	HUZIJJ, Carson	Airblastoff Lion	40.06
7	CARNE, Everett	Woodstock Legion Ath	44.40
	SINGH, Aabjosh	Laurel Creek T.F.C.	DNS

Men's 800 Meters
Finals

Pl	Name	Team	Time	Ht.	(Pl)
1	BENNETT, Cameron 1:01.56 (1:01.56)	310 Running	2:05.42	4	(1)
2	PUTHENKULANGARA, Sau 1:01.83 (1:01.83)	Brampton Racers Trac	2:06.59	4	(2)
3	LEDGER, Cohen 1:03.91 (1:03.91)	Hamilton Olympic Clu	2:07.47	4	(3)
4	REUTER, Landon 1:03.57 (1:03.57)	Laurel Creek T.F.C.	2:09.00	4	(4)
5	JAUVIN, Maxime (max) 1:08.74 (1:08.74)	Laurel Creek T.F.C.	2:11.53	3	(1)
6	TONNIES, Sammy 1:02.26 (1:02.26)	Thorold Elite Track	2:13.01	4	(5)
7	LARIVIERE, Jonah 1:05.49 (1:05.49)	Stratford Sabrecats	2:13.12	4	(6)
8	WALTERS, Graham 1:03.81 (1:03.81)	Athletics Niagara	2:13.20	4	(7)
9	NAIR, Shayden 1:06.77 (1:06.77)	Etobicoke Huskies-St	2:13.63	3	(2)
10	LUKE, Matthew 1:07.30 (1:07.30)	Burlington Track & F	2:14.06	3	(3)
11	WALKER, Brayden 1:09.08 (1:09.08)	Runners Edge Track C	2:14.67	3	(4)
12	PARSONS, Nicholas 1:07.67 (1:07.67)	Blue Devils Athletic	2:14.86	3	(5)
13	GRIFFIN, Levi 1:08.47 (1:08.47)	South Simcoe Dufferi	2:15.74	3	(6)
14	PREKAJSKI, Andrej 1:06.05 (1:06.05)	Unattached Ontario	2:17.08	2	(1)
15	PORTO, James 1:09.00 (1:09.00)	Laurel Creek T.F.C.	2:17.18	3	(7)
16	ARCIERO, Thomas 1:07.75 (1:07.75)	Toronto West Athleti	2:18.13	2	(2)
17	MCLARNON, Lucas 1:04.39 (1:04.39)	University of Toront	2:18.28	4	(8)
18	LUONG, Kai 1:13.02 (1:13.02)	Blue Devils Athletic	2:23.48	1	(1)
19	LEWIS, Owen 1:09.50 (1:09.50)	Runners Edge Track C	2:23.69	3	(8)

20	GORDON, Xavier 1:06.82 (1:06.82)	Blue Devils Athletic	2:24.11	2	(3)
21	PLAYFAIR, Aidan 1:12.92 (1:12.92)	Saugeen Track & Fiel	2:24.77	1	(2)
22	PREKAJSKI, Mihailo 1:07.88 (1:07.88)	Unattached Ontario	2:25.10	2	(4)
23	DINGMAN, Kaleb 1:15.75 (1:15.75)	Stratford Sabrecats	2:34.21	1	(3)
24	CROWE, Oliver 1:13.96 (1:13.96)	Niagara Olympic Club	2:34.31	1	(4)
25	KIM, Lucas 1:08.99 (1:08.99)	Toronto West Athleti	2:36.48	2	(5)
26	MORGADO-DRYSDALE, Al 1:16.50 (1:16.50)	Toronto West Athleti	2:43.09	1	(5)
	ULICKI, Basil	Toronto Olympic Trac	DNS	1	

Pl	Name	Team	Time
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Section 1 of 4

1	LUONG, Kai 1:13.02 (1:13.02)	Blue Devils Athletic	2:23.48
2	PLAYFAIR, Aidan 1:12.92 (1:12.92)	Saugeen Track & Fiel	2:24.77
3	DINGMAN, Kaleb 1:15.75 (1:15.75)	Stratford Sabrecats	2:34.21
4	CROWE, Oliver 1:13.96 (1:13.96)	Niagara Olympic Club	2:34.31
5	MORGADO-DRYSDALE, Al 1:16.50 (1:16.50)	Toronto West Athleti	2:43.09
	ULICKI, Basil	Toronto Olympic Trac	DNS

Section 2 of 4

1	PREKAJSKI, Andrej 1:06.05 (1:06.05)	Unattached Ontario	2:17.08
2	ARCIERO, Thomas 1:07.75 (1:07.75)	Toronto West Athleti	2:18.13
3	GORDON, Xavier 1:06.82 (1:06.82)	Blue Devils Athletic	2:24.11
4	PREKAJSKI, Mihailo 1:07.88 (1:07.88)	Unattached Ontario	2:25.10
5	KIM, Lucas 1:08.99 (1:08.99)	Toronto West Athleti	2:36.48

Section 3 of 4

1	JAUVIN, Maxime (max) 1:08.74 (1:08.74)	Laurel Creek T.F.C.	2:11.53
2	NAIR, Shayden 1:06.77 (1:06.77)	Etobicoke Huskies-St	2:13.63
3	LUKE, Matthew 1:07.30 (1:07.30)	Burlington Track & F	2:14.06
4	WALKER, Brayden 1:09.08 (1:09.08)	Runners Edge Track C	2:14.67
5	PARSONS, Nicholas 1:07.67 (1:07.67)	Blue Devils Athletic	2:14.86
6	GRIFFIN, Levi 1:08.47 (1:08.47)	South Simcoe Dufferi	2:15.74

7	PORTO, James	Laurel Creek T.F.C.	2:17.18
	1:09.00 (1:09.00)		
8	LEWIS, Owen	Runners Edge Track C	2:23.69
	1:09.50 (1:09.50)		
Section 4 of 4			
1	BENNETT, Cameron	310 Running	2:05.42
	1:01.56 (1:01.56)		
2	PUTHENKULANGARA, Sau	Brampton Racers Trac	2:06.59
	1:01.83 (1:01.83)		
3	LEDGER, Cohen	Hamilton Olympic Clu	2:07.47
	1:03.91 (1:03.91)		
4	REUTER, Landon	Laurel Creek T.F.C.	2:09.00
	1:03.57 (1:03.57)		
5	TONNIES, Sammy	Thorold Elite Track	2:13.01
	1:02.26 (1:02.26)		
6	LARIVIERE, Jonah	Stratford Sabrecats	2:13.12
	1:05.49 (1:05.49)		
7	WALTERS, Graham	Athletics Niagara	2:13.20
	1:03.81 (1:03.81)		
8	MCLARNON, Lucas	University of Toront	2:18.28
	1:04.39 (1:04.39)		

