



OUTDOOR TRACK & FIELD

RECORDS

As on July 8, 2011

COMPILED BY ROMAN OLSZEWSKI
PUBLISHED BY ATHLETICS ONTARIO

ONTARIO OUTDOOR RECORDS

As on July 8, 2011

p = pending ratification (number codes explained below)

* = pending more thorough search of past performances

U20 = under 20 years of age at time of record-breaking performance
and not turning 20 at any time during that year

Explanation of Number Codes for Pending Records:

- p Ratifiable at next AO Board meeting
- p(1) Hand timer's verification form required (minimum of two hand times required)
- p(2) Copy of birth certificate required
- p(3) Officials' verification form required (heights accurately measured, implements checked?)
- p(4) Nationality/residence at time of performance needs to be verified
- p(5) Performance information incomplete

For further information on this list please contact Roman Olszewski <roman.otfa@cogeco.ca>

Women

80m	Bantam-U14	10.46p(2) (-0.5)	Jadyn CHEVANNES-SKEEN (97)	Fortis TC	London	2010 07 24
	Bantam-U13	11.22 (+0.2)	Jaiden MULDER (98)	Windsor Legion	London	2010 07 24
100m	Open/Senior	10.98 (+0.8)	Angela BAILEY (62)	Canada (Etob.Huskies-Striders)	Budapest, HUN	1987 07 06
	Espoir-U24	11.17 (-1.7)*	Angela BAILEY (62)	(University of Toronto TC)	Brussels, BEL	1983 08 26
	Junior-U20	11.21 (+0.0)	Angela BAILEY (62)	Canada (Univ. of Toronto TC)	Ciudad Bolivar VEN	1981 08 15
	Junior-U19	11.44 (+0.5)	Angela BAILEY (62)	Canada (Univ. of Toronto TC)	Philadelphia, PA	1980 07 17
	Youth-U18	11.56 (+0.6)	Angela BAILEY (62)	Power Track Club	Sherbrooke	1979 07 28
		11.5 (+0.5)	Angela BAILEY (62)	Power Track Club	Sherbrooke	1979 07 28
	Youth-U17	11.63 (+0.0)	Angela BAILEY (62)	Canada	Edmonton	1978 08 06
	Midget-U16	11.83 (+1.8)	France GAREAU (67)	North Bay Legion	Ottawa	1982 07 31
		11.8 (+1.2)	Angela BAILEY (62)	Mississauga TFC	Ottawa	1976 09 05
	Midget-U15	12.08 (+1.8)	Christian BRENNAN (95)	Unattached	Sherbrooke, QC	2009 08 08
		11.8 (+1.2)	Angela BAILEY (62)	Mississauga TFC	Ottawa	1976 09 05
	Bantam-U14	12.19 (+1.1)	Nichelle PRINCE (95)	Ontario RCL Team (Flying Angels)	Sherbrooke, QC	2008 08 09
		12.0	Donna SUMMERLAND (58)	Scarborough Optimists TC	Whitby	1971 05 29
	Bantam-U13	12.67 (-0.7)	Nichelle PRINCE (95)	Phoenix Athletics	Toronto	2007 08 04
	150m	Bantam-U14	18.80p(2) (+0.7)	Jadyn CHEVANNES-SKEEN (97)	Fortis TC	London
Bantam-U13		20.17 (+0.7)	Jaiden MULDER (98)	Windsor Legion	London	2010 07 25
200m	Open/Senior	22.62 (+0.1)	Marita PAYNE (60)	Scarborough Optimists	Edmonton	1983 07 10
	Espoir-U24	22.62 (+0.1)	Marita PAYNE (60)	Scarborough Optimists	Edmonton	1983 07 10
	Junior-U20	22.86 (+0.0)	Angela BAILEY (62)	Canada (Univ. of Toronto TC)	Ciudad Bolivar VEN	1981 08 15
	Junior-U19	23.42 (-2.1)	Angela BAILEY (62)	University of Toronto TC	Sherbrooke	1980 06 15
	Youth-U18	23.84 (+0.8)	Christian BRENNAN (95)	Hamilton Olympic	Toronto	2010 07 30
		23.56p (+1.7)	Christian BRENNAN (95)	"SMHS - Hamilton" (Hamilton Olympic)	St. Catherines	2011 06 28
	Youth-U17	23.84 (+0.8)	Christian BRENNAN (95)	Hamilton Olympic	Toronto	2010 07 30
		23.56p (+1.7)	Christian BRENNAN (95)	"SMHS - Hamilton" (Hamilton Olympic)	St. Catherines	2011 06 28
	Midget-U16	23.84 (+0.8)	Christian BRENNAN (95)	Hamilton Olympic	Toronto	2010 07 30
	Midget-U15	24.81 (+0.0)	Rhonda-Kaye TRUSTY (88)	Brampton T.C.	Ottawa	2002 08 04
	Bantam-U14	25.13 (+0.2)	Nichelle PRINCE (95)	Ontario RCL Team (Flying Angels)	Sherbrooke, QC	2008 08 10
	Bantam-U13	26.02 (-2.0)	Nichelle PRINCE (95)	Phoenix Athletics	Toronto	2007 08 05

300m	Midget-U16	37.17	Christian BRENNAN (95)	Ontario RCL (Hamilton Olympic)	Ottawa	2010 08 07
	Midget-U15	41.82	Sura YEKKA (97)	Athletiques International 2	London, ON	2010 07 24
		41.55p(2)	Olympia KARIPIDIS (98)	Phoenix Athletics	Toronto	2011 07 05
400m	Open/Senior	49.91	Marita PAYNE (60)	Canada (York Univ. Optimists)	Los Angeles CA	1984 08 06
	Espoir-U24	50.06*	Marita PAYNE (60)	Canada (Scarborough Optimists)	Helsinki, FIN	1983 08 10
	Junior-U20	51.85	Jillian RICHARDSON (65)	Canada (York Univ. Optimists)	Walnut CA	1984 07 25
	Junior-U19	52.38	Carline MUIR (87)	Canada (Etobicoke Gladstone)	Windsor	2005 07 30
	Youth-U18	54.00	Carline MUIR (87)	Weston C.I. (Etobicoke Gladstone)	Toronto	2004 06 04
		53.52p(2)	Chanice TAYLOR-CHASE (93)	Elite Edge	Moncton, NB	2010 07 03
		52.49p	Christian BRENNAN (95)	Hamilton Olympic	Calgary	2011 06 25
	Youth-U17	54.15	Christian BRENNAN (95)	Hamilton Olympic	Moncton, NB	2010 07 03
		54.4	Abby HOFFMAN (47)	Toronto Olympic Club	Hamilton	1963 08 31
		52.49p	Christian BRENNAN (95)	Hamilton Olympic	Calgary	2011 06 25
	Midget-U16	54.15	Christian BRENNAN (95)	Hamilton Olympic	Moncton, NB	2010 07 03
	Midget-U15	56.07	Christian BRENNAN (95)	Unattached	Sherbrooke	2008 08 08
	Bantam-U14	57.76	Patricia MAYERS (85)	Oshawa Legion TFC	Toronto	1998 06 30
	Bantam-U13	59.63	Taylor FARQUHAR (94)	London Legion Track Alliance	Windsor	2006 07 28
	800m	Open/Senior	2:00.14	Yvonne SAUNDERS (51)	Canada	Oslo, NOR
Espoir-U24		2:02.9*	Yvonne SAUNDERS (51)	Guelph T.C.	Scarborough	1974 08 17
Junior-U20		2:03.17	Glenda REISER (55)	Canada	Moscow, URS	1973 08 19
Junior-U19		2:03.17	Glenda REISER (55)	Canada	Moscow, URS	1973 08 19
Youth-U18		2:05.2	Glenda REISER (55)	Uplands Harriers	Scarborough	1972 07 22
Youth-U17		2:08.29	Jessica PARRY (91)	Catholic Central (London-Western TFC)	Ottawa	2007 06 09
Midget-U16		2:09.95	Jessica BUTTINGER (92)	Laurel Creek	Ottawa	2007 07 01
Midget-U15		2:13.82	Diana BOULTBEE (91)	Quinte Legion	Ottawa	2005 06 29
Bantam-U14		2:15.69	Kailee SAWYER (97)	Laurel Creek T.F.C.	London	2010 07 24
		2:15.40p(5)	Kailee SAWYER (97)	Laurel Creek T.F.C.	Guelph	2010 07 07
Bantam-U13	2:15.79	Robyn KOWALSKI (85)	Niagara Regional Athletics	Sudbury	1997 08 02	
1000m	Open/Senior	2:36.26	Carmen DOUMA-HUSSAR (77)	Guelph T.F.C.	Linz, AUT	2005 08 23
	Espoir-U24	2:38.4	Penny WERTHNER (55)		West Berlin, FRG	1978 08 18
	Junior-U20	2:41.4*	Glenda REISER (55)		Montreal	1973 07 04
	Junior-U19	2:41.4*	Glenda REISER (55)		Montreal	1973 07 04
1200m	Midget-U16	3:36.39	Jamie PHELAN (95)	Laurel Creek T.F.C.	Ottawa	2010 08 05
	Midget-U15	3:43.0	Kailee SAWYER (97)	Laurel Creek T.F.C.	London, ON	2010 08 01
	Bantam-U14	3:43.0	Kailee SAWYER (97)	Laurel Creek T.F.C.	London, ON	2010 08 01
	Bantam-U13	3:55.34p(2)	Alyssa ELMY (98)	South Simcoe/Dufferin	London, ON	2010 07 25
1500m	Open/Senior	4:02.29	Carmen DOUMA-HUSSAR (77)	Guelph T.F.C.	Rieti, ITA	2005 08 28
	Espoir-U24	4:06.71*	Glenda REISER (55)	Canada	Munich, FRG	1972 09 04
	Junior-U20	4:06.71	Glenda REISER (55)	Canada	Munich, FRG	1972 09 04
	Junior-U19	4:06.71	Glenda REISER (55)	Canada	Munich, FRG	1972 09 04
	Youth-U18	4:06.71	Glenda REISER (55)	Canada	Munich, FRG	1972 09 04
	Youth-U17	4:27.63	Stephanie SMITH (90)	York University T.C.	Ottawa	2005 06 22
	Midget-U16	4:27.63	Stephanie SMITH (90)	York University T.C.	Ottawa	2005 06 22
	Midget-U15	4:32.2	Tammy ROBERTS (67)	Oshawa Legion	Ottawa	1981 08 08
	Bantam-U14	4:35.62	Kailee SAWYER (97)	Laurel Creek T.F.C.	London, ON	2010 08 01
	Bantam-U13	4:46.26	Robyn KOWALSKI (85)	Niagara Regional Athletics	Sudbury	1997 08 03
Mile	Open/Senior	4:26.76	Carmen DOUMA-HUSSAR	Guelph TFC	Brussels, BEL	2007 09 14
	Espoir-U24	4:35.13*	Glenda REISER (55)	Canada	London, GBR	1973 09 14
	Junior-U20	4:35.13	Glenda REISER (55)	Canada	London, GBR	1973 09 14

	Junior-U19	4:35.13	Glenda REISER (55)	Canada	London, GBR	1973 09 14
2000m	Open/Senior	5:54.5	Alison WILEY (63)	Canada (Univ. of Toronto TC)	Helsinki, FIN	1983 08 10
	Espoir-U24	5:54.5	Alison WILEY (63)	Canada (Univ. of Toronto TC)	Helsinki, FIN	1983 08 10
	Midget-U16	6:13.71	Jamie PHELAN (95)	Laurel Creek	Ottawa	2010 08 07
	Midget-U15	6:47.66p(2)	Maddy ARMSTRONG (96)	South Simcoe/Dufferin	Ottawa	2010 08 07
3000m	Open/Senior	8:48.37	Kathy BUTLER (73)	(-)	Oslo, NOR	1999 06 30
	Espoir-U24	8:51.27*	Alison WILEY (63)	Canada (Univ. of Toronto T.C.)	Helsinki, FIN	1983 08 08
	Junior-U20	9:15.74	Tamara JEWETT (90)	Canada (Univ. of Toronto T.C.)	Bydgoszcz, POL	2008 07 12
	Junior-U19	9:15.74	Tamara JEWETT (90)	Canada (Univ. of Toronto T.C.)	Bydgoszcz, POL	2008 07 12
	Youth-U18	9:22.64	Jennifer ARMSTRONG (71)	Canada (Tillsonburg Legion)	Richmond, BC	1987 07 12
	Youth-U17	9:22.64	Jennifer ARMSTRONG (71)	Canada (Tillsonburg Legion)	Richmond, BC	1987 07 12
	Midget-U16	9:43.2	Jennifer ARMSTRONG (71)	RCL Dist. B (Tillsonburg Legion)	Windsor	1986 07 12
	Midget-U15	9:52.6	Tammy ROBERTS (67)	Oshawa Legion	Windsor	1981 06 27
	Bantam-U14	10:11.31	Jennifer ARMSTRONG (71)	Tillsonburg Legion TFC	London	1984 08 12
	Bantam-U13	10:28.98*	Amber REID (77)	Kingston TFC	Hamilton	1989 07 22
5000m	Open/Senior	15:10.69	Kathy BUTLER (73)	(Etobicoke Gladstone)	Stockholm, SWE	1998 08 05
	Espoir-U24	15:36.55*	Alison WILEY (63)	Stanford University	Berkeley, CA	1984 05 05
	Junior-U20	16:48.14	Andrea JOHNSON (77)	Etobicoke Gladstone	Knoxville, TN	1996 04 10
	Junior-U19	17:13.26	Amy KOHLMEIER (84)	Ontario (Sarnia Athletics SW)	London	2001 08 20
5km r	Open					
	Senior	15:54*	Lioudmila ALEXEEF (65)	Toronto Olympic Club	Toronto	1994 07
	Espoir-U24					
10000m	Open/Senior	32:14.05	Nancy TINARI (59)	Canada (New Balance Optimists)	Seoul, KOR	1988 09 30
	Espoir-U24	33:12.60*	Anne Marie MALONE (60)		Tokyo, JPN	1982 09 24
	Junior-U20	35:19.95	Carole TREPANIER (71)	Canada (Timmins-Porcupine)	Sudbury	1988 06 26
10km r	Open					
	Senior	32:20*	Nancy ROOKS (59)		St. Catharines	1983 05 22
	Espoir-U24	33:06*	Silvia RUEGGER (61)		San Diego, CA	1983
15km r	Open/Senior					
20000m	Open/Senior	Unclaimed				
20km r	Open/Senior	Unclaimed				
	Espoir-U24	Unclaimed				
Half-Mar	Open/Senior	1:12:09	Tara QUINN-SMITH (79)	Brooks Canada Marathon Project	Montreal	2009 04 19
	Espoir-U24					
25000m	Open/Senior	Unclaimed				
25km r	Open/Senior					
30000m	Open/Senior	Unclaimed				
30km r	Open/Senior					
Marathon	Open/Senior	2:28:36	Silvia RUEGGER (61)	Etobicoke Huskies-Striders	Houston, TX	1985 01 06

