

**OFSAA - SOSSA Region Meet  
Ontario Relay - 04/04/04  
Alcomers Track andField meet  
Variety Village  
Results**

Event 1 Women 50 Meter Dash Senior Women

Name	Age	Team	Finals
Ontario: 1	5.78	29/01/88 Canada	

Finals

1	Bosiako, Juliet	84 York U TC	6.62
2	Lyte, Danielle	90 Oakville TF	6.89
3	Ruediger, Kate	87 Oakville TF	7.00
4	Rodrique, Maureen	63 Unattached	7.12
5	Sterling, Bianca	89 Brampton TC	7.17

Event 1 Women 50 Meter Dash Senior Women

5 Advance: Top 1 Each Heat plus Next 2 Best Times

Name	Age	Team	Prelims	H#
Ontario: 1	5.78	29/01/88 Canada		

Preliminaries

1	Bosiako, Juliet	84 York U TC	6.61Q	1
2	Ruediger, Kate	87 Oakville TF	7.01Q	3
3	Lyte, Danielle	90 Oakville TF	7.08Q	2
4	Sterling, Bianca	89 Brampton TC	7.12q	3
4	Rodrique, Maureen	63 Unattached	7.12q	1
6	Sherwin, Grace	89 St. Thomas	7.21	1
7	del Grande, Karla	53 Eto Husk	7.25	2
8	Grieve, Lisa	88 St. Thomas	7.46	2
9	Pilc, Rachel	90 York U TC	7.55	3
9	McCurdy, Justine	91 St. Thomas	7.55	2
11	Petroskis, Paige	88 St. Thomas	7.58	1
12	Antwi, Christine	86 York U TC	8.03	3
--	Marrin, Kaitliin	91 Oakville TF	NT	1

Event 2 Men 50 Meter Dash Senior Men

Name	Age	Team	Finals
Ontario: 1	5.56	09/02/96 Canada	

Finals

1	Awesu, Ahmed	84 York U TC	6.01
2	Ogunde, Oluwole	84 York U TC	6.06
3	Hamilton, Jomo	Oakville TF	J6.06
4	Kirkpatrick, Josh	87 St. Thomas	6.27
5	Hasan, Samir	84 Hamilton OC	6.31

Event 2 Men 50 Meter Dash Senior Men

5 Advance: Top 1 Each Heat plus Next 1 Best Times

Name	Age	Team	Prelims	H#
Ontario: 1	5.56	09/02/96 Canada		

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Preliminaries

1	Awesu, Ahmed	84	York U TC	6.01Q	1
2	Hamilton, Jomo		Oakville TF	6.10Q	3
3	Ogunde, Oluwole	84	York U TC	6.11Q	4
4	Kirkpatrick, Josh	87	St. Thomas	6.29Q	2
5	Hasan, Samir	84	Hamilton OC	6.31q	1
6	Ryder, Jamie	87	St. Thomas	6.38	2
7	Shetler, Kevin	89	York Flyers	6.47	2
7	Stiver-Balla, Mat	84	U OF T	6.47	3
9	Gibbs, Derek		North York	6.51	4
10	Taffe, Ryan	89	York U TC	6.58	3
11	Velichko, Dima	84	Unattached	6.59	1
12	Au, Jason	80	Unattached	6.61	1
13	Korolev, Igor		Unattached	6.70	4
13	Kowalsky, Bryan	88	Brantford T	6.70	3
15	Roboack, Jerry	88	York Flyers	6.78	2
16	Westcott, Eric	89	Neil TF	6.86	4
17	Mann, Shaun	91	Oakville TF	8.01	3
--	Fraser, Kevin	88	St. Thomas	NT	1
--	Warner, Justin		Phoenix	NT	2
--	Shim, Stephen	89	York U TC	NT	4

Event 3 Women 400 Meter Dash Senior Women

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Ontario: 1 52.40 26/02/89 Top Form

Name	Age	Team	Finals	H#	Points
1	Ruediger, Kate	87	Oakville TF	1:01.91	1
2	Bray, Christie	86	SS Dufferin	1:02.61	1
3	del Grande, Karla	53	Eto Husk	1:03.20	1
4	Neziroski, Danielle	90	Oakville TF	1:04.36	2
5	Lyte, Danielle	90	Oakville TF	1:05.86	1
6	Ruediger, Alexandra	88	Oakville TF	1:06.30	2
7	Rodrigue, Claudia		Unattached	1:08.77	2
8	Partlow, Catherine	83	Unattached	1:12.55	2

Event 4 Men 400 Meter Dash Senior Men

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Ontario: 1 47.03 14/03/93 Canada