Men's 1200 Meters

Finals

Pl	Name	Team	Time	Ht.	(Pl)
1	GAFFNEY, Travis	Brockville Legion Tr	3:20.39	2	(1)
	1:08.69 (1:08.69)	2:14.80 (1:06.12)			
2	ROSENTHAL, Simon	Ville-Marie	3:24.76	2	(2)
	1:08.44 (1:08.44)	2:15.25 (1:06.82)			
3	PUTHENKULANGARA, Sau	Brampton Racers Trac	3:25.40	2	(3)
	1:08.56 (1:08.56)	2:16.96 (1:08.41)			
4	KLEINSMITH, Matthew	Thorold Elite Track	3:27.85	2	(4)
	1:10.11 (1:10.11)	2:19.94 (1:09.84)			
5	AAGAARD, Josh	Laurel Creek T.F.C.	3:30.28	2	(5)
	1:09.04 (1:09.04)	2:19.69 (1:10.66)			
6	FELTHAM, Luke	Stratford Sabrecats	3:30.33	1	(1)
	1:09.32 (1:09.32)	2:22.93 (1:13.61)			
7	OGILVIE, Daniel	Stratford Sabrecats	3:31.44	1	(2)
	1:08.93 (1:08.93)	2:22.77 (1:13.84)			
8	REUTER, Landon	Laurel Creek T.F.C.	3:32.27	2	(6)
	1:09.57 (1:09.57)	2:23.84 (1:14.28)			
9	BRECKELS, Fenway	Thorold Elite Track	3:32.71	2	(7)
	1:10.66 (1:10.66)	2:21.66 (1:11.01)			
10	LEDGER, Cohen	Hamilton Olympic Clu	3:34.45	2	(8)
	1:10.98 (1:10.98)	2:23.87 (1:12.90)			
11	PREKAJSKI, Andrej	Unattached Ontario	3:34.46	2	(9)
	1:09.48 (1:09.48)	2:23.59 (1:14.12)			
12	LARIVIERE, Jonah	Stratford Sabrecats	3:37.42	2	(10)
	1:12.62 (1:12.62)	2:27.55 (1:14.93)			
13	TONNIES, Sammy	Thorold Elite Track	3:43.05	2	(11)
	1:12.43 (1:12.43)	2:27.93 (1:15.51)			
14	NOBREGA, Thomas	310 Running	3:47.66	2	(12)
	1:13.50 (1:13.50)	2:30.23 (1:16.73)			
15	NATHAN, Parkes	Burlington Track & F	3:47.94	1	(3)

	1:09.94 (1:09.94)	2:29.18 (1:19.24)		
16 BENNETT, Gabe	Laurel Creek T.F.C.	3:48.83	2	(13)
1:13.49 (1:13.49)	2:28.79 (1:15.30)			
17 PREKAJSKI, Mihailo	Unattached Ontario	3:48.91	1	(4)
1:09.71 (1:09.71)	2:30.00 (1:20.30)			
18 GIN, Alex	Windsor Legion T.F.C	3:49.26	2	(14)
1:12.85 (1:12.85)	2:30.80 (1:17.95)			
19 CHAMP, Kenneth	South Simcoe Dufferi	3:54.07	1	(5)
1:14.33 (1:14.33)	2:37.94 (1:23.61)			
20 DINGMAN, Kaleb	Stratford Sabrecats	3:54.70	1	(6)
1:15.20 (1:15.20)	2:37.90 (1:22.71)			
21 WHEELER, James	Saugeen Track & Fiel	3:58.17	1	(7)
1:14.79 (1:14.79)				
22 CLINTON, Myles	Stratford Sabrecats	4:01.23	1	(8)
1:16.28 (1:16.28)	2:37.35 (1:21.07)	2:40.37	(3.03)	
23 SILMER, Scott	Etobicoke Huskies-St	4:02.08	1	(9)
1:18.14 (1:18.14)	2:41.96 (1:23.82)			
24 ANILE, Niccolo	Etobicoke Huskies-St	4:13.88	1	(10)
1:18.97 (1:18.97)	2:46.65 (1:27.69)			
GORDON, Xavier	Blue Devils Athletic	DQ	1	

Pl	Name	Team	Time
Section 1 of 2			
1	FELTHAM, Luke	Stratford Sabrecats	3:30.33
	1:09.32 (1:09.32)	2:22.93 (1:13.61)	
2	OGILVIE, Daniel	Stratford Sabrecats	3:31.44
	1:08.93 (1:08.93)	2:22.77 (1:13.84)	
3	NATHAN, Parkes	Burlington Track & F	3:47.94
	1:09.94 (1:09.94)	2:29.18 (1:19.24)	
4	PREKAJSKI, Mihailo	Unattached Ontario	3:48.91
	1:09.71 (1:09.71)	2:30.00 (1:20.30)	
5	CHAMP, Kenneth	South Simcoe Dufferi	3:54.07
	1:14.33 (1:14.33)	2:37.94 (1:23.61)	
6	DINGMAN, Kaleb	Stratford Sabrecats	3:54.70
	1:15.20 (1:15.20)	2:37.90 (1:22.71)	
7	WHEELER, James	Saugeen Track & Fiel	3:58.17
	1:14.79 (1:14.79)		
8	CLINTON, Myles	Stratford Sabrecats	4:01.23
	1:16.28 (1:16.28)	2:37.35 (1:21.07)	2:40.37 (3.03)
9	SILMER, Scott	Etobicoke Huskies-St	4:02.08
	1:18.14 (1:18.14)	2:41.96 (1:23.82)	
10	ANILE, Niccolo	Etobicoke Huskies-St	4:13.88
	1:18.97 (1:18.97)	2:46.65 (1:27.69)	
	GORDON, Xavier	Blue Devils Athletic	DQ

Section 2 of 2			
1	GAFFNEY, Travis	Brockville Legion Tr	3:20.39
	1:08.69 (1:08.69)	2:14.80 (1:06.12)	
2	ROSENTHAL, Simon	Ville-Marie	3:24.76
	1:08.44 (1:08.44)	2:15.25 (1:06.82)	
3	PUTHENKULANGARA, Sau	Brampton Racers Trac	3:25.40
	1:08.56 (1:08.56)	2:16.96 (1:08.41)	
4	KLEINSMITH, Matthew	Thorold Elite Track	3:27.85