	Youth-U18	6:55.69	Katey CODYRE (94)	Durham Dragons	Moncton, NB	2010 07 02
	Youth-U17	6:55.69	Katey CODYRE (94)	Durham Dragons	Moncton, NB	2010 07 02
3000mSC	Open/Senior	9:51.16	Carol HENRY (82)	University of North Carolina (-)	Baton Rouge, LA	2002 06 01
	Espoir-U24	9:51.16	Carol HENRY (82)	University of North Carolina (-)	Baton Rouge, LA	2002 06 01
	Junior-U20	10:13.98	Danelle WOODS (89)	Canada (Ottawa Lions)	Sao Paulo, BRA	2007 07 07
	Junior-U19	10:13.98	Danelle WOODS (89)	Canada (Ottawa Lions)	Sao Paulo, BRA	2007 07 07
800mW	Bantam-U14	4:27.25	Chelsea RODRIGUEZ (86)	Niagara Regional Athletics	Sarnia	1999 07 24
	Bantam-U13	4:49.03	Melanie GAUTHIER (95)	Timmins-Porcupine	Toronto	2007 08 05
1500mW	Youth-U18	6:55.86	Rebecca LAVALLEE (83)	Ontario RCL Team (Peterborough)	Calgary	2000 08 13
	Youth-U17	7:02.4	Louise AUBIN (66)	Mississauga TFC	North York	1982 06 12
	Midget-U16	7:12.0	Helene DAVIAU (64)	Etobicoke Striders TFC	Etobicoke	1979 06 17
	Midget-U15	7:35.6	Sheila SKEOCH (65)	Temiskaming TC	St. John's, NF	1979 08 7/8
3000mW	Open/Senior	12:50.42	Alison BAKER (64)	Hamilton Olympic	North York	1993 07 24
	Espoir-U24	13:10.98*	Ann PEEL (61)	East Ottawa Lions	Etobicoke	1983 06 19
	Junior-U20	13:32.40	Lora RIGUTTO (68)	Brockville Legion Harriers	North York	1987 06 21
5000mW	Open	21:51.31	Maria CRUZ	Spain	Sudbury	1988 07 31
	Senior	22:01.09	Ann PEEL (61)	Canada (East Ottawa Lions)	Zagreb, YUG	1987 07 17
	Espoir-U24	22:17.5*	Ann PEEL (61)	(East Ottawa Lions)	Bergen, NOR	1984 05 05
	Junior-U20	23:57.21	Lora RIGUTTO (68)	Brockville Legion Harriers	Ottawa	1987 08 01
	Junior-U19	24:00.8	Lora RIGUTTO (68)	Brockville Legion Harriers	Ottawa	1986 06 21
	Youth-U18	25:16.2*	Helene DAVIAU (64)	Etobicoke Striders	Sherbrooke	1980 06 15
	Youth-U17	25:16.2*	Helene DAVIAU (64)	Etobicoke Striders	Sherbrooke	1980 06 15
5kmW r	Open/Senior	21:34	Alison BAKER (64)	(North York Top Form TFC)	L'Hospitalet, ESP	1992 05 10
	Espoir-U24	22:53*	Ann PEEL (61)	Canada (East Ottawa Lions)	Bergen, NOR	1983 09 24
	Junior-U20	23:10*	Lora RIGUTTO (68)		Dearborn, MI	1987 09 27
	Junior-U19	23:10*	Lora RIGUTTO (68)		Dearborn, MI	1987 09 27
	Youth-U18	25:19	Chelsea RODRIGUEZ (86)	Niagara Regional Athletics	Toronto	2003 05 25
	Youth-U17	26:06*	Chelsea RODRIGUEZ (86)	Niagara Regional Athletics	Welland	2002 10 27
10kmW	Open/Senior	44:30.1	Alison BAKER (64)	(North York Top Form TFC)	Bergen, NOR	1992 05 15
	Espoir-U24	47:41.81*	Alison BAKER (64)	Kingston TFC)	Karl-Marx-Stadt,GDR	1986 07 13
	Junior-U20	49:14.6*	Lora RIGUTTO (68)	Brockville Legion	Prescott	1987 10 24
	Junior-U19	53:28.08	Rachel LAVALLEE (86)	Peterborough Legion	Toronto	2004 06 12
10kmW r	Open/Senior	44:44	Alison BAKER (64)	(North York Top Form TFC)	San Giovanni, ITA	1992 05 01
	Espoir-U24	47:02*	Ann PEEL (61)	Canada (East Ottawa Lions)	Bergen, NOR	1983 09 24
	Junior-U20	47:37	Rachel LAVALLEE (86)	Canada (Peterborough Legion)	Lima, PER	2005 05 08
	Junior-U19	48:46*	Lora RIGUTTO (68)		Saint-Leonard, QU	1986 10 05
20kmW	Open/Senior	1:38:48.5	Rachel SEAMAN (86)	Ontario Racewalkers	Toronto	2010 07 30
	Espoir-U24	1:49:40.0	Rachel LAVALLEE (86)	Peterborough Legion	Winnipeg	2005 07 17
20kmW r	Open/Senior	1:33:43	Rachel SEAMAN (86)	Ontario Racewalkers	Bekescsaba, HUN	2011 04 17
	Espoir-U24	1:37:22	Rachel LAVALLEE (86)	Canada	Belgrade, SER	2009 07 10
4x100m	Open	43.48	GERMAN DEMOCRATIC REPUBLIC (COMPOSITE) (Grit Breuer,Kathrin Krabbe,Diana Dietz,Katrin Henke)		Sudbury	1988 07 31
		46.25	MISSISSAUGA TFC (CLUB) (Tanja Reid,Simone Tomlinson,Andrea Ingleton,Lesley Batson)		North York	1994 06 19

		45.8	TENNESSEE TIGERBELLES (CLUB) (Sonia Guss,Lorraine Dunn,Wyomia Tyus,Edith McGuire)	Toronto	1965 06 10
Senior		44.88	NATIONAL JUNIOR TEAM (COMPOSITE) (Keturah Anderson,Althea Thomas,Colene Taffe,France Gareau)	Burnaby	1985 07 26
		46.25	MISSISSAUGA TFC (CLUB) (Tanja Reid,Simone Tomlinson,Andrea Ingleton,Lesley Batson)	North York	1994 06 19
		46.2	UNIVERSITY OF TORONTO TC (CLUB) (Eleanor Mahal,Susan Bradley,Jill Ross,Ann Bryan)	Sudbury	1975 08 24
Esplor-U24		44.88	NATIONAL JUNIOR TEAM (COMPOSITE) (Keturah Anderson,Althea Thomas,Colene Taffe,France Gareau)	Burnaby	1985 07 26
		46.25	MISSISSAUGA TFC (CLUB) (Tanja Reid,Simone Tomlinson,Andrea Ingleton,Lesley Batson)	North York	1994 06 19
		46.2	UNIVERSITY OF TORONTO TC (CLUB) (Eleanor Mahal,Susan Bradley,Jill Ross,Ann Bryan)	Sudbury	1975 08 24
Junior-U20		44.88	NATIONAL JUNIOR TEAM (COMPOSITE) (Keturah Anderson,Althea Thomas,Colene Taffe,France Gareau)	Burnaby	1985 07 26
		46.36	UNIVERSITY OF TORONTO TC (CLUB) (Krissy Liphardt,Shelley-Ann Brown,Leia Ince-Mercer,Jennifer Mayhue)	North York	1997 06 22
		46.2	UNIVERSITY OF TORONTO TC (CLUB) (Eleanor Mahal,Susan Bradley,Jill Ross,Ann Bryan)	Sudbury	1975 08 24
Youth-U18		46.65	MISSISSAUGA TFC (Janette Wood,Angela Bailey,Claudia Topatigh,Cindy Moore)	St. John's, NF	1977 08 08
		46.6	ONTARIO TEAM (COMPOSITE) (Arlene Keatley,Ann Bryan,Eleanor Mahal,Cathy Attard)	St. John's, NF	1973 08 04
Midget-U16		48.81	ONTARIO 15 & UNDER LEGION TEAM (COMPOSITE) (Ayden Ollivier, Toyin Olupona,Darcelle McCutcheon,Lindsay Wilson)	Prince George, BC	1998 08 09
		48.48p(2)	ONTARIO 15 & UNDER LEGION TEAM (COMPOSITE) (Ashley Taylor,Christian Brennan,Nicole Settingington,Alexis Marsh)	Ottawa	2010 08 06
		49.64*	OSHAWA LEGION TFC (Jenn Evans,Tabia Charles,Shannon Boodram,Patricia Mayers)	Kitchener	1999 06 13
		49.64	I BE FAST (Resia Duncan,Chanel Kellyman,Elisha McLean,Iman Blackman)	LaSalle	2004 07 31
		49.2*	SCARBOROUGH OPTIMISTS (Michelle Gettfield,Carol Samuels,Melissa Williams,Carla Wilson)	Etobicoke	1982 07 25
Bantam-U14		51.47*	OSHAWA LEGION TFC (Jennifer Evans,Tabia Charles,Shannon Boodram,Patricia Mayers)	Kitchener	1998 07 04
4x200m	Open/Senior	1:35.3	UNIVERSITY OF TORONTO TC (Angela Bailey,Marita Payne,Jill Ross,Dana Wright)	Etobicoke	1980 07 03
	Esplor-U24	1:35.3	UNIVERSITY OF TORONTO TC (Angela Bailey,Marita Payne,Jill Ross,Dana Wright)	Etobicoke	1980 07 03
	Junior-U20	1:38.53	UNIVERSITY OF TORONTO TC (Krissy Liphardt,Shelley-Ann Brown,Leia Ince-Mercer,Jennifer Mayhue)	North York	1997 06 22
		1:37.43p(2)	BRAMPTON TC (Naomi Kerr,Daniela Anana-Bediakoh,Simone Martin,Khamica Bingham)	Toronto	2010 06 13
	Youth-U18	1:40.4	MISSISSAUGA TFC (Sharon Lavery,Cindy Moore,Claudia Topatigh,Janette Wood)	Etobicoke	1976 07 10
	Midget-U16	1:44.51*	NIAGARA FALLS OPTIMISTS (Devon Knowles,Amanda Neufeld,Kim Schonewille,Judy Galambos)	North York	1991 06 23
	Bantam-U14	1:46.00*	OSHAWA LEGION TFC (Jennifer Evans,Tabia Charles,Shannon Boodram,Patricia Mayers)	Kitchener	1998 07 04
4X400m	Open	3:28.39	GERMAN DEMOCRATIC REPUBLIC (COMPOSITE) (Manuela Derr,Stefanie Fabert,Anke Woehlck,Grit Breuer)	Sudbury	1988 07 31
		3:42.9	GUELPH OAKS TC (CLUB)	Kitchener	1979 07 21