Name	Age	Team	Finals	H#	Points
1	Kelly, Jeff	84	Jacan	52.77	1
2	Stiver-Balla, Mat	84	U OF T	54.83	1
3	Ellis, Trevor		Phoenix	58.79	1
4	Westcott, Eric	89	Neil TF	58.94	2
5	Brunett, Scott	88	Neil TF	1:00.10	2
6	Au, Jason	80	Unattached	1:00.63	3
7	Renelique, Eddie	63	Oakville TF	1:00.95	3
8	Hamilton, Andre		Phoenix	1:03.62	1
9	Assensa, Joe	87	Neil TF	1:05.90	3
--	Swan, Sam	86	SS Dufferin	DNF	1

Event 5 Women 800 Meter Dash Senior Women

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Ontario: 1 2:04.40 01/02/75 Guelph TC

Name	Age	Team	Finals
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1	Phelan, Barb	86	Niagara OC	2:33.20
2	Pauls, Caitlin	86	Niagara OC	2:36.51
3	Devries, Laura	91	SS Dufferin	2:45.54

Event 6 Men 800 Meter Dash Senior Men

Ontario: 1 1:47.61 13/03/04 University of Michigan				
Name	Age	Team	Finals	H#
1	Scull, Jeff	85	Niagara OC	2:00.56 1
2	Anderson, Travis	76	Brantford T	2:00.58 1
3	Serre, Tim	86	Niagara OC	2:07.06 1
4	Jackman, Mike	87	Neil TF	2:28.00 1
5	Kennedy, Andrew	88	Neil TF	2:33.49 1
6	Hunt, Jonathan	91	SS Dufferin	2:36.78 2
7	Savard, Gabe	88	Neil TF	2:41.40 2
8	Smith, Nicholas	93	York Olymp	2:42.69 2

Event 7 Women 1500 Meter Run Senior Women

Ontario: 1 4:09.28 05/03/04 Canada				Finals
Name	Age	Team	Finals	
1	Comstock, Ashley	86	SS Dufferin	4:59.06
2	Phelan, Barb	86	Niagara OC	5:10.91
3	Cushnie, Amber	87	Oshawa Legi	5:11.15
4	Davidson, Talia	89	Pete Legion	5:13.62
5	Ross, Ellen	89	SS Dufferin	5:14.09
6	Dayus, Mellisa	88	SS Dufferin	5:14.12
7	Turner, Natalie	87	SS Dufferin	5:19.28
8	Barlett, Laura	87	Oakville TF	5:22.53
9	Devries, Evelyn	88	SS Dufferin	5:24.09
10	Devries, Laura	91	SS Dufferin	5:30.06
11	Maher, Paulina	91	Oakville TF	5:33.42
12	Small, Jackie	87	SS Dufferin	5:34.10
13	Jarvis, Ailey	92	Oakville TF	5:41.51
14	Prajza, Joanna	92	Hamilton OC	5:43.97
--	Lemus, Andrea	86	Hamilton OC	NT
--	Small, Lara	86	SS Dufferin	NT
--	Sparkes, Liliane	85	Oshawa Legi	NT

Event 8 Men 1500 Meter Run Senior Men

Ontario: 1 3:38.73 01/03/86 Univerity of Arkansas				Finals
Name	Age	Team	Finals	
1	Scull, Jeff	85	Niagara OC	4:02.42
2	McQuade, Tom	83	SS Dufferin	4:04.25
3	Serre, Tim	86	Niagara OC	4:09.26
4	Snider, Derek	85	Pete Legion	4:11.05
5	Thompson, Jared	85	Hamilton OC	4:14.75
6	Friel, Vince	62	SS Dufferin	4:15.58
7	Mallette, Mike	86	Burlington	4:21.52
8	Cook, Patrick	85	Hamilton OC	4:21.58
9	Johnson, Scott	88	SS Dufferin	4:23.21
10	Hunt, Steve	86	SS Dufferin	4:27.51

11 Hassan, Adam	83 SS Dufferin	4:31.56
12 Herbert, Craig	86 SS Dufferin	4:32.68
13 Boshucky, Michael	85 Oshawa Legi	4:33.40
14 Macdonald, Alex	84 Oshawa Legi	4:37.81
15 Flynn, Brad	85 SS Dufferin	4:38.32
16 Vilim, Thomas	Unattached	4:39.07
17 Byrne, Louis	71 Toc	4:44.95
18 Winfield, Jon	88 SS Dufferin	4:48.76
19 Dyck, Wesley	89 Mark TC	4:57.15
20 Steel, Phil	56 Hamilton OC	5:00.93
21 Hunt, Jonathan	91 SS Dufferin	5:19.51
22 Johnston, Richard	88 Mark TC	5:38.70
-- Borek, Nick	85 Pete Legion	NT
-- Romanor, Oleg	85 Pete Legion	NT
-- Gibbs, Derek	North York	NT
-- Bricks, Devin	90 Oshawa Legi	NT
-- Voumvakis, Mike	89 Mark TC	NT
-- Barr, Jeff	84 Hamilton OC	NT
-- Sayers, Trent	90 Oshawa Legi	NT