	1:10.11 (1:10.11)	2:19.94 (1:09.84)	
5	AAGAARD, Josh 1:09.04 (1:09.04)	Laurel Creek T.F.C. 2:19.69 (1:10.66)	3:30.28
6	REUTER, Landon 1:09.57 (1:09.57)	Laurel Creek T.F.C. 2:23.84 (1:14.28)	3:32.27
7	BRECKELS, Fenway 1:10.66 (1:10.66)	Thorold Elite Track 2:21.66 (1:11.01)	3:32.71
8	LEDGER, Cohen 1:10.98 (1:10.98)	Hamilton Olympic Clu 2:23.87 (1:12.90)	3:34.45
9	PREKAJSKI, Andrej 1:09.48 (1:09.48)	Unattached Ontario 2:23.59 (1:14.12)	3:34.46
10	LARIVIERE, Jonah 1:12.62 (1:12.62)	Stratford Sabrecats 2:27.55 (1:14.93)	3:37.42
11	TONNIES, Sammy 1:12.43 (1:12.43)	Thorold Elite Track 2:27.93 (1:15.51)	3:43.05
12	NOBREGA, Thomas 1:13.50 (1:13.50)	310 Running 2:30.23 (1:16.73)	3:47.66
13	BENNETT, Gabe 1:13.49 (1:13.49)	Laurel Creek T.F.C. 2:28.79 (1:15.30)	3:48.83
14	GIN, Alex 1:12.85 (1:12.85)	Windsor Legion T.F.C 2:30.80 (1:17.95)	3:49.26

Men's 2000 Meters
Finals

Pl	Name	Team	Time	
1	GAFFNEY, Travis 1:10.49 (1:10.49) 4:45.49 (1:12.59)	Brockville Legion Tr 2:20.69 (1:10.21)	5:52.43 3:32.91 (1:12.22)	
2	ROSENTHAL, Simon 1:13.19 (1:13.19) 4:52.51 (1:12.94)	Ville-Marie 2:26.15 (1:12.97)	6:03.21 3:39.57 (1:13.42)	
3	FELTHAM, Luke 1:15.36 (1:15.36) 5:02.49 (1:14.59)	Stratford Sabrecats 2:31.03 (1:15.68)	6:09.79 3:47.91 (1:16.88)	
4	OGILVIE, Daniel 1:14.43 (1:14.43) 5:03.00 (1:14.72)	Stratford Sabrecats 2:30.41 (1:15.98)	6:11.36 3:48.28 (1:17.87)	
5	AAGAARD, Josh 1:14.14 (1:14.14) 5:02.37 (1:14.48)	Laurel Creek T.F.C. 2:30.17 (1:16.03)	6:11.50 3:47.89 (1:17.73)	
6	KLEINSMITH, Matthew 1:14.79 (1:14.79) 5:03.25 (1:17.40)	Thorold Elite Track 2:29.26 (1:14.47)	6:13.47 3:45.85 (1:16.60)	
7	WILSON, Rian 1:12.32 (1:12.32) 5:04.43 (1:18.92)	Runners Edge Track C 2:26.57 (1:14.25)	6:19.37 3:45.52 (1:18.95)	
8	BRECKELS, Fenway 1:14.49 (1:14.49) 5:04.66 (1:17.26)	Thorold Elite Track 2:30.67 (1:16.19)	6:20.26 3:47.41 (1:16.74)	
9	PAUL, Jacob 1:15.06 (1:15.06) 5:15.15 (1:21.83)	Laurel Creek T.F.C. 2:33.26 (1:18.20)	6:27.05 3:53.32 (1:20.06)	
10	PREKAJSKI, Andrej 1:10.62 (1:10.62) 5:10.90 (1:21.93)	Unattached Ontario 2:27.79 (1:17.17)	6:27.62 3:48.97 (1:21.19)	
11	PREKAJSKI, Mihailo 1:14.82 (1:14.82)	Unattached Ontario 2:36.24 (1:21.42)	6:52.78 4:03.68 (1:27.45)	

12	GIN, Alex	Windsor Legion T.F.C	6:55.59
	1:17.04 (1:17.04)	2:43.31 (1:26.27)	4:09.22 (1:25.91)
	5:37.78 (1:28.57)		
13	BENNETT, Gabe	Laurel Creek T.F.C.	6:59.70
	1:15.94 (1:15.94)	2:37.92 (1:21.98)	4:05.34 (1:27.43)
	5:34.53 (1:29.19)		
14	SILMER, Scott	Etobicoke Huskies-St	7:03.12
	1:16.67 (1:16.67)	2:42.85 (1:26.18)	4:08.99 (1:26.15)
	5:39.11 (1:30.13)		
15	COOK, Jared	Runners Edge Track C	7:10.24
	1:17.13 (1:17.13)	2:42.92 (1:25.79)	4:10.05 (1:27.13)
	5:32.69 (1:22.65)	5:41.82 (9.14)	
16	ANILE, Niccolo	Etobicoke Huskies-St	7:36.05
	1:18.92 (1:18.92)	2:48.97 (1:30.06)	4:25.19 (1:36.22)
	6:01.31 (1:36.13)		
17	ULICKI, Basil	Toronto Olympic Trac	8:24.93
	2:51.51 (2:51.51)	4:40.07 (1:48.56)	6:31.95 (1:51.88)

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Pl	Name	Team	Time
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Section 1 of 1

