

# St. Clair College Invitational Meet

OCTOBER 17 2009

MALDEN PARK

10/17/2009 - 10/17/2009

## Meet Results

### MEN'S 8K CROSS COUNTRY

MEET RECORD:

PLACE	TEAM	POINTS	SCORERS	DISPLACERS
1	FANSHAWE	47	3-4-19-21	33-37-48-58-71
2	WINDSOR	47	1-13-16-17	34
3	CAMBRIAN	67	5-10-23-29	
4	HUMBER	68	9-12-20-27	31-39-40-44-50-56
5	CONESTOGA	74	2-8-26-38	43-53-57-59-65-79-85-90
6	GEORGE BROWN	74	6-14-22-32	62
7	ST.LAWRENCE	83	7-18-28-30	45-55-63-73-75-76-88-89
8	MOHAWK	140	15-24-49-52	64-83-86
9	REDEEMER	192	35-36-60-61	68-84
10	FLEMING	193	11-46-66-70	72-74-77-87
11	GEORGIAN	215	25-54-67-69	78-80-81-82

OVERALL PLACE	SCORE PLACE	BIB #	ATHLETE NAME	AGE	GRADE	TEAM NAME	TEAM PLACE	ATHLETE TIME
1	1	13	Alex Meyer			WINDSOR	1	26:38.7
2	2	28	Jason Smith			CONESTOGA	1	26:46.9
3	3	153	John Mason			FANSHAWE	1	27:05.3
4	4	152	Biemnet Yemane			FANSHAWE	2	27:44.7
5	5	66	Josh Bujold			CAMBRIAN	1	27:54.0
6	6	347	Nelson Njeru			GEORGE BROWN	1	28:01.8
7	7	306	Julian Rheberger			ST.LAWRENCE	1	28:11.1
8	8	31	Dave Sharratt			CONESTOGA	2	28:35.6
9	9	80	Nathaniel Green			HUMBER	1	28:41.3
10	10	69	Eric Leishman			CAMBRIAN	2	28:49.0
11	11	188	Jamie Switzer			FLEMING	1	29:05.0
12	12	79	Shawn Davis			HUMBER	2	29:05.7

13	13	345	Ben Procter			WINDSOR	2	29:06.7
14	14	92	Spencer Brown			GEORGE BROWN	2	29:19.8
15	15	46	Jon Redfearn			MOHAWK	1	29:23.6
16	16	18	Mitch Tome			WINDSOR	3	29:29.0
17	17	19	Andy Tavaras			WINDSOR	4	29:42.9
18	18	305	Luke Nutbrown			ST.LAWRENCE	2	29:49.9
19	19	156	Sean Coleshill			FANSHAWE	3	29:55.7
20	20	346	Shea Johnson			HUMBER	3	29:58.0
21	21	155	Sean Cunningham			FANSHAWE	4	29:58.7
22	22	91	Brendan Neely			GEORGE BROWN	3	29:59.2
23	23	67	Reg Peer			CAMBRIAN	3	30:16.6
24	24	42	Dave Hirsh			MOHAWK	2	30:26.0
25	25	178	Mark Tovcg			GEORGIAN	1	30:29.5
26	26	25	Francis Mellon			CONESTOGA	3	30:38.3
27	27	77	Danny Connelly			HUMBER	4	30:40.4
28	28	304	Brant Stachel			ST.LAWRENCE	3	30:46.3
29	29	70	Spence Hogan			CAMBRIAN	4	30:49.9
30	30	313	Will Ferran			ST.LAWRENCE	4	30:50.3
31	31	76	Alex Colbourne			HUMBER	5	31:01.0
32	32	94	Matthew Paladino			GEORGE BROWN	4	31:07.5
33	33	157	Marvin Guinasao			FANSHAWE	5	31:09.9
34	34	14	Richard Johnson			WINDSOR	5	31:16.8
35	35	52	Alexander VanGeest			REDEEMER	1	31:24.8
36	36	53	Jan Korevaar			REDEEMER	2	31:30.9
37	37	161	Chris Bruckner			FANSHAWE	6	31:35.2
38	38	21	Jordan Shortt			CONESTOGA	4	31:39.4
39	39	83	Daniel Swlerczek			HUMBER	6	31:46.4
40	40	75	Ben Belluz			HUMBER	7	31:53.0
41	41	331	Derek VanLeerzem			LAMBTON	1	31:56.3
42	42	146	Robert Power			ST. CLAIR	1	31:59.9
43	43	29	Alex Hunak			CONESTOGA	5	32:02.6
44	44	78	Wes Correa			HUMBER	8	32:06.9
45	45	308	Ryan VanDyl			ST.LAWRENCE	5	32:07.1
46	46	195	Wesley Neal			FLEMING	2	32:22.0
47	47	330	Andrew Flanagan			LAMBTON	2	32:32.2
48	48	158	Derrick Wood			FANSHAWE	7	32:34.5
49	49	44	Jacob McDonald			MOHAWK	3	32:37.2
50	50	81	Andrew Ropoli			HUMBER	9	32:52.7
51	51	334	Stephen Keeping			LAMBTON	3	32:58.7
52	52	41	Pat Cook			MOHAWK	4	33:02.1
53	53	23	Matthew Twomey			CONESTOGA	6	33:03.7
54	54	348	Matt Fancett			GEORGIAN	2	33:13.6
55	55	307	Michael Marshall			ST.LAWRENCE	6	33:15.1

