

Fred Foot Memorial - 1/21/2011 to 1/22/2011

University of Toronto

Results**Women 29&U 60 Meter Dash**

Name	Age Team	Seed	Prelims	H#
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Preliminaries

1	Mitchell, Kerriann	Elite Edge	7.60	7.51 q
2	Emmanuel, Crystal	Elite Edge	7.43	7.56 q
3	Omene, Ese	Elite Edge	8.01	7.98 q
4	Adamson, Jessica	U of T Blue	8.90	8.38 q
5	Dominico, Gillian	Unattached	8.65	8.39 q

Women 29&U 60 Meter Dash

Name	Age Team	Prelims	Finals	H#	Points
Finals					
1	Emmanuel, Crystal	Elite Edge	7.56	7.54	10
2	Omene, Ese	Elite Edge	7.98	7.95	8
3	Dominico, Gillian	Unattached	8.39	8.35	6
4	Adamson, Jessica	U of T Blue	8.38	8.49	5

Women 35-39 60 Meter Dash

Name	Age Team	Seed	Prelims	H#
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Preliminaries

1	Beckles, Khama	35 U of T White	8.50	8.31 q
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Women 35-39 60 Meter Dash

Name	Age Team	Prelims	Finals	H#	Points
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Finals					
1	Beckles, Khama	35 U of T White	8.31	8.24	10

Women 45-49 60 Meter Dash

Name	Age Team	Seed	Prelims	H#
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Preliminaries

1	Williams, Christine	45 U of T Blue	9.50	11.08 q
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Women 45-49 60 Meter Dash

Name	Age Team	Prelims	Finals	H#	Points
Finals					
1	Williams, Christine	45 U of T Blue	11.08	11.08	10

Women 300 Meter Dash

Name	Age Team	Seed	Finals	H#	Points
Finals					
1	Omene, Ese	Elite Edge	39.00	40.31	1 10
2	Ruediger, Kate	U of T White	38.50	40.43	1 8
3	Bauer, Nicole	Unattached	41.71	42.14	1 6
4	Cadogan, Ashara	U of T White	42.50	42.81	2 5
5	Dominico, Gillian	Unattached	43.50	44.95	3 4
6	Forde, Diandra	York Lions	44.00	45.09	2 3
7	Bennett, Kaitlyn	York Lions	45.50	47.32	2 2
8	Thornton, Amy	Royal Military Colle	49.72	49.07	2 1
9	Trepanier, Veronique	Royal Military Colle	50.45	51.47	3
10	Mashintsova, Marina	U of T White	47.00	53.22	3

Fred Foot Memorial - 1/21/2011 to 1/22/2011**University of Toronto****Results****Women 400 Meter Dash**

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1		Ruediger, Kate		U of T White	58.62	10
2		Kennedy, Shannon		U of T Blue	1:01.48	8
3		Ashara, Cadogan		U of T White	1:02.65	6
4		Maryuen, Chantelle		U of T White	1:02.96	5

Women 600 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1		Bauer, Nicole	1:36.92	Unattached	1:37.11	1 10
2		Tallman, Emma	1:34.50	Laurentian U - Women	1:37.35	1 8
3		Kennedy, Shannon	1:36.00	U of T Blue	1:38.28	1 6
4		Hennessy, Colleen		U of T Blue	1:39.12	1 5
5		Adamson, Jessica	1:38.00	U of T Blue	1:41.08	1 4
6		Avery, Kristen	1:48.00	Laurier	1:48.89	2 3
7		Morin, Amy	1:48.00	Laurier	1:50.51	2 2
8		Wright, Lindsay	1:46.00	Laurier	1:53.32	2 1
9		Mashintsova, Marina	1:45.00	U of T White	1:56.30	2