1	GAFFNEY, Travis	Brockville Legion Tr	5:52.43
	1:10.49 (1:10.49)	2:20.69 (1:10.21)	3:32.91 (1:12.22)
	4:45.49 (1:12.59)		
2	ROSENTHAL, Simon	Ville-Marie	6:03.21
	1:13.19 (1:13.19)	2:26.15 (1:12.97)	3:39.57 (1:13.42)
	4:52.51 (1:12.94)		
3	FELTHAM, Luke	Stratford Sabrecats	6:09.79
	1:15.36 (1:15.36)	2:31.03 (1:15.68)	3:47.91 (1:16.88)
	5:02.49 (1:14.59)		
4	OGILVIE, Daniel	Stratford Sabrecats	6:11.36
	1:14.43 (1:14.43)	2:30.41 (1:15.98)	3:48.28 (1:17.87)
	5:03.00 (1:14.72)		
5	AAGAARD, Josh	Laurel Creek T.F.C.	6:11.50
	1:14.14 (1:14.14)	2:30.17 (1:16.03)	3:47.89 (1:17.73)
	5:02.37 (1:14.48)		
6	KLEINSMITH, Matthew	Thorold Elite Track	6:13.47
	1:14.79 (1:14.79)	2:29.26 (1:14.47)	3:45.85 (1:16.60)
	5:03.25 (1:17.40)		
7	WILSON, Rian	Runners Edge Track C	6:19.37
	1:12.32 (1:12.32)	2:26.57 (1:14.25)	3:45.52 (1:18.95)
	5:04.43 (1:18.92)		
8	BRECKELS, Fenway	Thorold Elite Track	6:20.26
	1:14.49 (1:14.49)	2:30.67 (1:16.19)	3:47.41 (1:16.74)
	5:04.66 (1:17.26)		
9	PAUL, Jacob	Laurel Creek T.F.C.	6:27.05
	1:15.06 (1:15.06)	2:33.26 (1:18.20)	3:53.32 (1:20.06)
	5:15.15 (1:21.83)		
10	PREKAJSKI, Andrej	Unattached Ontario	6:27.62
	1:10.62 (1:10.62)	2:27.79 (1:17.17)	3:48.97 (1:21.19)
	5:10.90 (1:21.93)		
11	PREKAJSKI, Mihailo	Unattached Ontario	6:52.78
	1:14.82 (1:14.82)	2:36.24 (1:21.42)	4:03.68 (1:27.45)
12	GIN, Alex	Windsor Legion T.F.C	6:55.59
	1:17.04 (1:17.04)	2:43.31 (1:26.27)	4:09.22 (1:25.91)
	5:37.78 (1:28.57)		
13	BENNETT, Gabe	Laurel Creek T.F.C.	6:59.70
	1:15.94 (1:15.94)	2:37.92 (1:21.98)	4:05.34 (1:27.43)
	5:34.53 (1:29.19)		
14	SILMER, Scott	Etobicoke Huskies-St	7:03.12
	1:16.67 (1:16.67)	2:42.85 (1:26.18)	4:08.99 (1:26.15)

5:39.11 (1:30.13)

15	COOK, Jared	Runners Edge Track C	7:10.24	
	1:17.13 (1:17.13)	2:42.92 (1:25.79)	4:10.05 (1:27.13)	
	5:32.69 (1:22.65)	5:41.82 (9.14)		
16	ANILE, Niccolo	Etobicoke Huskies-St	7:36.05	
	1:18.92 (1:18.92)	2:48.97 (1:30.06)	4:25.19 (1:36.22)	
	6:01.31 (1:36.13)			
17	ULICKI, Basil	Toronto Olympic Trac	8:24.93	
	2:51.51 (2:51.51)	4:40.07 (1:48.56)	6:31.95 (1:51.88)	

100m Hurdles (Extra Run)
Finals

Pl	Name	Team	Time	Wind
	WILLSON, William	London Legion T.F. A	DNS	
	KULAINTHIRAN, Banuja	United Tamil Sports	DNS	
	MILLER, Liam	Burlington Track & F	DNS	
	GAUTHIER, Carson	Thorold Elite Track	DNS	
	KANTHAVAL, Sanjeevan	United Tamil Sports	DNS	

Pl	Name	Team	Time	Wind
Section 1 of 1				
	MILLER, Liam	Burlington Track & F	DNS	
	KULAINTHIRAN, Banuja	United Tamil Sports	DNS	
	WILLSON, William	London Legion T.F. A	DNS	
	GAUTHIER, Carson	Thorold Elite Track	DNS	
	KANTHAVAL, Sanjeevan	United Tamil Sports	DNS	

Men's 100m Hurdles
Finals

Pl	Name	Team	Time	Wind
1	WILLSON, William	London Legion T.F. A	14.05	+0.2
2	GAUTHIER, Carson	Thorold Elite Track	14.35	+0.2
3	MILLER, Liam	Burlington Track & F	14.66	+0.2
4	KULAINTHIRAN, Banuja	United Tamil Sports	14.69	+0.2
5	KANTHAVAL, Sanjeevan	United Tamil Sports	16.11	+0.2

Pl	Name	Team	Time	Wind
Section 1 of 1				
1	WILLSON, William	London Legion T.F. A	14.05	+0.2
2	GAUTHIER, Carson	Thorold Elite Track	14.35	+0.2
3	MILLER, Liam	Burlington Track & F	14.66	+0.2
4	KULAINTHIRAN, Banuja	United Tamil Sports	14.69	+0.2
5	KANTHAVAL, Sanjeevan	United Tamil Sports	16.11	+0.2

Men's 200m Hurdles
Finals

Pl	Name	Team	Time	Wind
1	MILLER, Liam	Burlington Track & F	26.90	+2.6
2	MACKAY, Jackson	London Western T.F.C	29.89	+2.6
3	CLINTON, Myles	Stratford Sabrecats	33.03	+2.6

Pl	Name	Team	Time	Wind
Section 1 of 1				
1	MILLER, Liam	Burlington Track & F	26.90	+2.6
2	MACKAY, Jackson	London Western T.F.C	29.89	+2.6
3	CLINTON, Myles	Stratford Sabrecats	33.03	+2.6

Men's 1500m Steeple
Finals

Pl	Name	Team	Time
1	PAUL, Jacob	Laurel Creek T.F.C.	5:07.63
2	JAUVIN, Maxime (max)	Laurel Creek T.F.C.	5:07.96

Pl	Name	Team	Time
Section 1 of 1			
1	PAUL, Jacob	Laurel Creek T.F.C.	5:07.63
2	JAUVIN, Maxime (max)	Laurel Creek T.F.C.	5:07.96

Men's 1500m Walk
Finals

Pl	Name	Team	Time
1	SHAFRANSKY, Benjamin	York University Trac	13:23.30
	2:36.9 (2:36.9)	6:14.6 (3:37.8)	

Pl	Name	Team	Time
1	SHAFRANSKY, Benjamin	York University Trac	13:23.30
	2:36.9 (2:36.9)	6:14.6 (3:37.8)	

Men's 4 x 100m Relay
Finals

Pl	Team	Sq	Time
1	Eclipse Track & Fiel	A	51.00
2	Eclipse Track & Fiel	B	1:03.82
	London Western T.F.C	A	DQ

Pl	Team	Sq	Time
1	Eclipse Track & Fiel	A	51.00
2	Eclipse Track & Fiel	B	1:03.82
	London Western T.F.C	A	DQ

