



Athletics Ontario's Quest for Gold Athlete Assistance Program

Athlete Application for Ontario Card

NEW - Applications due by Friday, September 11, 2009 - NEW

Athletes who apply for National Carding are encouraged to also apply for Quest for Gold funding. If you don't apply for the Quest for Gold program and you do not receive National Carding, you will be too late to apply to the Quest for Gold program.

Please check off all of the following before you submit this Application. Incomplete applications will be returned and will not be processed until they are re-submitted.

Applications which are returned are still subject to the original submission deadline.

- Athletes ***MUST*** supply proof (in printed form) of all performances/placings with this application or the application will be returned. Athletics Ontario will not verify performances/placings that aren't supplied.
- Athletes may apply in only one event per application form. Athletes interested in applying in a second event must fill in and submit a second application form.
- Athletes must apply for funding in events which are normally conducted at the IAAF Outdoor World Championships.
- The athlete's two best performances of the year must be submitted and they must be from different competitions (different day and different meet).
- Athletes applying for an Injury or Illness Card must submit a completed Application Form plus a rationale for selection including a description of the injury or illness, documents from a certified physician and/or therapist detailing the nature of the illness or injury, the rehabilitation program, the prognosis for recovery, and the athlete's two best performances from January 2007 to present. Athletes applying for an Injury or Illness Card must have been on the Quest for Gold funding in 2008.
- Did you include your athlete registration (membership) number? You can find your membership number at:
<http://www.athleticsontario.ca/content/Membership%20and%20Registration/MembershipRegistration.asp>
- Is your best performance equal to or better than Level Seven in the Step-up to Excellence Program?
- Please check this box if you will be enrolled in High School in September 2009 but you do not expect to graduate.

Application Form

Name: _____ Club: _____

Year of Birth: _____ Sex: AO Registration #: _____
mm / dd / yy Male Female

Address: _____ Apartment or Suite #: _____

City: _____ Province: _____ Postal Code: _____

Home Phone: () _____ Other Phone: () _____

Email: _____ Coach's Name: _____

Coach's Phone Number: () _____ Coach's Email: _____

Canadian Citizen?: If 'No', current Citizenship: _____
Yes No

What is the name and location of the school you are attending? : _____

If you will be attending High School in 2009-10, do you expect to graduate at the end of the 2009-10 school year?
Yes No

Are you currently on NCAA scholarship or attending an NCAA School?
Yes No

Event for which you are applying for carding: _____

Best Performance of 2009: _____ Date: _____
Time / Height / Distance / Points

Name of Competition: _____

City: _____ Country: _____ Venue: _____

Wind Reading (if applicable): _____ Placing in Competition: _____

Please note that all performances must have been achieved between December 1, 2008 and August 30, 2009, and must have a legal wind reading. For exceptions see Track and Field Selection Criteria.

Second Best Performance of 2009 (not required for Marathon, 50km Walk, Heptathlon, Decathlon): _____ Date: _____
Time / Height / Distance / Points

Name of Competition: _____

City: _____ Country: _____ Venue: _____

Wind Reading (if applicable): _____ Placing in Competition: _____

Please note that all performances must have been achieved between December 1, 2008 and August 30, 2009 and must have a legal wind reading. For exceptions see Track and Field Selection Criteria.

For Junior aged athletes (19 years old or younger): placing in your event amongst Ontarians at the 2009 Athletics Ontario Junior Outdoor Championships: _____

For Senior aged athletes (over 24 years old): placing in your event amongst Ontarians at the 2009 Athletics Ontario Senior Outdoor Championships: _____

For Espoir aged athletes (20-24 years old): placing in your event amongst Ontarians of Espoir age or younger at the 2009 Athletics Ontario Senior Outdoor Championships: _____

For Junior aged athletes: placing in your event amongst Canadians at the 2009 Canadian Junior Outdoor Championships: _____

For Senior aged athletes: placing in your event amongst Canadians at the 2009 National Senior Outdoor Championships: _____

For Espoir aged athletes (20-24): placing in your event amongst Canadians of Espoir age or younger at the 2009 National Senior Outdoor Championships: _____

You MUST attach a copy of the results for all of the above competitions.

Age Exceptions:

- For athletes born in 1984 or earlier, exceptions to the age qualification may apply provided they have met or surpassed the Athletics Ontario Senior Step Up to Excellence tables Level 9 can show at least a 27 point improvement on the 2009 IAAF Scoring tables over his or her lifetime best *as on December 31, 2007*:

Best All-Time Performance as on December 31, **2007**: _____
Time / Height / Distance / Points

Date: _____ Location: _____

Wind Reading (if applicable): _____ Placing in Competition: _____

Notes: Athletes who are successful in applying for financial assistance under the Quest for Gold OAAP will be required to complete a formal application form for the Ministry of Health Promotion and sign an Athlete– Athletics Ontario agreement.

As well, all athletes will be required to submit a training and competition plan for the 2010 season. The athlete’s coach must also sign the plan, verifying that the athlete has committed to an ongoing, comprehensive, well-considered training schedule aimed at high performance in the athlete’s selected event.

Applications should be returned to:

Athletics Ontario
Quest for Gold Program
3 Concorde Gate, Suite 211
Toronto, ON
M3C 3N7

If you have questions please contact us at: ontrack@eol.ca or call us at: (416) 426-7215