

**2003 Top 3 Qualifier and 10,000m Championship**  
**Ontario Track and Field Association**  
**Toronto Track and Field Centre - 2003.06.14 to 2003.06.15**  
**Results / Resultats**

**Event / Epreuve 1 Women / Femmes 100 Metre Junior**

Name / Nom	Yr/An	Team / Équipe	Prelims	Wind	H#
Preliminaries					
1 1118 TRUSTY, RHONDA-KAY	88	BRAMPTON TRACK CLUB	12.28q	+0.0	1
2 1059 MUIR, CARLINE	87	GLADSTONE AC	12.29q	+0.0	1
3 951 CHARLES, TABIA	85	WESTVIEWS LEGENDS	12.36q	-2.0	2
4 1071 PENCIL, SHERRAINE	85	WESTVIEWS LEGENDS	12.48q	-2.0	2
5 955 CLARKE, MEGAN	85	WESTVIEWS LEGENDS	12.53q	-1.4	3
6 1072 PERRYMAN, MELISSA	85	OSHAWA LEGIO	12.66q	+0.0	1
7 994 HAMILTON, KIMESHA	86	GUELPH TRACK	12.79q	-1.4	3
8 1101 SMITHAM, LEAH	87	WINDSOR LEGION TC	12.94q	-1.4	3
9 990 GOODEN, KIMIKO	86	BRAMPTON TRACK CLUB	12.97	+0.0	1
10 918 ANDERSON, LATOYA	86	WESTVIEWS LEGENDS	13.12	+0.0	1
11 1032 LEWIS, JAMIE	84	SAUGEEN T & F CLUB	13.15	-2.0	2
12 1008 JAMES, KATRONA	85	MISSISSAUGA	13.22	-2.0	2
13 1109 STERLING, BIANCA	89	BRAMPTON TRACK CLUB	13.35	-2.0	2
14 1041 MACDERMID, SHASTA	88	LONDON WESTE	13.48	-1.4	3
15 1002 HOLDER, SIMONE	88	GLADSTONE AC	13.49	-1.4	3
16 1095 SHERWIN, GRACE	89	ST THOMAS LE	13.50	-2.0	2
17 921 AQUILINA, SARAH	87	GLADSTONE AC	13.91	-1.4	3
18 1061 MUSCAT, MEGAN	85	LONDON WESTE	17.01	-2.0	2
-- 932 BETHUNE, ADRIENNE	89	OAKVILLE LEG	FS	+0.0	1

**Event / Epreuve 1 Women / Femmes 100 Metre Junior**

Name / Nom	Yr/An	Team / Équipe	Finals	Wind
Finals				
1 951 CHARLES, TABIA	85	WESTVIEWS LEGENDS	12.00	0.9
2 955 CLARKE, MEGAN	85	WESTVIEWS LEGENDS	12.05	0.9
3 1059 MUIR, CARLINE	87	GLADSTONE AC	12.12	0.9
4 1071 PENCIL, SHERRAINE	85	WESTVIEWS LEGENDS	12.19	0.9
5 1072 PERRYMAN, MELISSA	85	OSHAWA LEGIO	12.54	0.9
6 1101 SMITHAM, LEAH	87	WINDSOR LEGION TC	12.64	0.9
7 994 HAMILTON, KIMESHA	86	GUELPH TRACK	12.72	0.9

**Event / Epreuve 2 Women / Femmes 100 Metre Senior / Open**

Name / Nom	Yr/An	Team / Équipe	Prelims	Wind	H#
Preliminaries					
1 1036 LOPES, PRISCILLA	82	CENTRAL PICK	11.71q	-0.4	3
2 1007 JAMES, ASHA	79	MISSISSAUGA	11.93q	+0.0	2
3 997 *HARRISON, TOMIKKA	75	UNATTACHED	12.02q	-0.4	3
4 948 CARRINGTON, DANIEL	80	U TORONTO	12.07q	-1.1	1
5 1067 OYEWUMI, LAMI		U TORONTO	12.15q	+0.0	2
6 1127 VERNON, CHANTELE	83	UNATTACHED	12.22q	-1.1	1
6 1034 LOCHHEAD, LINDSAY	74	MISSISSAUGA	12.22q	-1.1	1
8 915 ADU-GUAMFI, JOCELY		U TORONTO	12.31q	+0.0	2
9 924 AYIPPEY, MAVIS	76	GLADSTONE AC	12.44	-0.4	3
10 1039 LUCAS, SHERIESE	83	CENTRAL PICK	12.58	-1.1	1
11 941 BROOMFIELD, ERICA	77	MISSISSAUGA	12.60	-1.1	1
12 1019 JOSEPHS, NATOSCA	83	NORTH YORK TFC	12.75	-0.4	3
13 1026 KULUSKI, KERRY	79	THUNDER BAY	13.09	+0.0	2

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14	925	BAILEY, ANTONETTE		UNATTACHED	13.11	+0.0	2
15	1108	STEPHENS, HENRIA	80	UNATTACHED	13.32	-0.4	3
16	1025	KUCZALSKA, HGNIESZ	67	GLADSTONE AC	13.85	-1.1	1

**Event / Epreuve 2 Women / Femmes 100 Metre Senior / Open**

=====							
Name / Nom		Yr/An	Team / Équipe		Finals	Wind	
=====							
Finals							
1	1036	LOPES, PRISCILLA	82	CENTRAL PICK	11.69	1.0	
2	1007	JAMES, ASHA	79	MISSISSAUGA	11.70	1.0	
3	1034	LOCHHEAD, LINDSAY	74	MISSISSAUGA	11.87	1.0	
4	997	*HARRISON, TOMIKKA	75	UNATTACHED	11.88	1.0	
5	948	CARRINGTON, DANIEL	80	U TORONTO	11.93	1.0	
6	1067	OYEWUMI, LAMI		U TORONTO	12.01	1.0	
7	915	ADU-GUAMFI, JOCELY		U TORONTO	12.07	1.0	

**Event / Epreuve 3 Men / Hommes 100 Metre Junior**

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Name / Nom		Yr/An	Team / Équipe		Prelims	Wind	H#
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Preliminaries							
1	9145	HYMAN, MICHAEL	84	MISSISSAUGA	10.96q	0.2	4
2	9203	MCLENAN, JUSTIN	84	MISSISSAUGA	11.13q	-1.9	1
3	9266	SEMENOWICZ, MARTIN	84	LONDON WESTE	11.20q	-1.0	3
4	9120	GENTLES, ROMESH	85	MISSISSAUGA	11.31q	-1.0	3
5	9240	PYPER, TODD	87	OTTAWA LIONS TFC	11.36q	-1.9	2
6	9281	SREBLOWSKI, MYLES	84	OTTAWA LIONS TFC	11.37q	0.2	4
7	9311	WOODLEY, KEVIN	85	CENTRAL PICK	11.40q	-1.9	1
8	9028	BERKO, JULIAN		UNATTACHED	11.49q	0.2	4
9	9057	CASTELLO, JEREMY	84	BRAMPTON TRACK CLUB	11.49	0.2	4
10	9129	HASAN, SAMIR	84	HAMILTON OLY	11.50	-1.9	2
11	9255	ROWE, THOMAS	85	WOODSTOCK LEGION AC	11.71	-1.9	2
12	9146	IRVING, SPENCER	84	QUINTE LEGION TC	11.74	-1.9	1
13	9237	POETKER, JUSTIN	85	KITCHENER-WA	11.87	-1.9	1
14	9308	WILLIAMS, KARLIE	85	BRAMPTON TRACK CLUB	11.89	-1.0	3
15	9086	DILLS, BRENDAN	88	GUELPH TRACK	11.96	-1.9	2
16	9112	FOUTRE, KRIS	86	WOODSTOCK LEGION AC	12.02	-1.0	3
17	9061	CHETIBI, NOURREDIN	86	OTTAWA LIONS TFC	12.04	-1.9	2
18	9010	ARMBRISTER, ANDRE	86	LONDON WESTE	12.08	-1.9	1
19	9004	AHLSTEDT, JOHN	85	NIAGARA OLYM	12.10	-1.0	3
20	9155	JOHNSON, ADAM	89	JACAN TRACK	12.14	-1.9	1
21	9301	WALE, MICHAEL	86	HAMILTON OLY	12.28	-1.9	1
22	9206	MENSAH, LOUIS	90	GLADSTONE AC	12.63	-1.0	3
23	9192	MARTIN, NICHOLAS	88	WOODSTOCK LEGION AC	13.08	-1.9	2

**Event / Epreuve 3 Men / Hommes 100 Metre Junior**

=====							
Name / Nom		Yr/An	Team / Équipe		Finals	Wind	
=====							
Finals							
1	9203	MCLENAN, JUSTIN	84	MISSISSAUGA	10.83	0.2	
2	9145	HYMAN, MICHAEL	84	MISSISSAUGA	10.86	0.2	
3	9266	SEMENOWICZ, MARTIN	84	LONDON WESTE	10.99	0.2	

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4	9240	PYPER, TODD	87	OTTAWA LIONS TFC	11.11	0.2
5	9120	GENTLES, ROMESH	85	MISSISSAUGA	11.17	0.2
6	9311	WOODLEY, KEVIN	85	CENTRAL PICK	11.31	0.2
7	9281	SREBLOWSKI, MYLES	84	OTTAWA LIONS TFC	11.38	0.2

**Event / Epreuve 4 Men / Hommes 100 Metre Senior / Open**

=====						
Name / Nom	Yr/An	Team / Équipe	Prelims	Wind	H#	
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Preliminaries						
1	9151	JAMES, MICHAEL	85	GLADSTONE AC	10.80q	+0.0 2
2	9169	KING, SHANNON	86	BRAMPTON TRACK CLUB	10.83q	-0.4 1
3	9313	WOODS, STEVEN	81	UNATTACHED	10.87q	-1.6 5
4	9117	GARBER, ANTHONY	83	POWER ATHLETICS	10.91q	0.6 4
5	9202	MCINNIS, LUKE		U TORONTO	10.93q	-0.4 1
5	9215	MITCHELL, FRANKLYN	82	JACAN TRACK	10.93q	+0.0 3
7	9114	FRASER, CURTIS	82	OTTAWA LIONS TFC	10.95q	-1.6 5
8	9148	JACKSON, MARLON	82	JACAN TRACK	11.00q	+0.0 3
9	9006	ALLEN, DESMOND	70	UNATTACHED	11.02	+0.0 2
10	9027	BELLE, DONNAVAN	71	UNATTACHED	11.04	-0.4 1
11	9094	DUNCAN, CARLTON	81	UNATTACHED	11.09	+0.0 3
12	9273	SISLEY, ANDREW		U TORONTO	11.19	+0.0 2
13	9018	BARBARIE, DANIEL	82	OTTAWA LIONS TFC	11.23	0.6 4
14	9327	HAMILTON, JOMO	80	OAKVILLE LEG	11.27	-0.4 1
15	9122	GIBBS, DEREK	77	UNATTACHED	11.29	+0.0 3
16	9222	NAPIER, DUANE	71	UNATTACHED	11.30	-1.6 5
17	9196	MCDOWELL, PIERRE-V	80	GLADSTONE AC	11.41	+0.0 3
18	9251	ROBINSON, JUSTIN	83	GLADSTONE AC	11.48	-1.6 5
19	9153	JEROME, LENNY	81	JACAN TRACK	11.62	-1.6 5
20	9022	BARRETT, RICHARD	77	UNATTACHED	11.71	-0.4 1
21	9181	LEE FOON, MICHAEL	61	ONTARIO MASTER	11.77	-1.6 5
22	9069	COX, WILTON	79	UNATTACHED	11.88	+0.0 2
23	9239	PTOLEMY, JARRITT	82	HAMILTON OLY	11.99	+0.0 2
24	9236	PIPPY, CHRIS	74	UNATTACHED	12.15	+0.0 2
25	9015	ATKINSON, TYLER	71	UNATTACHED	13.90	-1.6 5
--	9043	BROWN, KIRKLAND CU	72	UNATTACHED	FS	+0.0 3