Men's 4 x 400m Relay
Finals

Pl	Team	Sq	Time
1	Thorold Elite Track	A	4:09.09
4	Stratford Sabrecats	A	4:15.92
	1:02.16 (1:02.16)	2:11.68 (1:09.53)	3:15.57 (1:03.90)
	4:15.92 (1:00.35)		

Pl	Team	Sq	Time
1	Thorold Elite Track	A	4:09.09
4	Stratford Sabrecats	A	4:15.92
	1:02.16 (1:02.16)	2:11.68 (1:09.53)	3:15.57 (1:03.90)
	4:15.92 (1:00.35)		

Men's 4 x 800m Relay
Finals

Pl	Team	Sq	Time
1	Laurel Creek T.F.C.	A	9:33.66
	2:14.17 (2:14.17)	4:38.76 (2:24.60)	7:07.96 (2:29.20)
	9:33.66 (2:25.71)		
2	Runners Edge Track C	A	9:58.67
	2:17.17 (2:17.17)	4:58.38 (2:41.22)	7:30.28 (2:31.90)
	9:58.67 (2:28.39)		

Pl	Team	Sq	Time		
=====					
Section 1 of 1					
1	Laurel Creek T.F.C.	A	9:33.66		
	2:14.17 (2:14.17)		4:38.76 (2:24.60)	7:07.96	(2:29.20)
	9:33.66 (2:25.71)				
2	Runners Edge Track C	A	9:58.67		
	2:17.17 (2:17.17)		4:58.38 (2:41.22)	7:30.28	(2:31.90)
	9:58.67 (2:28.39)				

Men's High Jump
Finals

Pl	Name	Team	Mark
=====			
1	GAUTHIER, Carson	Thorold Elite Track	1.80m
	1.50 1.55 1.60 1.65 1.70 1.80 1.91		
	P P P P O XO XXX		
2	KANTHAVEL, Sanjeevan	United Tamil Sports	1.65m
	1.50 1.55 1.60 1.65 1.70 1.80 1.91		
	P XO XO O XXX		
3	BALARAMANA, Ashvin	United Tamil Sports	1.65m
	1.50 1.55 1.60 1.65 1.70 1.80 1.91		
	O O O XXO XXX		
4	ARULRAJAN, Sayanthan	United Tamil Sports	1.60m
	1.50 1.55 1.60 1.65 1.70 1.80 1.91		
	O O O XXX		
	MACKAY, Jackson	London Western T.F.C	NH

Pl	Name	Team	Mark
=====			
Flight 1 of 1			
1	GAUTHIER, Carson	Thorold Elite Track	1.80m
	1.50 1.55 1.60 1.65 1.70 1.80 1.91		
	P P P P O XO XXX		
2	KANTHAVEL, Sanjeevan	United Tamil Sports	1.65m
	1.50 1.55 1.60 1.65 1.70 1.80 1.91		
	P XO XO O XXX		
3	BALARAMANA, Ashvin	United Tamil Sports	1.65m
	1.50 1.55 1.60 1.65 1.70 1.80 1.91		
	O O O XXO XXX		
4	ARULRAJAN, Sayanthan	United Tamil Sports	1.60m
	1.50 1.55 1.60 1.65 1.70 1.80 1.91		
	O O O XXX		
	MACKAY, Jackson	London Western T.F.C	NH

Men's Long Jump
Finals

Pl	Name	Team	Mark	Wind
=====				
1	ARULRAJAN, Sayanthan	United Tamil Sports	6.13m	+0.0
	5.4 w:-0.3 5.79 w:+0.0 5.18 w:+0.0 5.69 w:+0.5		FOUL	6.13 w:+0.0
2	CAMPBELL, John	Athletics Niagara	6.10m	+0.0
	6.1 w:+0.0 FOUL PASS		PASS	5.89 w:+0.0 FOUL
3	LEMAY, Liam	Blue Devils Athletic	5.89m	+0.0
	5.44 w:-0.2 5.58 w:+0.0 4.99 w:+1.9 5.57 w:+2.0 5.65 w:+0.0 5.89 w:+0.0			
4	GIBSON, Tyrese	Thorold Elite Track	5.76m	+0.9
	5.38 w:+0.5 5.52 w:+0.7 5.76 w:+0.9 5.64 w:+2.0		FOUL	5.68 w:+0.0
5	JOHNSON, Dylan	London Western T.F.C	5.60m	-0.5
	FOUL 3.71 w:+0.1 5.38 w:+1.1 5.55 w:+1.1		FOUL	5.6 w:-0.5
6	GANESHAMURTHI, Sakee	United Tamil Sports	5.46m	+1.4
	FOUL 3.94 w:+0.0 5.39 w:+0.7 5.46 w:+1.4		FOUL	FOUL
7	SINGH, Aabjosh	Laurel Creek T.F.C.	5.41m	+0.5
	5.41 w:+0.5 4.99 w:+0.0 4.62 w:+0.0		FOUL	4.85 w:+0.5 FOUL
8	CHOW, Matthew	Eclipse Track & Fiel	5.26m	+0.3
	5.26 w:+0.3 1.7 w:+0.0 4.45 w:+1.2 2.09 w:+0.0 5.16 w:+1.8			FOUL
9	HUDEC - SIRON, Marti	Brampton Racers Trac	5.23m	+1.5

4.92 w:+0.0	5.03 w:+0.0	5.23 w:+1.5	
10 KULAINTHIRAN, Banuja United Tamil Sports	5.10m +0.5		
5.01 w:+0.0	5.09 w:+0.0	5.1 w:+0.5	
11 REID, Khamal	Hamilton Olympic Clu	5.00m +0.0	
FOUL	FOUL	5 w:+0.0	
12 DWYER, Mikhail	Thorold Elite Track	4.90m +0.0	
4.74 w:+0.0	4.9 w:+0.0	FOUL	
13 CARNE, Everett	Woodstock Legion Ath	4.71m +0.9	
4.7 w:+0.0	4.37 w:+0.0	4.71 w:+0.9	
14 CHITTICK, Spencer	Woodstock Legion Ath	4.30m +0.7	
4.05 w:+0.4	3.83 w:+0.0	4.3 w:+0.7	
15 MILLER, Koji	Eclipse Track & Fiel	3.85m +0.0	
3.64 w:+0.0	3.82 w:+0.1	3.85 w:+0.0	
16 MAURICETTE, Gabriel	Eclipse Track & Fiel	3.47m +0.0	
3.34 w:+1.1	FOUL	3.47 w:+0.0	
BALARAMANA, Ashvin	United Tamil Sports	NM	
FOUL	FOUL	FOUL	