Event 9 Women Long Jump Senior Women

Ontario: 1 6.51m 09/03/01 Rice University			
Name	Age	Team	Finals
1 Iwundu, Edith	84	York U TC	5.42m
2 Sherwin, Grace	89	St. Thomas	4.68m
3 Grieve, Lisa	88	St. Thomas	4.37m
-- McCurdy, Justine	91	St. Thomas	ND

Event 10 Men Long Jump Senior Men

Ontario: 1 7.86m 08/03/96 University of Texas			
Name	Age	Team	Finals
1 Hasan, Samir	84	Hamilton OC	6.44m
2 Shetler, Kevin	89	York Flyers	5.92m
3 Roboack, Jerry	88	York Flyers	5.12m
-- Edwards, Andrew	82	Brampton TC	ND
-- John, Noah	86	St. Thomas	ND

Event 11 Girls 4x200 Meter Relay Bantam Girls

Ontario: 1 1:45.52 04/12/98 Oshawa Legion			
Team			Finals Points
1 Etobicoke Huskies 'A'			2:07.94

Event 12 Boys 4x200 Meter Relay Bantam Boys

Ontario: 1 1:45.02 05/12/97 North York TC			
Team			Finals Points
1 Windsor Legion T& F 'A'			2:03.17

Event 13 Girls 4x200 Meter Relay Midget Girls

Ontario: 1 1:45.52 04/12/98 Oshawa Legion  
Team Finals Points

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1	Oakville T and F 'A'	1:56.86
2	Niagara Olympic Club 'A'	1:59.41
3	Guelph Track and Field C 'A'	2:04.36
4	Hamilton Olympic Club 'A'	2:10.68

Event 14 Boys 4x200 Meter Relay Midget Boys

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Ontario: 1 1:35.60 04/12/98 Mississauga TC  
Team Finals Points

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1	I Be Fast 'A'	1:45.00
2	Niagara Olympic Club 'A'	1:48.07

Event 15 Girls 4x200 Meter Relay Juvenile Girls

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Ontario: 1 1:43.66 02/02/97 University of Toronto  
Team Finals H# Points

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1	Mississauga T and F 'A'	1:45.79	1
2	Etobicoke Gladstone 'A'	1:46.25	1
3	I Be Fast 'A'	1:46.80	2
4	Phoenix Track and Field 'A'	1:51.09	2
5	St. Thomas Legion 'A'	1:53.46	2
6	Hamilton Olympic Club 'A'	1:53.70	1
7	Niagara Olympic Club 'A'	1:56.70	2
8	Guelph Track and Field C 'A'	1:58.63	1

Event 16 Boys 4x200 Meter Relay Juvenile Boys

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Ontario: 1 1:31.32 05/12/03 Mississauga TC  
Team Finals H# Points

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1	St. Thomas Legion 'A'	1:34.55	1
2	Phoenix Track and Field 'A'	1:36.96	2
3	York University T & F 'A'	1:41.71	1
4	Hamilton Olympic Club 'A'	1:47.08	1

Event 17 Girls 4x200 Meter Relay Junior Girls

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Ontario: 1 1:42.30 01/02/97 University of Toronto  
Team Finals H# Points

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1	Brampton Track Club 'A'	1:43.97	2
2	Westview Legends 'A'	1:45.28	1
3	Guelph Track and Field C 'A'	1:47.55	1
4	Hamilton Olympic Club 'A'	1:56.21	2
5	York University T & F 'A'	2:04.35	1
--	York Flyers 'A'	DQ	2

Event 18 Boys 4x200 Meter Relay Junior Boys

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Ontario: 1 1:28.58 06/02/94 Etobicoke Huskies  
Team Finals Points

1	Mississauga T and F	'A'	1:32.57
2	Phoenix Track and Field	'A'	1:34.03
3	Guelph Track and Field C	'A'	1:38.31
4	South Simcoe Dufferin	'A'	1:40.48

Event 19 Girls 4x200 Meter Relay Senior Women

Ontario: 1 1:39.70 04/03/78 Ontario Composite Team			
Team		Finals	Points
1	North York Track and Fiel	'A'	1:44.93
2	Mississauga T and F	'A'	1:47.41
3	York University T & F	'A'	1:47.42