56	56	82	Jason Mukhi			HUMBER	10	33:20.2
57	57	24	Ian Hartman			CONESTOGA	7	33:22.6
58	58	162	Kyle Golovchenko			FANSHAWE	8	33:27.7
59	59	26	Chris Rankin			CONESTOGA	8	33:27.9
60	60	56	Joel Span			REDEEMER	3	33:30.0
61	61	55	Arron Devos			REDEEMER	4	33:48.7
62	62	95	Carey Arnott			GEORGE BROWN	5	33:52.2
63	63	310	James Robertson			ST.LAWRENCE	7	33:54.0
64	64	40	Alex Hamilton			MOHAWK	5	33:57.3
65	65	30	Nic Webber			CONESTOGA	9	33:59.3
66	66	189	Tom Van Schlak			FLEMING	3	34:09.7
67	67	173	Nathan Landis			GEORGIAN	3	34:10.1
68	68	58	Nathan Verbaan			REDEEMER	5	34:21.2
69	69	176	Brandon Parker			GEORGIAN	4	34:35.5
70	70	192	Ariun Rattan			FLEMING	4	34:46.0
71	71	159	Chris Willits			FANSHAWE	9	35:03.8
72	72	193	Jordan Woolacott			FLEMING	5	35:09.6
73	73	314	Richard Withers			ST.LAWRENCE	8	35:18.4
74	74	350	Rory Gallagher			FLEMING	6	35:25.4
75	75	316	Cody Sebben			ST.LAWRENCE	9	35:29.2
76	76	312	Tim Shelley			ST.LAWRENCE	10	35:34.6
77	77	194	Chad Canning			FLEMING	7	35:35.1
78	78	174	Mark Miehm			GEORGIAN	5	36:03.8
79	79	27	Dave Barros			CONESTOGA	10	36:12.5
80	80	172	Martin Dlouhy.			GEORGIAN	6	36:17.4
81	81	171	Evan Conway			GEORGIAN	7	36:55.3
82	82	179	Stephen Raadslav			GEORGIAN	8	37:09.0
83	83	43	Josh Lamb			MOHAWK	6	37:54.3
84	84	57	Aaron Both			REDEEMER	6	38:15.4
85	85	22	Matt Cambell			CONESTOGA	11	39:10.4
86	86	45	Mike Holmes			MOHAWK	7	39:26.4
87	87	349	Meina Istafanous			FLEMING	8	39:42.7
88	88	309	Chris Henderson			ST.LAWRENCE	11	39:50.2
89	89	315	Armando Tenias			ST.LAWRENCE	12	40:22.3
90	90	32	Adam Johnston			CONESTOGA	12	40:26.2

# St. Clair College Invitational Meet

OCTOBER 17 2009

MALDEN PARK

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## Meet Results

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### WOMEN'S 5K CROSS COUNTRY

MEET RECORD:

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PLACE	TEAM	POINTS	SCORERS	DISPLACERS
1	FANSHAWE	6	1-2-3	9-21-28-30
2	HUMBER	32	5-10-17	19-25-33-35
3	MOHAWK	56	6-13-37	
4	GEORGE BROWN	57	16-18-23	24-39
5	GEORGIAN	62	11-15-36	38-48-51
6	CONESTOGA	62	7-12-43	52-59-60
7	LAMBTON	74	8-20-46	50
8	FLEMING	87	4-41-42	49-56-58
9	WINDSOR	93	22-26-45	
10	REDEEMER	110	29-34-47	53-54
11	ST.LAWRENCE	113	14-44-55	
12	ST. CLAIR	115	27-31-57	