**Event / Epreuve 4 Men / Hommes 100 Metre Senior / Open**

=====						
Name / Nom	Yr/An	Team / Équipe	Finals	Wind		
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Finals						
1	9114	FRASER, CURTIS	82	OTTAWA LIONS TFC	10.56	0.2
2	9313	WOODS, STEVEN	81	UNATTACHED	10.77	0.2
3	9169	KING, SHANNON	86	BRAMPTON TRACK CLUB	10.78	0.2
3	9151	JAMES, MICHAEL	85	GLADSTONE AC	10.78	0.2
5	9117	GARBER, ANTHONY	83	POWER ATHLETICS	10.81	0.2
6	9202	MCINNIS, LUKE		U TORONTO	10.82	0.2
7	9215	MITCHELL, FRANKLYN	82	JACAN TRACK	10.84	0.2
8	9148	JACKSON, MARLON	82	JACAN TRACK	11.03	0.2

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**Event / Epreuve 5 Women / Femmes 200 Metre**

Name / Nom	Yr/An	Team / Équipe	Finals	Wind	H#
1 1007 JAMES, ASHA	79	MISSISSAUGA	24.27	+0.0	1
2 1137 WILLIAMS, FOY	73	GLADSTONE AC	24.30	+0.0	1
2 1034 LOCHHEAD, LINDSAY	74	MISSISSAUGA	24.30	+0.0	1
4 997 *HARRISON, TOMIKKA	75	UNATTACHED	24.59	-0.5	2
5 1015 JOHNSON, EMILY	87	KITCHENER-WA	24.78	+0.0	1
6 1059 MUIR, CARLINE	87	GLADSTONE AC	24.79	-0.5	2
7 1056 MONROE, TASHA	81	POWER ATHLETICS	24.80	+0.0	1
8 1048 MAYERS, PATRICIA	85	OSHAWA LEGIO	24.81	+0.0	1
9 1071 PENCIL, SHERRAINE	85	WESTVIEWS LEGENDS	24.99	-0.5	2
10 942 BROWN, ALECIA	85	BRAMPTON TRACK CLUB	25.01	-0.5	2
11 937 BOODRAM, SHANNON	85	GLADSTONE AC	25.42	-0.1	3
12 1020 KATZ, SARAH	78	YORK U	25.49	-0.5	2
13 1072 PERRYMAN, MELISSA	85	OSHAWA LEGIO	25.52	-0.1	3
14 932 BETHUNE, ADRIENNE	89	OAKVILLE LEG	25.83	-0.1	4
15 1134 WHITTINGHAM, NATOY	85	MISSISSAUGA	25.85	-0.5	2
16 955 CLARKE, MEGAN	85	WESTVIEWS LEGENDS	25.86	+0.0	1
17 924 AYIPPEY, MAVIS	76	GLADSTONE AC	25.86	-0.1	4
18 1037 LOREE, HEATHER	83	WINDSOR LEGION TC	25.87	-0.1	3
19 950 CHARLES, GABRIELLE	85	BRAMPTON TRACK CLUB	25.90	+0.0	5
20 994 HAMILTON, KIMESHA	86	GUELPH TRACK	26.04	-0.1	3
21 1140 WOLFE, ZEDMALIA	83	JACAN TRACK	26.15	-0.1	3
22 1019 JOSEPHS, NATOSCA	83	NORTH YORK TFC	26.31	-0.1	3
23 1082 REIDEL, KATHERINE	86	GUELPH TRACK	26.33	-0.1	4
24 1126 VERBAKEL, BRITTANY	87	KITCHENER-WA	26.40	-0.1	3
25 989 GLOWACKA, ROSE	83	GUELPH TRACK	26.43	+0.0	5
26 988 GEORGE, PHYLICIA	87	WESTVIEWS LEGENDS	26.51	-0.1	4
27 1101 SMITHAM, LEAH	87	WINDSOR LEGION TC	26.52	-0.1	3
28 990 GOODEN, KIMIKO	86	BRAMPTON TRACK CLUB	26.58	0.4	6
29 917 ALLEN, ALEXANDRIA	88	YORK FLYERS	26.75	0.4	6
30 1104 SPELLER, ASHLEY	86	YORK FLYERS	26.76	+0.0	5
31 935 BISHOP, MELISSA	88	OTTAWA LIONS TFC	26.80	-0.1	4
32 1095 SHERWIN, GRACE	89	ST THOMAS LE	26.87	0.4	6
33 1092 RUEDIGER, KATE	87	OAKVILLE LEG	26.90	-0.1	4
34 1026 KULUSKI, KERRY	79	THUNDER BAY	26.90	-0.1	4
35 1081 REID, RENEE	88	PHOENIX ATHL	27.12	+0.0	5
36 925 BAILEY, ANTONETTE		UNATTACHED	27.12	0.4	6
37 1002 HOLDER, SIMONE	88	GLADSTONE AC	27.35	+0.0	5
38 1141 YURKIEWICH, NICOLE	87	GUELPH TRACK	27.37	+0.0	5
39 965 DEL GRANDE, KARLA	53	GLADSTONE AC	27.43	0.4	6
40 1035 LONDON, SHANICA	86	BRAMPTON TRACK CLUB	27.54	+0.0	7
41 1142 ZORZI, TAYLOR	87	GUELPH TRACK	27.62	0.4	6
42 923 ATWELL, ARIA	87	JACAN TRACK	27.88	0.4	6
43 921 AQUILINA, SARAH	87	GLADSTONE AC	28.23	+0.0	7
44 1014 JOHN, CHANTELLE	87	ST THOMAS LE	28.46	+0.0	7
45 931 BENEDICTA, CHERRY	86	ST THOMAS LE	28.86	+0.0	7
46 1061 MUSCAT, MEGAN	85	LONDON WESTE	36.05	+0.0	8

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**Event / Epreuve 6 Men / Hommes 200 Metre**

Name / Nom	Yr/An	Team / Équipe	Finals	Wind	H#
1 9300 VEGA PENSO, LUIS	73	U TORONTO	21.67	+0.0	1
2 9202 MCINNIS, LUKE		U TORONTO	21.76	+0.0	1
3 9151 JAMES, MICHAEL	85	GLADSTONE AC	22.00	+0.0	1
4 9266 SEMENOWICZ, MARTIN	84	LONDON WESTE	22.05	+0.0	1
5 9218 MORRISON, CORDELL	86	MISSISSAUGA	22.10	-0.5	2
6 9273 SISLEY, ANDREW		U TORONTO	22.27	+0.0	1
7 9148 JACKSON, MARLON	82	JACAN TRACK	22.31	-0.5	2
7 9293 THERRIEN, RYAN	83	OTTAWA LIONS TFC	22.31	-0.5	2
9 9060 CHAUVIN, PAUL	81	OTTAWA LIONS TFC	22.53	-1.6	5
10 9215 MITCHELL, FRANKLYN	82	JACAN TRACK	22.55	+0.0	1
11 9250 RIGBY, MARIO	85	HAMILTON OLY	22.57	-0.9	4
12 9257 SAMUEL, STANLEY	76	WESTVIEWS LEGENDS	22.62	-0.5	2
13 9094 DUNCAN, CARLTON	81	UNATTACHED	22.68	-0.5	3
14 9327 HAMILTON, JOMO	80	OAKVILLE LEG	22.75	-0.9	4
15 9018 BARBARIE, DANIEL	82	OTTAWA LIONS TFC	22.84	-0.9	4
16 9057 CASTELLO, JEREMY	84	BRAMPTON TRACK CLUB	22.85	-0.9	4
17 9281 SREBLOWSKI, MYLES	84	OTTAWA LIONS TFC	22.89	-1.6	5
18 9082 TIMOTHY, DERRELL	84	UNATTACHED	22.94	-0.6	6
19 9173 KOTYLAK, DAN	76	OTTAWA LIONS TFC	22.96	-1.6	5
19 9240 PYPYER, TODD	87	OTTAWA LIONS TFC	22.96	-0.9	4
21 9129 HASAN, SAMIR	84	HAMILTON OLY	22.96	-0.2	7
22 9122 GIBBS, DEREK	77	UNATTACHED	22.99	-0.2	7
23 9258 SAUNDERS, GARY	80	CENTRAL PICK	23.01	-1.6	5
24 9179 LAJEUNESSE, JEREMY	78	HAMILTON OLY	23.14	-0.2	7
25 9329 Arthur, Augustine	78	UNATTACHED	23.16	-0.5	2
26 9278 SMITH, SEYI	87	OTTAWA LIONS TFC	23.20	-0.5	3
27 9190 MARION, CHRIS	85	WINDSOR LEGION TC	23.21	-0.9	4
28 9146 IRVING, SPENCER	84	QUINTE LEGION TC	23.35	-0.2	7
29 9137 HILTS, BLAKE	85	KITCHENER-WA	23.36	-0.9	4
30 9044 BROWN, YUMAR	85	JACAN TRACK	23.38	-0.6	6
31 9255 ROWE, THOMAS	85	WOODSTOCK LEGION AC	23.38	-0.6	6
32 9181 LEE FOON, MICHAEL	61	ONTARIO MASTER	23.49	-0.2	7
33 9263 SCOTT, TONY	74	YORK REGION	23.52	-1.6	5
34 9038 BOUCAUD, ALEX	84	PHOENIX ATHL	23.52	-0.5	3
35 9010 ARMBRISTER, ANDRE	86	LONDON WESTE	23.56	-0.6	6
36 9237 POETKER, JUSTIN	85	KITCHENER-WA	23.59	-1.6	5
36 9113 FRANCIS, NIGEL	84	TORONTO OLYM	23.59	-2.3	8
38 9196 MCDOWELL, PIERRE-V	80	GLADSTONE AC	23.77	-0.6	6
39 9073 DAVIS, THOMAS J	87	ST THOMAS LE	23.99	-1.6	5
40 9112 FOUTRE, KRIS	86	WOODSTOCK LEGION AC	24.03	-2.3	8
41 9328 PARRIS, CHRISTOPHE	84	MISSISSAUGA	24.07	-0.6	6
42 9213 MILLS, SCOTT	87	NIAGARA REGI	24.12	-1.6	5
43 9308 WILLIAMS, KARLIE	85	BRAMPTON TRACK CLUB	24.26	-0.2	7
44 9239 PTOLEMY, JARRITT	82	HAMILTON OLY	24.46	-0.2	7
45 9155 JOHNSON, ADAM	89	JACAN TRACK	24.48	-2.0	9
46 9267 SEMENUK, CHRISTOPH	74	ST THOMAS LE	24.67	-2.3	8
47 9301 WALE, MICHAEL	86	HAMILTON OLY	24.70	-2.3	8
48 9108 FIELDS, MARC	87	JACAN TRACK	24.72	-2.3	8
49 9069 COX, WILTON	79	UNATTACHED	24.91	-0.6	6
50 9297 THOMSON, JAY	86	YORK FLYERS	25.17	-2.3	8
51 9051 CAMPBELL, JONATHAN	89	PHOENIX ATHL	25.23	-3.3	10
52 9206 MENSAH, LOUIS	90	GLADSTONE AC	25.34	-2.0	9

