

University of Windsor Open - 29/05/2010
University of Windsor Stadium, Windsor, ON
Results

Event 1 Women 100 Meter Dash

Meet: M 11.91 2009 Noelle Montcalm, Windsor Legion						
Name	Year	Team	Prelims	Wind	H#	
Preliminaries						
1		Olupuno, Toyin	Elite Edge	M 11.88Q	1.3	2
2		Griffiths, Miana	Elite Edge	M 11.91Q	-0.4	1
3		Harrison, Danielle	Unattached	12.29q	-0.4	1
4		Ruediger, Kate	University of To	12.38q	1.3	2
5		WhiteGibson, Billie	Unattached	12.50q	1.3	2
6		McBean, Athena	University of To	12.62q	-0.4	1
7		Simulik, Mila	Lwtfc	12.71q	1.3	2
8		Loyer, Celine	Dssg Athletics Club	12.94q	-0.4	1
9		Blackman, Akilah	I Be Fast	13.01	-0.4	1
10		Olson, Jenessa	STL	13.05	1.3	2
11		Howard, Broke	STL	13.86	-0.4	1
12		Muscat, Meagan	Windsor Legion Tfc	16.15	1.3	2

Event 1 Women 100 Meter Dash

Meet: M 11.91 2009 Noelle Montcalm, Windsor Legion						
Name	Year	Team	Finals	Wind	H#	
Finals						
1		Griffiths, Miana	Elite Edge	11.64M	1.0	
2		Harrison, Danielle	Unattached	12.24	1.0	
3		WhiteGibson, Billie	Unattached	12.52	1.0	
4		Loyer, Celine	Dssg Athletics Club	12.88	1.0	
5		Simulik, Mila	Lwtfc	12.92	1.0	

Event 2 Men 100 Meter Dash

Meet: M 10.55 2009 Shannon King, Elite Edge						
Name	Year	Team	Prelims	Wind	H#	
Preliminaries						
1		Smith, Seyi	Ottawa Lions	10.27Q	3.1	4
2		Warner, Justyn	Etobicoke	M 10.53Q	0.6	2
3		Halstead, Tyrone	YUTC	10.59Q	1.3	3
4		Drake, Johnnie	Unattached	10.70Q	-1.3	1
5		King, Shannon	Elite Edge	10.54q	3.1	4
6		Hortelano-Roig, Bruno	Pozuelo Madrid M	10.69q	1.3	3
7		Hayle, Phillip	Brampton Track Club	10.79q	0.6	2
8		Warner, Damian	London Legion	10.79q	-1.3	1
9		Bennett, Wayndale	Mississauga Trac	10.83	1.3	3
10		Landrum, Vushaun	Detroit Mercy	10.89	-1.3	1
11		Bowman, Aaron	Unattached	10.89	3.1	4
12		Keating, Justin	University of Wi	10.92	0.6	2
13		Adjetey-Nelson, Jamie	Windsor Legion Tfc	10.92	3.1	4
14		Muyiwa, Olu	Elite Edge	10.96	0.6	2
15		Dills, Brendan	Guelph	10.98	3.1	4
16		Peschier, Curtis	Brampton Track Club	11.02	0.6	2
17		Reid, Chris	Brampton Track Club	11.07	-1.3	1
18		Heath, Lavaughne	Project Athletic	11.22	0.6	2
19		Lee, Ricky	Flying Angels	11.30	1.3	3
20		Hazeem, Hazeem	University of To	11.34	1.3	3

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21	Wagstaff, Brandon	Unattached	11.40	1.3	3
22	Harding, Rawle	G Force TC	11.51	0.6	2
23	Akhtar, Adeel	Flying Angels	11.53	3.1	4
24	Nightingale, Travis	Unattached	11.66	1.3	3
25	Beasley, AJ	London Legion	11.77	-1.3	1
26	Johnson, Hurie	Unattached	12.02	-1.3	1
--	Ogunde, Olu	Elite Edge	FS	0.6	2
--	Atkinson, Donald	Unattached	DNF	-1.3	1

Event 2 Men 100 Meter Dash

=====					
Meet: M 10.55		2009	Shannon King, Elite Edge		
Name	Year	Team	Finals	Wind	
=====					

