

**2009 Don Mills Cross Country Open
University of Waterloo
Men's 8km**

Team Results

Place	Team	Score
1	University of Toronto	44
2	Wilfrid Laurier University	62
3	University of Toronto Track Club	66
4	University of Waterloo	90
5	Waterloo alumni	147
6	Conestoga College	150
7	Trent University	184
8	York University	185

Individual Results

Overall Place	Scoring Place	Bib	Name	Team	Rank on Team	Min	:	Sec
1		410	Derek Nakluski	Toronto Olympic Club		24	:	21
2	1	430	Rob Kitz	University of Toronto Track Club	1	24	:	40
3		411	Adam Hortian	Toronto Olympic Club		24	:	43
4		452	Aleks Kuternin	Toronto Olympic Club		25	:	4
5		486	Rich Tremain	TCTC		25	:	38
6		408	Sean Sweeny	Phoenix AA	1	25	:	46
7	2	415	Ethan Davenport	Toronto (Univ.)	1	25	:	51
8	3	417	Stephen Douglas	Toronto (Univ.)	2	25	:	52
9	4	433	Josh Smith	University of Toronto Track Club	2	25	:	58
10	5	406	Jason Smith	Conestoga College	1	26	:	3
11		489	Jordan Collison	Saugeen	1	26	:	12
12	6	478	Shoaib Ikram	Wilfred Laurier (Univ.)	1	26	:	16
13		310	Jon Martin	Cambridge Harriers	1	26	:	22
14	7	479	Soaib Ikram	Wilfred Laurier (Univ.)	2	26	:	29
15		487	Wes Alkin	TCTC		26	:	33
16	8	464	Charly Allan	Waterloo (Univ.)	1	26	:	38
17	9	465	Patrick MacKinnon	Waterloo (Univ.)	2	26	:	39
18	10	428	Jay Brecher	University of Toronto Track Club	3	26	:	48
19	11	421	Colin Murray-Lawson	Toronto (Univ.)	3	26	:	54
20	12	420	Adrian Lambert	Toronto (Univ.)	4	26	:	56
21	13	480	Matt Robertson	Wilfred Laurier (Univ.)	3	26	:	57
22	14	481	Brent Meidinger	Wilfred Laurier (Univ.)	4	27	:	1
23	15	443	Kevin Smith	Waterloo (Alumni)	1	27	:	4
24	16	412	Zain Ahmed	Toronto (Univ.)	5	27	:	6
25	17	405	Dave Sharratt	Conestoga College	2	27	:	22
26	18	467	Rob Bark	Waterloo (Univ.)	3	27	:	22

27		435	Chris Hartmann	Unattached		27	:	25
28		427	Henry Reich	Unattached		27	:	27
29	19	416	Alex Denault	Toronto (Univ.)	6	27	:	27
30		453	Trevor Burns	Unattached		27	:	28
31	20	490	Jay Brault	Trent (Univ.)	1	27	:	32
32	21	434	Selam Yohannes	University of Toronto Track Club	4	27	:	39
33	22	477	Alex Garriock	Wilfred Laurier (Univ.)	5	27	:	42
34	23	419	Andrew Kennedy	Toronto (Univ.)	7	27	:	44
35	24	474	Bret Cameron	Wilfred Laurier (Univ.)	6	27	:	45
36	25	440	Jeff Barrett	Waterloo (Alumni)	2	27	:	49
37		423	Sho Tanaka	Toronto (Univ.)	8	27	:	53
38	26	439	Kevin Shields	Waterloo (Alumni)	3	27	:	54
39	27	469	Devon Briggs	Waterloo (Univ.)	4	27	:	56
40	28	470	Liam Mulroy	Waterloo (Univ.)	5	27	:	58
41		311	Andrew Martin	Cambridge Harriers	2	27	:	60
42	29	468	Justin Spalvieri	Waterloo (Univ.)	6	28	:	7
43	30	429	Andrew Cruickshank	University of Toronto Track Club	5	28	:	12
44	31	497	Jordan Anderson	Waterloo (Univ.)	7	28	:	17
45	32	449	Raphael Waknine	York (Univ.)	1	28	:	18
46	33	445	Yuestas David	York (Univ.)	2	28	:	20
47		485	Darryl Blackport	TCTC		28	:	28
48	34	475	Colin Yardley	Wilfred Laurier (Univ.)	7	28	:	34
49		454	Daniel Mireault	Waterloo (Univ.)	8	28	:	37
50		418	Jeff Hoover	Toronto (Univ.)	9	28	:	38
51		400	Bryon Hughson	Unattached		28	:	39
52		426	Antoine Arcand	Unattached		28	:	58
53	35	402	Francis Coral-Melon	Conestoga College	3	29	:	3
54	36	448	Andre Raposo	York (Univ.)	3	29	:	8
55		455	Adam Dobri	Waterloo (Univ.)	9	29	:	9
56		422	Ted Nanowski	Toronto (Univ.)	10	29	:	10
57	37	493	Dan Cain	Trent (Univ.)	2	29	:	21
58	38	491	Mark Hayward	Trent (Univ.)	3	29	:	42
59	39	442	Chris Rogers	Waterloo (Alumni)	4	30	:	4
60		488	Gabriel Marino-Bautista	TCTC		30	:	6
61		471	Lawrence Xie	Waterloo (Univ.)	10	30	:	9
62	40	447	Bobby Powell	York (Univ.)	4	30	:	14
63		500	Mike Welsh	Waterloo (Univ.)	11	30	:	14
64		484	Brian Tribe	Wilfred Laurier (Univ.)	8	30	:	34
65		456	Warren Miller	Waterloo (Univ.)	12	30	:	37
66		413	Hernan Bancalari	Toronto (Univ.)	11	31	:	1
67	41	494	Ian Boyce	Trent (Univ.)	4	31	:	8
68	42	451	Ken Griffen	Waterloo (Alumni)	5	31	:	15
69		457	Colin Tweddle	Waterloo (Univ.)	13	31	:	27
70	43	437	John Carson	Waterloo (Alumni)	6	31	:	41
71		473	Peter Keen	Wilfred Laurier (Univ.)	9	31	:	53
72	44	444	Ryan Chalton	York (Univ.)	5	32	:	6
73		458	Ross Burns	Waterloo (Univ.)	14	32	:	41
74		460	Kenneth Wu	Waterloo (Univ.)	15	32	:	44
75	45	436	Andrew Kruckner	Waterloo (Alumni)	7	32	:	54
76		459	Matthew Austin	Waterloo (Univ.)	16	32	:	57
77		498	Chris Torresano	Waterloo (Univ.)	17	32	:	59
78		499	Weuhan Liu	Waterloo (Univ.)	18	33	:	20
79		438	Nick Cipp	Waterloo (Alumni)	8	34	:	3