Women 1000 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1		MacLean, Leanna	2:51.00	Phoenix Athletics	2:56.67	10
2		Tallman, Emma	2:54.00	Laurentian U - Women	2:56.99	8
3		Kallos, Alecia	2:58.00	Queen's University	2:58.98	6
4		Larocque, Leah	2:58.00	Queen's University	3:02.98	5
5		Hulse, Stephanie	3:00.00	Queen's University	3:03.57	4
6		Maher, Paulina	3:04.00	U of T White	3:04.20	3
7		Maryuen, Chantelle	3:04.00	U of T White	3:08.19	2
8		Marcotte-Toale, Charlotte	3:04.00	U of T Blue	3:14.18	1
9		Laughton, Jenipher	3:02.00	Laurier	3:15.28	
10		Stubbs, Ceilidh	3:10.00	Queen's University	3:16.05	
11		Hodkins, Bronwyn	3:07.00	Queen's University	3:22.89	
12		Virgin, Laura	3:47.68	Royal Military Colle	3:47.86	

Women 1500 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1		Rempel, Megan	4:45.00	Niagara Olympic Club	4:48.61	10
2		Larocque, Leah	4:40.00	Queen's University	4:50.03	8
3		Hulse, Stephanie	4:45.00	Queen's University	4:50.87	6
4		Flanagan, Kristin	4:45.00	TriCity Hawks	4:52.01	5
5		Fox, Erin	4:52.00	TriCity Hawks	5:01.34	4
6		Digiacomio, Alex	4:55.00	U of T White	5:06.43	3
7		Laughton, Jenipher	4:52.00	Laurier	5:09.72	2
8		Tetzlaff, Gracie	4:58.00	Laurentian U - Women	5:11.17	1
9		Pettes, Katie	4:55.00	Queen's University	5:14.77	
10		Maziarski, Katie	5:05.00	Laurentian U - Women	5:21.38	
11		MacDonald, Julie	5:20.00	George Brown College	5:34.01	
12		Bedard, Alyssa	5:25.00	Laurentian U - Women	5:42.80	

Fred Foot Memorial - 1/21/2011 to 1/22/2011**University of Toronto****Results****Women 3000 Meter Run**

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Keenleyside, Grace		Queen's University	10:30.00	10:34.89		10
2 Mildren, Robyn		individual	10:20.00	10:36.07		8
3 Flieler, Stephanie		Laurentian U - Women	10:30.00	10:36.98		6
4 Tait, Meghan		Queen's University	10:35.00	10:59.64		5
5 Sukkau, Catherine		Laurier	11:20.00	11:11.32		4

Women 60 Meter Hurdles

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 George, Phylcia		Project Athletics	8.35	8.50 q	

Women High Jump

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Maessen, Laura		U of T White	1.80m	1.65m		10
2 Oag, Sarah		U of T Blue	1.60m	1.60m		8
3 Blouin, Melanie		U Laval Rouge et Or	1.55m	1.55m		6

Women Pole Vault

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Blouin, Melanie		U Laval Rouge et Or	3.80m	3.86m		10
2 Bray, Christy		U of T White		3.41m		7
2 Fiedler, Erica		University of Guelph		3.41m		7
4 Harper, Marielle		U of T Blue		3.21m		5
5 Kukovica, Emily		U of T Blue	3.00m	3.01m		4
6 King, Christine		University of Guelph		2.91m		3
7 McLeod, Katherine		U of T Blue		2.61m		2
8 Cannieri, Marta		U of T White		J2.61m		1
9 Sachmann, Yvonne		U of T White		2.51m		
--- Davies, Ashley		U of T Blue	2.70m	NH		

Women Long Jump

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Sylvester, Patricia		Project Athletics	5.92m	6.14m		10
2 Mitchell, Kerriann		Elite Edge	7.00m	5.68m		8
3 Hutt-Taylor, Stephanie		U of T White	5.00m	4.76m		6

Women Triple Jump

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Stewart, Alana		U of T Blue	13.95m	11.20m		10

Women 29&U Shot Put

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Boyle, Sarah		U of T White		8.59m		10

Fred Foot Memorial - 1/21/2011 to 1/22/2011**University of Toronto****Results****Women 45-49 Shot Put**

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Williams, Christine	45	U of T Blue		7.52m		10