Finals

1	Smith, Seyi	Ottawa Lions	10.31M	1.7	
2	Warner, Justyn	Etobicoke	10.38M	1.7	
3	King, Shannon	Elite Edge	10.41M	1.7	
4	Halstead, Tyrone	YUTC	10.44M	1.7	10.438
5	Drake, Johnnie	Unattached	10.44M	1.7	10.440
6	Bennett, Wayndale	Mississauga Trac	10.64	1.7	
7	Hayle, Phillip	Brampton Track Club	10.82	1.7	
--	Warner, Damian	London Legion	FS	1.7	

Event 3 Women 200 Meter Dash

=====					
Meet: M 24.38		2009	Noelle Montcalm, Windsor Legion		
Name	Year	Team	Finals	Wind	H#
=====					

1	Montcalm, Noelle	Windsor Legion Tfc	23.76M	-0.2	2
2	Griffiths, Miana	Elite Edge	24.57	-0.2	2
3	Cotten, Jen	Lwtfc	24.99	-0.2	2
4	Brown, Alecia	Elite Edge	25.30	0.2	1
5	Harrison, Danielle	Unattached	25.38	-0.2	2
6	Omene, Eseroghene	Elite Edge	25.59	0.2	1
7	Blackman, Akilah	I Be Fast	25.77	-0.2	2
8	Whittingham, Natoya	Project Athletic	25.98	0.2	1
9	WhiteGibson, Billie	Unattached	26.45	-0.2	2
10	Harris, Meghan	Lwtfc	26.53	0.2	1
11	Loyer, Celine	Dssg Athletics Club	26.66	-0.2	2
12	McParland, Shellie	Lwtfc	27.21	0.2	1
13	Kelly, Alanna	Unattached	28.24	0.2	1
14	Kerry, Lisa	Lwtfc	28.56	0.2	1
15	Karidas, Katerina	STL	29.75	0.2	1

Event 4 Men 200 Meter Dash

=====					
Meet: M 21.36		2009	Shannon King, Elite Edge		
Name	Year	Team	Finals	Wind	H#
=====					

1	Smith, Seyi	Ottawa Lions	20.90M	1.1	5
2	Bennett, Wayndale	Mississauga Trac	21.03	2.5	4
3	Harper, Daniel	Brampton Track Club	21.03M	1.1	5
4	Halstead, Tyrone	YUTC	21.13M	1.1	5
5	Hortelano-Roig, Bruno	Pozuelo Madrid M	21.42	1.1	5

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....Event 4 Men 200 Meter Dash

6 King, Shannon	Elite Edge	21.49	1.1	5
7 Dills, Brendan	Guelph	21.54	2.5	4
8 Reid, Chris	Brampton Track Club	21.58	-0.5	3
9 Hayle, Phillip	Brampton Track Club	21.74	1.1	5
10 Muiyiwa, Olu	Elite Edge	21.81	2.5	4
11 Ogunde, Olu	Elite Edge	21.96	2.5	4
12 Peschier, Curtis	Brampton Track Club	22.13	2.5	4
13 Rice, Shayne	Unattached	22.49	2.5	4
14 Heath, Lavaughne	Project Athletic	22.64	-0.5	3
15 Hazeem, Hazeem	University of To	23.24	0.5	2
16 Chambers-King, Rajay	Flying Angels	23.43	0.5	2
17 Nightingale, Travis	Unattached	23.43	-0.5	3
18 Harding, Rawle	G Force TC	23.85	0.5	2
19 Calvin, Chan	University of To	23.97	0.5	2
20 Silva, Shafan	I Be Fast	24.21	-0.5	3
21 Morden, Matt	STL	25.56	0.5	2
22 St. John, Jodie	Peterborough Leg	41.12	0.5	2

Event 5 Women 400 Meter Dash

=====				
Meet: M 53.37		2007	Erica Broomfield, York U	
Name	Year	Team	Finals	H#
=====				
1 Ruediger, Kate		University of To	55.08	2
2 Brown, Alecia		Elite Edge	56.39	2
3 McBean, Athena		University of To	57.06	2
4 Forbes, Bianca		Flying Angels	57.90	2
5 Mayers, Patricia		Unattached	57.91	2
6 Olupuno, Toyin		Elite Edge	58.40	2
7 Omene, Eseroghene		Elite Edge	58.52	2
8 Halle, Emilie		Ottawa Lions	59.44	1
9 Kanters, Amanda		Unattached	59.67	1
10 Smith, Corinne		Unattached	1:00.59	1
11 Kerry, Lisa		Lwtfc	1:05.43	1
12 Howard, Broke		STL	1:05.75	1