Event 20 Boys 4x200 Meter Relay Senior Men

Ontario: 1 1:27.70 04/03/78 Ontario Composite Team			
Team		Finals	H# Points
1	Phoenix Track and Field	'A'	1:32.44 1
2	Mississauga T and F	'A'	1:32.56 1
3	Jacan	'A'	1:33.08 2
4	York University T & F	'A'	1:34.07 1
5	St. Thomas Legion	'A'	1:35.53 2

Event 22 Boys 4x400 Meter Relay Bantam Boys

Ontario: 1 4:07.17 04/02/96 Oshawa Legion			
Team		Finals	Points
1	Windsor Legion T& F	'A'	4:35.58

Event 23 Girls 4x400 Meter Relay Midget Girls

Ontario: 1 4:17.27 09/02/03 Windsor Legion			
Team		Finals	Points
1	Laural Creek	'A'	4:11.071
2	York Region Olympic Club	'A'	4:25.55
3	Guelph Track and Field C	'A'	4:51.02

Event 25 Girls 4x400 Meter Relay Juvenile Girls

Ontario: 1 4:08.00 11/02/89 Oshawa Legion			
Team		Finals	Points
1	Phoenix Track and Field	'A'	4:01.191
2	Mississauga T and F	'A'	4:04.361
3	Markham Track Club	'A'	4:24.77

Event 26 Boys 4x400 Meter Relay Juvenile Boys

Ontario: 1 3:26.83 13/12/03 Mississauga TC			
Team		Finals	Points
1	Phoenix Track and Field	'A'	3:37.80
2	Hamilton Olympic Club	'A'	3:56.32

Event 27 Girls 4x400 Meter Relay Junior Girls

Ontario: 1 3:57.01 08/02/98 University of Toronto			
Team		Finals	H# Points
1 Guelph Track and Field C 'A'		4:04.52	1
2 Westview Legends 'A'		4:06.05	2
3 York Flyers 'A'		4:09.60	1
4 Hamilton Olympic Club 'A'		4:19.84	1
5 York Region Olympic Club 'A'		4:44.69	2

Event 28 Boys 4x400 Meter Relay Junior Boys

Ontario: 1 3:23.38 06/02/94 Kitchener/Waterloo TC			
Team		Finals	Points
1 Phoenix Track and Field 'A'		3:26.72	
2 Mississauga T and F 'A'		3:29.07	

Event 29 Girls 4x400 Meter Relay Senior Women

Ontario: 1 3:44.21 25/01/97 University of Toronto			
Team		Finals	Points
1 Mississauga T and F 'A'		4:24.48	
2 York University T & F 'A'		4:43.10	
-- Mississauga T and F 'B'		NT	

Event 30 Boys 4x400 Meter Relay Senior Men

Ontario: 1 3:18.00 06/03/64 East York TC			
Team		Finals	H# Points
1 St. Thomas Legion 'B'		3:30.10	2
2 Mississauga T and F 'A'		3:33.23	2
3 Jacan 'A'		3:33.41	1
4 York University T & F 'A'		3:55.17	2
-- St. Thomas Legion 'A'		NT	1
-- Phoenix Track and Field 'A'		DQ	1

Event 32 Boys 4x800 Meter Relay Bantam Boys

Ontario: 1 10:28.18 02/04/96 Oshawa Legion			
Team		Finals	Points
1 Windsor Legion T& F 'A'		10:43.07	

Event 33 Girls 4x800 Meter Relay Midget Girls

Ontario: 1 10:12.80 14/01/00 Sarnia Athletics			
Team		Finals	Points
1 Niagara Olympic Club 'A'		10:05.401	
2 Hamilton Olympic Club 'A'		10:30.32	

Event 34 Boys 4x800 Meter Relay Midget Boys

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Ontario: 1 9:18.50 20/02/97 Hamilton Olympic
Team                               Finals Points
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1 Niagara Olympic Club 'A'          9:08.951

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Event 35 Girls 4x800 Meter Relay Juvenile Girls

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Ontario: 1 9:29.33 05/02/95 Hamilton Olympic
Team                               Finals Points
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1 Phoenix Track and Field 'A'      9:49.04
2 South Simcoe Dufferin 'A'       10:28.17
3 Markham Track Club 'A'          10:39.02
4 Niagara Olympic Club 'A'        10:39.48

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Event 36 Boys 4x800 Meter Relay Juvenile Boys

