

**2009 RCLDS #4**  
**The Mid-Summer McChesney Meet of Excellence**  
**TD Waterhouse Stadium, London, ON - 24/06/2009**  
**Results**

**Women Open 800 Meter Open**

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 Canadian: \* 1:58.39 02/09/2001 Diane Cummins, Canada  
 Ontario: R 2:00.14 03/07/1975 Yvonne Saunders (51), Canada  
 RCLDS: ! 2:06.84 29/07/2005 Jennie Biewald, Ottawa Lions TFC

Name	Year	Team	Seed	Finals	Points
===== Finals					
1 Sarah McCuaig	90	LAUREL CREEK	2:16.00	2:17.26	
2 Jaclyn Rollins	91	BRANTFORD T.F.C.	2:20.00	2:18.15	
3 Megan Rempel	96	NIAGARA OLYM	2:19.00	2:19.51	
4 HEATHER KURPE	90	RUNNERS EDGE	2:17.00	2:19.69	
5 CARLY GILL	88	SARNIA ATHLE	2:18.00	2:19.71	
6 KIRSTEN ALLEN	92	LONDON WESTE	2:20.00	2:19.93	
7 Courtney Falardeau	95	NIAGARA OLYM	2:17.00	2:20.94	
8 SAMANTHA GORDON	94	BILL CROTHER	2:19.00	2:21.92	
9 Alannah MACDONALD	94	NIAGARA OLYM	2:19.00	2:22.47	
10 Simonne Tomasovic	92	LAUREL CREEK	2:20.00	2:24.14	
11 Paris Adams	91	NIAGARA OLYM	2:20.00	2:24.84	
12 JESSICA WHITE	92	LONDON WESTE	2:32.00	2:27.42	
13 SAMANTHA ROBBINS	91	LONDON WESTE	2:20.00	2:28.30	
14 Emily Yungblut	91	LONDON RUNNE	2:30.00	2:28.81	
15 Kaleisha Hilborn		LONDON WESTE	2:25.00	2:28.93	
16 Rachel Lamb	90	LONDON WESTE	2:35.00	2:29.98	
17 Kayla Duncan	93	LONDON RUNNE	2:30.00	2:32.46	
18 BRONWYN STEVENS	93	LAUREL CREEK	2:28.00	2:32.81	
19 ROMY SCHEELE	93	LONDON RUNNE	2:36.00	2:38.68	

**Women Open 3000 Meter Open**

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 Canadian: \* 8:32.17 23/09/1994 Angela Chalmers  
 Ontario: R 8:48.37 30/06/1999 Kathy Butler (73)  
 RCLDS: ! 9:39.27 28/06/2006 Jackie Malette, Windsor Legion TFC

Name	Year	Team	Seed	Finals	Points
===== Finals					
1 Jaclyn White		LONDON WESTE	11:00.00	10:56.29	
2 LISA ALAIMO	89	LAKEHEAD ATH	10:50.00	11:02.18	
3 Krisinda Alexander	92	SAUGEEN TRAC	11:16.59	11:12.33	
4 Grace Hartman		LONDON RUNNE	11:19.00	11:23.01	
5 EMILY KRUGER	93	LONDON RUNNE	11:03.00	11:28.51	
6 TIFFANY CHEUNG	94	BILL CROTHER	11:00.00	11:41.42	
7 Kortney Watson	94	SAUGEEN TRAC	11:39.38	11:42.01	
8 Jennifer Roberts	93	LONDON RUNNE	11:10.00	11:48.28	
9 ERIN YUNGBLUT	93	LONDON RUNNE	11:25.00	11:48.73	
10 CALEIGH STALLYBRASS	94	BILL CROTHER	12:00.00	12:23.56	

**Men Open 800 Meter Open**

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 Canadian: \* 1:43.93 27/09/2006 Gary Reed, Canada  
 Ontario: R 1:45.13 15/08/1993 Fred Williams (62), Toronto Olympic Club  
 RCLDS: ! 1:50.01 28/06/2006 Phil Sakala, U.S. Military

Name	Year	Team	Seed	Finals	Points
===== Finals					
1 Shoaib Ikram	90	TRI CITY TRACK CLUB	1:55.70	1:56.11	
2 BEN PROCTER	90	LONDON RUNNE	1:57.00	1:57.32	
3 Matthew MACDONALD	90	NIAGARA OLYM	1:55.00	1:57.50	

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4	Mike Sherar	TORONTO OLYM	1:57.00	1:57.59
5	STEPHEN DOUGLAS	86 UNIVERSITY O	1:56.00	1:57.80
6	Scott Knieriem	UNATTACHED	1:56.00	1:58.53
7	RYAN HUFF	88 LONDON WESTE	1:56.00	1:58.78
8	Jay Slowik	UNATTACHED	1:58.00	1:59.42
9	SEAN BOWEN	90 HARBOUR TRACK	1:58.50	2:00.14
10	JEREMY WALSH	90 LONDON RUNNE	2:00.00	2:00.28
11	Tim Hain	81 LONDON RUNNE	2:02.60	2:02.10
12	Trevor Janssen	93 NIAGARA OLYM	2:02.00	2:04.36
13	Christopher Karley	91 LAUREL CREEK	2:02.00	2:04.37
14	Cameron Giles	93 NIAGARA OLYM	2:04.00	2:04.48
15	Abdul-Azeem Barakzay	TRI CITY TRACK CLUB	2:05.50	2:05.02
16	Connor Paddock	TRI CITY TRACK CLUB	2:03.00	2:06.37
17	JORDAN DEBOER	90 LONDON WESTE	2:10.00	2:10.54
18	JEREMY HICK	93 LONDON WESTE	2:12.00	2:13.01
19	DANIEL DEBUS	93 LAUREL CREEK	2:07.00	2:14.15
20	JAVIER FUENTES MARTINEZ	94 LAUREL CREEK	2:12.00	2:14.32
21	Usama Ikram	TRI CITY TRACK CLUB	2:06.00	2:15.50
22	Jason Drummond	92 LONDON RUNNE	2:06.00	2:15.91
23	Gabriel Moreno-Bautista	TRI CITY TRACK CLUB	2:08.80	2:18.72
24	NICHOLASH BEDI	96 LAUREL CREEK	2:25.00	2:23.84
25	SHANE ROBERTS	94 LONDON RUNNE	2:23.00	2:27.76
--	Brandon Laan	83 LONDON RUNNE	1:56.99	DNF
--	Soaib Ikram	90 TRI CITY TRACK CLUB	1:55.60	DNF