Event 6 Men 400 Meter Dash

=====				
Meet: M 48.24		2009	Lesley Hanna, Detroit	
Name	Year	Team	Finals	H#
=====				
1 Roberston, Mike		Ottawa Lions	46.60M	2
2 Harper, Daniel		Brampton Track Club	46.66M	2
3 Osei, Philip		Mississauga Trac	47.73M	2
4 Trnkus, Michael		University of To	48.76	2
5 Reid, Chris		Brampton Track Club	49.03	2
6 Dills, Brendan		Guelph	49.05	2
7 Lewis, Ryan		University of To	49.13	2
8 Osayande, Deonte		Detroit Mercy	49.24	1
9 Gill, Kyle		Elite Edge	49.37	1
10 Quevedo, Camilo		Guatemala	50.34	1
11 Lawson, Peter		Halifast	51.19	1
12 Reid, Matt		Windsor Legion Tfc	52.85	1
13 Silva, Shafan		I Be Fast	53.35	1

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Event 7 Women 800 Meter Run

Meet: M 2:09.51 2009 Rachel Aubry, Ottawa Lions			
Name	Year	Team	Finals
1 Peters, Celia		Halifast	2:07.05M
2 Bishop, Melissa		Ottawa Lions	2:07.11M
3 Aubry, Rachel		Speed River Tfc	2:07.22M
4 MacLean, Leanna		Phoenix Track Club	2:08.10M
5 Tallman, Emma		Track North	2:12.96
6 McCuaig, Sarah		Laurel Creek	2:15.20
7 Kurpe, Heather		Retch	2:16.99
8 Barnes, Monica		Unattached	2:18.78
-- Kanters, Amanda		Unattached	DNF

Event 8 Men 800 Meter Run

Meet: M 1:52.52 2006 Shane Knoll, Lansing CC				
Name	Year	Team	Finals	H#
1 Harris, Geoff		Adidas Canada	1:49.61M	2
2 Langridge, Jordan		Phoenix Track Club	1:51.49M	2
3 Sayers, Trent		Phoenix Track Club	1:51.70M	2
4 Tome, Mitch		Windsor Legion Tfc	1:52.34M	2
5 Gamble, Dustin		Speed River Tfc	1:52.76	2
6 Cruickshan, Andrew		University of To	1:54.31	2
7 Richards, Charlie		Elite Feet Racing	1:56.00	2
8 Grieve, Kyle		University of To	1:56.10	1
9 Stevens, Evan		Speed River Tfc	1:56.85	1
10 Procter, Ben		London Runner	1:57.07	1
11 MacDonald, Matt		Speed River Tfc	1:57.28	1
12 Tars, Zac		University of To	1:57.66	1
13 Wozniak, Kevin		Detroit Mercy	1:59.44	1

Event 9 Women 1500 Meter Run

Meet: M 4:28.43 2009 Michaela Courtney, Unattach			
Name	Year	Team	Finals
1 Stellingwerff, Hilary		Speed River Tfc	4:16.11M
2 McGown, Amber		Speed River Tfc	4:17.43M
3 Biewald, Jennie		Speed River Tfc	4:32.41
4 Frost, Nadine		Speed River Tfc	4:35.32
5 Frost, Lydia		Speed River Tfc	4:35.64
6 Housley, Katie		Phoenix Track Club	4:41.68
7 Rollins, Jaclyn		Unattached	4:42.04
8 Piacente, Vanessa		Phoenix Track Club	4:42.48
9 Pieterston, Rebecca		London Runner	4:48.25
10 Kellam, Ashley		Unattached	4:56.75
11 Houde-Pearce, Erika		London Runner	4:57.38
-- Bishop, Melissa		Ottawa Lions	DNF

