

Power Speed Meet # 5 - London, Ontario - UWO

July 10, 2009

Track results

200m Women		Wind:	-2.47
Name	Time	YOB	Club
Jenessa Olson	26.42		STL
Katelyn Flanagan	27.45		LW
Sarah Callahan	27.62		STL
Katie Butterwick	28.49		STL
Victoria Echinger	28.99		LW
Laurenne Braunsch	29.40		LW
Julia Hayman	29.50		STL
Julie McKeen	30.67		LW

200m Men		Wind:	-2.00
Name	Time	YOB	Club
Shane Ferth	22.87		Upper Waterloo
Elias Granilo	22.98		STL
Luke Govia	23.04		Upper Waterloo
Wilie Siemens	23.78		Upper Waterloo

200m Hurdles Bantam Girls		Wind:	-1.72
Name	Time	YOB	Club
Mia Manfredi			STL

400m Hurdles Women			
Name	Time	YOB	Club
Kate Bickle	1:03.54		Upper Waterloo
Danielle Vanos	1:05.33		STL
Lesley Rayner	1:11.13		Speed River

400m Hurdles Men			
Name	Time	YOB	Club
Taylor Harris	55.86		STL
Matt Brisson	56.92		STL
Jared Coyne	57.03		STL

2009 Power Speed Series - Meet #5

Friday, July 10, 2009

TD Waterhouse Stadium, London, ON

MID Girls Javelin

Julieann Milling	UNA	94	1	21.88	23.05	23.25	19.68	23.66	21.52	23.66
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JR Girls Javelin

Samira Somer	LW	91	1	F	23.68	27.59	26.33	25	F	27.59
Adrienne Payne	ASW	90	2	27.39	F	26.41	25.91	F	F	27.39
Johanna Dobransky	LW	91	3	15.4	12.7	12.1	14.39	14.15	12.82	15.4

SR Womens Javelin

Katie Johnson	LW	87	1	31.01	F	32.35	27.82	32.86	30.22	32.86
Shellie McParland	LW	85	2	F	26.56	P	P	P	P	26.56

JR Womens Shot

Adrienne Payne	ASW	90	1	9.01	8.45	8.56	F	8.63	9.12	9.12
Meghan Harris	LLAT	90	2	8.27	9.03	F	7.51	7.62	7.99	9.03
Johanna Dobransky	LW	91	3	7.49	7.38	7.63	7.65	7.28	7.66	7.66

SR Womens Shot

Stephanie Jackson	LW	85	1	13.9	F	14.29	13.56	13.61	14.19	14.29
Elizabeth Petrov	YUTC	89	2	12.43	13.22	F	F	13.07	12.92	13.22
Kristin Obrochta	YUTC	89	3	12.13	F	11.15	11.72	11.9	F	12.13
Shellie McParland	LW	85	4	10.64	11.41	10.91	F	10.73	10.95	11.41

JR Womens Hammer

Jessi Pilling	LW	91	1	F	F	37.56	F	F	F	37.56
Alex Mara	UNA	91	2	18.03	18.92	17.79	F	16.78	F	18.92

SR Womens Hammer

Kristin Obrochta	YUTC	89	1	F	49.68	F	48.99	F	50.94	50.94
Cara Marcantonio	UNA	88	2	44.11	42.82	43.08	41.68	43.13	40.82	44.11
Jenine McCutcheon	LW	89	3	F	39.77	F	41.04	42.04	F	42.04

Mens Javelin

Richard Parkinson	YUTC	64	1	49.76	50.57	F	50.84	49.06	F	50.84
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JR Mens Shot 6K

Suyi Georgewill	YUTC	90	1	14.14	14.85	F	F	14.48	F	14.85
Jackson Gray	ASW	91	2	14.45	14.33	F	F	F	13.85	14.45
Eric Brathwaite	YUTC	91	3	F	F	13.85	F	F	F	13.85

SR Mens Shot 7.26k

Andy Ysebaert	ASW	86	1	15.47	16.07	16.16	16.02	F	16.2	16.2
Patrick Szpak	UNA	86	2	F	15.44	F	15.1	F	F	15.44
Daniel McDonald	UNA	85	3	13.48	13.74	14.11	F	14.31	14.05	14.31
Justin Conlon	UNA	91	4	9.03	7.85	9.91	9.27	9.13	9.3	9.91

JR Mens Hammer 6K

Suyi Georgewill	YUTC	90	1	F	57.4	56.83	55.86	54.44	58.63	58.63
Eric Brathwaite	YUTC	91	2	F	F	42.6	F	F	38.33	42.6
Jesse Francis	LW	90	3	42.26	F	F	F	F	F	42.26
Peter Vink	LW	91	4	F	F	31.12	F	32.13	32.62	32.62

SR Mens Hammer

Nathan Lennie	UWAC	79	1	F	F	61.95	F	59.62	61.09	61.95
Josh Archer	LW	88	2	48.37	F	49.28	46.47	F	51.55	51.55