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Ontario: 1 8:07.28 14/12/86 Athletic Bramalea
Team                               Finals Points
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1 Hamilton Olympic Club 'B'        8:43.61
2 Mississauga T and F 'A'          8:43.64
3 Brantford T and F 'A'           8:47.94
4 Hamilton Olympic Club 'A'       10:00.53

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Event 37 Girls 4x800 Meter Relay Junior Girls

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Ontario: 1 9:19.11 07/02/93 Toronto Olympic
Team                               Finals Points
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1 Toronto Olympic Club 'A'         9:50.64
2 Brantford T and F 'A'           10:31.02

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Event 38 Boys 4x800 Meter Relay Junior Boys

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Ontario: 1 7:44.77 11/02/01 Phoenix TC
Team                               Finals Points
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1 Markham Track Club 'A'           8:25.57
2 South Simcoe Dufferin 'A'       8:58.71
-- Toronto Olympic Club 'A'       NT

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Event 40 Boys 4x800 Meter Relay Senior Men

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Ontario: 1 7:24.50 04/03/79 Ontario Selects
Team                               Finals Points
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1 South Simcoe Dufferin 'A'        8:25.43
2 York University T & F 'A'       8:37.65

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Event 41 Girls 1600 Sprint Medley Bantam Girls

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Ontario: 1 4:22.43 04/12/98 Oshawa Legion
Team                               Finals Points
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1 Etobicoke Huskies 'A'           5:10.76

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Event 42 Boys 1600 Sprint Medley Bantam Boys

Ontario: Team	1	4:14.39	02/12/00	Oshawa Legion	Finals	Points
1 Windsor Legion T& F 'A'					4:47.07	

Event 43 Girls 1600 Sprint Medley Midget Girls

Ontario: Team	1	4:19.66	02/12/89	Mississauga TC	Finals	H#	Points
1 Laural Creek 'A'					4:20.77	2	
2 Niagara Olympic Club 'A'					4:30.86	2	
3 York Region Olympic Club 'A'					4:34.24	1	
4 Hamilton Olympic Club 'A'					4:40.26	1	
5 Oakville T and F 'A'					4:51.29	1	
6 I Be Fast 'A'					4:55.15	2	
7 Guelph Track and Field C 'A'					5:15.62	1	

Event 44 Boys 1600 Sprint Medley Midget Boys

Ontario: Team	1	3:51.20	07/12/02	XL's	Finals	Points
1 Niagara Olympic Club 'A'					4:23.47	
2 Hamilton Olympic Club 'A'					4:29.00	

Event 45 Girls 1600 Sprint Medley Juvenile Girls

Ontario: Team	1	4:16.46	03/12/94	Markham TC	Finals	H#	Points
1 Phoenix Track and Field 'A'					4:14.911	1	
2 Mississauga T and F 'A'					4:15.931	2	
3 Niagara Olympic Club 'A'					4:35.73	1	
4 Oakville T and F 'A'					4:42.44	2	
5 Guelph Track and Field C 'A'					5:04.38	1	

Event 46 Boys 1600 Sprint Medley Juvenile Boys

Ontario: Team	1	3:40.77	07/12/96	Mississauga TC	Finals	H#	Points
1 Phoenix Track and Field 'A'					3:42.89	1	
2 South Simcoe Dufferin 'A'					3:56.40	2	
3 York University T & F 'A'					3:57.88	2	
4 Hamilton Olympic Club 'A'					4:02.53	1	
5 Mississauga T and F 'A'					4:10.06	1	
6 Laural Creek 'A'					4:11.00	2	

Event 47 Girls 1600 Sprint Medley Junior Girls

Ontario: Team	1	4:15.19	05/02/95	Hamilton Olympic	Finals	Points

1	Guelph Track and Field C	'A'	4:19.78
2	South Simcoe Dufferin	'A'	4:32.54
3	Phoenix Track and Field	'A'	4:45.71

Event 48 Boys 1600 Sprint Medley Junior Boys

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	Ontario: 1	3:36.56	11/12/01
Team		Mississauga TC	
			Finals Points
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1	Phoenix Track and Field	'A'	3:41.34
2	Mississauga T and F	'A'	3:44.52

Event 49 Girls 1600 Sprint Medley Senior Women

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	Ontario: 1	3:56.24	03/02/91
Team		York University TC	
			Finals Points
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1	York University T & F	'A'	4:47.48
2	York Region Olympic Club	'A'	4:56.80

Event 50 Boys 1600 Sprint Medley Senior Men

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	Ontario: 1	3:27.00	22/03/75
Team		University of Toronto	
			Finals Points
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1	Phoenix Track and Field	'A'	3:41.76
2	York University T & F	'A'	3:42.15
3	Hamilton Olympic Club	'A'	3:50.18