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Event 10 Men 1500 Meter Run

Meet: M 3:43.33 2009 Taylor Milne, Speed River			
Name	Year	Team	Finals
1 Milne, Taylor		Speed River Tfc	3:38.57M
2 Hulse, Matt		Kingston Napanee	3:44.76
3 Finn, Ryan		Phoenix Track Club	3:45.39
4 Walters, Matt		North Bay Legion	3:46.06
5 Smith, Kyle		Phoenix Track Club	3:46.67
6 Kellar, Adam		Athletics New Br	3:48.70
7 Mallette, J.P.		Windsor Legion Tfc	3:49.35
8 Boorsma, Kyle		Speed River Tfc	3:49.43
9 Sinclair, Matt		University of Wi	3:51.09
10 Crowe, Jake		Playmakers TC US	3:51.52
11 Walsh, Jeremy		London Runner	3:57.02
12 Lecours, Tommy		Speed River Tfc	3:57.52
13 Huff, Ryan		London Runner	3:57.57
14 Koskenoja, Tyler		University of To	3:59.14
15 Boulay, Benoit		Speed River Tfc	3:59.74
16 Holmes, Steve		Phoenix Track Club	4:00.85
17 Patterson, Drew		Windsor Legion Tfc	4:03.40
18 Bauer, Jesse		Unattached	4:13.22

Event 11 Women 5000 Meter Run

Meet: M 15:55.91 2007 Beth Wightman, Brooks Cana			
Name	Year	Team	Finals
1 Cliff, Rachel		Speed River Tfc	16:27.70
2 Richard, Erin		Hansons	16:55.63
3 Laurie, Courtney		Speed River Tfc	17:09.47
4 Beattie, Samantha		Speed River Tfc	17:14.41
5 Sheehan, Taryn		Hansons	17:23.94
6 Hoy, Karoline		Speed River Tfc	17:40.77
7 Furtado, Lindsay		Speed River Tfc	18:23.50
8 Roache, Amanda		Unattached	18:58.98

Event 12 Men 5000 Meter Run

Meet: M 14:24.70 2006 Jeff Gaudette, Hansons-Bro			
Name	Year	Team	Finals
1 Sheehan, Ryan		Hansons	13:56.94M
2 Brett, Allan		Speed River Tfc	14:36.25
3 Nixon, Andrew		Speed River Tfc	14:44.83
4 Parrott, John		Speed River Tfc	14:48.08
5 Lehmann, Adrian		Unattached	14:50.16
6 Sweeney, Sean		Phoenix Track Club	14:50.97
7 Koziarski, Robert		Speed River Tfc	15:19.70
8 Woloshyn, Jake		University of To	15:44.74
9 Smith, Brent		London Runner	15:45.41
-- Thorson, Cleve		Speed River Tfc	DNF

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Event 13 Women 100 Meter Hurdles 33"

Meet: M 14.73 2005 Kelley Park, Windsor						
Name	Year	Team	Prelims	Wind	H#	
Preliminaries						
1 Montcalm, Noelle		Windsor Legion Tfc	M 13.61Q	1.8	2	
2 Dugas, Marie-Eve		Corsaire Chapara	M 14.19Q	1.6	1	
3 Cotten, Jen		Lwtfc	M 14.46q	1.6	1	
4 Harris, Meghan		Lwtfc	14.92q	1.6	1	
5 Bagnall, Hannah		Unattached	14.97q	1.6	1	
6 Merrill, Tory		University of To	15.12q	1.8	2	
7 McParland, Shellie		Lwtfc	15.15q	1.8	2	
8 Mueller, Shannon		Brockville Legio	15.89q	1.8	2	
9 Payne, Adrienne		Asw	17.07	1.8	2	

Event 13 Women 100 Meter Hurdles 33"

Meet: M 14.73 2005 Kelley Park, Windsor					
Name	Year	Team	Finals	Wind	
Finals					
1 Montcalm, Noelle		Windsor Legion Tfc	13.58M	1.6	
2 Dugas, Marie-Eve		Corsaire Chapara	14.18M	1.6	
3 Merrill, Tory		University of To	15.40	1.6	
4 Mueller, Shannon		Brockville Legio	15.85	1.6	

Event 14 Men 110 Meter Hurdles 42"