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53	9022	BARRETT, RICHARD	77	UNATTACHED	25.59	-2.3	8
54	9168	KELLY, JORDAN	89	JACAN TRACK	25.77	-3.3	10
55	9219	MULTANI, SUNDEEP	89	GLADSTONE AC	25.95	-3.3	10
56	9288	STEWARDSOON, ROBERT	86	ST THOMAS LE	25.96	-2.3	8
57	9032	BIALY, ADAM	85	NIAGARA OLYM	26.10	-2.0	9
58	9192	MARTIN, NICHOLAS	88	WOODSTOCK LEGION AC	26.92	-2.0	9
59	9172	KOLAJ, ADMIR	88	GLADSTONE AC	27.30	-2.0	9
--	9114	FRASER, CURTIS	82	OTTAWA LIONS TFC	DQ	+0.0	1

**Event / Epreuve 7 Women / Femmes 400 Metre**

Name / Nom	Yr/An	Team / Équipe	Finals	H#			
1	1137	WILLIAMS, FOY	73	GLADSTONE AC	53.82		1
2	1077	PLUMMER, CHARLOTTE	77	WESTVIEWS LEGENDS	55.58		1
3	942	BROWN, ALECIA	85	BRAMPTON TRACK CLUB	55.61		1
4	1020	KATZ, SARAH	78	YORK U	55.88		1
5	1048	MAYERS, PATRICIA	85	OSHAWA LEGIO	55.89		1
6	1031	LEWIS, BAILEY	86	OTTAWA LIONS TFC	56.20		1
7	937	BOODRAM, SHANNON	85	GLADSTONE AC	56.34		2
8	935	BISHOP, MELISSA	88	OTTAWA LIONS TFC	56.93		3
9	944	BUCHANAN, DANA	84	OTTAWA LIONS TFC	57.85		2
10	950	CHARLES, GABRIELLE	85	BRAMPTON TRACK CLUB	58.39		4
11	1082	REIDEL, KATHERINE	86	GUELPH TRACK	58.74		4
12	1104	SPELLER, ASHLEY	86	YORK FLYERS	59.69		2
13	1063	NORTH, MIRANDA	87	GUELPH TRACK	59.96		2
14	933	BICKLE, KATE	84	QUINTE LEGION TC	1:00.03		3
15	1092	RUEDIGER, KATE	87	OAKVILLE LEG	1:00.19		3
16	1126	VERBAKEL, BRITTANY	87	KITCHENER-WA	1:00.31		2
17	965	DEL GRANDE, KARLA	53	GLADSTONE AC	1:00.50		3
18	989	GLOWACKA, ROSE	83	GUELPH TRACK	1:01.24		3
19	943	BROWN, MELITTA	87	YORK FLYERS	1:01.72		4
20	1026	KULUSKI, KERRY	79	THUNDER BAY	1:01.80		2
21	996	HARRINGTON, KATLEY	87	WOODSTOCK LEGION AC	1:03.70		4
22	962	DANN, NICOLE	84	LONDON WESTE	1:04.27		3
23	931	BENEDICTA, CHERRY	86	ST THOMAS LE	1:06.45		4
24	1014	JOHN, CHANTELLE	87	ST THOMAS LE	1:08.67		3

**Event / Epreuve 8 Men / Hommes 400 Metre**

Name / Nom	Yr/An	Team / Équipe	Finals	H#			
1	9293	THERRIEN, RYAN	83	OTTAWA LIONS TFC	48.09		1
2	9257	SAMUEL, STANLEY	76	WESTVIEWS LEGENDS	48.51		1
3	9300	VEGA PENSO, LUIS	73	U TORONTO	48.72		1
4	9264	SEABROOK, ADAM	85	LONDON WESTE	49.42		1
5	9060	CHAUVIN, PAUL	81	OTTAWA LIONS TFC	49.45		1
6	9190	MARION, CHRIS	85	WINDSOR LEGION TC	49.72		2
7	9102	EL MORSY, TAREK	85	PHOENIX ATHL	49.81		3
8	9167	KELLY, JERMAINE	84	JACAN TRACK	50.09		1
9	9258	SAUNDERS, GARY	80	CENTRAL PICK	50.10		2
10	9011	ARMSTRONG, MARK	84	YORK U	50.41		3
11	9082	TIMOTHY, DERRELL	84	UNATTACHED	50.52		2
12	9173	KOTYLAK, DAN	76	OTTAWA LIONS TFC	50.65		3

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**....Event / Epreuve 8 Men / Hommes 400 Metre**

13	9247	REID, TEVYA	83	JACAN TRACK	50.88	2
14	9144	HYMAN, JUSTIN	86	MISSISSAUGA	50.99	4
15	9316	YOUNG, PAUL	84	NIAGARA REGI	51.11	2
16	9150	JAMES, ANDREW	84	MISSISSAUGA	51.17	4
17	9073	DAVIS, THOMAS J	87	ST THOMAS LE	51.18	2
18	9189	MALUDZINSKI, CHRIS	85	PRECISION ATHLETICS	51.29	3
19	9137	HILTS, BLAKE	85	KITCHENER-WA	51.31	2
20	9292	TAYLOR, ADRIAN	75	WESTVIEWS LEGENDS	51.63	1
21	9263	SCOTT, TONY	74	YORK REGION	52.02	3
22	9289	STOKES, ANDREW	85	NIAGARA REGI	52.13	3
23	9156	JOHNSON, MARK	81	MISSISSAUGA	52.16	4
24	9267	SEMENUK, CHRISTOPH	74	ST THOMAS LE	52.67	4
25	9096	DURAND, ANDREW	85	WOODSTOCK LEGION AC	52.81	3
26	9008	ANDREW, MICHAEL	85	OSHAWA LEGIO	52.88	5
27	9061	CHETIBI, NOURREDIN	86	OTTAWA LIONS TFC	53.01	4
28	9138	HOFMAN, MATTHEW	86	GUELPH TRACK	53.32	4
29	9108	FIELDS, MARC	87	JACAN TRACK	53.67	5
30	9328	PARRIS, CHRISTOPHE	84	MISSISSAUGA	54.59	5
31	9260	SCHULTZ, KEITH	88	WOODSTOCK LEGION AC	55.65	5
32	9168	KELLY, JORDAN	89	JACAN TRACK	56.06	6
33	9133	HENDERSHOTT, TREVO	85	WOODSTOCK LEGION AC	58.87	6
34	9032	BIALY, ADAM	85	NIAGARA OLYM	59.40	5
35	9055	CARTER, MICHAEL	49	GLADSTONE AC	1:00.33	6
36	9200	MCILWAINE, BILL	38	GLADSTONE AC	1:04.25	6
37	9105	FEE, EARL	29	GLADSTONE AC	1:05.04	6

**Event / Epreuve 9 Women / Femmes 800 Metre**

=====						
	Name / Nom	Yr/An	Team / Équipe		Finals	
=====						
1	944	BUCHANAN, DANA	84	OTTAWA LIONS TFC	2:13.41	
2	1103	SPARKES, LILIANE	86	OSHAWA LEGIO	2:13.62	
3	963	DART, CARLEY	88	DURHAM DRAGO	2:15.48	
4	1057	MOSKALL, JENN	78	UNATTACHED	2:17.22	
5	1132	WEIR, SARAH	85	OSHAWA LEGIO	2:17.51	
6	927	BEARDWOOD, KIMBERL	86	BRANTFORD T & FC	2:18.60	
7	1110	STEWART, MEGAN	87	NIAGARA OLYM	2:18.72	
8	1046	MARUM, JANE	85	YORK U	2:24.10	
9	1117	TRUELOVE, AMANDA	90	SOUTH SIMCOE	2:24.41	
10	1120	TURNER, NATALIE	87	SOUTH SIMCOE	2:25.35	
11	971	EGAR, SUSIE	82	SPEED RIVER	2:27.88	
12	936	BLACK, MONICA	84	MARKHAM TRACK CLUB	2:27.94	
13	1078	PRICE, CAITLIN	88	HAMILTON OLY	2:29.03	
14	962	DANN, NICOLE	84	LONDON WESTE	2:29.47	
15	959	COMSTOCK, ASHLEY	86	SOUTH SIMCOE	2:29.58	
16	1062	NOBBS, MELISSA	86	ST THOMAS LE	2:31.74	
17	926	BATTISTON, ALANA	88	MISSISSAUGA	2:35.87	
18	1005	HRDLICKA, GABRIELA	88	HAMILTON OLY	2:38.82	
19	1138	WILLIS, KATHERINE	58	GLADSTONE AC	2:46.03	
20	1128	WALLER, LAUREN	87	SPEED RIVER	2:55.39	
--	1060	MUNNINGS, APRIL	85	SOUTH SIMCOE	DNF	

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<b>Event / Epreuve 10 Men / Hommes 800 Metre</b>					
Name / Nom	Yr/An	Team / Équipe	Finals		
1	9277	SMITH, KYLE	85	PHOENIX ATHL	1:52.75
2	9056	CARVALHO, JOSE	82	SOUTH SIMCOE	1:53.49
3	9298	TREMAIN, RICH	71	SPEED RIVER	1:53.63
4	9285	STEPHEN, VERNON	83	PHOENIX ATHL	1:54.05
5	9159	JOHNSTON, GABRIEL	84	U TORONTO	1:54.28
6	9110	FINN, RYAN	87	DURHAM DRAGO	1:54.62
7	9249	RENGIFO, CHRISTOPH	86	TORONTO OLYM	1:56.65
8	9063	COATES, ANDREW	84	MARKHAM TRACK CLUB	1:57.35
9	9007	ANDERSON, TRAVIS	76	BRANTFORD T & FC	1:57.66
10	9141	HUDSON, ANDREW	85	TORONTO OLYM	1:57.95
11	9303	WALTON, ADRIAN	84	LONDON WESTE	1:58.21
12	9042	BRENS, CHRISTOPHER	86	MARKHAM TRACK CLUB	1:59.01
13	9143	HUTCHINSON, GREG	82	SPEED RIVER	1:59.72
14	9320	ZWEIR, JOHN	84	NIAGARA REGI	1:59.72
15	9085	DICK, KEVIN	84	LONDON WESTE	2:00.06
16	9016	BAKAL, CHRISTOPHER	73	TORONTO OLYM	2:00.2h
16	9302	WALKER, PAUL	85	TRACK NORTH	2:00.2h
16	9189	MALUDZINSKI, CHRIS	85	PRECISION ATHLETICS	2:00.2h
19	9164	KALISZ, MATTHEW		U TORONTO	2:00.34
20	9246	REID, IAN		U TORONTO	2:01.06
21	9041	BOYD, DEVON	85	KITCHENER-WA	2:01.14
22	9177	KYLE, SEAN	86	KITCHENER-WA	2:01.44
23	9039	BOWDEN, BRIAN	86	NIAGARA OLYM	2:01.82
24	9331	ROBBINS, FRED	54	YORK REGION	2:02.37
25	9333	DESMOND, STEPHEN	85	BURLINGTON TFC	2:02.41
26	9033	BISHOP, ADRIAN	84	PHOENIX ATHL	2:02.64
27	9095	DUNKERLEY, JAY	77	SPEED RIVER	2:02.91
28	9040	BOWEN, SEAN	86	MARKHAM TRACK CLUB	2:03.22
29	9116	FRIEL, VINCE	62	SOUTH SIMCOE	2:03.24
29	9208	MILLAGE, JAMIE	84	PHOENIX ATHL	2:03.24
31	9118	GAVEL, NICOLAS	86	TRI-CITY TRA	2:03.59
32	9230	OFFORD, TREVOR	86	GUELPH TRACK	2:04.05
33	9180	LANE, BENJAMIN	87	MARKHAM TRACK CLUB	2:04.72
34	9334	MALLETTE, MICHAEL	86	BURLINGTON TFC	2:06.41
35	9134	HERBERT, CRAIG	86	SOUTH SIMCOE	2:06.77
36	9198	MCGRORY, CONALL	86	YORK U	2:07.51
37	9045	BRUSILOVSKY, EUGEN	87	MARKHAM TRACK CLUB	2:08.66
38	9194	MCDONALD, JACOB	87	BRANTFORD T & FC	2:10.72
39	9093	DUNBRACK, PETER	83	SPEED RIVER	2:10.86
40	9075	DAWNEY, KYLE	86	SOUTH SIMCOE	2:12.74
41	9187	MADDEN, TYLER	88	SOUTH SIMCOE	2:12.86
42	9295	THOMPSON, SCOTT	88	MARKHAM TRACK CLUB	2:14.90
43	9312	WOODS, DEVIN	85	SOUTH SIMCOE	2:17.04
44	9306	WHITFIELD, JAMIE	87	SPEED RIVER	2:17.10
45	9193	MARTISE, MIKE	86	MARKHAM TRACK CLUB	2:18.18
46	9023	BARTOL, JORDAN	88	NIAGARA REGI	2:19.08
47	9049	CAMERON, ANDREW	88	NIAGARA OLYM	2:20.16
48	9183	LILLIS, CHRIS	89	HAMILTON OLY	2:22.80
49	9128	HARRIS, KEITH	87	HAMILTON OLY	2:27.77
50	9105	FEE, EARL	29	GLADSTONE AC	2:29.00
51	9074	DAWNEY, KELAN	88	SOUTH SIMCOE	2:34.21
52	9238	PRUDHOMME, SPENCER	89	NIAGARA OLYM	2:35.77