			(Marg Stride,Laurie Thur,Yvonne Mondesire,Rachelle Campbell)		
Senior	3:31.65	NATIONAL TEAM (COMPOSITE)		Provo, UT	2004 06 26
		(Foy Williams,Lami Oyewumi,Carlene Muir,Lindsay Lochhead)			
	3:42.9	GUELPH OAKS TC (CLUB)		Kitchener	1979 07 21
		(Marg Stride,Laurie Thur,Yvonne Mondesire,Rachelle Campbell)			
Espoir-U24	3:40.48*	ONTARIO (COMPOSITE)		Brandon, MB	1997 08 21
		(Kristie Liphardt,Aimee Teteris,Deniece Bell,Margaret Fox)			
	3:43.28	UNIVERSITY OF TORONTO T.C.		Abbotsford, BC	2008 07 27
		(Athena McBean,M.Buttinger,Natalie Geiger,Sarah Wells)			
Junior-U20	3:42.86p(2)	ONTARIO ESPOIR TEAM (COMPOSITE)		Toronto	2004 08 07
		(Katherine Reidel,Patricia Mayers,Bailey Lewis,Alecia Brown)			
	3:43.28	UNIVERSITY OF TORONTO T.C.		Abbotsford, BC	2008 07 27
		(Athena McBean,M.Buttinger,Natalie Geiger,Sarah Wells)			
Youth-U18	3:44.8	MISSISSAUGA TFC		Brantford	1977 07 09
		(Angela Bailey,Cindy Moore,Claudia Topatigh,Janette Wood)			
Midget-U16	3:58.88	LAUREL CREEK (CLUB)		Toronto	2007 06 17
		(Alle Butler,Chisomo McHaina,Maddie Charnuski,Jessica Buttinger)			
Bantam-U14	4:23.30	TEAM ONTARIO - ATOM (COMPOSITE)		Etobicoke	1988 08 05
		(S. Freitag,W. Bellmore,A. Ross, Collette Courtney)			
	4:26.42	NIAGARA OLYMPIC (CLUB)		Toronto	2006 06 11
		(Sarah Kleemola,Rachel Cahill,Alannah MacDonald,Allison Easterbrook)			
4X800m					
Open/Senior	9:05.90	HAMILTON OLYMPIC CLUB		North York	1991 06 23
		(Nicky Knapp,Denise Vandeputte,Nicole Stevenson,Sharon MacKinnon)			
Espoir-U24	9:06.39	NEWMARKET HUSKIES (CLUB)		Timmins	2009 07 26
		(Kirsten Stewart,Brigid Callaghan,Natalia Hawthorn,Caileigh Glenn)			
Junior-U20	9:06.39	NEWMARKET HUSKIES (CLUB)		Timmins	2009 07 26
		(Kirsten Stewart,Brigid Callaghan,Natalia Hawthorn,Caileigh Glenn)			
Youth-U18	9:06.39	NEWMARKET HUSKIES (CLUB)		Timmins	2009 07 26
		(Kirsten Stewart,Brigid Callaghan,Natalia Hawthorn,Caileigh Glenn)			
Midget-U16	9:23.04	ONTARIO COMPOSITE TEAM (COMPOSITE)		LaSalle	2004 08 01
		(Kelsie Slater,Amanda Truelove,Diana Boultsbee,Stephanie Smith)			
	9:35.02	NEWMARKET HUSKIES (CLUB)		Toronto	2007 08 05
		(Caileigh Glenn,Kirsten Stewart,Brigid Callaghan, Kaitlyn Oliver)			
Bantam-U14	10:19.83	BROCKVILLE LEGION		Ottawa	2010 08 04
		(Paige Morin,Alex Brett,Brynn Gilmour,Emily Carmichael)			
4X1500m					
Open/Senior	18:59.8	MISSISSAUGA STRIDERS		Kitchener	1979 07 21
		(Patti Parco,Debbie Schulte,Louise MacKenzie,Gail Grant)			
Espoir-U24	18:59.8	MISSISSAUGA STRIDERS		Kitchener	1979 07 21
		(Patti Parco,Debbie Schulte,Louise MacKenzie,Gail Grant)			
Sp Med					
Open/Senior	3:53.9	GUELPH OAKS		Kitchener	1978 06 20
		(Marg Stride,Jean Sparling,Laurie Thur,Rachelle Campbell)			
Espoir-U24	4:03.11*	ONTARIO LEGION TEAM (COMPOSITE)		Ottawa	1994 08 06
		(Margaret Fox, Becky Smith, Roxanne Woodley,Mary Unsworth)			
	4:07.58*	LAUREL CREEK (CLUB)		North York	1990 06 17
		(Jill Mallon,Patricia Rowe,Julie Brown,Sue Berg)			
Junior-U20	4:03.11	ONTARIO LEGION TEAM (COMPOSITE)		Ottawa	1994 08 06
		(Margaret Fox, Becky Smith, Roxanne Woodley,Mary Unsworth)			
	4:07.58	LAUREL CREEK (CLUB)		North York	1990 06 17
		(Jill Mallon,Patricia Rowe,Julie Brown,Sue Berg)			
Youth-U18	4:03.11	ONTARIO LEGION TEAM (COMPOSITE)		Ottawa	1994 08 06
		(Margaret Fox, Becky Smith, R.Woodley,Mary Unsworth)			
	4:09.64	LAUREL CREEK (CLUB)		North York	1991 06 23

			(Janine Rockel, Maise Hahn, Stephanie Voigt, Sue Berg)			
		4:07.64p(2)	LAUREL CREEK (CLUB)		Toronto	2011 06 12
			(Monica Januszek, Jennifer Carrique, Rheanna Bulten, Jamie Phelan)			
Midget-U16		4:07.86p(2)	ONTARIO LEGION TEAM (COMPOSITE)		Burnaby, BC	2006 08 12
			(Diana Boulton, Jenelle McCalla, Aly Mooney, Jessica Buttinger)			
		4:06.08p	ONTARIO LEGION TEAM (COMPOSITE)		Ottawa	2010 08 07
			(Christian Brennan, Alexis Marsh, Ashley Taylor, Christina Kyritsis)			
		4:13.18	MARKHAM TFC (CLUB) [ONTARIO 15 & UNDER RCL TEAM]		Saskatoon	1993 08 14
			(Jennifer Mayhue, Mandy Hornibrook, Kim Milbury, Aimee Teteris)			
Bantam-U14		4:31.3	BROCKVILLE LEGION		Brockville	2010 09 13
			(Paige Morin, Hayley Whalen, Teri-Anna Libby, Emily Carmichael)			
Dist Med	Open	12:08.24	OTTAWA LIONS (Kelly Young*, Courtney Conner, Eklysia Robertson, Julia Hicks)		Ottawa	2007 07 01
	Senior	12:19.6	UNIVERSITY OF TORONTO TC (Jane Henderson, Sandra Tenaglia, Sarah Hunter, Alison Evanoff)		North York	1993 06 27
		12:17.12p(2)	OTTAWA LIONS (Melissa Bishop, Christiane Lela, Julia Tousaw, Tiffany Locke)		Windsor	2009 07 05
	Espoir-U24	12:34.19*	OTTAWA LIONS "A" (Alexi Thomas, Rhonda Sherrer, Julia Kirby, Vanessa Piazza)		Kitchener	1998 07 04
		12:18.85p(2)	OTTAWA LIONS (Jennie Biewald, Rachel Aubrey, Melissa Bishop, Danelle Woods)		Ottawa	2007 07 01
		12:17.12p(2)	OTTAWA LIONS (Melissa Bishop, Christiane Lela, Julia Tousaw, Tiffany Locke)		Windsor	2009 07 05
	Junior-U20	12:34.19*	OTTAWA LIONS "A" (Alexi Thomas, Rhonda Sherrer, Julia Kirby, Vanessa Piazza)		Kitchener	1998 07 04
		12:18.85p(2)	OTTAWA LIONS (Jennie Biewald, Rachel Aubrey, Melissa Bishop, Danelle Woods)		Ottawa	2007 07 01
HJ	Open	2.00	Galina ASTAFEI	Romania	Sudbury	1988 07 29
	Senior	1.97	Nicole FORRESTER (76)	Mississauga TFC	Thessaloniki, GRE	2007 07 30
	Espoir-U24	1.92	Wanita DYKSTRA (75)	Niagara Regional Athletics	North York	1993 08 08
	Junior-U20	1.92	Wanita DYKSTRA (75)	Niagara Regional Athletics	North York	1993 08 08
	Junior-U19	1.92	Wanita DYKSTRA (75)	Niagara Regional Athletics	North York	1993 08 08
	Youth-U18	1.87	Julie WHITE (60)	Canada (Etobicoke Striders)	Montreal	1976 07 28
	Youth-U17	1.87	Julie WHITE (60)	Canada (Etobicoke Striders)	Montreal	1976 07 28
	Midget-U16	1.81	Lea-Anne MADILL (69)	Kitchener-Waterloo MTFA	Brantford	1984 05 17
	Midget-U15	1.80	Julie WHITE (60)	Brampton TC	Winnipeg	1974 08 27
	Bantam-U14	1.65	Lesley MANION (67)	RCL Dist.G(Ottawa Kinsmen Har)	Kitchener	1980 07 19
			Paula GILMOUR (67)	RCL Dist. D (Scarborough Opt.)	Kitchener	1980 07 19
	Bantam-U13	1.60*	Paula GILMOUR (67)			1979
PV	Open/Senior	4.52	Dana ELLIS (79)	Kitchener-Waterloo MTFA	Chula Vista, CA	2007 08 18
	Espoir-U24	4.30	Heather HAMILTON (88)	York University TC	Toronto	2010 06 13
	Junior-U20	3.91	Alysha NEWMAN (94)	RCL Ontario (London Legion)	Ottawa	2010 08 08
		3.91p	Alysha NEWMAN (94)	Mother Teresa H.S. (London Legion Ath.)	London, ON	2011 05 28
	Junior-U19	3.91	Alysha NEWMAN (94)	RCL Ontario (London Legion)	Ottawa	2010 08 08
		3.91p	Alysha NEWMAN (94)	Mother Teresa H.S. (London Legion Ath.)	London, ON	2011 05 28
	Youth-U18	3.91	Alysha NEWMAN (94)	RCL Ontario (London Legion)	Ottawa	2010 08 08
		3.91p	Alysha NEWMAN (94)	Mother Teresa H.S. (London Legion Ath.)	London, ON	2011 05 28
	Youth-U17	3.91	Alysha NEWMAN (94)	RCL Ontario (London Legion)	Ottawa	2010 08 08
	Midget-U16	3.60	Alysha NEWMAN (94)	London Legion	Windsor	2009 07 05
	Midget-U15	2.65	Maria TYUMKIN (91)	RCL District D (University of Toronto T.C.)	St. Catharines	2005 07 16