80	46	492	Johnathan	Conestoga College	4	34	:	35
81		483	Jonathon Gascho	Wilfred Laurier (Univ.)	10	34	:	35
82	47	404	Chris Rankin	Conestoga College	5	34	:	40
83	48	495	Francis Dobri	Trent (Univ.)	5	35	:	30
84		463	Jason Gordon	Waterloo (Univ.)	19	35	:	38
85		482	Spencer Ingram	Wilfred Laurier (Univ.)	11	35	:	58
86	49	403	Matt Campbell	Conestoga College	6	36	:	31

2009 Don Mills Cross Country Open
University of Waterloo
Women's 4km

Team Results

Place	Team	Score
1	University of Toronto	25
2	University of Waterloo	46
3	York University	68
4	Wilfrid Laurier University	97

Individual Results

Overall Place	Scoring Place	Bib	Name	Team	Rank on Team	Min	:	Sec
1	1	329	Erin McClure	Toronto (Univ.)	1	14	:	29.27
2	2	332	Sasha Gollish	Toronto (Univ.)	2	14	:	45
3		313	Jaimie Phelan	Laurel Creek Track and Field Club	1	15	:	20
4		325	Kaitlin Coopman	York University Track Club	1	15	:	25
5	3	322	Kathryn Pistor	York (Univ.)	1	15	:	41
6		312	Taylor Martin	Cambridge Harriers	1	15	:	48
7	4	333	Alex DiGiacomo	Toronto (Univ.)	3	15	:	53
8	5	363	Kelly-Lynne Spettigue	Waterloo (Univ.)	1	15	:	56
9		365	Stephaney Hay	London Distance Running Club	1	15	:	57
10		327	Erica Jacobs	University of Toronto Track Club	1	16	:	5
11	6	319	Carol Graham	York (Univ.)	2	16	:	7
12	7	344	Monika Bolejszo	Waterloo (Univ.)	2	16	:	12
13		328	Julia Brugger	University of Toronto Track Club	2	16	:	14
14	8	334	Brenda Colley	Toronto (Univ.)	4	16	:	24
15	9	337	Leslie Gray	Waterloo (Univ.)	3	16	:	24
16	10	335	Charlotte Aust	Toronto (Univ.)	5	16	:	29
17	11	330	Paulina Maher	Toronto (Univ.)	6	16	:	29
18	12	350	Megan Hill	Waterloo (Univ.)	4	16	:	34
19	13	348	Claire Lobsinger	Waterloo (Univ.)	5	16	:	36
20	14	318	Nicole Francki	York (Univ.)	3	16	:	39
21	15	345	Steph Hinton	Waterloo (Univ.)	6	16	:	42
22	16	346	Bile Anderson	Waterloo (Univ.)	7	16	:	53
23	17	352	Catherine Sukkau	Wilfred Laurier (Univ.)	1	16	:	55
24		338	Emily Brown	Waterloo (Univ.)	8	16	:	56
25		364	Karen Holland	Unattached		17	:	0
26	18	355	Jennifer Laughton	Wilfred Laurier (Univ.)	2	17	:	4
27	19	351	Kristin Avery	Wilfred Laurier (Univ.)	3	17	:	13
28		347	Brittany Baechler	Waterloo (Univ.)	9	17	:	19
29	20	324	Karoline Vanderputt	York (Univ.)	4	17	:	23
30		362	Leanne Stuive	Waterloo (Univ.)	10	17	:	32
31		360	Jenna Holz	Waterloo (Univ.)	11	17	:	37
32		366	Carrie Vanhie	Trent (Univ.)	1	17	:	38
33	21	353	Courtney Brohart	Wilfred Laurier (Univ.)	4	17	:	42
34	22	354	Keegan Castrillo	Wilfred Laurier (Univ.)	5	17	:	51

35	23	356	Emily Ford	Wilfred Laurier (Univ.)	6	18:	4
36		359	Joanna Berg	Waterloo (Alumni)	1	18:	10
37	24	357	Jennifer Prenger	Wilfred Laurier (Univ.)	7	18:	14
38	25	323	Piticco Cristina	York (Univ.)	5	18:	21
39		341	Alison Stephenson	Waterloo (Univ.)	12	18:	47
40		369	Alex Asavedos	Trent (Univ.)	2	19:	12
41		361	Amanda Murdoch	Waterloo (Univ.)	13	19:	13
42		367	Jenn LeRoy	Trent (Univ.)	3	19:	51
43		358	Erin Krupe	Wilfred Laurier (Univ.)	8	20:	34
44		368	Monica Farlowe	Trent (Univ.)	4	21:	17
45		336	Katie Tammas	Conestoga College	1	22:	19