Meet: M 14.97 2006 Ramone Brant, Tiffin					
Name	Year	Team	Prelims	Wind	
Preliminaries					
1 Brisson, Matthew		STL	14.60Q	2.2	
2 Adjetey-Nelson, Jamie		Windsor Legion Tfc	14.88q	2.2	
3 Dandie, Anthony		Unattached	15.30q	2.2	
4 Campbell, Aviram		Detroit Mercy	15.34q	2.2	
5 Koskenoja, Tyler		University of To	15.64q	2.2	

Event 14 Men 110 Meter Hurdles 42"

Meet: M 14.97 2006 Ramone Brant, Tiffin					
Name	Year	Team	Finals	Wind	
Finals					
1 Brisson, Matthew		STL	14.64	3.0	

Event 16 Men 110 Meter Hurdles 39"

Name	Year	Team	Prelims	Wind	
Preliminaries					
1 Morden, Matt		STL	15.71Q	2.2	

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Event 16 Men 110 Meter Hurdles 39"

Name	Year Team	Finals	Wind
Finals			
1 Morden, Matt	STL	15.67	3.0

Event 19 Women 400 Meter Hurdles

Name	Year Team	Finals
Meet: M 1:01.63 2007 Mandie Gallier, Saginaw Val		
1 Merrill, Tory	University of To	1:01.53M
2 Dobranowski, Alicia	Halifast	1:02.52
3 Olson, Jenessa	STL	1:03.57
4 Rayner, Lesley	Speed River Tfc	1:07.15

Event 20 Men 400 Meter Hurdles

Name	Year Team	Finals
Meet: M 52.22 2009 Eric Alejandro, Eastern Michi		
1 Quevedo, Camilo	Guatemala	54.41
2 Coyne, Jared	STL	56.64
3 Bates, Brent	West Toronto T C	57.59
4 Sutton, Charlie	Speed River Tfc	57.63

Event 21 Women 3000 Meter Steeplechase

Name	Year Team	Finals
Meet: M 12:01.13 2007 Cassie Wilbur, Unattached		
1 Lalonde, Genevieve	Speed River Tfc	10:33.24M
2 Willemse, Lydia	Speed River Tfc	10:48.62M
3 Buchanan, Dana	Speed River Tfc	10:54.24M
4 Corrick, Jen	South Simcoe Duf	11:31.09M
5 Cadwallader, Haley	Asw	11:57.23M

Event 22 Men 3000 Meter Steeplechase

Name	Year Team	Finals
Meet: M 8:44.30 2009 Alex Genest, Speed River		
1 Perry, Kyle	New Balance US	8:33.08M
2 Watson, Robin	Speed River Tfc	8:40.49M
3 Nowitzke, Corey	Mizuno Usa	8:41.96M
4 Berkis, Anthony	Toronto Olympic	8:47.13
5 Brunsting, Matthew	Speed River Tfc	8:55.63
6 Weston, Dave	University of Wi	8:59.26
7 Smith, Darryl	Windsor Legion Tfc	9:08.46
8 Karanja, Josh	Ottawa Elite Run	9:08.48
9 Cassidy, Ryan	O2	9:22.52
10 Walters, Nick	North Bay Legion	9:30.13
11 Deschaies, Nicolas	Phenix Track Club	9:44.91
12 Murray, Cody	Speed River Tfc	9:48.61
13 Karley, Christopher	Laurel Creek	11:02.77
-- O'Neill, Kyle	London Runner	DNF