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**Event / Epreuve 11 Women / Femmes 1500 Metre**

Name / Nom	Yr/An	Team / Équipe	Finals
1 1146 Darroch, Francine	78	CAMBRIDGE HARRIERS	4:42.9h
2 1122 VAN BUSKIRK, KATE	87	MISSISSAUGA	4:46.1h
3 934 BINNS, DANIELLE	85	OSHAWA LEGIO	4:49.8h
4 1058 MOULTON, LAURA	84	HAMILTON OLY	4:50.3h
5 1040 MACCHIONE, MELANIE	85	MARKHAM TRACK CLUB	4:50.6h
6 1117 TRUELOVE, AMANDA	90	SOUTH SIMCOE	4:50.9h
7 1054 MCINNES, GENNY	78	U TORONTO	4:54.5h
8 1093 SCHNARR, WHITNEY	84	TRI-CITY TRA	4:54.7h
9 1044 MANNING, LINDSAY	85	MARKHAM TRACK CLUB	4:57.6h
10 971 EGAR, SUSIE	82	SPEED RIVER	5:07.7h
11 1090 ROWLANDS, DANIELLE	82	SPEED RIVER	5:13.2h
12 992 GRAHAM, SHELLBY	87	WOODSTOCK LEGION AC	5:40.5h
13 979 FINDLEY, LINDA	47	ETOBICOKE HU	5:47.7h
14 928 BECKER, ALEXANDRA	87	GUELPH TRACK	5:55.7h

**Event / Epreuve 12 Men / Hommes 1500 Metre**

Name / Nom	Yr/An	Team / Équipe	Finals
1 9227 NOVAKOWSKI, BRADEN	86	KINGSTON NAP	3:57.34
2 9016 BAKAL, CHRISTOPHER	73	TORONTO OLYM	3:59.56
3 9294 THOMAS, RYAN	78	TORONTO OLYM	4:00.69
4 9083 DESORMEAUX, KYLE	80	SPEED RIVER	4:00.90
5 9246 REID, IAN		U TORONTO	4:01.41
6 9143 HUTCHINSON, GREG	82	SPEED RIVER	4:02.31
7 9079 DELMONTE, MICHAEL	86	SPEED RIVER	4:05.60
8 9265 SEBERA, FELIX	85	MISSISSAUGA	4:07.44
9 9211 MILLER, GARETH	86	TORONTO OLYM	4:07.76
10 9296 THOMSON, JARED	85	HAMILTON OLY	4:07.84
11 9084 DEWITT, NATHAN	85	BRANTFORD T & FC	4:09.02
12 9039 BOWDEN, BRIAN	86	NIAGARA OLYM	4:11.31
13 9229 NUXOLL, MARCUS	86	KITCHENER-WA	4:12.65
14 9068 COUPLAND, MIKE	83	SPEED RIVER	4:15.30
15 9021 BARR, JEFF	84	HAMILTON OLY	4:20.17
16 9047 BYRNE, LOUIS	71	TORONTO OLYM	4:25.77
17 9152 JASKIEWICZ, THOMAS	87	MISSISSAUGA	4:27.68
18 9197 MCGILL, MICHAEL	86	MISSISSAUGA	4:30.79
19 9075 DAWNEY, KYLE	86	SOUTH SIMCOE	4:31.95
20 9187 MADDEN, TYLER	88	SOUTH SIMCOE	4:34.91
21 9287 STEVENS, ROB	85	NIAGARA OLYM	4:35.26
22 9049 CAMERON, ANDREW	88	NIAGARA OLYM	4:39.08
23 9077 DEBONO, NATHANIEL	89	WINDSOR LEGION TC	4:45.80
24 9310 WINFIELD, JON	88	SOUTH SIMCOE	4:45.81
25 9030 BERRY, ROB	61	TORONTO OLYM	4:48.00
26 9023 BARTOL, JORDAN	88	NIAGARA REGI	4:48.74
27 9078 DELEYE, KEVIN	85	ST THOMAS LE	4:48.94
28 9128 HARRIS, KEITH	87	HAMILTON OLY	4:49.23
29 9270 SHEEHAN, RIAN	80	WINDSOR LEGION TC	4:51.32
30 9183 LILLIS, CHRIS	89	HAMILTON OLY	4:54.13
31 9238 PRUDHOMME, SPENCER	89	NIAGARA OLYM	5:09.05
32 9074 DAWNEY, KELAN	88	SOUTH SIMCOE	5:15.17
33 9160 JOHNSTON, RICHARD	88	MARKHAM TRACK CLUB	5:35.13

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**Event / Epreuve 13 Women / Femmes 3000 Metre**

Name / Nom	Yr/An	Team / Équipe	Finals
1 1100 SMITH, STEPHANIE	90	YORK REGION	10:16.77
2 1097 SIMESON, LAUREN	85	TORONTO OLYM	10:17.10
3 952 CHILDS, MICHELLE	85	SOUTH SIMCOE	10:23.34
4 1074 PIDHORESKY, DAYNA	86	WINDSOR LEGION TC	10:39.83
5 1107 STANFORD, ELIZABET	85	SOUTH SIMCOE	10:54.14
6 985 GALLOWAY, MIRANDA	86	NIAGARA OLYM	10:55.57
7 995 HANNAH, RACHEL	86	SOUTH SIMCOE	10:57.68
8 1073 PHELAN, BARBARA AN	86	NIAGARA OLYM	11:05.45
9 981 FOX, ERIN	85	TRI-CITY TRA	11:07.80
10 1078 PRICE, CAITLIN	88	HAMILTON OLY	11:10.09

**Event / Epreuve 14 Women / Femmes 5000 Metre Junior**

Name / Nom	Yr/An	Team / Équipe	Finals
1 1100 SMITH, STEPHANIE	90	YORK REGION	18:05.83
2 1047 MASSE, KATIE	84	WINDSOR LEGION TC	21:22.39
3 1053 MCGEE, TANYA	85	MISSISSAUGA	21:53.61
-- 1099 SMALL, JACKIE	87	SOUTH SIMCOE	DNF

**Event / Epreuve 15 Women / Femmes 5000 Metre Senior / Open**

Name / Nom	Yr/An	Team / Équipe	Finals
1 1049 MCCLURE, MICHAELA	78	SPEED RIVER	17:52.42
2 9326 Watson, Karen	78	UNATTACHED	19:44.17
3 9325 Giajnorio, Andrea	82	UNATTACHED	19:54.77
4 979 FINDLEY, LINDA	47	ETOBICOKE HU	21:28.92

**Event / Epreuve 16 Men / Hommes 5000 Metre**

Name / Nom	Yr/An	Team / Équipe	Finals
1 9276 SMITH, ANDREW	79	TORONTO OLYM	14:49.97
2 9124 GILLIS, ERIC	80	SPEED RIVER	14:51.56
3 9201 MCINNES, MATTHEW	74	U TORONTO	14:54.75
4 9140 HORTIAN, ADAM	84	SOUTH SIMCOE	15:00.73
5 9135 HETHERINGTON, STEP	84	GLADSTONE AC	15:04.39
6 9089 DREW, STEPHEN	77	OTTAWA LIONS TFC	15:22.68
7 9071 CURRIE, CORY	87	BRANTFORD T & FC	15:50.79
8 9123 GILL, MIKE	77	SPEED RIVER	16:00.58
9 9284 STAR, SHAWN	85	SPEED RIVER	16:04.09
10 9171 KITELEY, MARK	76	U TORONTO	16:17.13
11 9290 SUTHERLAND, DARL	78	PETERBOROUGH	16:24.16
12 1145 Boley, Phil	80	UNATTACHED	16:39.29
13 9067 COUPLAND, KEVIN	84	PETERBOROUGH	16:50.20
14 9272 SINCLAIR, IAN	69	TORONTO OLYM	16:57.37
15 9157 JOHNSON, SCOTT	88	SOUTH SIMCOE	17:05.33
16 9231 OREOPOULOS, PHILIP	72	TORONTO OLYM	17:17.85
17 9136 HEWSON, DAVE	78	TORONTO OLYM	17:35.87
18 9221 NAIMAN, TREVOR	87	MISSISSAUGA	17:50.03
-- 9050 CAMPANELLI, JOSEPH	84	TORONTO OLYM	DNF

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**....Event / Epreuve 16 Men / Hommes 5000 Metre**

--	9185	LOYSHIN, BRIAN	69	TORONTO OLYM	DNF
--	9158	JOHNSON, TREVOR	85	SOUTH SIMCOE	DNF
--	9058	CATTON, ANDREW	79	SPEED RIVER	DNF

**Event / Epreuve 18 Men / Hommes 10000 Metre Junior**

Name / Nom	Yr/An	Team / Équipe	Finals
1 9104 FAVRE, JONATHAN	84	QUINTE LEGION TC	35:12.64

**Event / Epreuve 19 Men / Hommes 10000 Metre Senior / Open**

Name / Nom	Yr/An	Team / Équipe	Finals
1 9244 RAYMER, BRUCE	68	TORONTO OLYM	31:46.14
2 9025 BEDLEY, CHARLES	73	LONGBOAT ROA	32:39.38
3 9290 SUTHERLAND, DARL	78	PETERBOROUGH	33:50.71
-- 9054 CARRICK, CHRIS	73	TORONTO OLYM	DNF

**Event / Epreuve 20 Women / Femmes 100 Metre Hurdles / Haies**

Height: 84.0cm - First Hurdle: 13.00m - Between: 8.50m  
 Walter Kostric Memorial

Name / Nom	Yr/An	Team / Équipe	Finals	Wind	H#
1 1036 LOPES, PRISCILLA	82	CENTRAL PICK	13.68	-1.2	1
2 916 AKEROYD, ELIZABETH	81	GUELPH TRACK	15.66	-1.2	1
3 1021 KEATING, FRANCES	85	TIMMINS PORC	17.47	-1.2	1
4 1088 ROEHNER, JEN	82	POWER ATHLETICS	17.58	+0.0	2
5 1098 SIMMONS, JILLIAN	87	KITCHENER-WA	18.00	+0.0	2