LJ	Open	6.82 (+1.8)	Fiona MAY	Great Britain	Sudbury	1988 07 30
		6.82 (+1.0)	Tabia CHARLES (85)		Chalia, GRE	2008 06 07
	Senior	6.82 (+1.0)	Tabia CHARLES (85)		Chalia, GRE	2008 06 07
	Espoir-U24	6.66 (+1.9)	Nicole DEVONISH (73)	University of Texas (-)	Lubbock, TX	1996 05 17
	Junior-U20	6.50 (+1.6)	Karen NELSON (63)	Canada (Scarborough Optimists)	Celje, YUG	1982 07 04
	Junior-U19	6.41 (+1.9)	Nicole ALI (64)	Scarborough Optimists	Regina	1981 08 01
	Youth-U18	6.41 (+1.9)	Nicole ALI (64)	Scarborough Optimists	Regina	1981 08 01
	Youth-U17	5.98 (+1.4)	Nicole DEVONISH (73)	Oshawa Legion	Hamilton	1989 07 22
	Midget-U16	5.75 (+1.4)	Nicole ALI (64)	Scarborough Optimists	Etobicoke	1979 08 18
		5.75 (+1.4)	Jessica ZELINKA (81)	Ont. RCL Team (London-Western)	Sherbrooke	1996 08 11
	Midget-U15	5.74 (+1.6)	Michelle MACDONALD (81)	Pegasus Athletic Club	Abbotsford, BC	1995 07 30
	Bantam-U14	5.28 (+2.0)	Michelle MACDONALD (81)	Burlington Legion Optimist	Ottawa	1994 07 02
	Bantam-U13	4.92* (-0.9)	Veronica DYER (77)	Oshawa Olympics	Hamilton	1989 07 23
	TJ	Open	14.62 (+1.3)	Cristina NICOLAU	Romania	Ottawa
Senior		13.99 (+0.6)	Tabia CHARLES (85)	Elite Edge	Eugene, OR	2010 07 03
Espoir-U24		13.94 (+1.7)	Tabia CHARLES (85)	University of Miami (-)	Philadelphia, PA	2006 04 29
Junior-U20		13.04 (+0.6)	Tabia CHARLES (85)	Westview Legends	Toronto	2003 06 15
Junior-U19		13.04 (+0.6)	Tabia CHARLES (85)	Westview Legends	Toronto	2003 06 15
Youth-U18		12.95 (+0.9)	Tabia CHARLES (85)	Etobicoke Gladstone	London	2001 06 30
Youth-U17		12.95 (+0.9)	Tabia CHARLES (85)	Etobicoke Gladstone	London	2001 06 30
Midget-U16		11.92 (+0.6)	Angela MERCURIO (96)	RCL Ontario (Supreme Athletics)	Ottawa	2010 08 06
Midget-U15		11.92 (+0.6)	Angela MERCURIO (96)	RCL Ontario (Supreme Athletics)	Ottawa	2010 08 06
Bantam-U14		11.16 (-0.6)	Michelle MACDONALD (81)	Burlington Legion	Kitchener	1994 07 30
Bantam-U13		9.40*(+1.3)	J. HOLLINGSWORTH (81)	St. Thomas Legion	North York	1993 08 07
SP	Open	20.66	Marianne ADAM	German Democratic Republic	Sudbury	1975 08 29
	Senior	17.83	Lieja TUNKS (76)	London-Western TFC	Arnhem, NET	2007 06 13
		18.02p(3)	Lieja TUNKS (76)	London-Western TFC	London, ON	2007 07 26
	Espoir-U24	16.23*	Rosemary HAUCH (59)		Eugene, OR	1980 05 24
	Junior-U20	15.88	Nancy McCREIDIE (45)	Canada	Tokyo, JAP	1964 10 20
	Junior-U19	14.68	Cindy CRAPPER (62)	South Windsor K. of C.	Etobicoke	1980 06 22
	Youth-U18	13.97	Sultana FRIZELL (84)	Perth Tay TC	Montreal	2000 07 16
	Youth-U17	13.97	Sultana FRIZELL (84)	Perth Tay TC	Montreal	2000 07 16
	Midget-U16	13.72	Sarah MOSS (94)	RCL Team Ontario (Team GRUNT)	Sherbrooke	2009 08 09
	Midget-U15	11.74	Liz POLYAK (64)	Brantford TFC	Windsor	1978 07 15
	Bantam-U14	11.56	Katie KLODNICKI (92)	Independant	Toronto	2005 06 07
	Bantam-U13	8.55*	Mandy COCKBURN (68)		Barrie	1980 08 19
DT	Open	68.24	Ilke WYLUDDA	German Democratic Republic	Sudbury	1988 07 31
	Senior	59.76	Tina MCDONALD (76)	Toronto Sports Athletics	Toronto	2001 05 03
	Espoir-U24	56.22	Liz TOMAN (78)	Colorado State (-)	Eugene, OR	2001 05 30
	Junior-U20	52.52	Michelle BROTHERTON 68	Birchmount Collegiate Instit.	Scarborough	1986 05 20
	Junior-U19	52.52	Michelle BROTHERTON 68	Birchmount Collegiate Instit.	Scarborough	1986 05 20
	Youth-U18	47.14	Liz POLYAK (64)	Brantford TFC	Etobicoke	1980 05 11
	Youth-U17	47.14	Liz POLYAK (64)	Brantford TFC	Etobicoke	1980 05 11
	Midget-U16	40.78	Liz POLYAK (64)	Brantford TFC	Etobicoke	1979 06 09
	Midget-U15	38.20	Liz POLYAK (64)	Brantford TFC	Oshawa	1978 07 29
	Bantam-U14	31.60	Leah EASTON (65)	Brampton TFC	Etobicoke	1978 08 13
	Bantam-U14*	New Specs.				
	Bantam-U13	25.56*	Julie LISLE (77)	Wingham TFC		1989
	Bantam U13*	New Specs.				

* 0.75kg implement - new mass

HT	Open/Senior	72.24	Sultana FRIZELL (84)	Ottawa Lions TFC	Fränkisch-Crumbach, GER	2010 05 24
	Espoir-U24	63.36	Sultana FRIZELL (84)	University of Georgia (-)	Austin, TX	2004 06 10
		63.82p(3)	Sultana FRIZELL (84)	(-)	Walnut, CA	2005 04 16
		63.77p(3)	Sultana FRIZELL (84)	(-)	Des Moines, Iowa	2005 04 29
		66.42p(3)	Sultana FRIZELL (84)	(-)	Athens, GA	2005 05 05
	Junior-U20	55.83	Sultana FRIZELL (84)	Ottawa Lions TFC	Saskatoon	2003 07 06
		57.95p(3)	Sultana FRIZELL (84)	Ottawa Lions TFC	Athens, GA	2003 08 16
	Junior-U19	55.45	Sultana FRIZELL (84)	Ottawa Lions TFC	Kitchener	2002 07 28
	Youth-U18	46.30	Sultana FRIZELL (84)	Ontario RCL Team (Perth Tay TC)	Sherbrooke, QU	2001 08 12
	Youth-U17	42.00	Sultana FRIZELL (84)	Ontario RCL Team (Perth Tay TC)	Calgary	2000 08 13
	Midget-U16	40.84	Eilish MACDONALD (94)	Ottawa Lions TFC	Ottawa	2009 07 08
	Midget-U16*	New Specs.				
	Midget-U15	31.64	Valerie TULLOCH (72)	Athletiques International	North York	1986 09 21
	Midget-U15*	New Specs.				

* 3kg. Implement - new mass

JT	Open	57.34	Sarah WALTER	France	Ottawa	2001 07 19
	Senior	51.96	Vicki WEBB (79)	York University TC	Toronto	2010 07 30
		51.71p(3)	Vanessa ROELOFSEN (85)	University of Buffalo (-)	Hillsdale, MI	2006 04 29
		54.88p	Alanna KOVACS (90)	DePaul University ()	Chicago, IL	2011 04 16
	Espoir-U24	50.71	Alanna KOVACS (90)	South Simcoe/Dufferin	Toronto	2010 07 30
		51.31p(2)	Andrea BULAT (79)	University of Kansas (-)	Eugene, OR	2001 06 01
		50.85p(3,5)	Vanessa ROELOFSEN (85)	(-)	Miami, OH	2006 04 08
		51.71p(3)	Vanessa ROELOFSEN (85)	University of Buffalo (-)	Hillsdale, MI	2006 04 29
	Junior-U20	54.88p	Alanna KOVACS (90)	DePaul University ()	Chicago, IL	2011 04 16
		47.51	Alanna KOVACS (90)	Ontario (South Simcoe/Dufferin) St. Joseph's H.S. (South Simcoe/Dufferin)	Charlottetown, PE	2009 08 24
	Junior-U19	46.41	Alanna KOVACS (90)		Hamilton	2008 06 07
	Youth-U18	46.10	Brooke ROWLAND (94)	York University TC	Charlottetown, PE	2009 07 18
	Youth-U17	46.10	Brooke ROWLAND (94)	York University TC	Charlottetown, PE	2009 07 18
	Midget-U16	46.10	Brooke ROWLAND (94)	York University TC	Charlottetown, PE	2009 07 18
	Midget-U15	39.75	Brooke ROWLAND (94)	Ontario RCL (Guelph TFC)	Sherbrooke	2008 08 09
	Bantam-U14	33.61	Brooke ROWLAND (94)	RCL District G (Orangeville TFC)	Ottawa	2007 07 20
	Bantam-U13	25.37	Alyssa DICESARE (94)	Hamilton Olympic	Windsor	2006 07 30

Tetrathlon	Bantam-U14	2102	Shyla CARDY (97)	Niagara Olympic	Toronto	2010 06 12
			14.03(+1.2) 1.50 7.79 29.12 (0.0)			
	Bantam-U13					

(Tetrathlon: 80m Hurdles, High Jump, Shot Put, 200m)

New IAAF 80mH tables for women

80m hurdles - 12.0m to 1st hurdle

Pentathlon	Midget-U16	3010p	Shyla CARDY (97)	Niagara Regional Athletics	Toronto	2011 06 11
			13.43(+0.0) 1.56 11.31 4.79(+0.0) 2:40.01			
	Midget-U15	3010p	Shyla CARDY (97)	Niagara Regional Athletics	Toronto	2011 06 11
			13.43(+0.0) 1.56 11.31 4.79(+0.0) 2:40.01			

(Pentathlon: 80m Hurdles, High Jump, Shot Put, Long Jump, 800m)

Heptathlon	Open/Senior	6490	Jessica ZELINKA (81)	Canada (Unattached)	Beijing, CHN	2008 08 15-16
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			12.97(+0.4)	1.77	13.79	23.64(+0.3)	6.12(+0.3)	43.92	2:07.95			
Espoir-U24	5907* old jav.	Donna SMELLIE (64)								Arlington, TX	1985 06 08-09	
			13.76(+0.7)	1.72	13.50	24.52(+0.5)	6.05(+1.0)	41.70	2:24.92			
	5822 new jav.	Jill DROUIN (86)								University of Syracuse (-)	Sacramento, CA	2007 06 07-08
			14.14(+0.9)	1.87	11.99	25.02(+3.9)	6.01(+3.1)	38.16	2:24.33			
Junior-U20	5688	Jessica ZELINKA (81)								Canada (London-Western TFC)	Santiago, CHL	2000 10 20-21
			14.02(-0.9)	1.77	11.57	24.73(-0.2)	5.85(+0.1)	37.40	2:21.34			
Junior-U19	5250 old jav.	Jessica ZELINKA (81)								Canada (London-Western TFC)	Dordrecht, NET	1998 08 29-30
			14.18(+1.4)	1.69	10.39	25.27(+0.2)	5.56(-0.1)	33.17	2:22.93			
	4991 new jav.	Jessica ZELINKA (81)								London-Western TFC	Ottawa	1998 06 27-28
			14.07(+3.8)	1.63	9.88	24.86(-0.3)	5.27(+2.0)	30.38	2:28.46			
Youth-U18	4642	Emma SIUCIAK (93)								Niagara Olympic	Toronto	2010 06 12-13
			14.68(+1.6)	1.65	9.60	26.09(-0.2)	5.13(+0.0)	26.85	2:32.73			
	4830p	Brooke ROWLAND (94)								York University T.C.	Toronto	2011 06 11-12
			15.96(-1.8)	1.72	10.39	27.39(+2.0)	5.59(+0.3)	39.85	2:37.05			
Youth-U17	4489	Adrienne BETHUNE (89)								RCL District B (Etob. Gladstone)	St. Catharines	2005 07 15-16
			14.86(+3.9)	1.56	9.58	25.94(-0.5)	5.34(+1.0)	26.60	2:40.28			

Decathlon	Open/Senior	Unclaimed
	Espoir-U23	Unclaimed
	Junior-U19	Unclaimed
	Junior-U18	Unclaimed

Discontinued Combined Events

Tetrathlon	Midget-U16	2849	Rita RUDELL (91)							Saugeen TFC	Toronto	2006 06 11
			12.43(+3.6)	1.63	10.31	26.45(+0.2)						
	Midget-U15	2639	Taylor FARQUHAR (94)							London-Western TFC	Toronto	2008 06 14
			12.56(+1.7)	1.42	10.33	25.93(+1.9)						
	Bantam-U14	2193*	Amilia DI CHIARA (90)							York County	Toronto	2003 06 14
			12.65(+0.2)	1.38	7.15	28.15 (-0.1)						
	Bantam-U13	1853*	Taylor FARQUHAR (94)							London Legion	Toronto	2006 06 11
			14.17(+1.7)	1.27	6.21	27.68(+0.8)						

(Tetrathlon: 80m
Hurdles, High
Jump, Shot Put,
200m)

New IAAF 80mH tables for women

* = 11.5m to hurdle 1

ONTARIO OUTDOOR RECORDS

As on April 5, 2011

p = pending ratification (number codes explained below)

* = pending more thorough search of past performances

U20 = under 20 years of age at time of record-breaking performance
and not turning 20 at any time during that year

Explanation of Number Codes for Pending Records:

- p Ratifiable at next AO Board meeting
- p(1) Hand timer's verification form required (minimum of two hand times required)
- p(2) Copy of birth certificate required
- p(3) Officials' verification form required (heights accurately measured, implements checked?)
- p(4) Nationality/residence at time of performance needs to be verified
- p(5) Performance information incomplete

For further information on this list please contact Roman Olszewski <roman.otfa@cogeco.ca>