Indoor Pentathlon: #5 Women 600 Meter Run Indoor Pentathlon

Name	Age	Team	Finals	H#	Points
Finals					
1 Pitman, Jennifer		Univ Western Ontario	2:25.54		162
2 Bergin, Juliana		U of T Blue	2:27.52		145
3 Villalta, Danielle		York Lions	2:28.17		140
4 Jorgensen, Maia		U of T White	2:28.43		138
5 Wallace, Lindsay		Hamilton Olympic Clu	2:31.14		117
6 Peters, Flo		U of T Blue	2:40.28		57
7 Johnson, Katie		Univ Western Ontario	2:41.25		52
8 Dobson, Emma		University of Guelph	2:41.77		50
9 May, Jessica		University of Guelph	2:43.95		39
10 Hayman, Julia		Univ Western Ontario	2:54.37		5

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Age	Team	Finals	H#	Points
Finals					
1 Bergin, Juliana		U of T Blue	9.39	1	830
2 Villalta, Danielle		York Lions	9.49	1	810
3 Peters, Flo		U of T Blue	9.62	2	785
4 Jorgensen, Maia		U of T White	9.68	2	773
5 Pitman, Jennifer		Univ Western Ontario	9.69	2	771
6 Hayman, Julia		Univ Western Ontario	9.87	1	737
7 May, Jessica		University of Guelph	9.94	3	723
8 Wallace, Lindsay		Hamilton Olympic Clu	9.95	2	721
9 Dobson, Emma		University of Guelph	9.98	3	716
10 Johnson, Katie		Univ Western Ontario	12.47	1	320

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Age	Team	Finals	H#	Points
Finals					
1 Pitman, Jennifer		Univ Western Ontario	1.66m		806
2 Johnson, Katie		Univ Western Ontario	1.60m		736
3 Villalta, Danielle		York Lions	1.57m		701
3 Peters, Flo		U of T Blue	1.57m		701
5 Dobson, Emma		University of Guelph	1.54m		666
6 May, Jessica		University of Guelph	1.51m		632
7 Wallace, Lindsay		Hamilton Olympic Clu	1.45m		566
8 Bergin, Juliana		U of T Blue	1.39m		502
8 Hayman, Julia		Univ Western Ontario	1.39m		502
8 Jorgensen, Maia		U of T White	1.39m		502

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Age	Team	Finals	H#	Points
Finals					
1 Villalta, Danielle		York Lions	5.16m		603
2 Bergin, Juliana		U of T Blue	5.14m		598

Finals ... (Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon)

Fred Foot Memorial - 1/21/2011 to 1/22/2011**University of Toronto****Results**

Name	Age	Team	Finals	H#	Points
3 Pitman, Jennifer		Univ Western Ontario	4.98m		554
4 Jorgensen, Maia		U of T White	4.81m		508
5 Dobson, Emma		University of Guelph	4.67m		472
6 May, Jessica		University of Guelph	4.61m		456
7 Johnson, Katie		Univ Western Ontario	4.60m		454
8 Wallace, Lindsay		Hamilton Olympic Clu	4.45m		416
9 Hayman, Julia		Univ Western Ontario	4.44m		413
10 Peters, Flo		U of T Blue	4.31m		381

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Age	Team	Finals	H#	Points
Finals					
1 Bergin, Juliana		U of T Blue	11.71m		642
2 Villalta, Danielle		York Lions	9.26m		481
3 Johnson, Katie		Univ Western Ontario	8.98m		463
4 Dobson, Emma		University of Guelph	8.96m		462
5 Jorgensen, Maia		U of T White	8.85m		454
6 May, Jessica		University of Guelph	8.58m		437
7 Wallace, Lindsay		Hamilton Olympic Clu	7.70m		380
8 Pitman, Jennifer		Univ Western Ontario	7.40m		361
9 Peters, Flo		U of T Blue	7.33m		356
10 Hayman, Julia		Univ Western Ontario	7.07m		340

Women Indoor Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Villalta, Danielle		York Lions	3300	2735		10
2 Bergin, Juliana		U of T Blue	3500	2717		8
3 Pitman, Jennifer		Univ Western Ontario		2654		6
4 Jorgensen, Maia		U of T White	3500	2375		5
5 Dobson, Emma		University of Guelph	3200	2366		4
6 May, Jessica		University of Guelph	3000	2287		3
7 Peters, Flo		U of T Blue	2800	2280		2
8 Wallace, Lindsay		Hamilton Olympic Clu	2758	2200		1
9 Johnson, Katie		Univ Western Ontario		2025		
10 Hayman, Julia		Univ Western Ontario		1997		