**Event / Epreuve 21 Girls / Filles 100 Metre Hurdles / Haies Juvenile**

Height: 76.2cm - First Hurdle: 13.00m - Between: 8.50m

Name / Nom	Yr/An	Team / Équipe	Finals	Wind
1 1001 HOLDER, NIKKITA	87	OSHAWA LEGIO	14.30	-0.3
2 1050 MCCONNELL, SAMANTH	86	OSHAWA LEGIO	15.17	-0.3
3 1051 MCCUTCHEON, LISA	86	KINGSTON NAP	16.06	-0.3
4 1142 ZORZI, TAYLOR	87	GUELPH TRACK	16.44	-0.3

**Event / Epreuve 22 Men / Hommes 110 Metre Hurdles / Haies Senior / Open**

Height: 106.7cm - First Hurdle: 13.72m - Between: 9.14m

Name / Nom	Yr/An	Team / Équipe	Finals	Wind
1 9046 BUCKNOR, JERMAINE	83	OTTAWA LIONS TFC	15.43	-0.5
2 9299 VANDENDOOL, ANDREW	81	ST THOMAS LE	15.51	-0.5
3 9210 MILLER, AINSLEY	82	MISSISSAUGA	17.85	-0.5

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**Event / Epreuve 23 Men / Hommes 110 Metre Hurdles / Haies Junior**

Height: 99.0cm - First Hurdle: 13.72m - Between: 9.14m

Name / Nom	Yr/An	Team / Équipe	Finals	Wind
1 9163 JUDGE, ANDREW	85	LONDON WESTE	15.49	-2.6
2 9243 RAY, TYLER	84	QUINTE LEGION TC	16.19	-2.6
3 9036 BOOTS, GREGORY	85	MISSISSAUGA	16.46	-2.6

**Event / Epreuve 25 Women / Femmes 400 Metre Hurdles / Haies**

Height: 76.2cm - First Hurdle: 45.00m - Between: 35.00m

Name / Nom	Yr/An	Team / Équipe	Finals
1 1021 KEATING, FRANCES	85	TIMMINS PORC	1:01.52
2 1031 LEWIS, BAILEY	86	OTTAWA LIONS TFC	1:04.33
3 974 ELMHIRST, LAURA	87	YORK FLYERS	1:10.17

**Event / Epreuve 26 Men / Hommes 400 Metre Hurdles / Haies Senior / Open**

Height: 91.4cm - First Hurdle: 45.00m - Between: 35.00m

Name / Nom	Yr/An	Team / Équipe	Finals
1 9245 RAYMOND, MONTE		U TORONTO	51.28
2 9264 SEABROOK, ADAM	85	LONDON WESTE	54.56
3 9210 MILLER, AINSLEY	82	MISSISSAUGA	57.54
4 9166 KELLY, JEFFREY	84	JACAN TRACK	58.52
5 9330 ROSS, JOE	64	YORK FLYERS	1:00.76
6 9062 CHIPKAR, GLEN	59	MISSISSAUGA	1:00.82

**Event / Epreuve 27 Boys / Garçons 400 Metre Hurdles / Haies Juvenile**

Name / Nom	Yr/An	Team / Équipe	Finals
1 9119 GEER, KEENAN	86	OSHAWA LEGIO	55.38
2 9280 SORENSON, CODY	86	OTTAWA LIONS TFC	57.94
3 9297 THOMSON, JAY	86	YORK FLYERS	58.91
4 9149 JAMES, ANDRE	87	MISSISSAUGA	59.34
5 9318 ZANGARI, DANIEL	87	WINDSOR LEGION TC	1:01.83
6 9288 STEWARDSON, ROBERT	86	ST THOMAS LE	1:02.35
7 9184 LOCKWOOD, MATTHEW	87	WOODSTOCK LEGION AC	1:02.75
8 9225 NOLAN, ROBERT	87	SPEED RIVER	1:14.66

**Event / Epreuve 28 Women / Femmes 2000 Metre Steeplechase / Steeple Junior**

Height 76.2cm, Hurdles: 18, Water Jumps: 5

Name / Nom	Yr/An	Team / Équipe	Finals
1 985 GALLOWAY, MIRANDA	86	NIAGARA OLYM	7:54.50

**Event / Epreuve 29 Boys / Garçons 2000 Metre Steeplechase / Steeple Juvenile**

Height 91.4cm, Hurdles: 18, Water Jumps: 5

Name / Nom	Yr/An	Team / Équipe	Finals
1 9248 REIDEL, ERIC	86	WINDSOR LEGION TC	7:04.77

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**Event / Epreuve 30 Men / Hommes 3000 Metre Steeplechase / Steeple**

Height 91.4cm, Hurdles: 28, Water Jumps: 7				
Name / Nom	Yr/An	Team / Équipe		Finals
1 9216 MLADENOVIC, PREDRA	73	U TORONTO		9:44.41
2 9199 MCGRORY, EOGHAN	84	YORK U		10:25.87
3 9286 STEVENS, PAUL	85	YORK U		10:35.87
4 9021 BARR, JEFF	84	HAMILTON OLY		10:36.32
5 9037 BOREK, NICHOLAS	85	PETERBOROUGH		11:01.04
6 9287 STEVENS, ROB	85	NIAGARA OLYM		11:02.43

**Event / Epreuve 31 Women / Femmes 5000 Metre Race Walk / Marche Senior / Open**

Name / Nom	Yr/An	Team / Équipe		Finals
1 1087 RODRIGUEZ, CHELSEA	86	NIAGARA REGI		26:09.66
2 949 CASHMAN, KATHARINE	60	ONTARIO RACEWALKERS		27:45.58
3 1028 LAVALLEE, RACHEL	86	PETERBOROUGH		28:17.86
4 1009 JANE, ASHLEY	87	GLADSTONE AC		28:45.50
5 1133 WHALEN, LILIANA	51	GLADSTONE AC		29:38.97
6 1106 SPOONER, SAYWARD	84	GLADSTONE AC		30:34.30
7 1124 VANDERZWET, RACHEL	87	NIAGARA REGI		32:27.55
-- 1069 PATTEN-SWEAZEY, NA	55	GLADSTONE AC		DQ

**Event / Epreuve 32 Women / Femmes 10000 Metre Race Walk / Marche Senior / Open**

Name / Nom	Yr/An	Team / Équipe		Finals
1 1129 WATTS, SHERRY	53	UNATTACHED		1:05:39.89
2 1080 RAMSDEN, AGGIE	48	UNATTACHED		1:11:04.77
3 1030 LEO, NANCY	50	ONTARIO MASTER		1:12:08.99

**Event / Epreuve 33 Men / Hommes 10000 Metre Race Walk / Marche Senior / Open**

Name / Nom	Yr/An	Team / Équipe		Finals
1 9126 HAIN, MICHAEL	83	GLADSTONE AC		53:27.67
2 9242 RAMSDEN, DON	47	UNATTACHED		1:03:56.21

**Event / Epreuve 34 Women / Femmes High Jump / Saut en Hauteur**

Walter Kostric Memorial															
Name / Nom	Yr/An	Team / Équipe													Finals
1 970 DYKSTRA-MAY, WANIT	75	NIAGARA REGI													1.82m
1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.73	1.76	1.79	1.82	1.86		
P	P	P	P	P	P	P	P	P	O	P	XO	P	XXO	XXX	
2 946 BURCH, STEFANIE	84	NIAGARA REGI													1.70m
1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70	1.73						
P	P	P	P	P	P	O	O	XXO	XXX						
3 1068 PARE, LEANNE	86	NIAGARA REGI													1.65m
1.30	1.35	1.40	1.45	1.50	1.55	1.60	1.65	1.70							
P	P	P	P	P	O	O	XO	XXX							

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....Event / Epreuve	34 Women / Femmes	High Jump / Saut en Hauteur
4 1023 KLUNDERT, PAM	84 WINDSOR LEGION TC	J1.65m
1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70		
P P P P P P XO XXO XXX		
5 1147 MENCZEL, SUSAN	84 MISSISSAUGA	1.60m
1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65		
P P P P O O O XXX		
6 916 AKEROYD, ELIZABETH	81 GUELPH TRACK	1.55m
1.30 1.35 1.40 1.45 1.50 1.55 1.60		
P P P O O O XXX		
6 1022 KLASSEN, SARAH	88 PETERBOROUGH	1.55m
1.30 1.35 1.40 1.45 1.50 1.55 1.60		
P O O O O O XXX		
8 1037 LOREE, HEATHER	83 WINDSOR LEGION TC	J1.55m
1.30 1.35 1.40 1.45 1.50 1.55 1.60		
P P P O XO O XXX		
9 1139 WILLMS, JOANNA	86 U TORONTO	J1.55m
1.30 1.35 1.40 1.45 1.50 1.55 1.60		
P P P P O XO XXX		
9 1066 OBERTH, GEMMA	86 U TORONTO	J1.55m
1.30 1.35 1.40 1.45 1.50 1.55 1.60		
P P P P O XO XXX		
11 926 BATTISTON, ALANA	88 MISSISSAUGA	1.50m
1.30 1.35 1.40 1.45 1.50 1.55		
P O O O O XXX		
11 1105 SPIROU, GLORIA	79 PHOENIX ATHL	1.50m
1.30 1.35 1.40 1.45 1.50 1.55		
P P P P O XXX		
13 958 COLLINSON, ERIN	89 ST THOMAS LE	J1.50m
1.30 1.35 1.40 1.45 1.50 1.55		
O O O XO XXO XXX		

**Event / Epreuve 35 Men / Hommes High Jump / Saut en Hauteur**

Walter Kostric Memorial																
Name / Nom	Yr/An	Team / Équipe	Finals													
1 9188 MALIK, IMRAN		U TORONTO	2.10m													
1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.05 2.10 2.15 2.20				P	P	P	P	P	P	O	P	XXO	P	O	P	XXX
2 9019 BARIL-KENNEY, GREG	80	NORTH BAY LEGION TC	2.00m													
1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00 2.05 2.10				P	P	P	P	P	P	O	O	O	P	XXX		
3 9100 EDWARDS, DARL	84	WINDSOR LEGION TC	1.95m													
1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95 2.00				P	P	P	P	P	O	O	XO	XXX				
4 9209 MILLAR, RYAN	80	NORTH BAY LEGION TC	1.90m													
1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95				P	P	P	P	P	O	XO	XXX					
4 9154 JOHN, NOAH	86	ST THOMAS LE	1.90m													
1.60 1.65 1.70 1.75 1.80 1.85 1.90 1.95				P	P	P	P	O	XO	O	XXX					
6 9000 ADAIR, ADAM	84	QUINTE LEGION TC	1.70m													
1.60 1.65 1.70 1.75				O	XO	XO	XXX									



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**Event / Epreuve 38 Women / Femmes Long Jump / Saut en Longueur**