**Men Open 3000 Meter Open**

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Canadian: * 7:43.42 28/09/1998 Jeff Schiebler
Ontario: R 7:48.33 27/08/1998 Steve Agar (68)
RCLDS: ! 8:26.25 05/07/2007 Doug Currie
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Name	Year	Team	Seed	Finals	Points
1	XAVIER KING	93 DURHAM DRAGO	8:32.00	8:33.41	
2	ADAM HORTIAN	84 TORONTO OLYM	8:35.00	8:33.58	
3	STEPHEN HOSIER	92 DURHAM DRAGO	8:32.00	8:45.18	
4	Daryl Smith	91 WINDSOR LEGI	8:32.00	8:49.18	
5	Andrew Kowalsky	92 WINDSOR LEGI	8:36.00	8:55.92	
6	PATRICK MACKINNON	90 RUNNERS EDGE	9:00.00	9:01.23	
7	Stephen Pitman	91 UNATTACHED	8:50.00	9:02.59	
8	JORDAN BIEREMA	92 DURHAM DRAGO	8:48.00	9:04.67	
9	Dan Piticariu	UNATTACHED	8:58.00	9:07.78	
10	Curtis Semple	UNATTACHED	9:00.00	9:08.79	
11	Jordan Collison	91 SAUGEEN TRAC	8:50.00	9:09.45	
12	Chris Hartman	UNATTACHED	8:59.00	9:09.59	
13	Aaron Hendrikx	93 LONDON RUNNE	9:15.00	9:10.41	
14	FORD THOMPSON	89 SAUGEEN TRAC	9:24.76	9:12.35	
15	Max Holden	92 LONDON RUNNE	9:07.00	9:15.05	
16	BEN PERKS	79 LONDON RUNNE	9:27.00	9:15.39	
17	Justin Spalvieri	UNATTACHED	9:00.00	9:16.35	
18	Eric Barry	92 LONDON RUNNE	9:07.00	9:19.46	
19	PATRICK HARTMAN	93 LONDON RUNNE	9:18.00	9:20.66	

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20 PAUL COCHRANE	89 SARNIA ATHLE	9:10.00	9:32.18
21 ROBERT GOMEZ	92 SAUGEEN TRAC	9:38.86	9:51.43

**Mixed Open 800 Meter Open**

Name	Year Team	Seed	Finals	Points
1 TAITE DEMELO	M96 LONDON RUNNE	2:55.00	2:45.93	
2 Maleah Marquis	W LONDON RUNNE	3:00.00	2:50.51	
3 Robyn Gruninger	W LONDON RUNNE	2:59.00	2:52.29	
4 Remco Scheele	M LONDON RUNNE		2:57.06	

**Mixed Open 3000 Meter Open**

Name	Year Team	Seed	Finals	Points
1 DAVID MARQUEZ	M93 LONDON RUNNE	10:01.00	10:01.66	
2 Sean Coleshill	M UNATTACHED	9:55.00	10:12.45	
3 Jan Louis Henning	M92 SAUGEEN TRAC	9:51.26	10:15.89	
4 Sara Giovannetti	W90 ETOBICOKE TR	10:20.00	10:18.58	
5 Luke Rachar	M93 LONDON RUNNE	10:20.00	10:23.72	
6 COLETON SHULAR	M93 SAUGEEN TRAC	10:31.05	10:41.67	
7 KYLE STOLYS	M94 BILL CROTHER	10:20.00	10:45.50	
8 Laura Walker	W91 LONDON RUNNE	10:38.00	10:47.40	
9 Trish Muddiman	W LONDON RUNNE	10:10.00	10:47.81	
10 STEPHEN KELLY	M94 LONDON RUNNE	10:35.00	10:50.75	
11 Leslie Walker	W91 LONDON RUNNE	10:40.00	10:51.75	
12 ZEINAB BAYDOUN	W92 WINDSOR LEGI	10:28.00	10:52.67	
13 Kaitlyn Komarnicky	W93 LONDON RUNNE	10:40.00	10:53.25	
14 Victoria Samyn	W92 DURHAM DRAGO	10:31.00	10:54.98	

**Mixed Open Distance Medley Open**

Team	Seed	Finals	Points
1 LONDON RUNNER DISTANCE CL 'A'		12:17.52	
2 LONDON RUNNER DISTANCE CL 'B'		12:28.72	
3 LONDON RUNNER DISTANCE CL 'C'		12:48.66	
4 LONDON RUNNER DISTANCE CL 'D'		12:53.27	
5 LONDON RUNNER DISTANCE CL 'E'		13:01.60	
6 LONDON RUNNER DISTANCE CL 'F'		13:18.38	