Men 29&U 60 Meter Dash

Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 Warner, Justyn		Elite Edge	6.79	6.90 q	1
2 Halstead, Tyrone		York Lions	6.80	6.96 q	1
3 Ogunde, Olu		Elite Edge	6.90	7.07 q	1
4 Ihunagebo, Raphael		U of T White	7.05	7.22 q	1
5 He, Jam		U of T White	7.40	7.34 q	2
6 Johnson, Chris		U of T Blue	7.40	7.41 q	2
7 Cordeau, Felix-Olivier		Royal Military Colle	7.51	7.44 q	3
8 Yanni, Yussuf		York Lions	7.50	7.44 q	3
9 Francis, Jafari		U of T Blue	7.40	7.56 q	2
10 Lambert, Jermaine		U of T White	7.40	7.56 q	1

Fred Foot Memorial - 1/21/2011 to 1/22/2011**University of Toronto****Results**

Name	Age	Team	Seed	Prelims	H#
11 Waters, Jay		Unattached	7.57	7.57 q	4
12 Lopez, Hugo		U of T Blue	7.40	7.61 q	1
13 Khan, Jeremy		York Lions	7.54	7.61 q	3
14 Kim, Donghun		York Lions	7.60	7.62 q	4
15 Nnawuchi, Kema		U of T Blue	7.40	7.63 q	2
16 Miron-Morin, Maxime		Royal Military Colle	7.73	7.74 q	4
17 Foubert, Jason		Unattached	7.40	7.82	2
18 Chun, Sterling		U of T Blue		7.86	4
19 Ziamba, Andrew		York Lions	7.50	7.93	3

Men 29&U 60 Meter Dash						
Name	Age	Team	Prelims	Finals	H#	Points
Finals						
1 Warner, Justyn		Elite Edge	6.90	6.80	1	10
2 Halstead, Tyrone		York Lions	6.96	6.95	1	8
3 Ihunagebo, Raphael		U of T White	7.22	7.21	1	6
4 Johnson, Chris		U of T Blue	7.41	7.41	1	5
5 Yanni, Yussuf		York Lions	7.44	7.42	1	4
6 Cordeau, Felix-Olivier		Royal Military Colle	7.44	7.42	1	3
7 Francis, Jafari		U of T Blue	7.56	7.47	2	
8 Lambert, Jermaine		U of T White	7.56	7.52	1	
9 Waters, Jay		Unattached	7.57	7.57	2	
10 Khan, Jeremy		York Lions	7.61	7.58	2	
11 Nnawuchi, Kema		U of T Blue	7.63	7.62	2	
12 Miron-Morin, Maxime		Royal Military Colle	7.74	7.65	2	
13 Kim, Donghun		York Lions	7.62	7.68	2	
14 Lopez, Hugo		U of T Blue	7.61	7.68	2	
--- Ogunde, Olu		Elite Edge	7.07	DNF	1	

Men 40-44 60 Meter Dash					
Name	Age	Team	Seed	Prelims	H#
Preliminaries					
1 Lemassif, Chris	44	U of T White	7.60	7.77 q	4

Men 40-44 60 Meter Dash						
Name	Age	Team	Prelims	Finals	H#	Points
Finals						
1 Lemassif, Chris	44	U of T White	7.77	7.78	1	10

Men 55-59 60 Meter Dash					
Name	Age	Team	Seed	Prelims	H#
Preliminaries					
--- Umetsu, Wayne	55	U of T Blue	8.50	DNF	4

Men 29&U 300 Meter Dash						
Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Harris, Tremaine		Elite Edge	34.00	34.82	1	10
2 Chan, Daniel		U of T White	35.80	36.10	1	8
3 Cordeau, Felix-Olivier		Royal Military Colle	37.52	37.06	2	6
4 Waters, Jay		Unattached	36.80	37.46	2	5