Walter Kostric Memorial						
Name / Nom	Yr/An	Team / Équipe	Finals	Wind		
1	1136	WILLIAMS, ALTHEA	75 U TORONTO	5.88m	1.5	
		FOUL(+0.0) 5.88m(1.5)	5.68m(+0.0) PASS(NWI)	PASS(NWI)	PASS(NWI)	
2	1037	LOREE, HEATHER	83 WINDSOR LEGION TC	5.63m	0.3	
		5.51m(0.2) 5.63m(0.3)	FOUL(+0.0) 5.60m(+0.0)	FOUL(0.3)	FOUL(1.1)	
3	915	ADU-GUAMFI, JOCELY	U TORONTO	5.63m	+0.0	
		FOUL(NWI) 5.39m(0.4)	5.45m(0.4) 5.63m(+0.0)	FOUL(NWI)	FOUL(NWI)	
4	967	DOODY, MAUREEN	71 OTTAWA LIONS TFC	5.46m	1.5	
		5.46m(1.5) 5.43m(1.3)	FOUL(NWI) FOUL(NWI)	FOUL(NWI)	FOUL(NWI)	
5	1056	MONROE, TASHA	81 POWER ATHLETICS	5.35m	0.2	
		5.35m(0.2) 5.27m(0.5)	5.16m(0.9)			
6	1134	WHITTINGHAM, NATOY	85 MISSISSAUGA	5.25m	0.8	
		4.82m(1.0) 4.93m(+0.0)	5.04m(0.6) 4.99m(-0.1)	FOUL(0.4)	5.25m(0.8)	
7	972	EGBO-EGBO, MARY	85 MISSISSAUGA	5.21m	1.9	
		FOUL(-0.4) 4.98m(2.2)	5.01m(+0.0) 5.04m(0.2)	5.17m(0.3)	5.21m(1.9)	
8	973	EHRHARDT, HANNAH	88 PHOENIX ATHL	4.94m	+0.0	
		4.72m(0.7) 4.88m(0.6)	4.68m(+0.0) 4.81m(+0.0)	4.80m(0.2)	4.94m(+0.0)	
9	1023	KLUNDERT, PAM	84 WINDSOR LEGION TC	4.85m	0.4	
		FOUL(0.6) 4.57m(0.6)	4.85m(0.4) 4.73m(0.4)	FOUL(+0.0)	FOUL(+0.0)	
10	943	BROWN, MELITTA	87 YORK FLYERS	4.84m	0.2	
		4.80m(+0.0) 4.84m(0.2)	4.67m(0.7)			
11	1075	PLAINE, ELISHA	84 LONDON WESTE	4.83m	0.6	
		4.61m(0.3) 4.80m(0.5)	4.83m(0.6)			
12	1121	TURNEY, ALAINA	85 U TORONTO	4.82m	+0.0	
		FOUL(NWI) FOUL(NWI)	4.82m(+0.0)			
13	1105	SPIROU, GLORIA	79 PHOENIX ATHL	4.61m	+0.0	
		FOUL(NWI) FOUL(NWI)	4.61m(+0.0)			
14	1095	SHERWIN, GRACE	89 ST THOMAS LE	4.44m	0.4	
		4.44m(0.4) 4.36m(+0.0)	4.13m(+0.0)			
15	1119	TSCHIRHART, VICTOR	87 GUELPH TRACK	4.43m	0.7	
		4.26m(1.2) 4.18m(+0.0)	4.43m(0.7)			
16	1076	PLAINE, JUSTINE	89 LONDON WESTE	4.19m	0.2	
		3.94m(0.3) 3.87m(+0.0)	4.19m(0.2)			
17	958	COLLINSON, ERIN	89 ST THOMAS LE	4.11m	0.2	
		3.78m(0.4) 4.11m(0.2)	3.87m(1.1)			

**Event / Epreuve 39 Men / Hommes Long Jump / Saut en Longueur**

Walter Kostric Memorial						
Name / Nom	Yr/An	Team / Équipe	Finals	Wind		
1	9059	CAVANAGH, CRAIG	76 WINDSOR LEGION TC	7.24m	2.5	
		7.22m(0.4) 7.24m(2.5)	FOUL(NWI) FOUL(NWI)	FOUL(NWI)	FOUL(NWI)	
1	9103	ENNIS, MAURICE	73 CENTRAL PICK	7.24m	0.8	
		7.02m(-0.1) 7.14m(+0.0)	6.90m(0.4) 7.24m(0.8)	FOUL(+0.0)	FOUL(0.2)	
3	9027	BELLE, DONNAVAN	71 UNATTACHED	6.96m	+0.0	
		6.59m(1.6) 6.66m(2.5)	6.89m(-0.5) 6.51m(+0.0)	FOUL(-0.1)	6.96m(+0.0)	
4	9088	DOWNES, KURT	78 WINDSOR LEGION TC	6.94m	2.0	
		6.94m(2.0) 6.91m(0.8)	FOUL(NWI) FOUL(NWI)	FOUL(NWI)	6.71m(0.6)	
5	9091	DRUMMOND, CHARLIE	78 UNATTACHED	6.89m	-0.4	
		6.58m(0.7) 6.89m(-0.4)	6.67m(-0.2) 6.50m(1.0)	PASS(NWI)	PASS(NWI)	

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....Event / Epreuve 39		Men / Hommes		Long Jump / Saut en Longueur	
6	9228 NRIAGU, OSI	81	WINDSOR LEGION TC	6.88m	0.8
	6.88m(0.8) 6.55m(+0.0) FOUL(NWI)				
6	9162 JONES, ROWAN	71	U TORONTO	6.88m	0.5
	6.88m(0.5) FOUL(+0.0) PASS(NWI)				
8	9191 MARTIN, CHRIS		U TORONTO	6.81m	0.8
	FOUL(1.7) 6.76m(0.9) 6.81m(0.8)				
9	9278 SMITH, SEYI	87	OTTAWA LIONS TFC	6.72m	1.7
	6.72m(1.7) 6.43m(0.2) 6.15m(+0.0) PASS(NWI) PASS(NWI) PASS(NWI)				
10	9163 JUDGE, ANDREW	85	LONDON WESTE	6.49m	0.2
	6.49m(0.2) 6.40m(+0.0) FOUL(NWI) 6.47m(0.5) PASS(NWI) PASS(NWI)				
11	9146 IRVING, SPENCER	84	QUINTE LEGION TC	6.29m	+0.0
	6.06m(0.9) 5.94m(1.7) 6.29m(+0.0) PASS(NWI) PASS(NWI) PASS(NWI)				
12	9129 HASAN, SAMIR	84	HAMILTON OLY	6.25m	1.7
	6.25m(1.7) 6.16m(-0.4) 5.88m(-0.2) 6.14m(1.6) 5.87m(+0.0) 6.14m(0.6)				
13	9261 SCHULTZ, WILLIAM	85	WOODSTOCK LEGION AC	6.17m	3.0
	6.17m(3.0) FOUL(NWI) FOUL(NWI) FOUL(NWI) 5.75m(0.4) 5.89m(-0.1)				
14	9154 JOHN, NOAH	86	ST THOMAS LE	6.07m	+0.0
	5.82m(0.4) 6.00m(1.3) 6.07m(+0.0)				
15	9243 RAY, TYLER	84	QUINTE LEGION TC	6.01m	0.3
	FOUL(NWI) FOUL(NWI) 6.01m(0.3)				
16	9125 GRAHAM, JEFF	85	LONDON WESTE	5.66m	0.8
	FOUL(NWI) FOUL(NWI) 5.66m(0.8)				
17	9274 SLATER, ALAN	42	WOODSTOCK LEGION AC	5.17m	+0.0
	5.03m(+0.0) 5.17m(+0.0) 4.93m(+0.0)				
18	9017 BALINT, TRISTAN	87	LONDON WESTE	5.01m	+0.0
	FOUL(0.8) 4.92m(0.3) 5.01m(+0.0)				
--	9038 BOUCAUD, ALEX	84	PHOENIX ATHL	ND	NWI
	FOUL(NWI) FOUL(NWI) FOUL(NWI)				
--	9098 EDWARDS, ANDREW	82	BRAMPTON TRACK CLUB	ND	NWI
	FOUL(NWI) FOUL(NWI) FOUL(NWI)				
--	9305 WHITELEY, MIKE	77	ULTIMATE FIT	FOUL	NWI
	FOUL(NWI) FOUL(NWI) FOUL(NWI)				

**Event / Epreuve 40 Women / Femmes Triple Jump / Triple Saut**

=====						
Walter Kostric Memorial						
	Name / Nom	Yr/An	Team / Équipe	Finals	Wind	
=====						
1	1136 WILLIAMS, ALTHEA	75	U TORONTO	13.66m	0.2	
	FOUL(+0.0) 13.66m(0.2) FOUL(0.2) 13.25m(0.9) 13.42m(+0.0) 13.60m(1.0)					
2	998 HASTICK, MICHELLE		KITCHENER-WA	13.10m	+0.0	
	12.74m(0.2) 12.79m(+0.0) 12.81m(0.5) FOUL(1.8) FOUL(0.2) 13.10m(+0.0)					
3	951 CHARLES, TABIA	85	WESTVIEWS LEGENDS	13.04m	0.6	
	FOUL(NWI) 12.55m(0.9) 12.89m(-0.2) FOUL(NWI) 12.90m(-0.8) 13.04m(0.6)					
4	1017 JONES, JENNIFER	73	POWER ATHLETICS	12.24m	0.2	
	FOUL(NWI) FOUL(NWI) 12.24m(0.2) 11.72m(0.2) FOUL(NWI) FOUL(NWI)					
5	972 EGBO-EGBO, MARY	85	MISSISSAUGA	11.75m	0.2	
	11.75m(0.2) 11.28m(0.2) 11.39m(0.4) 11.44m(0.9) 11.58m(-0.4) 11.44m(1.6)					
6	1096 SHREVE, JANN	83	WINDSOR LEGION TC	11.71m	0.5	
	FOUL(NWI) FOUL(NWI) 11.71m(0.5) FOUL(NWI) FOUL(NWI) FOUL(NWI)					
7	1075 PLAINE, ELISHA	84	LONDON WESTE	10.97m	+0.0	
	10.97m(+0.0) 10.69m(-0.1) FOUL(1.6) 10.71m(1.2) 10.45m(-0.3) FOUL(+0.0)					
8	973 EHRHARDT, HANNAH	88	PHOENIX ATHL	10.31m	+0.0	
	10.31m(+0.0) PASS(NWI) PASS(NWI) PASS(NWI) PASS(NWI) PASS(NWI)					

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**....Event / Epreuve 40 Women / Femmes Triple Jump / Triple Saut**

9	930 BELL, JENNA	84 U TORONTO	10.13m	0.4
	FOUL(NWI) FOUL(NWI) 10.13m(0.4)			
10	1119 TSCHIRHART, VICTOR	87 GUELPH TRACK	10.01m	0.5
	9.86m(0.2) 9.78m(+0.0) 10.01m(0.5) FOUL(1.8) 9.68m(0.2) 9.74m(+0.0)			
11	1076 PLAINE, JUSTINE	89 LONDON WESTE	9.38m	0.5
	9.25m(+0.0) 9.03m(+0.0) 9.36m(1.6) 9.38m(0.5) 9.34m(1.0) 9.24m(+0.0)			

**Event / Epreuve 41 Men / Hommes Triple Jump / Triple Saut**

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Walter Kostric Memorial

Name / Nom	Yr/An	Team / Équipe	Finals	Wind
1	9191	MARTIN, CHRIS	U TORONTO	15.17m +0.0
	15.17m(+0.0) 15.11m(0.5) FOUL(+0.0) FOUL(+0.0) PASS(NWI) FOUL(0.2)			
2	9088	DOWNES, KURT	78 WINDSOR LEGION TC	14.03m 0.3
	13.86m(0.5) 13.83m(-0.7) 13.84m(-0.1) 13.79m(0.2) 14.03m(0.3) 13.69m(0.2)			
3	9100	EDWARDS, DARL	84 WINDSOR LEGION TC	13.83m 0.2
	13.58m(-0.1) 13.79m(+0.0) 13.78m(1.9) FOUL(NWI) 13.39m(+0.0) 13.83m(0.2)			
4	9261	SCHULTZ, WILLIAM	85 WOODSTOCK LEGION AC	13.00m 0.3
	13.00m(0.3) 12.79m(1.2) 12.66m(0.7) PASS(NWI) 12.83m(+0.0) 12.83m(1.3)			
5	9000	ADAIR, ADAM	84 QUINTE LEGION TC	11.97m 1.2
	11.79m(1.2) FOUL(NWI) 11.82m(+0.0) 11.85m(+0.0) 11.80m(+0.0) 11.97m(1.2)			
6	9125	GRAHAM, JEFF	85 LONDON WESTE	11.84m +0.0
	FOUL(NWI) 11.84m(+0.0) 11.82m(0.5) FOUL(NWI) FOUL(NWI) FOUL(NWI)			
7	9274	SLATER, ALAN	42 WOODSTOCK LEGION AC	10.55m +0.0
	10.55m(+0.0) 10.26m(0.2) 10.15m(0.5) 10.16m(+0.0) PASS(NWI) 10.49m(1.8)			