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Event 23 Women Long Jump

Meet: M 5.69m 2009		Jen Cotten, LWTFC			
Name	Year	Team	Finals	Wind	
1 Cotten, Jen		Lwtfc	5.94mM	1.7	
5.76m(2.0)	5.61m(1.4)	PASS	5.70m(1.8)	5.76m(1.0)	5.94m(1.7)
2 Daley, Jodian		Asw	5.56m	2.5	
5.56m(2.5)	FOUL	5.22m(2.4)	FOUL	FOUL	FOUL
3 Whittingham, Natoya		Project Athletic	5.44m	1.9	
FOUL	FOUL	5.43m(1.7)	5.37m(2.2)	5.44m(1.9)	FOUL
4 Cross, Samanth		Phoenix Track Club	5.28m	0.2	
FOUL	5.28m(0.2)	FOUL	FOUL	5.01m(1.0)	FOUL
5 McParland, Shellie		Lwtfc	5.20m	1.4	
5.20m(1.4)	FOUL	PASS	PASS	5.12m(3.5)	4.95m(2.6)
6 Lambert-Beaulieu, Eve		Windsor Legion Tfc	5.04m	2.0	
FOUL	FOUL	4.95m(0.8)	4.96m(2.9)	5.04m(2.0)	FOUL
7 Goad, Emily		Lwtfc	5.00m	3.5	
4.77m(2.0)	4.68m(1.3)	5.00m(3.5)	FOUL	4.89m(2.1)	4.77m(4.1)
8 Harris, Meghan		Lwtfc	4.95m	1.7	
FOUL	4.89m(1.7)	PASS	PASS	FOUL	4.95m(1.7)
9 Griffiths, Kara		YUTC	4.87m	0.2	
FOUL(0.9)	4.87m(0.2)	FOUL(1.3)			
10 Morrison, Kelly		Windsor Legion Tfc	4.85m	1.6	
FOUL	FOUL	4.85m(1.6)			
11 Bagnall, Hannah		Unattached	4.83m	-0.7	
4.67m(-1.0)	4.83m(-0.7)	4.81m(0.7)			
12 Gabriel, Jasmine		Phoenix Track Club	4.82m	2.5	
4.70m(-0.6)	4.70m(1.0)	4.82m(2.5)			
13 Wallace, Camille		Phoenix Track Club	4.73m	2.8	
FOUL	FOUL	4.73m(2.8)			
14 Karidas, Katerina		STL	4.67m	1.8	
4.67m(1.8)	FOUL(2.5)	1.80m(-0.9)			
15 House, Taylor		Lwtfc	4.30m	1.0	
FOUL(0.5)	FOUL(1.7)	4.30m(1.0)			

Event 24 Men Long Jump

Meet: M 7.36m 2009		Nathan Labbe, Edmonton Sprint Acad			
Name	Year	Team	Finals	Wind	
1 Huber, Wade		Elite Athetika	7.25m	1.6	
7.25m(1.6)	FOUL	7.25m(1.0)	7.11m(1.4)	FOUL	
2 Douglas, Kadeem		Take Flight Athl	7.24m	1.6	
6.98m(1.2)	FOUL(0.7)	7.24m(1.6)	7.19m(-0.7)	7.22m(1.4)	7.04m(1.3)
3 Labbe, Nathan		Team Manitoba	7.18m	0.9	
7.11m(2.0)	7.18m(0.9)	6.79m(0.3)	PASS	PASS	PASS
4 Scherle, Mark		Lwtfc	6.97m	0.8	
6.69m(2.6)	6.75m(1.2)	FOUL(1.1)	6.69m(1.5)	FOUL(1.2)	6.97m(0.8)
4 Warner, Damian		London Legion	6.97m	0.8	
5.27m(0.7)	FOUL(1.3)	6.74m(2.4)	6.97m(0.8)	6.64m(1.2)	5.60m(0.3)
6 Warnock, Ben		Unattached	6.69m	1.7	
FOUL(1.8)	6.56m(0.3)	FOUL(1.7)	6.69m(1.7)	FOUL(1.6)	4.13m(0.3)
7 Makwene, Odon		Project Athletic	6.48m	1.9	
6.46m(1.6)	6.46m(1.2)	6.48m(1.9)	6.17m(1.4)	FOUL(1.9)	6.43m(0.2)
8 Nriagu, Osi		Windsor Legion Tfc	6.46m	2.6	
FOUL	6.46m(2.6)	FOUL	FOUL	FOUL	FOUL

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9	Koskenoja, Tyler	University of To	6.05m	0.8
	6.05m(0.8) FOUL	PASS		
10	Beasley, AJ	London Legion	5.42m	2.4
	5.42m(2.4) FOUL	FOUL		
--	Patten, Brayan	Unattached	FOUL	
	FOUL	FOUL		
--	Dandie, Andrew	Unattached	FOUL	
	FOUL	FOUL		