MEN

80m	Bantam-U14	10.11p(2) (-0.2)	Javon POWLETT (97)	University of Toronto TC	London	2010 07 24
	Bantam-U13	12.71 (-0.2)	Greg SPANGENBERG (98)	St. Thomas Legion	London	2010 07 24
100m	Open/Senior	9.84 (+0.7)	Donovan BAILEY (67)	Canada (Athletiques Int'l 2)	Atlanta, GA	1996 07 27
	Espoir-U24	10.16 (+0.9)	Pierre BROWN (80)	Mississippi State (-)	Knoxville, TN	2003 05 18
		10.16 (+1.3)	Pierre BROWN (80)	Mississauga TFC	Victoria, BC	2003 07 19
		10.1*	Charles FRANCIS (48)	Central Ontario	Richmond	1971 06 25
		10.1*	Marv NASH (74)	Scarborough Optimists	Scarborough	1974 08 10
		10.1 (+0.7)*	Desai WILLIAMS (59)	Uxbridge Optimists	Montreal	1978 07 08
	Junior-U20	10.1 (+1.0)*	Dave TOMLIN (76)	Canada (Kitchener-Waterloo)	Santiago, CHI	1995 09 01
		10.26 (+0.7)	Justyn WARNER (87)	Canada (Etobicoke Gladstone)	Windsor	2005 07 30
		10.1 (+0.7)	Desai WILLIAMS (59)	Uxbridge Optimists	Montreal	1978 07 08
		10.1 (+1.0)	Dave TOMLIN (76)	Canada (Kitchener-Waterloo)	Santiago, CHI	1995 09 01
		10.26 (+0.7)	Justyn WARNER (87)	Canada (Etobicoke Gladstone)	Windsor	2005 07 30
	Youth-U18	10.51 (+1.3)	Phillip HAYLE (91)	Brampton TFC	Toronto	2008 08 02
		10.46p(2) (+0.7)	Aaron BROWN (92)	Canada (Phoenix Athletics)	Sudtirol, ITA	2009 07 08
		10.4 (+0.0)	Anthony SHARPE (61)	Scarborough Optimists	Scarborough	1977 07 08
		10.4 (+0.7)	Anthony SHARPE (61)	Scarborough Optimists	Montreal	1978 07 08
		10.69 (-2.5)	Phillip HAYLE (91)	Brampton TFC	Ottawa	2007 06 30
	Youth-U17	10.56p (+0.6)	Andre FORD-AZONWANNA (95)	"JCM-Toronto" (G-Force)	Sudbury	2011 06 03
		10.53p (-1.2)	Andre FORD-AZONWANNA (95)	"JCM-Toronto" (G-Force)	Sudbury	2011 06 03
		10.4 (+0.0)	Anthony SHARPE (61)	Scarborough Optimists	Montreal	1977 07 08
		10.71 (+1.2)	Andre FORD-AZONWANNA (95)	G-Force TC	Toronto	2010 07 20
10.95 (+1.4)		Randy BROOKES (77)	Gladstone Athletic Club	North York	1991 07 21	
Bantam-U14	11.43 (0.0)	Marlon LAIDLAW-ALLEN (93)	Phoenix Athletics	Windsor	2006 07 29	
	13.00*(+2.0)	Bojan RADOJEVIC (84)	Ottawa Lions TFC	Sudbury	1996 07 20	
150m	Bantam-U14	18.04p(2) (+1.1)	Javon POWLETT (97)	University of Toronto TC	London	2010 07 25
	Bantam-U13	20.52 (+1.1)	Nicholas FOURNIE (98)	London Legion Track Alliance	London	2010 07 25

200m	Open	20.20 (+0.8)	Atlee MAHORN (65)		Eugene, OR	1988 06 03
		20.1	Marshall DILL	United States	Windsor	1971 07 01
	Senior	20.20 (+0.8)	Atlee MAHORN (65)	(-)	Eugene, OR	1988 06 03
	Espoir-U24	20.20 (+0.8)	Atlee MAHORN (65)	(-)	Eugene, OR	1988 06 03
	Junior-U20	20.65 (+0.2)	Atlee MAHORN (65)	Canada (Scarborough Optimists)	Colorado Springs	1983 07 18
		20.65 (+1.8)	Eric FREMPONG-MANSO (75)	Etobicoke Huskies-Striders	Ottawa	1994 07 03
	Junior-U19	20.65 (+0.2)	Atlee MAHORN (65)	Canada (Scarborough Optimists)	Colorado Springs	1983 07 18
	Youth-U18	21.30 (+0.5)	Atlee MAHORN (65)	Canada (Scarborough Optimists)	Barquisimeto, VEN	1982 08 01
		21.23p (+1.0)	Wesley BEST (94)	Speed Academy	Toronto	2011 06 28
	Youth-U17	21.64 (-0.8)	Randy BROOKES (77)	Etobicoke Huskies-Striders	Sherbrooke	1993 07 11
		21.40p (+1.5)	Andre FORD-AZONWANNA (95)	"JCM-Toronto" (G-Force)	Sudbury	2011 06 04
	Midget-U16	21.66 (+1.8)	Andre FORD-AZONWANNA (95)	G-Force TC	Toronto	2010 06 22
	Midget-U15	22.70 (-0.4)	Chris ROBINSON (76)	Kitchener-Waterloo	North York	1990 07 29
	Bantam-U14	23.14 (+1.5)	Marlon LAIDLAW-ALLEN (93)	Phoenix	Toronto	2006 07 11
	Bantam-U13	26.83 (+0.8)	Vien LUU (72)	Tom Longboat Club	London, ON	1984 08 12
	300m	Midget-U16	36.62	Jordan SHERWOOD (95)	RCL District C (Laurel Creek)	Timmins
Midget-U15		38.91p(2)	Carter DAY (96)	Windsor Legion	London, ON	2010 07 24
400m	Open	44.86	Shane NIEMI	Canada	Ottawa	2001 07 21
	Senior	45.08	Shane NIEMI (78)	Canada (Univ. of Toronto TC)	Manchester, GBR	2002 07 27
	Espoir-U24	45.62	Atlee MAHORN (65)	Univ. of California - Berkeley	Tempe, AZ	1986 04 12
		45.62	Anton SKERRITT (64)	Canada (Hamilton Olympic Club)	Rome, ITA	1987 09 01
	Junior-U20	46.27	Carl FOLKES (68)	Central Tech. H.S.	North York	1987 05 22
		46.24p(2)	Tremaine HARRIS (92)	Elite Edge	Calgary	2011 06 25
	Junior-U19	46.54	Alistair MOONA (92)	G-Force TC	Moncton, NB	2010 07 03
	Youth-U18	47.31	Marlon DECHAUSAY (75)	Etobicoke West	Winnipeg, MA	1992 07 25
		46.96p	Brandon McBRIDE (94)	"WHFSS - Windsor" (Wind. Leg.)	Sudbury	2011 06 03
	Youth-U17	48.62	Brandon McBRIDE (94)	Windsor Legion	Windsor	2010 06 26
	Midget-U16	49.91	Enver CAROLISSEN (65)	Scarborough Optimists	North York	1980 05 24
	Midget-U15	51.24	Michael WILLIAMS (78)	Ontario Legion (Brampton TFC)	Calgary	1992 08 15
	Bantam-U14	54.98	Andrew CACKETTE (92)	RCL District F (Oshawa Legion)	St.Catharines	2005 07 15
		54.2	Mike JONES (66)	South Windsor K of C	Tillsonburg	1979 06 02
	Bantam-U13	60.26	Kyle PENNEY (94)	Newmarket Huskies	Windsor	2006 07 28
		57.7*	Otis SANTIAGO (73+)			1986
800m	Open	1:44.93	Gary REED	British Columbia	Windsor	2007 07 15
	Senior	1:45.13	Fred WILLIAMS (62)	Canada (Toronto Olympic Club)	Stuttgart, GER	1993 08 15
		1:45.04p	Andrew ELLERTON (83)	Track North	Vancouver	2011 07 01
	Espoir-U24	1:45.70*	Graham HOOD (72)	Burlington Legion Optimists	Cork, IRL	1994 06 25
	Junior-U20	1:46.60	Nathan BRANNEN (82)	Tri City T.C.	Edmonton, AB	2001 06 23
	Junior-U19	1:47.64	Kevin SULLIVAN (74)	Brantford TFC	North York	1992 07 17
	Youth-U18	1:48.3	Kevin SULLIVAN (74)	Brantford TFC	Kitchener	1991 06 15
	Youth-U17	1:49.0	Kevin SULLIVAN (74)	Brantford TFC	London	1990 06 30
	Midget-U16	1:50.78	Slahedin HUSSEIN (84)	Phoenix	Burnaby, BC	1999 07 04
	Midget-U15	1:53.03	Kevin SULLIVAN (74)	Brantford TFC	North York	1988 07 16
	Bantam-U14	2:04.03	Kevin SULLIVAN (74)	Brantford TFC	North York	1987 07 25
	Bantam-U13	2:15.8*	Kevin SULLIVAN (74)	(-)	Plainfield, NJ	1986 08 03
	1000m	Open/Senior	2:16.88	Graham HOOD (72)	Burlington Legion	Montreal
Espoir-U24		2:19.76*	Kevin SULLIVAN (74)	Canada (Univ. of Toronto TC)	Victoria, BC	1994 08 19
Junior-U20		2:24.8*	Kevin WALLER (64)		Montreal	1982 06 12
Junior-U19		2:24.8*	Kevin WALLER (64)		Montreal	1982 06 12
1200m	Midget-U16	3:07.43	Alexander FREEMANTLE (95)	Ontario (Newmarket Huskies)	Ottawa	2010 08 06

	Midget-U15	3:21.88	Nicholash BEDI (96)	Laurel Creek	Ottawa	2010 08 06
	Bantam-U14	3:40.51p(2)	Cameron SLUPEIKS (97)	Ottawa Lions	London, ON	2010 07 25
	Bantam-U13	3:59.12	Quintan CANNELLA (98)	Windsor Legion	London, ON	2010 07 25
		3:54.13p(2)	Ethan SMITH (00)	Phoenix Athletic	Toronto	2011 06 11
1500m	Open/Senior	3:31.71	Kevin SULLIVAN (74)	(Windsor Legion)	Rome, ITA	2000 06 30
	Espoir-U24	3:35.19*	Kevin SULLIVAN (74)	Border City TC	Stuttgart, GER	1997 07 13
	Junior-U20	3:39.11	Kevin SULLIVAN (74)	Canada (Brantford TFC)	Seoul, KOR	1992 09 20
	Junior-U19	3:39.11	Kevin SULLIVAN (74)	Canada (Brantford TFC)	Seoul, KOR	1992 09 20
	Youth-U18	3:45.87	Rob DENAULT (93)	Newmarket Huskies	London, ON	2010 06 25
	Youth-U17	3:54.1	Kevin SULLIVAN (74)	Brantford TFC	Tillsonburg	1988 07 23
		3:51.86p	Alexander FREEMANTLE (95)	Newmarket Huskies	London, ON	2011 06 18
	Midget-U16	3:54.1	Kevin SULLIVAN (74)	Brantford TFC	Tillsonburg	1988 07 23
	Midget-U15	3:54.1	Kevin SULLIVAN (74)	Brantford TFC	Tillsonburg	1988 07 23
	Bantam-U14	4:13.40	Kevin SULLIVAN (74)	(Brantford TFC)	Burlington	1987 07 10
	Bantam-U13	4:34.1*	Gareth MILLAR (86)	Bramalea Bullets (Grand River R.)	Oshawa	1998 06 20
Mile	Open/Senior	3:50.26	Kevin SULLIVAN (74)	(Windsor Legion)	Oslo, NOR	2000 07 28
	Espoir-U24	3:52.25*	Kevin SULLIVAN (74)	Border City TC	Zurich, SUI	1995 08 16
	Junior-U20	3:57.48	Mike WOODS (86)	Ottawa Lions TFC	Windsor	2005 07 28
	Junior-U19					
2000m	Open/Senior	5:01.57	Taylor MILNE (81)	Speed River	Guelph	2011 05 28
	Espoir-U24	5:05.10*	Paul CRAIG (53)		London, GBR	1974 07 20
	Midget-U16	5:40.12p(2)	Ben FLANAGAN (95)	RCL Ontario (Tri City TC)	Ottawa	2010 08 07
	Midget-U15	5:57.15	Nicholash BEDI (96)	Laurel Creek	Ottawa	2010 08 07
3000m	Open/Senior	7:41.61	Kevin SULLIVAN (74)	Unattached	Stockholm, SWE	2008 07 22
	Espoir-U24	7:52.16*	Dave REID (63)	(Etobicoke Huskies-Striders)	Lausanne, SWI	1985 07 10
	Junior-U20	7:58.04	Mike WOODS (86)	Ottawa Lions TFC	Ottawa	2005 06 29
	Junior-U19	8:10.55	Greg ANDERSEN (68)	Parkside H.S. (Hamilton O.C.)	Ottawa	1986 06 07
		8:10.5ht	Kurt BENNINGER (85)	Saugeen T.F.C.	Halifax, NS	2003 06 29
	Youth-U18	8:16.37	Mike WOODS (86)	Canada (Ottawa Lions)	Sherbrooke, QU	2003 07 12
	Youth-U17	8:25.99	Eamonn KICHUK (94)	Phoenix A.A.	Ottawa	2010 08 07
	Midget-U16	8:43.15	Eamonn KICHUK (94)	Phoenix A.A.	Sherbrooke, QU	2009 08 09
	Midget-U15	9:10.14	Kyle MILKS (90)	RCL District G (Brockville Legion)	Ottawa	2004 07 21
	Bantam-U14	9:43.8	Trent SAYERS (91)	RCL District _ (Oshawa Legion)	Belleville	2004 06 12
	Bantam-U13	10:11.8*	Geoffrey DYKE (74)		North York	1986 06 08
5000m	Open/Senior	13:19.27	Kevin SULLIVAN (74)	(-)	Walnut, CA	2007 04 15
	Espoir-U24	13:33.05	Kurt BENNINGER (85)	University of Notre Dame (-)	Stanford, CA	2005 03 25
	Junior-U20	13:43.8	Bruce KIDD (43)	East York T.C.	Compton, CA	1962 06 02
	Junior-U19	13:51.6	John CASTELLANO (66)	Etobicoke Huskies-Striders	Scarborough	1983 07 19
5km r	Open					
	Senior	13:41*	Brendan MATTHIAS (69)	University of Toronto T.C.	Carlsbad, CA	1992 06
	Espoir-U24	13:41*	Brendan MATTHIAS (69)	University of Toronto T.C.	Carlsbad, CA	1992 06
10000m	Open/Senior	27:56.93	Reid COOLSAET (79)	Speed River	Stanford	2007 04 29
	Espoir-U24	28:39.6*	Chris BREWSTER (63)	(Track West)	Philadelphia, PA	1985 04 25
	Junior-U20	28:57.44	Mohammed AHMED (91)	Univ. of Wisconsin (Niagara Olympic)	Eugene, OR	2010 06 10
	Junior-U19	30:03.53	Mohammed AHMED (91)	Canada (Niagara Olympic Club)	Bydgoszcz, POL	2008 07 09
10km r	Open	28:18*	Peter BUTLER		St. Catharines	1983 05 22