**Event / Epreuve 42 Women / Femmes Shot Put / Lancer du Poids 4.00 kg Junior**

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Name / Nom	Yr/An	Team / Équipe	Finals
1	1130	WEAVER, MEGHAN	85 LONDON WESTE
	12.02m FOUL FOUL FOUL FOUL 10.94m		
2	1013	JIBB, SARA	85 LONDON WESTE
	10.22m FOUL FOUL 10.19m 9.81m 10.35m		
3	1016	JOHNSTONE, CHERYL	84 LONDON WESTE
	FOUL 9.36m 8.58m FOUL 8.87m FOUL		
4	1042	MACHAJ, MELISSA	85 CLUB SISU
	8.64m 9.30m 8.64m FOUL FOUL 8.23m		
5	920	ANDREWS, KAITLYN	88 UNATTACHED
	FOUL 8.58m FOUL		
6	1027	LANE, DIANA	88 LONDON WESTE
	8.06m 8.16m 8.33m		
7	960	COX, NICOLE	87 LONDON WESTE
	6.95m 6.88m 7.37m		

**Event / Epreuve 43 Women / Femmes Shot Put / Lancer du Poids 4.00 kg Senior / Op**

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Name / Nom	Yr/An	Team / Équipe	Finals
1	938	BOVIN, COURTNEY	77 WINDSOR LEGION TC
	11.57m FOUL 12.20m 12.58m 12.45m 13.33m		
2	1024	KOSSEK, IWONA	80 OAKVILLE ATHLETI
	10.90m 10.99m FOUL 10.15m 10.49m 10.87m		

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**Event / Epreuve 44 Men / Hommes Shot Put / Lancer du Poids 6.00 kg Junior**

Name / Nom	Yr/An	Team / Équipe	Finals
1 9132 HELF, KYLE	86	SOUTH SIMCOE	17.75m
FOUL 16.46m	FOUL	17.45m 16.29m 17.75m	
2 9001 ADAMEK, DAVE	84	NIAGARA REGI	15.65m
FOUL 15.65m	FOUL	FOUL FOUL FOUL	
3 9232 ORIFA, OMOKUDE	85	YORK U	14.78m
FOUL 14.48m	14.60m	14.18m 14.78m FOUL	
4 9052 CARAMANICO, NICHOL	84	CLUB SISU	14.20m
FOUL FOUL	14.20m	FOUL FOUL FOUL	

**Event / Epreuve 46 Women / Femmes Discus Throw / Lancer du Disque 1.00 kg Junior**

Name / Nom	Yr/An	Team / Équipe	Finals
1 1125 VANSRAVENSWAY, DAI	84	NIAGARA REGI	41.96m
41.96m	38.25m	FOUL 41.80m FOUL 41.87m	
2 1130 WEAVER, MEGHAN	85	LONDON WESTE	40.06m
FOUL 36.74m	40.06m	37.31m FOUL 36.55m	
3 1042 MACHAJ, MELISSA	85	CLUB SISU	35.24m
FOUL 28.07m	34.64m	35.24m 32.75m 34.24m	
4 920 ANDREWS, KAITLYN	88	UNATTACHED	34.13m
34.13m	31.47m	31.82m FOUL FOUL FOUL	
5 1016 JOHNSTONE, CHERYL	84	LONDON WESTE	32.42m
30.96m	31.02m	32.42m 28.89m 30.87m 29.57m	
6 1013 JIBB, SARA	85	LONDON WESTE	29.95m
FOUL 29.85m	29.95m		
7 945 BUNKO, ANDI	84	LONDON WESTE	29.41m
FOUL 29.41m	FOUL		
8 1112 SUPRINA, KELLY	85	LONDON WESTE	25.22m
25.22m	FOUL	FOUL	
9 960 COX, NICOLE	87	LONDON WESTE	22.37m
22.37m	FOUL	21.09m	
10 1027 LANE, DIANA	88	LONDON WESTE	18.32m
14.85m	16.23m	18.32m	

**Event / Epreuve 47 Women / Femmes Discus Throw / Lancer du Disque 1.00 kg Senior**

Name / Nom	Yr/An	Team / Équipe	Finals
1 1052 MCDONALD, TINA	76	PRECISION ATHLETICS	50.59m
43.27m	48.73m	49.19m 47.06m 49.93m 50.59m	
2 938 BOVIN, COURTNEY	77	WINDSOR LEGION TC	43.40m
36.82m	40.67m	43.40m 41.39m FOUL FOUL	

**Event / Epreuve 48 Men / Hommes Discus Throw / Lancer du Disque 1.75 kg Junior**

Name / Nom	Yr/An	Team / Équipe	Finals
1 9132 HELF, KYLE	86	SOUTH SIMCOE	50.96m
49.69m	49.91m	50.37m 47.81m 50.96m FOUL	
2 9001 ADAMEK, DAVE	84	NIAGARA REGI	45.81m
44.48m	FOUL	44.39m 45.81m 44.38m FOUL	

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**....Event / Epreuve 48 Men / Hommes Discus Throw / Lancer du Disque 1.75 kg**

3	9004 AHLSTEDT, JOHN	85 NIAGARA OLYM	45.77m
	40.96m 45.77m 43.98m 45.04m 44.78m 43.58m		
4	9052 CARAMANICO, NICHOL	84 CLUB SISU	42.04m
	42.04m FOUL FOUL FOUL FOUL FOUL		
5	9243 RAY, TYLER	84 QUINTE LEGION TC	39.64m
	38.69m 39.64m 39.18m		
6	9217 MORIN, ANDRE	TIMMINS PORC	39.14m
	39.14m 37.35m FOUL		

**Event / Epreuve 49 Men / Hommes Discus Throw / Lancer du Disque 2.00 kg Senior /**

Name / Nom	Yr/An	Team / Équipe	Finals
1 9335 RANSKY, Mike	70	WINDSOR LEGION TC	52.38m
		52.14m 52.38m FOUL 51.21m 49.89m FOUL	
2 9332 Hough, Al	64	UNATTACHED	50.59m
		50.59m FOUL PASS PASS PASS PASS	
3 9034 BOAKYE, ISAAC	78	CLUB SISU	45.53m
		FOUL 42.31m 37.71m 44.36m 45.53m 44.50m	
4 9009 ANISKO, DAMIAN	83	CLUB SISU	45.04m
		43.41m 45.04m 45.00m 44.08m 44.14m 44.85m	

**Event / Epreuve 50 Women / Femmes Hammer Throw / Lancer du Marteau 4.00 kg Junio**

Name / Nom	Yr/An	Team / Équipe	Finals
1 1130 WEAVER, MEGHAN	85	LONDON WESTE	42.35m
		36.21m FOUL 42.35m 38.00m FOUL 40.60m	
2 1042 MACHAJ, MELISSA	85	CLUB SISU	41.61m
		37.26m 40.13m 40.82m 40.69m FOUL 41.61m	
3 1016 JOHNSTONE, CHERYL	84	LONDON WESTE	35.79m
		35.79m 35.61m 34.62m FOUL FOUL 33.91m	
4 1000 HEDGES, KARI	84	WINDSOR LEGION TC	35.72m
		32.96m FOUL 33.76m FOUL FOUL 35.72m	
5 1013 JIBB, SARA	85	LONDON WESTE	32.38m
		3.17m FOUL 32.38m	
6 1027 LANE, DIANA	88	LONDON WESTE	23.79m
		23.57m 23.79m FOUL	
7 1112 SUPRINA, KELLY	85	LONDON WESTE	19.28m
		16.53m FOUL 19.28m	
8 960 COX, NICOLE	87	LONDON WESTE	17.97m
		17.97m 15.17m FOUL	
-- 920 ANDREWS, KAITLYN	88	UNATTACHED	FOUL
		FOUL FOUL FOUL	

**Event / Epreuve 51 Women / Femmes Hammer Throw / Lancer du Marteau 4.00 kg Senio**

Name / Nom	Yr/An	Team / Équipe	Finals
1 1024 KOSSEK, IWONA	80	OAKVILLE ATHLETI	32.44m
		27.72m 29.55m 27.58m 30.96m 32.44m FOUL	

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**Event / Epreuve 52 Men / Hommes Hammer Throw / Lancer du Marteau 6.00 kg Junior**

Name / Nom	Yr/An	Team / Équipe	Finals
1 9001 ADAMEK, DAVE	84	NIAGARA REGI	45.60m
FOUL 45.14m FOUL FOUL		45.60m	

**Event / Epreuve 53 Men / Hommes Hammer Throw / Lancer du Marteau 7.257 kg Senior**

Name / Nom	Yr/An	Team / Équipe	Finals
1 9009 ANISKO, DAMIAN	83	CLUB SISU	47.00m
45.44m 45.28m 47.00m		45.54m 46.45m 45.34m	
2 9182 LENNIE, NATHAN	79	WINDSOR LEGION TC	43.95m
40.93m 41.29m 43.95m		41.92m 43.36m 43.86m	

**Event / Epreuve 54 Women / Femmes Javelin Throw / Lancer du Javelot 600 g Junior**

Name / Nom	Yr/An	Team / Équipe	Finals
1 945 BUNKO, ANDI	84	LONDON WESTE	43.59m
FOUL 43.59m 40.57m 41.04m		40.77m FOUL	
2 1125 VANSRAVENSWAY, DAI	84	NIAGARA REGI	42.39m
37.73m FOUL 41.21m 42.39m		FOUL FOUL	
3 1055 MCNICHOLL, KATHERI	84	CLUB SISU	38.41m
38.41m 33.86m 37.44m		32.97m 37.85m 38.41m	
4 957 COLLINS, SARA	87	OTTAWA LIONS TFC	38.10m
37.56m 35.84m 35.64m		38.10m 35.61m 36.13m	
5 1112 SUPRINA, KELLY	85	LONDON WESTE	28.87m
24.61m 27.88m 28.53m		28.87m 25.05m 26.15m	
6 920 ANDREWS, KAITLYN	88	UNATTACHED	27.71m
27.71m 23.03m FOUL FOUL		21.24m 24.42m	
7 1016 JOHNSTONE, CHERYL	84	LONDON WESTE	27.59m
25.60m 27.09m 27.59m			

**Event / Epreuve 55 Women / Femmes Javelin Throw / Lancer du Javelot 600 g Senior**

Name / Nom	Yr/An	Team / Équipe	Finals
1 975 EMERSON, SARAH	83	WINDSOR LEGION TC	42.52m
42.52m FOUL FOUL		39.73m FOUL FOUL	

**Event / Epreuve 56 Men / Hommes Javelin Throw / Lancer du Javelot 800 g Junior**

Name / Nom	Yr/An	Team / Équipe	Finals
1 9092 DUMOUCHELLE, BOBBY	86	WINDSOR LEGION TC	51.55m
51.55m x			

**Event / Epreuve 57 Men / Hommes Javelin Throw / Lancer du Javelot 800 g Senior /**

Name / Nom	Yr/An	Team / Équipe	Finals
1 9090 DROPPERT, JASON	79	HAMILTON OLY	62.89m
62.89m 58.71m 59.58m		56.69m 51.99m 59.48m	