Event 25 Women Triple Jump

=====					
Meet: M 12.15m		2009	Neb Zachariah, Guelph TC		
Name	Year	Team	Finals	Wind	
=====					
1	Lowe, Jaideene	Windsor Legion Tfc	11.83m	1.3	
	11.76m(0.9) FOUL	(2.3) FOUL	11.83m(1.3)	11.80m(1.5)	FOUL
2	Simulik, Mila	Lwtfc	11.42m	2.0	
	11.08m(0.5)	11.25m(1.1)	11.42m(2.0)	11.34m(1.0)	11.13m(1.6) PASS
3	Smith, Alicia	Take Flight Athl	11.27m	0.7	
	FOUL	11.18m(0.7)	11.27m(0.7) FOUL	11.25m(0.5)	PASS
4	Mirotta, Julia	Guelph	10.96m	1.8	
	FOUL	10.96m(1.8)	10.68m(1.8) PASS	FOUL	10.48m(-0.2)
5	Richardson, Kim	Guelph	10.92m	1.0	
	10.85m(1.1)	10.92m(1.0)	9.40m(1.7) PASS	PASS	PASS
6	Griffiths, Kara	YUTC	10.54m	1.6	
	10.54m(1.6)	10.44m(1.7) PASS	9.92m(1.0) PASS	PASS	
7	Goad, Emily	Lwtfc	10.45m	0.5	
	10.05m(0.6)	10.45m(0.5) FOUL	(2.0) FOUL	10.07m(0.7) PASS	
8	Wilson, Taylor	Supreme Athletics	10.42m	1.1	
	9.83m(0.8) FOUL	10.30m(1.2)	10.15m(2.3)	10.39m(1.0)	10.42m(1.1)

Event 26 Men Triple Jump

=====					
Meet: M 14.29m		2009	Tumelo Moleko, London-Western		
Name	Year	Team	Finals	Wind	
=====					
1	St. Bernard, David	YUTC	14.76m	M 1.5	
	14.14m(1.3)	14.28m(1.4)	14.76m(1.5)	14.34m(0.9) FOUL	FOUL
2	Nangle, Marlon	Unattached	14.06m	0.8	
	14.06m(0.8) FOUL	FOUL	FOUL	FOUL	PASS

Event 27 Women High Jump

=====					
Meet: M 1.78m		2007	Marisa Caidenhead, Body Mind		
Name	Year	Team	Finals		
=====					
1	Boyle, Sarah	University of To	1.72m		
	1.67	1.72	1.77		
	O	XO	XXX		

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....Event 30 Men Pole Vault

-- Adjetey-Nelson, Jamie	Windsor Legion Tfc	NH
3.50 3.70 3.90 4.05 4.20 4.35		
P P P P P XXX		
-- White, Paul	Ontario Masters	NH
3.50		
XXX		

Event 31 Women Shot Put 4kg

=====							
Meet: M 14.28m 2006			Jen Tinney, Ashland				
Name	Year	Team					Finals
=====							
1 Petrov, Elizabeth		YUTC					14.15m
	14.12m	14.15m	13.96m	12.80m	13.81m	FOUL	
2 Appiah, Cynthia		YUTC					14.12m
	13.93m	14.11m	13.24m	14.12m	13.90m	13.71m	
3 Jackson, Stephanie		Lwtfc					13.83m
	FOUL	13.83m	13.45m	13.79m	FOUL	FOUL	
4 Van Der Eynder, Sarah		Lwtfc					11.67m
	11.67m	11.40m	FOUL	FOUL	10.26m	10.60m	
5 Jantzi, Brindley		Lwtfc					10.76m
	10.64m	10.54m	10.45m	10.73m	10.59m	10.76m	
6 Payne, Adrienne		Asw					9.26m
	9.04m	9.02m	8.87m	FOUL	9.26m	8.89m	
7 Karidas, Katerina		STL					9.21m
	8.16m	8.53m	9.21m	7.97m	8.58m	8.63m	
8 Bedard, Alexis		Lwtfc					8.36m
	7.77m	8.36m	7.84m	7.69m	8.14m	7.81m	
9 Allen, Bernadette		Lwtfc					8.17m
	8.17m	7.80m	8.07m				
10 Kelly, Alanna		Unattached					7.73m
	PASS	7.73m	PASS				
11 Morrison, Kelly		Windsor Legion Tfc					7.49m
	7.49m	6.34m	7.04m				
-- Bagnall, Hannah		Unattached					FOUL
	FOUL	FOUL	FOUL				

