

# 2008 LEGION COACHING ACADEMY

August 4-6, 2008  
University of Sherbrooke  
Sherbrooke, QC

The 2nd Annual Legion Coaching Academy is open to development level coaches across Canada. Its goal is to enhance the educational opportunities of our coaches and to provide additional program value for the team coaches who annually volunteer their time with the Legion program.

This year's program includes five different sessions, all of which will contribute to the coach's Professional Development portfolio.

Topics and Presenters for 2008 include;



### ***Strength and Conditioning***

Ed McNeely

### ***Nutrition***

Beth Mansfield

### ***Sport Psych***

Melanie Gregg

### ***Drug Free Sport***

Adrian Roberts

### ***Biomechanics***

Steve LeBlanc and Francois Thenault



Registration for the Coaching Academy will be available online starting in Mid-April. Find the registration form and more information regarding the Academy at <http://www.athletics.ca/page.asp?id=295>. Deadline to register is July 11, 2008.

For additional information regarding the Academy, please contact Donna Kaye, Manager of Coaching Development, at [dkaye@athletics.ca](mailto:dkaye@athletics.ca) or (204) 471-4883.