Pl	Name	Team	Mark	Wind
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Flight 1 of 1

1	ARULRAJAN, Sayanthan United Tamil Sports	6.13m +0.0	
	5.4 w:-0.3	5.79 w:+0.0	5.18 w:+0.0 5.69 w:+0.5 FOUL 6.13 w:+0.0
2	CAMPBELL, John	Athletics Niagara	6.10m +0.0
	6.1 w:+0.0	FOUL	PASS PASS 5.89 w:+0.0 FOUL
3	LEMAY, Liam	Blue Devils Athletic	5.89m +0.0
	5.44 w:-0.2	5.58 w:+0.0	4.99 w:+1.9 5.57 w:+2.0 5.65 w:+0.0 5.89 w:+0.0
4	GIBSON, Tyrese	Thorold Elite Track	5.76m +0.9
	5.38 w:+0.5	5.52 w:+0.7	5.76 w:+0.9 5.64 w:+2.0 FOUL 5.68 w:+0.0
5	JOHNSON, Dylan	London Western T.F.C	5.60m -0.5
	FOUL 3.71 w:+0.1	5.38 w:+1.1	5.55 w:+1.1 FOUL 5.6 w:-0.5
6	GANESHAMURTHI, Sakee United Tamil Sports	5.46m +1.4	
	FOUL 3.94 w:+0.0	5.39 w:+0.7	5.46 w:+1.4 FOUL FOUL
7	SINGH, Aabjosh	Laurel Creek T.F.C.	5.41m +0.5
	5.41 w:+0.5	4.99 w:+0.0	4.62 w:+0.0 FOUL 4.85 w:+0.5 FOUL
8	CHOW, Matthew	Eclipse Track & Fiel	5.26m +0.3
	5.26 w:+0.3	1.7 w:+0.0	4.45 w:+1.2 2.09 w:+0.0 5.16 w:+1.8 FOUL
9	HUDEC - SIRON, Marti Brampton Racers Trac	5.23m +1.5	
	4.92 w:+0.0	5.03 w:+0.0	5.23 w:+1.5
10	KULAINTHIRAN, Banuja United Tamil Sports	5.10m +0.5	
	5.01 w:+0.0	5.09 w:+0.0	5.1 w:+0.5
11	REID, Khamal	Hamilton Olympic Clu	5.00m +0.0
	FOUL	FOUL	5 w:+0.0
12	DWYER, Mikhail	Thorold Elite Track	4.90m +0.0
	4.74 w:+0.0	4.9 w:+0.0	FOUL
13	CARNE, Everett	Woodstock Legion Ath	4.71m +0.9
	4.7 w:+0.0	4.37 w:+0.0	4.71 w:+0.9
14	CHITTICK, Spencer	Woodstock Legion Ath	4.30m +0.7
	4.05 w:+0.4	3.83 w:+0.0	4.3 w:+0.7
15	MILLER, Koji	Eclipse Track & Fiel	3.85m +0.0
	3.64 w:+0.0	3.82 w:+0.1	3.85 w:+0.0
16	MAURICETTE, Gabriel	Eclipse Track & Fiel	3.47m +0.0
	3.34 w:+1.1	FOUL	3.47 w:+0.0
	BALARAMANA, Ashvin	United Tamil Sports	NM
	FOUL	FOUL	FOUL

Men's Triple Jump

Finals

Pl	Name	Team	Mark	Wind
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1	KULAINTHIRAN, Banuja United Tamil Sports	12.69m +0.9	
	12.57 w:-1.7	FOUL	FOUL PASS12.69 w:+0.9
2	BALENDRA, Jeevesh	United Tamil Sports	12.23m -1.1
	FOUL12.12 w:+0.1	FOUL12.23 w:-1.1	FOUL FOUL
3	ARULRAJAN, Sayanthan United Tamil Sports	12.08m +0.0	
	11.95 w:-0.6	12.08 w:+0.0	11.91 w:+0.0 FOUL11.95 w:-1.2
4	BALARAMANA, Ashvin	United Tamil Sports	11.83m +0.0
	FOUL11.83 w:+0.0	FOUL	FOUL FOUL FOUL
5	GANESHAMURTHI, Sakee United Tamil Sports	11.74m +0.0	
	11.43 w:+0.0	FOUL	FOUL11.24 w:+0.7
6	CHOW, Matthew	Eclipse Track & Fiel	11.69m -0.8
	11.69 w:-0.8	FOUL11.01 w:-0.7	11.26 w:+0.0
7	DWYER, Mikhail	Thorold Elite Track	10.45m +0.0
	10.45 w:+0.0	10.34 w:+0.0	FOUL FOUL PASS PASS

Pl	Name	Team	Mark	Wind
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Flight 1 of 1

1	KULAINTHIRAN, Banuja United Tamil Sports	12.69m +0.9			
	12.57 w:-1.7 FOUL FOUL PASS PASS12.69 w:+0.9				
2	BALENDRA, Jeevesh United Tamil Sports	12.23m -1.1			
	FOUL12.12 w:+0.1 FOUL12.23 w:-1.1 FOUL FOUL				
3	ARULRAJAN, Sayanthan United Tamil Sports	12.08m +0.0			
	11.95 w:-0.612.08 w:+0.011.91 w:+0.0 FOUL FOUL11.95 w:-1.2				
4	BALARAMANA, Ashvin United Tamil Sports	11.83m +0.0			
	FOUL11.83 w:+0.0 FOUL FOUL FOUL FOUL				
5	GANESHAMURTHI, Sakee United Tamil Sports	11.74m +0.0			
	11.43 w:+0.0 FOUL FOUL11.24 w:+0.710.72 w:-1.711.74 w:+0.0				
6	CHOW, Matthew Eclipse Track & Fiel	11.69m -0.8			
	11.69 w:-0.8 FOUL11.01 w:-0.711.26 w:+0.010.47 w:+0.011.07 w:+0.6				
7	DWYER, Mikhail Thorold Elite Track	10.45m +0.0			
	10.45 w:+0.010.34 w:+0.0 FOUL FOUL PASS PASS				