Finals ... (Men 29&U 300 Meter Dash)

Fred Foot Memorial - 1/21/2011 to 1/22/2011**University of Toronto****Results**

Name	Age	Team	Seed	Finals	H#	Points
5 Blackford, Chris		U of T White	36.90	37.83	1	4
6 Ward, Patrick		U of T White	37.50	38.07	3	3
7 Sohawon, Yasin		York Lions	38.00	38.45	3	2
8 Miron-Morin, Maxime		Royal Military Colle	38.50	38.73	2	1
9 Brumwell, Dave		U of T Blue	37.50	38.92	3	
10 Khanna, Nintin		U of T White	39.00	40.09	4	
11 Forde-Cummings, Bradley		York Lions	39.00	40.21	4	
12 Chun, Sterling		U of T Blue	39.00	41.0h	3	

Men 40-44 300 Meter Dash

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Winston, Greg	40	U of T White	39.00	37.60	4	10

Men 45-49 300 Meter Dash

Name	Age	Team	Seed	Finals	H#	Points
Finals						
--- Sherar, Mike	47	U of T White	38.50	DNF	4	

Men 29&U 600 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Trnkus, Michael		U of T Blue	1:23.10	1:22.28		10
2 Nishiyama, Michael		Queen's University	1:22.00	1:23.99		8
3 Anderson, Travis		Unattached	1:24.55	1:25.01		6
4 Mountjoy, Jeff		Queen's University	1:24.80	1:25.03		5
5 Brecher, Jay		U of T Blue	1:25.00	1:28.69		4
6 Acquave, Joseph		York Lions	1:27.00	1:30.15		3
7 Brumwell, Dave		U of T Blue	1:26.50	1:31.89		2
8 Bernatchez, David		Royal Military Colle	1:28.00	1:32.80		1
9 Polos, Ian		Queen's University	1:26.00	1:32.99		
10 Gascho, Jonathon		Laurier	1:34.00	1:33.07		
11 Yen-Chui, Jeremy		Queen's University	1:30.00	1:36.09		
12 Keen, Peter		Laurier	1:37.00	1:40.70		
13 Vadala, Jordan		Royal Military Colle	1:35.00	1:40.74		
14 Belzile, Felix		Royal Military Colle	1:38.00	1:42.74		

Men 45-49 600 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Sherar, Mike	47	U of T White	1:24.50	1:25.17		10

Men 1000 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Smith, Kyle		Phoenix Athletics	2:26.00	2:30.00		10
2 Nishiyama, Michael		Queen's University	2:30.00	2:34.42		8
3 Tremain, Rich		TriCity Hawks	2:32.00	2:34.94		6
4 Brecher, Jay		U of T Blue	2:34.00	2:35.93		5
5 Behan, Jeff		Queen's University	2:38.00	2:38.81		4
6 Mountjoy, Jeff		Queen's University	2:32.00	2:40.18		3

Finals ... (Men 1000 Meter Run)

Fred Foot Memorial - 1/21/2011 to 1/22/2011**University of Toronto****Results**

Name	Age	Team	Seed	Finals	H#	Points
7 Diebel, Sebastian		Track North	2:40.00	2:47.45		2
8 Polos, Ian		Queen's University	2:40.00	2:47.46		1
9 Belhu, Michael		York Lions	2:50.00	2:49.70		
10 Wilson, Mitsuru		U of T White	2:42.00	2:49.80		
11 Hathaway, Oliver		Queen's University	2:40.00	2:49.98		
12 Moreno-Bautista, Gabriel		TriCity Hawks	2:45.00	2:55.28		
13 Fleet, Matthew		Royal Military Colle	2:58.00	3:03.15		
--- Jessup, Jamie		Royal Military Colle	2:47.00	DNF		