Event 32 Men Shot Put 7.26kg

=====							
Meet: M 17.51m 2006			Bryan Vickers, Ashland				
Name	Year	Team					Finals
=====							
1 Marcocchia, Mathieu		West Toronto T C					16.06m
	FOUL	FOUL	15.25m	FOUL	FOUL	16.06m	
2 Hendry, Tim		Speed River Tfc					15.93m
	15.59m	15.81m	FOUL	14.37m	15.93m	15.75m	
3 Novia, Daniel		YUTC					15.56m
	15.09m	14.99m	FOUL	15.56m	15.25m	FOUL	
4 Simmons, Shakir		Project Athletic					14.98m
	13.79m	14.21m	14.80m	14.98m	14.80m	14.12m	
5 Khan, Umar		YUTC					14.31m
	FOUL	14.03m	14.31m	FOUL	FOUL	FOUL	
6 Koskenoja, Tyler		University of To					12.78m
	12.58m	FOUL	12.78m	PASS	PASS	PASS	

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....Event 32 Men Shot Put 7.26kg

7 Beasley, AJ London Legion 11.29m
 11.29m 10.82m 11.00m FOUL 10.21m 9.79m

Event 34 Men Shot Put 6kg

Name	Year Team	Finals
1 Welch, Drew	Lwtfc	17.24m
16.25m FOUL 16.21m FOUL FOUL 17.24m		
2 Palios, Stefan	Lwtfc	15.43m
14.93m 14.57m 15.26m 15.43m 15.15m 15.31m		
3 Stern, Nathan	Flying Angels	14.42m
14.19m 13.74m FOUL FOUL 13.91m 14.42m		

Event 47 Women Hammer Throw 4kg

Name	Year Team	Finals
Meet: M 68.12m 2007	Crystal Smith, Unattached	
1 Obrochta, Kristin	YUTC	57.29m
51.71m 56.55m 55.45m 57.11m 56.23m 57.29m		
2 Petrov, Elizabeth	YUTC	47.45m
40.98m FOUL FOUL FOUL 47.45m FOUL		
3 Herd, Brittany	Speed River Tfc	45.94m
FOUL FOUL 45.15m FOUL 45.94m FOUL		
4 Schimanski, Ami	Lwtfc	44.64m
FOUL 40.13m 41.27m 44.64m 44.37m 43.57m		
5 Van Damme, Jill	WAC	39.98m
38.44m 38.26m 39.62m 39.10m 39.98m FOUL		
6 Van Der Eynder, Sarah	Lwtfc	35.16m
FOUL 31.77m 35.16m 34.00m 31.45m 33.81m		
7 Appiah, Cynthia	YUTC	32.82m
FOUL FOUL 32.82m FOUL FOUL FOUL		
8 Bedard, Alexis	Lwtfc	30.97m
30.97m FOUL 28.74m 30.27m FOUL 30.24m		
9 Jantzi, Brindley	Lwtfc	30.37m
FOUL 30.37m FOUL		
10 Mara, Alex	Unattached	29.27m
FOUL FOUL 29.27m		
11 Allen, Bernadette	Lwtfc	22.20m
20.85m 20.97m 22.20m		

Event 48 Men Hammer Throw 7.26kg

Name	Year Team	Finals
Meet: M 61.63m 2009	Jason Stomps, Unattached	
1 Lennie, Nathan	University of Wi	61.67m
58.95m FOUL FOUL 60.83m 61.07m 61.67m		
2 Novia, Daniel	YUTC	57.65m
55.36m 56.03m 57.65m 57.46m 55.27m 56.30m		
3 Khan, Umar	YUTC	38.85m
38.72m FOUL 38.85m 36.79m FOUL FOUL		

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Event 50 Men Hammer Throw 6kg

=====						
Meet: M 30.79m 2005 Mike Miller, Windsor						
Name	Year	Team				Finals
=====						
1 Gray, Jackson		Asw				52.42mM
52.42m	FOUL	FOUL	FOUL	48.14m	FOUL	