Men's Shot Put
Finals

Pl	Name	Team	Mark		
1	ARULRAJAN, Hasveen	United Tamil Sports	13.40m		
	12.01 12.51 13.4		FOUL	12.44	12.44
2	RAVICHANDRAN, Arven	United Tamil Sports	12.61m		
	11.61 11.56 12.61		11.68	12.59	11.99
3	GAUTHIER, Carson	Thorold Elite Track	12.56m		
	12.56 FOUL FOUL FOUL		FOUL	FOUL	12.19
4	THAYAPARAN, Nelan	United Tamil Sports	11.57m		
	10.92 FOUL FOUL		10.45	11.57	FOUL
5	DALLMAN, Thomas	Thorold Elite Track	10.97m		
	10.97 FOUL 10.8		10.5	FOUL	FOUL
6	GIBSON, William	Thorold Elite Track	8.07m		
	7.48 7.98 7.88		7.55	7.55	8.07
	MILLER, Kenzo	Eclipse Track & Fiel	NM		
	DNS				

Pl	Name	Team	Mark		
1	ARULRAJAN, Hasveen	United Tamil Sports	13.40m		
	12.01 12.51 13.4		FOUL	12.44	12.44
2	RAVICHANDRAN, Arven	United Tamil Sports	12.61m		
	11.61 11.56 12.61		11.68	12.59	11.99
3	GAUTHIER, Carson	Thorold Elite Track	12.56m		
	12.56 FOUL FOUL FOUL		FOUL	FOUL	12.19
4	THAYAPARAN, Nelan	United Tamil Sports	11.57m		
	10.92 FOUL FOUL		10.45	11.57	FOUL
5	DALLMAN, Thomas	Thorold Elite Track	10.97m		
	10.97 FOUL 10.8		10.5	FOUL	FOUL
6	GIBSON, William	Thorold Elite Track	8.07m		
	7.48 7.98 7.88		7.55	7.55	8.07
	MILLER, Kenzo	Eclipse Track & Fiel	NM		
	DNS				

Men's Discus
Finals

Pl	Name	Team	Mark		
1	GAUTHIER, Carson	Thorold Elite Track	42.31m		
	27.85 FOUL 41.85		40.16	42.31	4.85
2	THAYAPARAN, Nelan	United Tamil Sports	40.80m		
	32.57 FOUL 29.32		27	FOUL	40.8
3	ARULRAJAN, Hasveen	United Tamil Sports	40.08m		
	FOUL 38.36 FOUL		40.08	36.58	40.08
4	DALLMAN, Thomas	Thorold Elite Track	39.57m		
	37.35 39.44 36.27		FOUL	39.57	FOUL
5	MILLER, Kenzo	Eclipse Track & Fiel	33.01m		
	27.1 FOUL 30.2		30.21	33.01	FOUL
6	MCINTYRE, Brendan	London Western T.F.C	23.92m		
	23.92 23.4 FOUL		22.72	20.61	FOUL
7	GIBSON, William	Thorold Elite Track	23.92m		
	21.4 22.67 22.46		FOUL	23.92	FOUL
	MILLER, Liam	Burlington Track & F	NM		
	DNS				

Pl	Name	Team	Mark
1	GAUTHIER, Carson	Thorold Elite Track	42.31m

27.85	FOUL	41.85	40.16	42.31	4.85
2 THAYAPARAN, Nelan	United Tamil Sports	40.80m			
32.57	FOUL	29.32	27	FOUL	40.8
3 ARULRAJAN, Hasveen	United Tamil Sports	40.08m			
FOUL	38.36	FOUL	40.08	36.58	40.08
4 DALLMAN, Thomas	Thorold Elite Track	39.57m			
37.35	39.44	36.27	FOUL	39.57	FOUL
5 MILLER, Kenzo	Eclipse Track & Fiel	33.01m			
27.1	FOUL	30.2	30.21	33.01	FOUL
6 MCINTYRE, Brendan	London Western T.F.C	23.92m			
23.92	23.4	FOUL	22.72	20.61	FOUL
8 GIBSON, William	Thorold Elite Track	23.92m			
21.4	22.67	22.46	FOUL	23.92	FOUL
MILLER, Liam	Burlington Track & F	NM			
DNS					

Men's Hammer
Finals

Pl	Name	Team	Mark		
1	DALLMAN, Thomas	Thorold Elite Track	38.28m		
	FOUL	38.28	34.95	37.3	FOUL
2	GIBSON, William	Thorold Elite Track	23.89m		
	20.91	21.08	23.89	FOUL	23.11

Pl	Name	Team	Mark		
Flight 1 of 1					
1	DALLMAN, Thomas	Thorold Elite Track	38.28m		
	FOUL	38.28	34.95	37.3	FOUL
2	GIBSON, William	Thorold Elite Track	23.89m		
	20.91	21.08	23.89	FOUL	23.11

Men's Javelin
Finals

Pl	Name	Team	Mark		
1	GAUTHIER, Carson	Thorold Elite Track	52.39m		
	52.35	FOUL	FOUL	45.32	52.39
2	MILLER, Kenzo	Eclipse Track & Fiel	41.51m		
	33.05	34.01	37.44	36.5	39.74
3	CHOW, Matthew	Eclipse Track & Fiel	36.66m		
	36.66	36.65	36.45	FOUL	32.86
4	RAVICHANDRAN, Arven	United Tamil Sports	36.12m		
	36.12	FOUL	35.32	35.16	35.19
5	DWYER, Mikhail	Thorold Elite Track	34.72m		
	30.92	34.72	FOUL	FOUL	FOUL
6	MCINTYRE, Brendan	London Western T.F.C	23.45m		
	22.24	FOUL	FOUL	FOUL	23.45
	MILLER, Liam	Burlington Track & F	NM		

Pl	Name	Team	Mark		
Flight 1 of 1					
1	GAUTHIER, Carson	Thorold Elite Track	52.39m		
	52.35	FOUL	FOUL	45.32	52.39
2	MILLER, Kenzo	Eclipse Track & Fiel	41.51m		
	33.05	34.01	37.44	36.5	39.74
3	CHOW, Matthew	Eclipse Track & Fiel	36.66m		
	36.66	36.65	36.45	FOUL	32.86
4	RAVICHANDRAN, Arven	United Tamil Sports	36.12m		
	36.12	FOUL	35.32	35.16	35.19
5	DWYER, Mikhail	Thorold Elite Track	34.72m		
	30.92	34.72	FOUL	FOUL	FOUL
6	MCINTYRE, Brendan	London Western T.F.C	23.45m		
	22.24	FOUL	FOUL	FOUL	23.45
	MILLER, Liam	Burlington Track & F	NM		