	Senior	28:30*	Paul LOCKHART (58)		St. Catharines	1983 05 22
	Espoir-U24					
15km r	Open/Senior					
20000m	Open/Senior					
20km r	Open/Senior					
	Espoir-U24					
Half Mar	Open					
	Senior	1:02:30*	Peter MAHER (60)		Toronto	1990 10 14
	Espoir-U24					
25000m	Open/Senior	Unclaimed				
25km r	Open/Senior					
30000m	Open/Senior	Unclaimed				
30km r	Open/Senior					
Marathon	Open	2:09:30	John KELAI	Kenya	Toronto	2007 09 01
	Senior	2:10:09	Jerome DRAYTON (45)	Canada (Toronto Olympic Club)	Fukuoka, JAP	1975 12 07
	Espoir-U24	2:17:13*	Brian MAXWELL (53)		Seaside, OR	1976 02 28
100km r	Open/Senior					
Road Relay	Open/Senior					
1 Hour	Open/Senior	19,203m	Brian ARMSTRONG (49)	Toronto Olympic Club	Toronto	1973 07 15
80mH*	Bantam-U14	15.11p(2) (+0.0)	Malik CRONEY (97)	Cornwall Legion	Ottawa	2010 08 11
	Bantam-U13	Unclaimed				
	<i>* new specifications - 12m to 1st hurdle</i>					
100mH	Midget-U16	13.49 (+1.0)	Matthew LOPARCO (94)	Centro Scuola TFC	Timmins	2009 07 26
	Midget-U15	13.97 (+0.1)	Mitch O'DONNELL (94)	Laurel Creek	Toronto	2008 08 03
110mH	Open/Senior	13.11 (+1.4)	Mark McKOY (61)	(North York Top Form TFC)	Bad Homburg, GER	1992 05 24
	Espoir-U24	13.27 (+1.5)*	Mark McKOY (61)	(York University Optimists)	Walnut, CA	1984 07 25
	Junior-U20	13.72 (+1.6)	Gregory MacNEIL (92)	London Legion	London, ON	2009 06 13
	Junior-U19	13.72 (+1.6)	Gregory MacNEIL (92)	London Legion Track Alliance	London, ON	2009 06 13
	Youth-U18	13.43 (+1.6)	Gregory MacNEIL (92)	Mother Teresa HS (London Legion)	Toronto	2009 06 05
	Youth-U17	14.00 (+1.0)	Gregory MacNEIL (92)	RCL District A (London Legion)	Kitchener	2008 07 18
200mH	Midget-U16	25.11 (+2.0)	Asa AMBROSE (91)	Laurel Creek	Windsor	2006 07 30
		25.11 (+0.2)	Aaron STEMMLER (95)	RCL Ontario (Laurel Creek)	Ottawa	2010 08 07
	Midget-U15	26.78 (-0.5)	Mitch O'DONNELL (94)	Laurel Creek	Toronto	2008 08 02
	Bantam-U14	28.49 (-0.2)	Andrew CACKETTE (92)	Oshawa Legion	Toronto	2005 08 07
	Bantam-U13	33.34 (-0.8)	Gregg DUGUAY (91)	Windsor Legion	Kitchener	2003 08 03
300mH	Youth-U18	37.84	J. HOLLINGSWORTH (79)	Parkside CI (St. Thomas Legion)	Kitchener	1996 06 08

	Youth-U17	37.86	Gregory MacNEIL (92)	London Legion Track Alliance	Toronto	2008 08 02
	Midget-U16	40.19*	Radcliffe DALEY (76)	University of Toronto T.C.	North York	1991 07 20
	Midget-U15	44.38*	Aaron STEMLER (95)	RCL District C (Laurel Creek)	Hamilton	2009 07 11
400mH	Open/Senior	49.18	Mark JACKSON (69)	Canada (Phoenix TC)	Barcelona, ESP	1992 08 03
	Espoir-U24	49.18	Mark JACKSON (69)	Canada (Phoenix TC)	Barcelona, ESP	1992 08 03
	Junior-U20	50.92	Nick STEWART (79)	University of Montana (Phoenix)	Bozeman, MT	1997 05 03
	Junior-U19	50.92	Nick STEWART (79)	University of Montana (Phoenix)	Bozeman, MT	1997 05 03
	Youth-U1884cm	54.03*	J.HOLLINGSWORTH (79)			1996
	Youth-U1784cm	54.43*	Greg MacNEIL (92)	Ontario RCL Team (London Leg.)	Sherbrooke, QC	2008 08 10
1500mSC	Midget-U16	4:36.3	Andy BETHUNE (63)	(East Ottawa Lions)	Oshawa	1978 07 29
	Midget-U15	4:44.03	B.J. CUNLIFFE (92)	Durham Dragons	Windsor	2006 07 30
1500mSC*	Midget-U16	4:19.06p(2)	Ben FLANAGAN (95)	RCL Ontario (Tri City TC)	Ottawa	2010 08 08
	Midget-U15	4:56.39	Keaton SMEE (96)	RCL Dist. E (Newmarket Huskies)	Timmins	2010 07 10
	<i>* new specifications - no waterjump</i>					
2000mSC	Youth-U18	5:55.12	Chris DULHANTY (92)	Canada (Mississauga TFC)	Sudtirol, ITA	2009 07 12
	Youth-U18(84cm)	5:53.17p(2)	Xavier KING (93)	RCL Ontario (Durham Dragons)	Ottawa	2010 08 08
	Youth-U17	6:12.95	Jacob SMITH (90)	RCL District G (Brockville Legion)	Timmins	2006 07 14
		6:05.25p(5)	Jeremy COUGHLER (95)	Durham Athletics	Ottawa	2011 06 15
3000mSC	Open	8:16.23	Elarbi KHATTABI	Morocco	Ottawa	2001 07 19
	Senior	8:20.14	Matthew KERR (76)	Tri City Twins	Huesden, BEL	2005 07 23
	Espoir-U24	8:32.05*	Matthew KERR (76)	University of Arkansas (-)	Fayetteville, AR	1998 04 18
		8:24.87p	Matthew HUGHES (89)	Louisville (Toronto Olympic) Clemson University (Toronto Olympic)	Des Moines, IA	2011 06 10
	Junior-U20	8:59.83	Matthew HUGHES (89)		Atlanta, GA	2008 05 17
	Junior-U19	9:14.68	Daryl SMITH (91)	Windsor Legion	Windsor	2009 07 04
800mW	Bantam-U14	4:54.42	Martin SEGUIN (93)	Timmins-Porcupine TFC	Windsor	2006 07 30
	Bantam-U13	5:13.7	Adam BARTOL (90)	Niagara Regional Athletics	Ottawa	2002 08 03
1500mW	Youth-U18	5:59.3	Doug BROWN (62)	Etobicoke Huskies	Oshawa	1979 06 30
	Youth-U17	6:33.9	Andrew McNICHOL (65)	Ont. Legion (Burlington-Halton)	Hamilton	1981 08 19
	Midget-U16	7:10.45	Andrew McNICHOL (65)	Ont. Legion (Burlington Legion) RCL District K (Timmins-Porcupine)	Saskatoon	1980 08 13
	Midget-U15	7:47.96	Samuel MELANCON (92)		Timmins	2006 07 15
3000mW	Youth-U18	13:36.8	Andrew McNICHOL (65)	Burlington-Halton TC	Mississauga	1982 06 23
5000mW	Open	20:14.3	Tim BERRETT	Great Britain (Queen's TC)	Mississauga	1990 05 27
	Senior	20:41.4	Arturo HUERTA (64)	Ontario (Etobicoke Gladstone)	Toronto	2002 07 07
	Junior-U20	22:25.33	Jeff CASSIN (71)	SW Region(Athletics Southwest)	Kitchener	1990 08 18
	Youth-U18	<i>new event - best ratifiable performance to be inaugural record</i>				
	Youth-U17	<i>new event - best ratifiable performance to be inaugural record</i>				
10kmW	Open	40:53.6	Tim BERRETT	Great Britain (Queen's TC)	Mississauga	1990 05 27
	Senior	42:28.8	Arturo HUERTA (64)	Etobicoke Twins	North York	1997 06 21
	Junior-U20	46:05.1	Jeff CASSIN (71)	Canada (Athletics Southwest)	Brockville	1990 09 16

	Junior-U19	46:09.00	James KILBURN (71)	Canada (Brockville Leg. Har.)	St. John, NB	1989 07 16
	Youth-U18	47:10.36	Doug BROWN (62)		Vancouver	1979 07 14
	Youth-U17	48:59.38	Andrew MCNICHOL (65)	Ontario (Burlington Halton)	Thunder Bay	1981 08 15
10kmW r	Open/Senior	40:15	Arturo HUERTA (64)	Etobicoke Gladstone	Toronto	2000 07 07
	Junior-U20	46:35*	James KILBURN (71)	Brockville Legion Harriers	Toronto	1988 04 10
	Junior-U19	46:35*	James KILBURN (71)	Brockville Legion Harriers	Toronto	1988 04 10
	Youth-U18	46:35*	James KILBURN (71)	Brockville Legion Harriers	Toronto	1988 04 10
	Youth-U17	52:07*	James KILBURN (71)		Dearborn, MI	1987 09 17
20kmW	Open	1:25:29.8	Marcel JOBIN	Quebec	Ottawa	1982 07 31
	Senior	1:31:40.4	Arturo HUERTA (64)	Ontario Racewalkers	Brockville	1992 09 20
	Espoir-U24	1:39:26.8*	Mark HENDERSON (58)		Etobicoke	1981 06 07
20kmW r	Open/Senior	1:21:03	Arturo HUERTA (64)	Etobicoke Gladstone	Toronto	2000 07 20
	Espoir-U24	1:36:06*	Glenn SWEAZEY (54)		Alexandria	1976 05 23
30kmW	Open	2:25:33.8	Dave ROMANSKY	United States	Toronto	1970 08 23
	Senior	2:33:22.0	Alex OAKLEY (26)	Canada (Gladstone Athletic)	Toronto	1970 08 23
30kmW r	Open	2:10:49	Francois LAPOINTE	Quebec	Toronto	1988 04 10
	Senior	2:15:41	Arturo HUERTA (64)	Canada (Etobicoke Gladstone)	Poza Rica, MEX	2000 04 09
50kmW	Open/Senior	4:29:19.4	Karl MERSCHENZ (36)	Gladstone Athletic Club	Toronto	1972 07 16
	Espoir-U24	4:40:14.1	Glenn SWEAZEY (54)		Etobicoke	1976 08 15
50kmW r	Open	3:54:40	Marcel JOBIN	Quebec	Etobicoke	1980 05 04
	Senior	3:56:02	Arturo HUERTA (64)	Canada (Etobicoke Gladstone)	Poza Rica, MEX	2000 04 09
	Espoir-U24	4:36:00*	Glenn SWEAZEY (54)	Canada	Malmo, SWE	1976 09 18
1 Hr W	Open/Senior	13,527m	Arturo HUERTA (64)	Ontario Racewalkers	Brockville	1992 09 20
2 Hr W	Open/Senior	23,163m	Jaan ROOS (37)	Burlington Runners	Toronto	1988 09 11
4X100m	Open/Senior	38.66	CANADA (COMPOSITE) (Charles Allen,Anson Henry,Jermaine Joseph,Pierre Browne)		St-Denis, FRA	2003 08 31
		40.30	UXBRIDGE OPTIMISTS (CLUB) (Desai Williams,Clovis Locke,Tony Sharpe,Bob Martin)		Aurau, SWI	1978 08 18
	Espoir-U24	39.90*	NATIONAL JUNIOR TEAM (COMPOSITE) (Carlton Chambers,Chris Robinson(Kitchener),Dave Tomlin,Eric Frempong-Manso)		Lisbon, POR	1994 07 24
	Junior-U20	39.90	NATIONAL JUNIOR TEAM (COMPOSITE) (Carlton Chambers,Chris Robinson(Kitchener),Dave Tomlin,Eric Frempong-Manso)		Lisbon, POR	1994 07 24
		40.51	ETOBICOKE HUSKIES-STRIDERS (CLUB) (Eric Frempong-Manso,Randy Brookes,Kevin Pennycooke,Marlon Dechausay)		North York	1994 06 19
	Youth-U18	41.50	ETOBICOKE WEST (Randy Brookes,Marlon Dechausay,Kevin Pennycooke,Eric Frempong)		North York	1992 07 12
	Midget-U16	44.20	ONTARIO 15 & UNDER LEGION TEAM (COMPOSITE) (Asa Ambrose,Sugun Makinde,Richard MacLennan,Phillip Hayle)		Burnaby, BC	2006 08 13
		43.87p(2)	ONTARIO 15 & UNDER LEGION TEAM (COMPOSITE) (Aaron Stemmler,Andre Ford-Azonwanna,Jordan Sherwood,Yazin Joseph)		Ottawa	2010 08 06
		44.90	LAUREL CREEK TFC (CLUB) (Michael Keba,Nienkel Pal Jola,Keegan Calder,Mitch O'Donnell)		Timmins	2009 07 25
	Bantam-U14	53.5*	TEAM ONTARIO" - 1975+ (COMPOSITE)		Oak Brook, IL	1987 08 02