Men 1500 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Ikram, Sohaib		Laurier	3:59.00	4:03.15		10
2 Munyua Nganga, Amos		George Brown College	4:05.00	4:05.06		8
3 Patterson, Clay		Queen's University	4:00.00	4:06.50		6
4 Messina, Phil		U of T White	4:10.00	4:13.65		5
5 Cameron, Brett		Laurier	4:12.00	4:19.57		4
6 Marshall, John		Royal Military Colle	4:16.48	4:24.85		3
7 Marshall, Alex		Laurier	4:14.00	4:24.96		2
8 Mitts, Jordan		Laurier	4:12.00	4:25.56		1
9 Hayes, Richard		Royal Military Colle	4:20.00	4:27.96		
10 Hathaway, Oliver		Queen's University	4:15.00	4:28.08		
11 Diebel, Sebastian		Track North	4:20.00	4:28.80		
12 Henderson, Eric		Royal Military Colle	4:30.00	4:33.63		
13 Galloway, Stuart		Niagara Olympic Club	4:28.00	4:34.07		
14 Saul, Donald		Royal Military Colle	4:32.00	4:34.74		
15 Hill, George		Laurier	4:20.00	4:35.03		
16 Johnson, Corbin		Queen's University	4:20.00	4:40.35		
17 Lafreniere-Abel, Olivier		Royal Military Colle	4:43.16	4:40.95		
18 Patterson, Sean		Laurier	4:35.00	4:41.17		
19 Shannon, Colin		Royal Military Colle	5:00.00	5:04.52		

Men 29&U 3000 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Caldwell, Trevor		Unattached	8:40.00	8:20.47		10
2 Kitz, Robert		Unattached	8:40.00	8:36.14		8
3 Archer, Jeff		Queen's University	8:41.00	8:46.79		6
4 Boyd, Steve		Unattached	8:40.00	8:49.35		5
5 O'Sullivan, Dylan		Unattached	8:42.00	8:49.99		4
6 Ahmed, Zain		U of T Blue	8:50.00	8:54.93		3
7 Pavelic, Antun		U of T Blue		8:58.73		2
8 Strokach, Alexey		U of T White	9:00.00	9:04.42		1
9 Hosier, Steve		Unattached	8:45.00	9:06.54		
10 Holden, Max		U of T Blue	9:00.00	9:09.55		
11 Belluzzo, Alex		U of T White	9:00.00	9:15.12		
12 Cargill, Chantry		Track North	8:55.00	9:19.40		
13 Tiampo, Matt		Queen's University	9:10.00	9:22.24		
14 Belhu, Michael		York Lions	10:00.00	10:13.80		
15 Moreno-Bautista, Gabriel		TriCity Hawks	9:45.00	10:15.44		

Finals ... (Men 29&U 3000 Meter Run)

Fred Foot Memorial - 1/21/2011 to 1/22/2011**University of Toronto****Results**

Name	Age	Team	Seed	Finals	H#	Points
--- Morrison, Spencer		University of Toronto	8:30.00	DNF		

Men 35-39 3000 Meter Run

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Tsai, Ming	39	U of T Blue	10:00.00	10:05.27		10

Men 60 Meter Hurdles

Name	Age	Team	Seed	Prelims	H#	Points
Preliminaries						
1 Theriau, Chris		Elite Edge		8.33 q		
2 Guenette, Jason		U Laval Rouge et Or	8.60	8.68 q		
3 He, Jam		U of T White	8.60	8.71 q		
4 Chan, Daniel		U of T White	8.40	8.72 q		
5 Sin, Jeremy		U of T Blue	8.65	8.79 q		
6 Daly Grafstein, Matt		U of T White	8.80	8.92 q		
7 Francis, Jafari		U of T Blue	8.80	8.98 q		

Men 60 Meter Hurdles

Name	Age	Team	Prelims	Finals	H#	Points
Finals						
1 Theriau, Chris		Elite Edge	8.33	8.34		10
2 Guenette, Jason		U Laval Rouge et Or	8.68	8.61		8
3 He, Jam		U of T White	8.71	8.62		6
4 Chan, Daniel		U of T White	8.72	8.64		5
5 Sin, Jeremy		U of T Blue	8.79	8.78		4
6 Francis, Jafari		U of T Blue	8.98	8.79		3
7 Daly Grafstein, Matt		U of T White	8.92	8.82		2