Pentathlon
Finals

Pl	Name	Points	110m H	LJ	SP	HJ	1000m
1	MILLER, Liam	2482	14.64	5.18m	11.27m	1.46m	3:31.64
	Burlington Track & F		w:+0.9	w:+.4	36'11.75	4'9.50"	

		(755)	(417)	(562)	(360)	(388)
2 MACKAY, Jackson	2125	15.30	4.76m	8.02m	1.52m	3:37.96
London Western T.F.C		w:+0.9	w:+.3	26'3.75"	4'11.75"	
		(676)	(337)	(367)	(404)	(341)

Men's Tetrathlon
Finals

P1	Name	Points	80m H	SP	HJ	200m
1	BALARAMANA, Birenava United Tamil Sports	1157	15.84 w:+2.2 (119)	9.51m 31'2.50" (456)	1.49m 4'10.50" (381)	30.93 w:0 (201)
2	CLINTON, Myles Stratford Sabrecats	1035	14.95 w:+2.2 (211)	7.81m 25'7.50" (355)	1.25m 4'1.25" (218)	30.00 w:0 (251)

Men's 80m Hurdles
Finals

P1	Name	Team	Time	Wind
1	CLINTON, Myles	Stratford Sabrecats	14.95	+2.2
2	BALARAMANA, Birenava	United Tamil Sports	15.84	+2.2

P1	Name	Team	Time	Wind
Section 1 of 1				
1	CLINTON, Myles	Stratford Sabrecats	14.95	+2.2
2	BALARAMANA, Birenava	United Tamil Sports	15.84	+2.2

Pentathlon
Finals

P1	Name	Team	Time	Wind
1	MILLER, Liam	Burlington Track & F	14.64	+0.9
2	MACKAY, Jackson	London Western T.F.C	15.30	+0.9

P1	Name	Team	Time	Wind
Section 1 of 1				
1	MILLER, Liam	Burlington Track & F	14.64	+0.9
2	MACKAY, Jackson	London Western T.F.C	15.30	+0.9

Men's Shot Put
Finals

P1	Name	Team	Mark
1	BALARAMANA, Birenava	United Tamil Sports	9.51m
	9.37	9.51	FOUL
2	CLINTON, Myles	Stratford Sabrecats	7.81m
	6.35	7.29	7.81

P1	Name	Team	Mark
Flight 1 of 1			
1	BALARAMANA, Birenava	United Tamil Sports	9.51m
	9.37	9.51	FOUL
2	CLINTON, Myles	Stratford Sabrecats	7.81m
	6.35	7.29	7.81

Pentathlon
Finals

P1	Name	Team	Mark	Wind
1	MILLER, Liam	Burlington Track & F	5.18m	+0.4
	4.7 w:+0.0	5.18 w:+.4	5.09 w:+0.0	
2	MACKAY, Jackson	London Western T.F.C	4.76m	+0.3
	4.34 w:+0.0	4.76 w:+.3	4.27 w:+0.0	

P1	Name	Team	Mark	Wind
Flight 1 of 1				
1	MILLER, Liam	Burlington Track & F	5.18m	+0.4

4.7 w:+0.0 5.18 w:+.4 5.09 w:+0.0
 2 MACKAY, Jackson London Western T.F.C 4.76m +0.3
 4.34 w:+0.0 4.76 w:+.3 4.27 w:+0.0

Men's High Jump Finals

Pl	Name	Team	Mark
1	BALARAMANA, Birenava	United Tamil Sports	1.49m
	1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52		
	P P P P P P P P O O P XXO O XXO XXX		
2	CLINTON, Myles	Stratford Sabrecats	1.25m
	1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52		
	O O XO O O XXO XXX		

Pl	Name	Team	Mark
Flight 1 of 1			
1	BALARAMANA, Birenava	United Tamil Sports	1.49m
	1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52		
	P P P P P P P P O O P XXO O XXO XXX		
2	CLINTON, Myles	Stratford Sabrecats	1.25m
	1.10 1.13 1.16 1.19 1.22 1.25 1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52		
	O O XO O O XXO XXX		

Pentathlon Finals

Pl	Name	Team	Mark
1	MILLER, Liam	Burlington Track & F	11.27m
	10.25 9.95 11.27		
2	MACKAY, Jackson	London Western T.F.C	8.02m
	7.12 8.02 FOUL		

Pl	Name	Team	Mark
Flight 1 of 1			
1	MILLER, Liam	Burlington Track & F	11.27m
	10.25 9.95 11.27		
2	MACKAY, Jackson	London Western T.F.C	8.02m
	7.12 8.02 FOUL		

Pentathlon Finals

Pl	Name	Team	Mark
1	MACKAY, Jackson	London Western T.F.C	1.52m
	1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55		
	O O O P XXO O O XXO O XXX		
2	MILLER, Liam	Burlington Track & F	1.46m
	1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55		
	P O P XO XO XXO XO XXX		

Pl	Name	Team	Mark
Flight 1 of 1			
1	MACKAY, Jackson	London Western T.F.C	1.52m
	1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55		
	O O O P XXO O O XXO O XXX		
2	MILLER, Liam	Burlington Track & F	1.46m
	1.28 1.31 1.34 1.37 1.40 1.43 1.46 1.49 1.52 1.55		
	P O P XO XO XXO XO XXX		

Men's 200 Meters Finals

Pl	Name	Team	Time	Wind
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=====		
1	CLINTON, Myles	Stratford Sabrecats 30.00 +0.0
2	BALARAMANA, Birenava	United Tamil Sports 30.93 +0.0

=====		
Pl	Name	Team Time Wind
=====		

Section 1 of 1

1	CLINTON, Myles	Stratford Sabrecats 30.00 +0.0
2	BALARAMANA, Birenava	United Tamil Sports 30.93 +0.0

Pentathlon
Finals

=====		
Pl	Name	Team Time
=====		
1	MILLER, Liam	Burlington Track & F 3:31.64
	42.14 (42.14)	2:14.61 (1:32.47) 3:31.64 (1:17.03)
2	MACKAY, Jackson	London Western T.F.C 3:37.96
	41.54 (41.54)	2:14.61 (1:33.08) 3:37.96 (1:23.35)

=====		
Pl	Name	Team Time
=====		
Section 1 of 1		
1	MILLER, Liam	Burlington Track & F 3:31.64
	42.14 (42.14)	2:14.61 (1:32.47) 3:31.64 (1:17.03)
2	MACKAY, Jackson	London Western T.F.C 3:37.96
	41.54 (41.54)	2:14.61 (1:33.08) 3:37.96 (1:23.35)