		55.94	LONDON LEGION TRACK ALLIANCE (CLUB) (Brandon Graham,Adam Lo, Ben Hyland, Zachary Gray)	Windsor	2006 07 29
4X200m	Open	1:22.9	D.C. INTERNATIONALS (USA) (Delano Meriweather,Andre Lancaster,Cliff Wiley,Maurice Peoples)	Etobicoke	1978 06 17
	Senior	1:23.6	POWER TRACK CLUB "A" (Doug Hinds,Lyndon Fong,Glen Bogue,Cole Doty)	Etobicoke	1978 06 17
	Esplor-U24	1:23.6	POWER TRACK CLUB "A" (Doug Hinds,Lyndon Fong,Glen Bogue,Cole Doty)	Etobicoke	1978 06 17
	Junior-U20	1:25.1	UXBRIDGE OPTIMISTS (Dave McKnight,Ed Johnson,Ray Daley,Desai Williams)	Etobicoke	1978 06 17
	Youth-U18	1:30.14	LONDON LEGION TRACK ALLIANCE (Branden Wilhelm,Paul La Marra,Gabriel Tesfaye,Gregory MacNeill)	London	2009 06 14
		1:29.46p	SUPREME ATHLETICS (David Rittenger,Emeka Agada,Nienkel Paljola,Mitch D'Donnell)	Toronto	2010 06 13
	Midget-U16	1:39.58*	BRAMPTON TFC "A" (Dwayne Patrick,Leon Clouden,Deeoh Fraser,Franklyn Benjamin)	North York	1994 06 19
		1:34.36p(2)	CENTRO SCUOLA (Anthony Leone,Matthew Loparco,Jonathan Settembri,Thomas Juha)	Toronto	2008 06 14
	Bantam-U14	1:52.62p(2)	CENTRO SCUOLA (Miles Helman,Alexander Pezzutto,Joshua Borowski,Gaetano DeSiato)	Toronto	2010 06 13
4X400m	Open/Senior	3:02.64	NATIONAL TEAM (COMPOSITE) (Ian Seale,Don Domansky,Leighton Hope,Bryan Saunders)	Montreal	1976 07 31
		3:10.3	POWER TRACK CLUB (CLUB) (Dacre Bowen,Paul Richards,Peter Harper,Glen Bogue)	Philadelphia, PA	1979 04 28
	Esplor-U24	3:08.34*	ONTARIO CANADA GAMES TEAM (Rayton Archer,Monte Raymond,Tim Middlekoop,Chris Davis)	Kamloops, BC	1993 08 20
		3:07.39p(2)	CANADA (COMPOSITE) (Daniel Harper,Jonathan Reid,Tremaine Harris,Michael Robertson)	Baton Rouge, LA	2011 04 23
		3:15.0*	YORK SPARTAN TC (CLUB) (Mike McIntosh,Dave Best,Bill Kennedy,Glen Bogue)	Montreal	1972 08 20
	Junior-U20	3:09.83	NATIONAL JUNIOR TEAM (COMPOSITE) (Chris Davis,Kevin Sullivan,Bwana Smith,Marlon Dechausay)	Winnipeg, MB	1993 07 17
		3:15.0	YORK SPARTAN TC (CLUB) (Mike McIntosh,Dave Best,Bill Kennedy,Glen Bogue)	Montreal	1972 08 20
	Youth-U18	3:19.32	ONTARIO LEGION TEAM (COMPOSITE) (Mark Francois,Eric Morrison,Scott Moncur, Dan Brandao)	Sudbury	1999 08 14
		3:20.6	ETOBICOKE HUSKIES-STRIDERS (Errol Watson,Corey Burnett,Marc Proudfoot,Mark Jackson)	Etobicoke	1986 07 06
		3:20.66p(2)	PHOENIX ATHLETICS (Ackel Mosely,Mohammed Dhaqane,Richard West,Andre Hamilton)	Toronto	2007 06 17
	Midget-U16	3:40.51	LAUREL CREEK (Keegan Calder,Neinkel Paljola,Scott Buttinger,Mitch O'Donnell)	Windsor	2009 07 04
	Bantam-U14	Unclaimed			
4X800m	Open/Senior	7:22.83	PHOENIX (Andrew Heaney,Matt Lincoln,Andrew Maloney,Kyle Smith)	Toronto	2007 06 16
	Esplor-U24	7:34.0*	TRACK WEST (Tom Potter,Gary Crossley,Steve Lincoln,Tom Lobsinger)	Etobicoke	1974 06 14
	Junior-U20	7:40.4	MISSISSAUGA TFC (Paul Holmes,John Orton,Mike Logan,Mark Gunby)	North York	1981 07 19
	Youth-U18	7:47.21	EXCEL TC (Graham Hood,Andy Burnside,Jason Bunston,Mike Belbeck)	North York	1988 06 19
	Midget-U16	8:26.59	NEWMARKET HUSKIES	London	2010 07 25

			(Patrick Sullivan,Ben Richardson,Ciaran Callaghan,Alex Freemantle)		
	8:22.94p(3)	LAUREL CREEK		London	2011 07 06
			(Aaron Lebold,Nicolash Bedi,Riley Alvarez,Cameron Waind)		
Bantam-U14	9:28.1	LONDON LEGION TRACK ALLIANCE (CLUB)		Windsor	2006 07 30
			Ben Hyland,Adam Lo,Joshua Millard,Zachary Gray)		
4X1500m	Open/Senior	15:25.38	SPEED RIVER "A"	London	2006 06 21
			(Greg Hutchinson,Eric Gillis,Reid Coolsaet,Taylor Milne)		
	Espoir-U24				
Sp Med	Open	3:20.2	EAST YORK TC	Toronto	1977 07 09
			(Robert Patterson,Larry Dunn*,David McClure,Bill Crothers) * = USA		
	Senior	3:22.8	TORONTO TRACK CLUB	Hamilton	1963 08 16
			(Don Young,Bob Jarema,Norm Sinclair,Ergas Leps)		
		3:22.8	SCARBOROUGH OPTIMISTS	Brantford	1975 09 06
			(Bryan Saunders,Robert Martin,Marvin Nash,Eric Chapman)		
	Espoir-U24	3:29.19*	HAMILTON OLYMPIC CLUB	North York	1991 06 23
			(Manny Bonilla,Glen Shand,Laurent Shand,Bryan Henry)		
	Junior-U20	3:29.19	HAMILTON OLYMPIC CLUB	North York	1991 06 23
			(Manny Bonilla,Glen Shand,Laurent Shand,Bryan Henry)		
	Youth-U18	3:31.73	ONTARIO LEGION TEAM (COMPOSITE)	Quebec City	1988 08 13
			(Brad Copper,Ricardo Best,Paul Went,Graham Hood)		
		3:37.16	MISSISSAUGA TFC (CLUB)	St. Catharines	2002 06 16
			(Ian Butcher,Oneill Whittaker,Cordell Morrison,August Battiston)		
	Midget-U16	3:36.69	ONTARIO LEGION 15&UNDER TEAM (COMPOSITE)	Prince George, BC	1998 08 08
			(Carl Hayes,Dave Brandao,Steve Wood,Chris Robson)		
		3:35.30p(2)	ONTARIO LEGION 15&UNDER TEAM (COMPOSITE)	Ottawa	2010 08 07
			(Aaron Stemmler,Jordan Sherwood,Yazin Joseph,Alex Freemantle)		
		3:50.67*	PHOENIX (CLUB)	North York	1996 06 23
			(Jermaine Martinborough,Chris Hudson, Chris Gudge,Ryan Kendall)		
	Bantam-U14	4:42.10	MARKHAM	North York	1997 06 22
			(Kevin Hill, Sean Fox,Rayu Mehta,Corey Lynam)		
Dist Med	Open	9:47.4	TORONTO OLYMPIC CLUB	Hamilton	1969 07 05
			(Ergas Leps,Donal Smith*,David Bailey,Bob Finlay) * = USA		
	Senior	9:53.5*	ETOBICOKE HUSKIES	North York	1980 07 20
			(Chris Reid,Will Lincoln,Dave Reid,Paul Steeds)		
	Espoir-U24	9:53.5*	ETOBICOKE HUSKIES	North York	1980 07 20
			(Chris Reid,Will Lincoln,Dave Reid,Paul Steeds)		
	Junior-U20	10:08.14!	BIRCHMOUNT COLLEGIATE INSTITUTE	Dayton, OH	2000 05 05
			(Mark Harris,Blake Farley,Slalh Hussein, Adil Berkhedele)		
			! = run in 800-400-1200-1600m order as opposed to usual 400-800-1200-1600m		
HJ	Open/Senior	2.35	Mark BOSWELL (77)	Canada (Lightning)	Seville, ESP 1999 08 23
		2.35	Mark BOSWELL (77)	(-)	Rome, ITA 2000 06 03
		2.35	Mark BOSWELL (77)	Lightning AC	Rome, ITA 2002 07 12
	Espoir-U24	2.35	Mark BOSWELL (77)	Canada (Lightning)	Seville, ESP 1999 08 23
		2.35	Mark BOSWELL (77)	(-)	Rome, ITA 2000 06 03
	Junior-U20	2.24	Alex ZALIAUSKAS (71)	Oakville	St. John, NB 1990 07 15
		2.24	Mark BOSWELL (77)	Canada (Pegasus Athletic Club)	Sydney, AUS 1996 08 24
		2.24	Mike PONIKVAR (79)	Canada (Univ. of Toronto T.C.)	Havana, CUB 1997 07 20
		2.24	Mike PONIKVAR (79)	Dennis Morris H.S.	Sudbury 1998 06 05
		2.27p(2)	Derek DROUIN (90)	Canada (Sarnia Athletics Southwest)	Port-of-Spain, TRI 2009 08 02