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OVERALL PLACE	SCORE PLACE	BIB #	ATHLETE NAME	AGE	GRADE	TEAM NAME	TEAM PLACE	ATHLETE TIME
1	1	164	Liliane Sparks			FANSHAWE	1	18:45.1
2	2	163	Rebecca Pieteron			FANSHAWE	2	18:48.8
3	3	165	Erika Pearce			FANSHAWE	3	19:19.8
4	4	199	Lisa Cubulskie			FLEMING	1	19:40.9
5	5	90	Lindsay Webster			HUMBER	1	19:55.6
6	6	50	Christine Enes			MOHAWK	1	20:27.9
7	7	35	Heidi Bechtold			CONESTOGA	1	20:29.3
8	8	338	Marianne Pickering			LAMBTON	1	20:31.2
9	9	167	Melissa Linker			FANSHAWE	4	20:34.0

10	10	87	Clara Gaizutis			HUMBER	2	20:42.5
11	11	182	Amie Leitch			GEORGIAN	1	20:43.9
12	12	34	Shelagh Rouse			CONESTOGA	2	20:44.2
13	13	47	Emily Hicks			MOHAWK	2	20:55.3
14		12	Cassie Wilbur			UNATTCH		20:58.6
15	14	318	Richelle Moore			ST.LAWRENCE	1	21:00.0
16	15	184	Caitlin Pietras			GEORGIAN	2	21:10.8
17	16	98	Julia MacDonald			GEORGE BROWN	1	21:18.5
18	17	84	Cynthia Black			HUMBER	3	21:22.4
19	18	302	Sarah VanDonk			GEORGE BROWN	2	21:24.2
20	19	88	Isabelle Morneau			HUMBER	4	21:35.1
21	20	339	Katie Collins			LAMBTON	2	21:35.4
22	21	168	Ashley Killens			FANSHAWE	5	21:40.0
23	22	9	Sarah Quinn			WINDSOR	1	21:49.0
24	23	97	Inge Boerma			GEORGE BROWN	3	21:54.3
25	24	301	Sonya Tanzos			GEORGE BROWN	4	21:57.7
26	25	86	Catherine Bagnon			HUMBER	5	22:04.9
27	26	11	Tanis Smith			WINDSOR	2	22:12.1
28	27	151	Alex Vorshuk			ST. CLAIR	1	22:17.6
29	28	170	Tineke Dejong			FANSHAWE	6	22:29.7
30	29	62	Joanna VanDorp			REDEEMER	1	22:30.7
31	30	169	Aleasha Soutiere			FANSHAWE	7	22:31.7
32	31	148	Alyssia Vorshuk			ST. CLAIR	2	22:35.1
33	32	73	Brianna Nichol			CAMBRIAN	1	22:44.3
34	33	89	Megan VanKevlen			HUMBER	6	22:51.8
35	34	64	Angelrra Gomes			REDEEMER	2	22:55.9
36	35	85	Sarah Black			HUMBER	7	22:57.2
37	36	186	Jessica Shaw			GEORGIAN	3	23:05.3
38	37	48	Marlin Kendini			MOHAWK	3	23:08.4
39	38	187	Jessica Van Vliet			GEORGIAN	4	23:11.3
40	39	303	Sofia Harasym			GEORGE BROWN	5	23:18.6
41	40	72	Nat Taillefer			CAMBRIAN	2	23:35.4
42	41	20	Erin Fletcher			FLEMING	2	23:39.6
43	42	197	Kelly Sinclair			FLEMING	3	23:41.7
44	43	38	April McAllister			CONESTOGA	3	24:00.1
45	44	321	Caaitlin Beaudry			ST.LAWRENCE	2	24:06.2

46	45	10	Jessica Schmidt			WINDSOR	3	24:13.6
47	46	335	Lisa Currie			LAMBTON	3	24:18.3
48	47	65	Alison Bevaart			REDEEMER	3	24:41.7
49	48	180	Erinn Baptiste			GEORGIAN	5	24:45.3
50	49	196	Sarah McFadden			FLEMING	4	24:59.2
51	50	337	Bethany Miller			LAMBTON	4	25:13.2
52	51	183	Lydia McKee			GEORGIAN	6	25:46.5
53	52	39	Krystal			CONESTOGA	4	25:55.0
54	53	61	Pamela Brooker			REDEEMER	4	25:58.0
55	54	63	Jessica Ramsay			REDEEMER	5	26:02.1
56	55	320	Karen Foell			ST.LAWRENCE	3	26:28.2
57	56	198	Elyshia Timbers			FLEMING	5	26:38.6
58	57	150	Kelsey Henry			ST. CLAIR	3	28:11.2
59	58	200	Sharie Coutts			FLEMING	6	29:08.7
60	59	36	Katie Tamas			CONESTOGA	5	30:29.5
61	60	33	Ashlee Dearden			CONESTOGA	6	30:30.1