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**....Event / Epreuve 57 Men / Hommes Javelin Throw / Lancer du Javelot 800 g**

2	9204 MCMILLIAN, DEREK	75 CLUB SISU	59.95m
	57.72m 58.90m FOUL	59.95m 57.40m FOUL	
3	9127 HARBER, MIKE	83 WINDSOR LEGION TC	55.44m
	FOUL 55.44m FOUL FOUL	FOUL PASS	
4	9101 EDWARDS, ROB	83 SAUGEEN T & F CLUB	55.16m
	54.59m 55.16m 54.42m	54.70m 50.62m FOUL	
5	9233 PARKINSON, RICHARD	64 CLUB SISU	51.86m
	FOUL 51.86m 49.45m		
6	9080 DENES, JOE	71 PRECISION ATHLETICS	50.06m
	49.65m 50.06m 46.46m		
7	9322 SLUGA, ADRIAN	79 UNATTACHED	43.47m
	FOUL 43.47m 42.64m		
8	9321 Flanderka, Vratisl	50 UNATTACHED	39.48m
	FOUL 31.57m 39.48m		

**Event / Epreuve 74 Girls / Filles 4x400 Metre Relay / Relais Juvenile**

Team / Équipe		Finals
1	GUELPH TRACK & FIELD CLUB	4:10.13
	1) 1063 NORTH, MIRANDA 87	2) 1065 O'REGAN, MAEVE 87
	3) 928 BECKER, ALEXANDRA 87	4) 1082 REIDEL, KATHERINE 86
2	YORK FLYERS	4:18.97
	1) 943 BROWN, MELITTA 87	2) 917 ALLEN, ALEXANDRIA 88
	3) 974 ELMHIRST, LAURA 87	4) 1104 SPELLER, ASHLEY 86

**Event / Epreuve 76 Women / Femmes 4x400 Metre Relay / Relais Junior**

Team / Équipe		Finals
1	OSHAWA LEGION T & F CLUB	4:01.66
	1) 1103 SPARKES, LILIANE 86	2) 1072 PERRYMAN, MELISSA 85
	3) 1132 WEIR, SARAH 85	4) 1048 MAYERS, PATRICIA 85

**Event / Epreuve 77 Men / Hommes 4x400 Metre Relay / Relais Junior**

Team / Équipe		Finals
1	NIAGARA REGIONAL ATHLETIC	3:37.33
	1) 9289 STOKES, ANDREW 85	2) 9320 ZWEIR, JOHN 84
	3) 9213 MILLS, SCOTT 87	4) 9316 YOUNG, PAUL 84
2	WOODSTOCK LEGION AC	3:52.45
	1) 9096 DURAND, ANDREW 85	2) 9184 LOCKWOOD, MATTHEW 87
	3) 9133 HENDERSHOTT, TREVOR 85	4) 9260 SCHULTZ, KEITH 88

**Event / Epreuve 79 Men / Hommes 4x400 Metre Relay / Relais Senior / Open**

Team / Équipe		Finals
1	JACAN TRACK & FIELD CLUB	3:24.27
	1) 9247 REID, TEVYA 83	2) 9167 KELLY, JERMAINE 84
		4) 9053 CARMICHAEL, JUSTIN 84

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**Event / Epreuve 82 Men / Hommes Javelin Throw / Lancer du Javelot 700 g Juvenile**

Name / Nom	Yr/An	Team / Équipe	Finals
1 9029 BERNARD, ALEX	86	OTTAWA LIONS TFC	58.47m
51.21m FOUL	58.47m	52.76m FOUL	PASS
2 9092 DUMOUCHELLE, BOBBY	86	WINDSOR LEGION TC	54.93m
47.19m FOUL	FOUL	54.93m FOUL	FOUL

**Event / Epreuve 83 Men / Hommes Discus Throw / Lancer du Disque 1.5 kg Juvenile**

Name / Nom	Yr/An	Team / Équipe	Finals
1 9097 DUROCHER, CURTIS	86	WINDSOR LEGION TC	52.96m
52.16m	46.75m	51.42m FOUL	48.98m 52.96m
2 9212 MILLER, MIKE	86	WINDSOR LEGION TC	45.14m
43.29m	44.55m	43.35m FOUL	FOUL 45.14m

**Event / Epreuve 84 Men / Hommes Shot Put / Lancer du Poids 5.00 kg Juvenile**

Name / Nom	Yr/An	Team / Équipe	Finals
1 9020 BARNES, MIKE	86	UNATTACHED	16.44m
FOUL	16.44m	FOUL 15.80m	15.97m FOUL
2 9212 MILLER, MIKE	86	WINDSOR LEGION TC	15.65m
14.15m	15.65m	FOUL FOUL	FOUL 15.52m
3 9317 YSEBAERT, ANDREW	86	SARNIA ATHLE	15.13m
14.40m	FOUL	14.86m	15.13m 14.57m FOUL

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**Results / Resultats - Tetrathlon**

**Girls / Filles Tetrathlon Bantam/Benjamin**

	Points	80H	HJ	SP	200
1 DICHIARA, AMILIA YORK COUNTY TC 90	2171	12.65 w: 0.2 (716)	1.38m (491)	7.15m (345)	28.15 w: -0.1 (619)

**Girls / Filles Tetrathlon Midget / Cadet**

	Points	80H	HJ	SP	200
1 RUDGE, DIANE YORK FLYERS 88	2041	13.80 w: 0.2 (588)	1.44m (555)	8.07m (404)	29.83 w: -0.1 (494)

**Women / Femmes Heptathlon Junior**

	Points	100H	HJ	SP	200 Day1	LJ	JT	800
1 RICHARDS, GEORGEA LONDON WESTERN T & 84	3955	14.82 w: 1.3 (866)	1.41m (523)	7.67m (378)	26.22 w: -0.1 (778) 2545	5.20m w: +0.0 (614)	15.89m (213)	2:39.11 (583)
2 GAUTHIER, PATRICIA OTTAWA LIONS TFC 85	3862	15.35 w: 1.3 (796)	1.50m (621)	7.97m (397)	26.58 w: -0.1 (747) 2561	4.93m w: +0.0 (540)	18.87m (268)	2:47.22 (493)
3 PATTERSON, HEATHER SPEED RIVER TRACK & 86	3236	19.51 w: 1.3 (344)	1.23m (340)	10.34m (552)	28.08 w: -0.1 (625) 1861	4.23m w: -0.6 (362)	28.49m (448)	2:40.72 (565)
4 BECKFORD-STEWART, A MISSISSAUGA T & F C 87	3223	19.38 w: 1.3 (356)	1.44m (555)	8.84m (454)	28.56 w: -0.1 (587) 1952	4.91m w: 0.5 (535)	17.61m (245)	2:47.35 (491)

**Women / Femmes Heptathlon Senior / Open**

	Points	100H	HJ	SP	200 Day1	LJ	JT	800
1 STROUD, BETH WINDSOR LEGION TC 77	5428	14.86 w: 1.3 (860)	1.77m (941)	11.87m (653)	26.50 w: +0.0 (754) 3208	5.37m w: -0.3 (663)	47.19m (806)	2:25.44 (751)
2 *ANDERSON, SAMANTHA UNIVERSITY OF CALGA 82	4745	14.89 w: 1.3 (856)	1.62m (759)	9.46m (494)	26.72 w: +0.0 (735) 2844	5.60m w: +0.0 (729)	25.35m (389)	2:23.02 (783)
3 *GREGG, MELANIE LONDON WESTERN T & 78	4212	16.90 w: 1.3 (608)	1.62m (759)	9.16m (475)	27.48 w: +0.0 (672) 2514	5.17m w: 0.2 (606)	28.58m (450)	2:34.12 (642)

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**Boys / Garçons Decathlon / Décathlon Octathlon Juvenile**

	Points	100	LJ	SP	400	110H Day1	HJ	JT	1000
1 *ARNASON, STEFAN		12.09	6.19m	11.01m	52.60	16.13	1.83m	47.54m	2:40.97
WINNIPEG OPTIMIST ATHLETICS		w: 1.2	w: 1.1			w: -1.7			
87	5292	(633)	(628)	(546)	(699)	(718) 3224	(653)	(552)	(863)

**Men / Hommes Decathlon / Décathlon Junior**

	Points	100	LJ	SP	HJ	400 Day1	110H	DT	PV	JT	1500
1 *FRASER, MICHAEL		11.63	6.57m	11.23m	1.81m	52.08	16.34	36.27m	3.80m	43.11m	5:11.18
CHEBUCTO ATHLETICS NS		w: 1.2	w: 1.1				w: -1.6				
84	6185	(725)	(713)	(560)	(636)	(721) 3355	(695)	(589)	(562)	(487)	(497)
2 KRUL, BEN		11.79	6.24m	11.47m	1.96m	53.87	17.57	33.98m	3.20m	44.57m	4:57.74
TIMMINS PORCUPINE T & F		w: 1.2	w: 1.3				w: -1.6				
85	5915	(693)	(639)	(574)	(767)	(645) 3318	(566)	(543)	(406)	(509)	(573)

**Men / Hommes Decathlon / Décathlon Senior / Open**

	Points	100	LJ	SP	HJ	400 Day1	110H	DT	PV	JT	1500
1 *CAINES, CLIFFORD		11.28	6.98m	13.55m	1.96m	49.95	15.76	39.03m	4.20m	51.70m	4:19.29
WINNIPEG OPTIMIST ATHLETICS		w: 0.2	w: +0.0				w: -1.8				
79	7401	(799)	(809)	(701)	(767)	(817) 3893	(760)	(645)	(673)	(614)	(816)
2 *PHILLIPS, TREVOR		11.22	7.09m	13.32m	1.99m	53.72	15.89	42.89m	4.20m	50.05m	5:06.02
UNIVERSITY OF CALGARY ATHLET		w: 1.8	w: 0.9				w: -2.8				
80	7036	(812)	(835)	(687)	(794)	(651) 3779	(745)	(724)	(673)	(589)	(526)
3 MCDOWELL, LYNDON		11.47	6.91m	13.87m	1.96m	50.04	15.44	41.03m	4.20m	37.24m	4:54.20
SAUGEEN T & F CLUB		w: 0.2	w: 1.8				w: -2.8				
77	7003	(759)	(792)	(720)	(767)	(813) 3851	(797)	(686)	(673)	(402)	(594)
4 *SLAUNWHITE, CRAIG		11.67	6.84m	15.16m	1.99m	54.30	16.90	47.53m	4.10m	51.12m	5:06.39
CHEBUCTO ATHLETICS NS		w: 1.8	w: 0.2				w: -2.8				
81	6941	(717)	(776)	(800)	(794)	(627) 3714	(635)	(819)	(645)	(605)	(523)
5 *ATCHESON, JAY		11.36	6.65m	9.69m	1.93m	50.72	15.88	33.73m	NH	42.15m	4:42.34
UNIVERSITY OF CALGARY ATHLET		w: 0.2	w: 1.1				w: -1.8				
77	5926	(782)	(732)	(467)	(740)	(782) 3503	(746)	(538)	(0)	(473)	(666)
6 WILSON, NATE		12.06	5.26m	12.49m	1.66m	55.67	21.14	39.31m	2.90m	49.40m	4:39.81
CLUB SISU		w: 1.8	w: 0.7				w: -1.8				
83	5302	(639)	(433)	(636)	(512)	(572) 2792	(265)	(651)	(333)	(580)	(681)
7 NOLAN, MIKE		11.90	4.40m	12.75m	1.81m	52.91	17.39	43.71m	NH	49.40m	DNF
WINDSOR LEGION TC		w: 0.2	w: 1.1				w: -2.8				
73	4821	(671)	(273)	(652)	(636)	(685) 2917	(584)	(740)	(0)	(580)	(0)