	Junior-U19	2.24	Mike PONIKVAR (79)	Canada (Univ. of Toronto T.C.)	Havana, CUB	1997 07 20
	Youth-U18	2.15	Brian MARSHALL (65)	Gloucester S.S.	Ottawa	1985 05 21
		2.15	Branden WILHELM (92)	(London Legion)	Kitchener	2009 05 29
		2.15	Branden WILHELM (92)	London Legion	Toronto	2009 06 27
	Youth-U17	2.08	Branden WILHELM (92)	Woodstock H.S. (Woodstock Legion)	London	2008 05 24
	Midget-U16	2.01	Branden WILHELM (92)	Ontario RCL Team (Woodstock Legion)	Oromocto, NB	2007 08 12
	Midget-U15	1.92	Nicholas CHARRON (78)	RCL Dist. A (Windsor Legion)	Brantford	1992 07 11
	Bantam-U14	1.78	Nicholas CHARRON (78)	South Windsor K. of C.	North York	1991 07 21
	Bantam-U13	1.65*	Gerry MINTA (78)	University of Toronto TC	North York	1990 07 29
PV	Open	5.65	Istvan BAGYULA	Hungary	Sudbury	1988 07 28
	Senior	5.61	Doug WOOD (66)	(Phoenix TFC)	Papendal, HOL	1991 07 14
	Espoir-U24	5.60*	Doug WOOD (66)	Canada (Mazda Optimists)	Bogota, COL	1989 08 12
	Junior-U20	5.05	Doug WOOD (66)	York University Optimists	Ottawa	1985 08 03
	Junior-U19	4.87	Rob LINDSAY (66)	Canada (East Ottawa Lions)	Nassau, BAH	1984 08 24
	Youth-U18	4.70	Todd ZUBYCK (75)	Ontario Legion Team (Temisk'g)	Calgary	1992 08 15
	Youth-U17	4.37	Rob LINDSAY (66)	Ottawa Kinsmen Harriers	Ottawa	1982 08 07
	Midget-U16	3.90	Rob LINDSAY (66)	Ottawa Kinsmen Harriers	Sudbury	1981 08 13
		3.95p	Richard MIRKIEWICZ (96)	Unattached	Toronto	2011 07 05
	Midget-U15	3.80	Don SPRAGUE (59)	Elliot Lake TC	Oshawa	1973 06 30
LJ	Open/Senior	8.19 (+1.9)	Richard DUNCAN (73)	(-)	Houston, TX	2000 03 25
	Espoir-U24	8.09 (+1.1)	Ian JAMES (63)	Canada (Etob. Huskies-Striders)	Karl Marx Stadt	1986 07 13
	Junior-U20	7.88	Richard ROCK (57)		Carbondale, IL	1976 04 30
	Junior-U19	7.53 (+0.4)	Andre METIVIER (64)	Canada (Scarborough Optimists)	Barquisemeto, VEN	1982 07 30
	Youth-U18	7.32 (+1.3)	Seyi SMITH (87)	Ottawa Lions	Edmonton	2004 07 24
	Youth-U17	7.12 (+1.7)	Seyi SMITH (87)	Brookfield High School	Ottawa	2003 05 29
	Midget-U16	6.75 (+0.4)	Deion BARKER (95)	Etobicoke TFC	Toronto	2010 08 03
	Midget-U15	6.55	Larry FEDOSOFF (47)		Regina	1961 08 05
	Bantam-U14	5.79 (+0.9)	Jasdon ROBINSON (70)	RCL Dist. F (Oshawa Legion)	Sudbury	1983 08 06
	Bantam-U13	4.82 (-1.3)	Ehis ADADA (91)	North York TFC	Kitchener	2003 08 01
TJ	Open	17.15 (+1.6)	Arius FILET	France	Ottawa	2001 07 23
	Senior	16.70 (+1.2)	George WRIGHT (63)	University of Toronto TC	North York	1987 06 27
	Espoir-U24	16.48 (+1.4)*	Richard DUNCAN (73)	(-)	Houston, TX	1995 05 19
	Junior-U20	15.73 (+0.9)	Kenen SHADD (83)	Grand River C.I.	LaSalle, ON	2002 05 31
	Junior-U19	15.53 (+0.6)	Kenen SHADD (83)	Grand River C.I. (Kitch.-Waterloo)	Toronto	2001 05 31
	Youth-U18	15.01 (+0.9)	Glenroy GILBERT (68)	Ottawa Olympic	Ottawa	1985 08 04
	Youth-U17	14.57 (+0.4)	Dwayne HARRIOTT (86)	Ontario RCL Team (Kitchener-Wat.)	Sherbrooke	2002 08 18
	Midget-U16	14.05 (+0.1)	Sam DAVIS (74)	RCL Dist. E (Osh. Durh. Oly.)	North York	1989 07 14
	Midget-U15	13.62	Mike MACDOUGALL (56)	Scarborough Optimists	Etobicoke	1970 08 02
	Bantam-U14	11.92 (0.0)	Asa AMBROSE (91)	Laurel Creek T.C.	LaSalle	2004 07 31
		12.13p(2) (-0.5)	Joey FOSTER (98)	South Simcoe/Dufferin	Toronto	2011 06 12
	Bantam-U13	9.78 (+0.9)	Eric SCHWOOB (90)	Niagara Regional Athletics	Ottawa	2002 08 03
SP	Open/Senior	20.87	Brad SNYDER (76)		Atlanta, GA	2004 06 08
	Espoir-U24	20.40	Brad SNYDER (76)	University of South Carolina (-)	Columbia, SC	1998 04 18
	Junior-U20	19.03	Kyle HELF (86)	Canada (South Simcoe/Dufferin)	Grosseto, ITA	2004 07 13
	Junior-U19	19.03	Kyle HELF (86)	Canada (South Simcoe/Dufferin)	Grosseto, ITA	2004 07 13
	Youth-U18	20.79	Kyle HELF (86)	Canada (South Simcoe/Dufferin)	Sherbrooke, QU	2003 07 10
	Youth-U17	18.92	Kyle HELF (86)	Ontario RCL Team (S.Simcoe/D.)	Sherbrooke, QU	2002 08 17
	Midget-U16	19.02	Kyle HELF (86)	Ontario RCL (S.Simcoe/Dufferin)	Sherbrooke, QU	2001 08 11
	Midget-U15	17.34	Kyle HELF (86)	Ontario RCL (S.Simcoe/Dufferin)	Calgary	2000 08 12
	Bantam-U14	15.46	Kyle HELF (86)	South Simcoe/Dufferin TFC	Kitchener	1999 06 13

	Bantam-U13	10.91	Kyle HELF (86)	South Simcoe/Dufferin TFC	Sarnia	1998 08 09
DT	Open/Senior	67.88	Jason TUNKS (75)	(-)	Abilene, TX	1998 05 14
	Espoir-U24	67.88	Jason TUNKS (75)	(-)	Abilene, TX	1998 05 14
	Junior-U20	58.76	Jason TUNKS (75)	Southwestern Ont. (London-Wes)	Kingston	1994 08 14
	Junior-U19	55.65	Jordan YOUNG (93)	Windsor Legion	Toronto	2010 05 01
		55.76p(3)	Jordan YOUNG (93)	Windsor Legion	London, ON	2011 05 14
	Youth-U18	60.74	Jordan YOUNG (93)	Windsor Legion	Ottawa	2010 08 06
	Youth-U17	55.52	Jordan YOUNG (93)	Canada (London-Western TFC)	Sudtirol, ITA	2009 07 08
		55.75p(3)	Jordan YOUNG (93)	London-Western TFC	Guelph	2009 05 31
	Midget-U16	58.94	Stefan PALIOS (92)	Team G.R.U.N.T.	Toronto	2008 08 04
	Midget-U15	56.18	Kyle HELF (86)	RCL Dist. E (South Simcoe/Duff.)	New Liskeard	2000 07 14
	Bantam-U14	43.81	Kyle HELF (86)	Ontario Legion (South Simcoe/D.)	Sudbury	1999 08 15
	Bantam-U14*	New Specs.				
	Bantam-U13	33.84*	Paul BRUCE			1981
	Bantam U13*	New Specs.				

* 0.75kg implement - new mass

HT	Open	79.89	Szymon ZIOLKOWSKI	Poland	Ottawa	2001 07 20	
	Open/Senior	70.34	Boris STOIKOS (69)	Phoenix TC	Athens, GA	1996 04 19	
	Espoir-U24	67.48*	Boris STOIKOS (69)	(Phoenix TC)	Starkville, MS	1992 05 14	
	Junior-U20	60.72	Kevin BOWMAN (93)	Saugeen TFC	Moncton, NB	2010 07 04	
		62.88p(3)	Jordan YOUNG (93)	Windsor Legion	London, ON	2011 05 14	
	Junior-U19	60.72	Kevin BOWMAN (93)	Saugeen TFC	Moncton, NB	2010 07 04	
		62.88p(3)	Jordan YOUNG (93)	Windsor Legion	London, ON	2011 05 14	
	Youth-U18	63.62	John STOIKOS (72)	Phoenix TFC	North York	1989 09 23	
	Youth-U17	62.50	Kevin BOWMAN (93)	RCL Team Ontario (Saugeen)	Sherbrooke	2009 08 08	
	Midget-U16	59.87	Kevin BOWMAN (93)	Saugeen TFC	London	2008 07 20	
	Midget-U15	49.52	Kevin BOWMAN (93)	Saugeen TFC	Toronto	2007 08 05	
	JT	Open/Senior	84.41	Scott RUSSELL (79)	Windsor Legion	Ottawa	2005 07 20
		Espoir-U24	81.66	Scott RUSSELL (79)	Canada (Windsor Legion)	Edmonton, AB	2001 08 10
Junior-U20		75.46	Scott RUSSELL (79)	University of Kansas (-)	Columbia, MO	1998 05 17	
Junior-U19		71.22	Trevor SNYDER (82)	St. Joseph's H.S. (-)	LaSalle	2000 06 02	
Youth-U18		75.99	Trevor SNYDER (82)	Canada (Windsor Legion)	Bydgoszcz, POL	1999 07 16	
Youth-U17		67.10	Trent CORNEY (93)	Brockville Legion	Brockville	2009 06 10	
Midget-U16		58.56	Kevin BOWMAN (93)	Ontario RCL Team (Saugeen TFC)	Sherbrooke, QC	2008 08 10	
Midget-U15		51.45	Kyle HELF (86)	South Simcoe/Dufferin TFC	Kitchener	2000 07 29	
Bantam-U14		42.23	Taylor CORNEY (91)	Brockville Legion	LaSalle	2004 08 01	
Bantam-U13		32.48	Trent CORNEY (93)	Brockville Legion	LaSalle	2004 08 01	

Tetrathlon	Bantam-U14	new specs.				
	Bantam-U13	new specs.				

(Tetrathlon: 80m Hurdles, High Jump, Shot Put, 200m)

New IAAF 80mH tables for women

80m hurdles - 12.0m to 1st hurdle

Pentathlon	Midget-U16	2758p	Richard MIRKIEWICZ (96)	Unattached	Toronto	2011 06 11
			15.04(-2.1) 5.17(+0.4) 11.91	1/63 3:12.52		
Midget-U15	2713p(2)	Jonathan LOOS (97)		London Legion Athletics	Toronto	2011 06 11
			15.32(-2.1) 5.35(+1.6) 11.64	1.54 3:08.43		

(Pentathlon: 100m Hurdles, Long Jump, Shot Put, High Jump, 1000m)

Octathlon	Youth-U18	5809	J. ADJETEY-NELSON (84)	Canada (Windsor Legion TFC)	Debrecen, HUN	2001 07 12-13
			11.46(-1.2) 7.09(+0.9) 12.06 49.99 14.94(+1.7) 1.89 43.66 2:53.35			
	Youth-U17	5238	Trent CORNEY (93)	RCL Team Ontario (Brockville Legion)	Sherbrooke, QC	2009 08 08-09
			11.54(+0.1) 6.26(+3.2) 12.04 52.34 16.45(-1.1) 1.90 49.63 3:12.07			

(Octathlon: 100m, Long Jump, Shot Put, 400m/110m Hurdles, High Jump, Javelin, 1000m)

Decathlon	Open/Senior	8549	Michael SMITH (67)	Canada (Univ. of Toronto TC)	Tokyo, JAP	1991 08 29-30
			10.81(-1.6) 7.68(+1.8) 15.69 2.09 47.53 14.78(-1.2) 48.42 4.40 65.46 4:29.14			
	Espoir-U24	8525	Michael SMITH (67)	Canada (Univ. of Toronto TC)	Auckland, NZL	1990 01 28-29
			10.85(+1.9) 7.52(+2.7) 14.62 2.05 47.77 14.34(+1.9) 47.56 4.70 64.18 4:24.06			
	Junior-U20	6658	Branden WILHELM (92)		Toronto	2010 06 12-13
			11.21(+2.9) 7.08(+1.2) 10.88 2.22 49.97 15.23(-0.9) 30.35 3.00 40.44 5:02.41			
	Junior-U19	6658	Branden WILHELM (92)		Toronto	2010 06 12-13
			11.21(+2.9) 7.08(+1.2) 10.88 2.22 49.97 15.23(-0.9) 30.35 3.00 40.44 5:02.41			

Junior Men: 110mH (99cm); 6.0kg Shot; 1.75kg Discus

Discontinued Events

80mH	Bantam-U14	12.60 (-1.0)	Cameron SAHADATH (85)	Phoenix TFC	Sarnia	1998 08 08
	Bantam-U13	14.90 (+2.0)	Brad HEDDLE (90)	St. Thomas Legion TFC	Ottawa	2002 08 03
		11.50m-7.50m				

Tetrathlon	Midget-U16	2827	Gabriel TESFAYE (92)	London Legion Alliance	Toronto	2007 06 16
			13.92(0.0) 10.23 1.72 23.02 (0.0)			
	Midget-U15	2308	Branden WILHELM (92)	Woodstock Legion	Toronto	2006 06 11
			16.62(+2.1) 9.01 1.81 25.30(+2.1)			
	Bantam-U14	1838*	Richard MIRKIEWICZ (96)	Unattached	London	2009 06 13
			13.61(+1.2) 10.11 1.51 28.48(+1.9)			
	Bantam-U13	1323*	Branden WILHELM (92)	Woodstock Legion	Toronto	2004 06 12
			15.10(-1.8) 6.77 1.54 31.18(-3.4)			

(Tetrathlon: 80m Hurdles, High Jump, Shot Put, 200m)

New IAAF 80mH tables for women

* = 11.5m to hurdle 1

Decathlon	Junior-U20	7523	Michael SMITH (67)	Canada (Univ. of Toronto TC)	Athens, GRE	1986 07 16-17
			11.11(+0.9) 7.20(-1.7) 13.62 1.97 48.58 15.45(+0.4) 38.20 3.70 60.94 4:28.95			
	Junior-U19	7114	Garth PEET (69)	Oshawa (Durham) TFA	Ottawa	1987 08 01-02

		11.43(+0.1)	6.83(+0.1)	12.96	1.92	51.16		
		14.78(+0.7)	39.52	3.80	49.36	4:30.29		
Youth-U18 +	6489	J. HOLLINGSWORTH (79)		St. Thomas Legion			North York	1996 06 22-23
		11.13(+1.3)	6.56(+2.9)	13.16	1.71	50.82		
		14.83(+0.0)	33.96	2.90	50.04	4:52.21		
Youth-U17 +	5347	Liam MCNABB (82)		Elite Athletics			Ottawa	1998 06 27-28
		11.90(+2.8)	6.05(+2.8)	11.58	1.75	54.11		
		15.53(+1.5)	22.48	2.80	28.48	4:55.72		

+++ 110mH(107cm); 7.26kg Shot; 2.00kg Discus or 110mH(107 cm); 6.0kg Shot; 1.75kg Discus
+ 110mH (91cm); 5.45kg Shot; 1.61kg Discus or 110mH(91cm); 5.00kg Shot; 1.50kg Discus