Men 4x200 Meter Relay

Team	Relay	Seed	Finals	H#	Points
Finals					
1 U of T White	A	1:33.00	1:35.90		10
2 University of Toronto	C	1:33.00	1:38.44		8
3 U of T Blue	A	1:33.00	1:38.71		6
4 Unattached	D	1:34.00	1:40.30		5

Men 3x400 Meter Relay

Team	Relay	Seed	Finals	H#	Points
Finals					
1 U of T Blue	A		2:42.81		20
2 U of T White	A		2:45.67		10

Men 4x800 Meter Relay

Team	Relay	Seed	Finals	H#	Points
Finals					
1 Royal Military Colle	A	8:32.00	9:07.10		

Men High Jump

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Dillon, Mark		U of T Blue	2.25m	2.20m		10

Finals ... (Men High Jump)

Fred Foot Memorial - 1/21/2011 to 1/22/2011**University of Toronto****Results**

Name	Age	Team	Seed	Finals	H#	Points
2 Witmer, Alex		U of T White	2.11m	2.15m		8
3 Lee, Hwang		Hamilton Olympic Clu	1.80m	1.85m		6
4 Pitfield, Chris		U of T White	1.95m	1.75m		5
5 Tremblay, Nick		Royal Military Colle	1.76m	J1.75m		4
6 Mauk, Imran		Unattached		1.65m		3

Men Pole Vault

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Benard, Townsend		U of T Blue	4.50m	4.35m		10
2 Worndl, Paul		Unattached	4.40m	4.25m		8
3 Dorion, Josh		South Simcoe Dufferi	4.15m	4.15m		6
4 Larsson, Ruben		U of T White	4.00m	4.05m		5
5 Sniatenchuk, James		Unattached	4.00m	J4.05m		4
6 Dalv, Connor		U of T Blue	3.50m	3.55m		3
7 Tevernier, Telvin		South Simcoe Dufferi	3.60m	3.45m		150
7 Larsson, Emil		Unattached	3.50m	3.45m		150
9 Steubing, James		Unattached	3.50m	3.25m		
--- Heliotos, Dean		South Simcoe Dufferi	3.00m	NH		
--- Moran, Billy		South Simcoe Dufferi	3.80m	NH		

Men Long Jump

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Kim, Donghun		York Lions	5.50m	5.90m		10
2 Khan, Jeremy		York Lions	5.90m	5.83m		8
3 Yanni, Yussuf		York Lions	5.70m	5.59m		6
4 Beatty, Brendan		York Lions	5.80m	5.48m		450
4 Ziamba, Andrew		York Lions	5.75m	5.48m		450

Men Triple Jump

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Guenette, Jason		U Laval Rouge et Or	12.25m	12.77m		10

Indoor Pentathlon: #5 Men 1000 Meter Dash Indoor Pentathlon

Name	Age	Team	Finals	H#	Points
Finals					
1 Bergin, Chris		Univ Western Ontario	2:56.17		702
2 Robertson, Chris		Univ Western Ontario	2:58.23		682
3 Massar, Justin		York Lions	3:08.75		581
4 Withers, Ben		Univ Western Ontario	3:10.10		569
5 Simmons, Connor		University of Guelph	3:12.66		546
6 Dow, Levi		York Lions	3:13.02		542
7 Edwards, Kyle		University of Guelph	3:13.09		542
8 Matheson, Brad		York Lions	3:15.26		522
9 Ritchie, Don		Unattached	3:20.48		478
10 Denes, Joe		Unattached	3:20.67		476
11 Ausman, Paul		U of T Blue	3:21.90		466

Fred Foot Memorial - 1/21/2011 to 1/22/2011**University of Toronto****Results****Indoor Pentathlon: #1 Men 60 Meter Hurdles Indoor Pentathlon**

Name	Age	Team	Finals	H#	Points	
Finals						
1		Denes, Joe	Unattached	9.01	2	744
2		West, Mat	Saugeen T&F Club	9.07	1	730
3		Robertson, Chris	Univ Western Ontario	9.23	2	696
4		Matheson, Brad	York Lions	9.27	1	687
5		Dow, Levi	York Lions	9.86	1	568
6		Ritchie, Don	Unattached	10.08	1	526
7		Withers, Ben	Univ Western Ontario	10.29	2	488
8		Massar, Justin	York Lions	10.46	1	457
9		Edwards, Kyle	University of Guelph	10.76	2	407
10		Simmons, Connor	University of Guelph	10.78	2	403
11		Bergin, Chris	Univ Western Ontario	11.09	1	354
12		Ausman, Paul	U of T Blue	11.45	2	300

Indoor Pentathlon: #4 Men High Jump Indoor Pentathlon

Name	Age	Team	Finals	H#	Points	
Finals						
1		West, Mat	Saugeen T&F Club	1.92m		731
1		Dow, Levi	York Lions	1.92m		731
3		Edwards, Kyle	University of Guelph	1.80m		627
4		Withers, Ben	Univ Western Ontario	1.77m		602
5		Robertson, Chris	Univ Western Ontario	1.74m		577
5		Simmons, Connor	University of Guelph	1.74m		577
7		Denes, Joe	Unattached	1.71m		552
8		Bergin, Chris	Univ Western Ontario	1.65m		504
8		Massar, Justin	York Lions	1.65m		504
10		Ausman, Paul	U of T Blue	1.59m		457
10		Matheson, Brad	York Lions	1.59m		457
12		Ritchie, Don	Unattached	1.56m		434

Indoor Pentathlon: #2 Men Long Jump Indoor Pentathlon

Name	Age	Team	Finals	H#	Points	
Finals						
1		Withers, Ben	Univ Western Ontario	6.18m		626
2		West, Mat	Saugeen T&F Club	6.10m		608
3		Simmons, Connor	University of Guelph	5.75m		533
4		Dow, Levi	York Lions	5.70m		523
5		Denes, Joe	Unattached	5.64m		510
6		Edwards, Kyle	University of Guelph	5.59m		500
7		Bergin, Chris	Univ Western Ontario	5.46m		473
8		Matheson, Brad	York Lions	5.45m		471
9		Robertson, Chris	Univ Western Ontario	5.44m		469
10		Massar, Justin	York Lions	5.03m		388
11		Ritchie, Don	Unattached	4.87m		358
12		Ausman, Paul	U of T Blue	4.47m		285

Indoor Pentathlon: #3 Men Shot Put Indoor Pentathlon

Name	Age	Team	Finals	H#	Points	
Finals						
1		Massar, Justin	York Lions	11.63m		584

Finals ... (Indoor Pentathlon: #3 Men Shot Put Indoor Pentathlon)

Fred Foot Memorial - 1/21/2011 to 1/22/2011**University of Toronto****Results**

Name	Age	Team	Finals	H#	Points
2 West, Mat		Saugeen T&F Club	11.19m		557
3 Denes, Joe		Unattached	10.40m		510
4 Withers, Ben		Univ Western Ontario	10.19m		497
5 Robertson, Chris		Univ Western Ontario	9.67m		466
6 Dow, Levi		York Lions	9.26m		441
7 Ritchie, Don		Unattached	9.19m		437
8 Ausman, Paul		U of T Blue	9.08m		431
9 Bergin, Chris		Univ Western Ontario	8.97m		424
10 Edwards, Kyle		University of Guelph	8.95m		423
11 Matheson, Brad		York Lions	7.87m		359
12 Simmons, Connor		University of Guelph	7.72m		350

Men Indoor Pentathlon

Name	Age	Team	Seed	Finals	H#	Points
Finals						
1 Robertson, Chris		Univ Western Ontario		2890		10
2 Dow, Levi		York Lions	3000	2805		8
3 Denes, Joe		Unattached	3100	2792		6
4 Withers, Ben		Univ Western Ontario		2782		5
5 Massar, Justin		York Lions	3000	2514		4
6 Edwards, Kyle		University of Guelph	2800	2499		3
7 Matheson, Brad		York Lions	3000	2496		2
8 Bergin, Chris		Univ Western Ontario		2457		1
9 Simmons, Connor		University of Guelph	2800	2409		
10 Ritchie, Don		Unattached	2400	2233		
11 Ausman, Paul		U of T Blue	3500	1939		